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Community News | 30th June - 14th July 2023 | Volume 40 - Issue 13  
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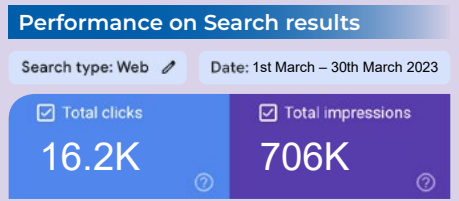
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If you prefer other channels to read news, we are also now on Telegram. Search our channel "Hills to Hawkesbury Community News". The nice thing about Telegram is you see all our news in date order. Unlike Facebook who use an algorithm so THEY decide what you see in your news feed. You can also read our latest news on twitter.

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# NAIDOC Week 2023

The theme for 2023 NAIDOC Week is 'For Our Elders' to highlight the important role that cultural knowledge holders and leaders bring to their communities.

NAIDOC stands for National Aborigines and Islanders Day Observance Committee and became a week-long event in 1975.

It celebrates the history, culture and achievements of Aboriginal and Torres Strait Islander peoples.

### There are several celebrations in the area.

#### RICHMOND Sunday, 2nd July

There will be a NAIDOC Week Concert from 10am to 3pm at Richmond Park, Windsor Rd, Richmond on Sunday.

Organised by the Merana Aboriginal Association for the Hawkesbury, the event will feature live music, stalls, food and kids activities. For more details call (02) 4588 5144 or email admin@merana.org.au

#### ROUSE HILL Monday, 3rd July

To commemorate NAIDOC Week at Rouse Hill Town Centre is running workshops with local Darug Aunties in The Secret Garden . Workshops are \$5 a child and run between 10am and 1.15pm.

The four 45 minute workshops include bracelet weaving, bookmarks and leaf painting, weaving and book reading. For information visit <https://www.rhtc.com.au/what-s-happening/naidoc-week-2023>

#### CASTLE HILL Wednesday 5th July

Castle Hill Library is holding a free Cultural Workshop where children will be introduced to various aspects of Aboriginal culture, including history, heritage, traditions and protocols. The first session will be suitable for children in school years K-2 and the following session, open to children in school years 2-6. The Hills Shire Library Service will be promoting a

curated list of books that are the perfect read during and after NAIDOC Week.

For more information, visit The Hills Shire Council's website, [www.thehills.nsw.gov.au](http://www.thehills.nsw.gov.au).

#### RIVERSTONE Wednesday 5th July

There will be a range of activities at Riverstone Neighbourhood Centre at 9 Park St, Riverstone to celebrate NAIDOC week.

As well as a range of cultural activities there will be a rock climbing wall, jumping castle, an elders tent and sausage sizzle.

Organised by North West Community Services, the activities will happen between 11am and 2pm.

For more information call 9627 3622.

#### BAULKHAM HILLS Thursday 6th July

The Williams family (pictured) have become an integral part of NAIDOC Week celebrations at Hills Community Aid at Baulkham Hills with their Mara Mara group.

Father Peter and wife Kagitie will be bringing their daughters to dance at the free Family Fun Day being held at the Balcombe Heights Estate at 92 Seven Hills Road on Thursday, 6th July.

Wiyu (storm bird) Mikay yulubirki (rainbow) Mikimay (lightning) and Joowal (owl) dance and tell Indigenous stories that have been passed down from generation to generation.

The Welcome to Country ceremony will be followed by a series of events including indigenous theme crafts and a treasure hunt. For the adventurous there will be a large inflatable obstacle course to navigate.

Open Learning in The Hills will have classrooms open during the event and there will be community information stalls and service displays with a range of fun activities. No registrations required, just turn up to join in the fun!

For more information [hca.org.au/event/naidoc-family-fun-day/](http://hca.org.au/event/naidoc-family-fun-day/) or call 9639 7918.

# Hills to Hawkesbury Community News

Local Stories, Local Events, Local People and Local Businesses

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**Publisher:** Diana Paton, Adelphi Printing Pty Ltd

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The Hills to Hawkesbury Community News has been serving this area for nearly 40 years. It's name may have changed over the decades but the commitment to providing a free service to the community is still at the heart of what this hyper local fortnightly publication does. Established in 1982 it has evolved into a community news magazine with a big digital footprint. Our aim is to inform, inspire and connect our community. It is a family-owned small business. Our team is local and love what they do.

Please follow us on Facebook @hillstohawkesbury. Printed copies are available at local shopping centres and other outlets. For a full list visit our website [www.hillstohawkesbury.com.au](http://www.hillstohawkesbury.com.au).

# Flight Paths Concerns

By BEV JORDAN

Concerns have been raised over the five proposed flight paths for the new Western Sydney International Airport at Badgerys Creek, to be called Nancy Bird Walton, which will see some flights over the Hawkesbury.

The airport, set to open in 2026, will operate 24 hours a day, seven days a week. Federal MP for Macquarie Susan Templeman said she welcomed the release of the preliminary flight paths with detailed information and transparency but acknowledged that a number of the flight paths impact the Blue Mountains and Hawkesbury.

"These are not the same flight paths that were included in the Environmental Impact Statement (EIS) of 2015, which had every incoming flight pass over Blaxland," she said.

"While some people may feel relief, others will be surprised and concerned to see their area impacted."

The flight paths were released by Infrastructure Minister Catherine King who said they were designed to minimize flights over residential areas, particularly during the night.

She said the community can provide feedback on the draft EIS during a formal public exhibition period following its release.

"This feedback will be considered as we finalise the flight path design ahead of the new airport starting operations by late 2026."

According to details contained on the website <https://www.wsiflightpaths.gov.au/>

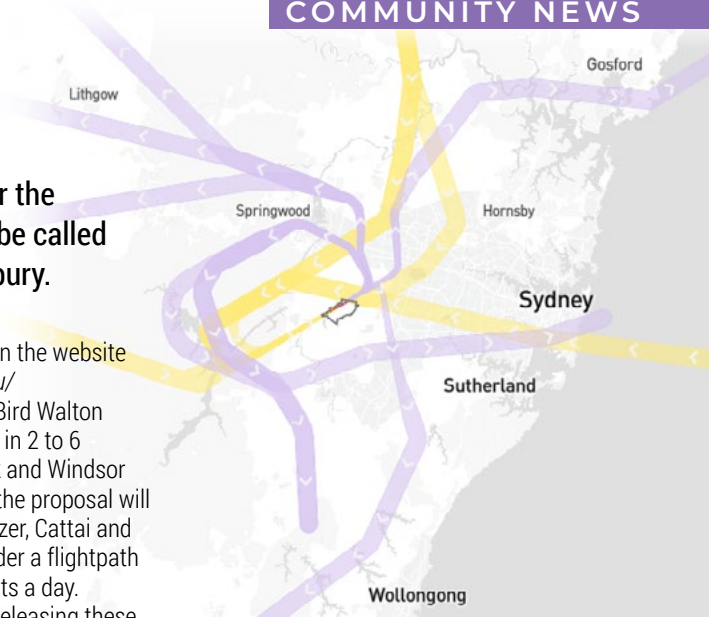
Departures from the Nancy Bird Walton International airport could result in 2 to 6 departures flying over Bligh Park and Windsor areas. The biggest impact from the proposal will be the areas of Pitt Town, Ebenezer, Cattai and Lower Portland which will be under a flightpath for arrivals meaning 8 to 19 flights a day.

Susan Templeman said: "In releasing these flight paths, I have demanded that accurate and detailed information be available to us all...

we need to have time to fully understand the flight paths before being asked to respond to an Environment Impact Statement (EIS).

"I encourage everyone in the Mountains and Hawkesbury to access the information at [www.wsiflightpaths.gov.au](http://www.wsiflightpaths.gov.au)

"Anyone who does not have internet access should contact my office so we can distribute the hard copy information I expect to be available from the Department of Infrastructure shortly. As we digest the impact of the preliminary flight paths, I know people will feel angry. I know people will be upset. I also know



Proposed flight paths: Yellow arrivals, Purple departures

we need to work together as a community to have effective input into this process."

Community information and feedback sessions have been organised, the nearest are at Parramatta (Thursday 20th July from 3pm to 8pm and Civic Gallery and Blacktown on Saturday 22nd July 11am to 4pm Max Webber Library.

Plans for a second International airport for Sydney at Badgerys Creek were first announced in 1986.

For more information about the current plans visit <https://www.wsiflightpaths.gov.au/>

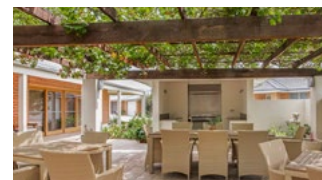
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## HOUSE FIRE

A Go Fund me page has been started by a concerned resident at the Gables for the Shah family who lost everything in a house fire on Friday 23rd June.

Riverstone Fire and Rescue crew attended the blaze in Hypero St, Gables alongside NSW Rural Fire Service crews from Box Hill Nelson and Oakville.

Crews who arrived at 1pm were confronted with a huge fire engulfing the two storey house. Four people had evacuated from the home prior to fire crews arrival. Firefighters immediately set to work attacking the fire.

According to a post from Riverstone FRNSW due to the severity of the blaze the incident was raised to a 2nd Alarm with further fire crews requested. At the height of the blaze 10 fire trucks and crews were in attendance

She said: ***“One of our beautiful Gable family members lost their home to a freak house fire. Thankfully everyone was evacuated safely but their home and belongings could not be saved... if you could please contribute even a few \$\$ . It will go a long way to helping the family, whether it be for food, clothing, accommodation or anything else they may need.”***

including Windsor FRNSW, Kellyville FRNSW and Mt Druitt FRNSW and RFS units from Rouse Hill Brigade, Round Corner and Kellyville RFS. Crews stayed until 10pm ensuring the fire did not spread and the fire was fully extinguished.

Fire and Rescue said it was a reminder that working smoke alarms help save lives.

Investigations into the cause are being undertaken by NSW Rural Fire Service and The Hills Police Area Command but it is believed that water on an electrical recliner may have caused a short circuit and ensuing blaze.

Megan Davies-Bennets set up the Go Fund Me page called Help Our Gables Family Who Lost Their Home. [https://www.gofundme.com/f/help-our-gables-family-who-lost-their-home?utm\\_campaign=p\\_cp+share-sheet&utm\\_medium=copy\\_link\\_all&utm\\_source=customer](https://www.gofundme.com/f/help-our-gables-family-who-lost-their-home?utm_campaign=p_cp+share-sheet&utm_medium=copy_link_all&utm_source=customer)



## TEEN CHARGED

A 17-year-old arrested at his home in North Kellyville on Friday 23rd June 2 has been charged after an alleged stabbing incident in Macquarie Park earlier this month.

His arrest follows the arrest of five teenagers at Cherrybrook Metro Station shortly after the alleged incident.

Police say that emergency services were called to a park in Herring Road, Macquarie Park, following reports of a brawl just before 5.30pm on Sunday 11th June 2023.

Officers from Ryde Police Area Command located a 14-year-old boy suffering a stab wound at a nearby railway station. He was taken to hospital in a critical condition.

It's alleged the injured boy was involved in a fight with a group of teens at the park before fleeing to the railway station where he was allegedly stabbed by one of the teens.

A crime scene was established at both locations, and investigation commenced into the circumstances surrounding the incident under Strike Force Gorinski.

Following inquiries, five boys, aged 13, 14, 15, 17, and 17, were arrested and charged. They remain before the courts.

The North Kellyville 17-year-old has been charged with wound person with intent to cause grievous bodily harm.

## TRUCKIE ARRESTED

A 41-year-old man was arrested on Monday (26th June) after a truck allegedly overtook other motorists in a dangerous manner on Old Northern Road at Glenorie four days earlier..

Officers from The Hills Police Area Command received a report of a truck driving in a dangerous manner, including performing an illegal overtaking manoeuvre on the Old Northern Road at Glenorie at about 1pm on Friday (23rd June).

A message was broadcasted over police radio across the north-west and western Sydney area as officers commenced inquiries to locate the truck. Officers from Traffic and Highway Patrol Command then became aware of the incident and commenced inquiries to identify the driver of the vehicle.

Following extensive inquiries, investigators attended a trucking company in Revesby just after 8am on Monday 26th June.

A 41-year-old man was arrested at the location and taken to Bankstown Police Station.

Anyone with information about this incident is urged to contact Crime Stoppers: 1800 333 000 or <https://nsw.crimestoppers.com.au>. Information is treated in strict confidence. The public is reminded not to report information via NSW Police social media pages.

## MAN CHARGED

A 41-year-old Schofields man has been charged with a number of offences relating to the theft of tools and other property in and around the Hills Area. Officers from the Hills Police Areas Command executed a Search Warrant at home in Glenhaven Wednesday, 21st June with the assistance of North West Metro Operation Support Group.

Police recovered a large amount of property believed to be stolen from a work vehicle in Bella Vista.

Anyone with information about this incident is urged to call Crime Stoppers NSW on 1800 333 000 or <https://nsw.crimestoppers.com.au>. Information is treated in strict confidence.



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## NUMBER PLATE WARNING

Police from the Hawkesbury Area Command are urging drivers to use tamper resistant or anti-theft screws to secure their number plates.

They say they have experienced an increase in reported number plate thefts over the past few weeks and say the stolen plates can then be used to commit further offences.

Report stolen number plates to the Police Assistance Line on 131 444.



# Police Boundary Changes

By BEV JORDAN

Changes to the boundaries to local Police Area Commands will see The Hills Area Command taking responsibility for covering the suburbs of Glenhaven and Cherrybrook.



The changes to the boundaries will take effect from Tuesday July 4th. Currently Glenhaven and Cherrybrook are covered by police from the Ryde Area Command.

The move has been welcomed as it now means major sites like the Anglican Retirement Villages which are just 3 minutes from Castle Hill police station will not have to wait for police from Ryde who are stationed more than 30 minutes from the retirement village.

While The Hills is gaining two new suburbs the changes will shift the command's area further north and see Parramatta Police covering the areas of North Parramatta, Oatlands, Northmead and parts of North Rocks which have been the responsibility of The Hills PAC for many years.

The realignment of the policing boundaries make geographical sense in relation to the area's police station at Castle Hill.

Instead of having the border between The Hills and Ryde PAC at Old Northern Rd it has been moved to Pennant Hills Rd which will

mean The Hills PAC gains 50 sqm including schools (including Oakhill College, Cherrybrook High, Pacific Hills and Pennant Hills High) retirement villages and shopping centres.

Officers will be able to focus on the areas of Castle Hill, Dural, Pennant Hills and Cherrybrook which had previously been covered by Ryde PAC.

The Hills Area Commander, Supt Darrin Batchelor welcomed the change saying: "The changes will result in better service delivery to the residents of Cherrybrook and Glenhaven.

"It will make for faster response times," he said.

He also said it would expand the work of The Hills PAC's vulnerable persons unit and work with the elderly and the youth liaison team. The Hills PAC.

On The Hills PAC social media a statement reads: "Since its inception, NSWPF has undergone several boundary changes and we will continue to evaluate our organisational structure and overall performance to ensure

we deliver/provide the best services to our communities.

"Local police will be dealing with local problems. Where officers are better connected with their communities and know and understand their communities, they are better able to work with and serve those communities...We're confident that this is a long-term solution that will benefit everyone.

"The police service you receive will not change and our Police Commands will continue to be accessible to all. Staffing aligns with resource needs so communities continue to receive a prompt police response."

Castle Hill State MP Mark Hodges welcomed the boundary adjustment saying: "The boundary changes make a sensible geographical adjustment which will now enable our front-line police to attend to matters in suburbs closer to the Castle Hill Command. I look forward to continuing working with the Police Command in the service of residents who reside or work within the new boundaries."

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# Teacher's New Book Looking To Make Waves

Local English teacher Clive Thomas's latest novel, *'39: The Ship In The Storm* combines a number of his lifelong passions.

Mixing his interests of sailing, World War II history and music in an unconventional way, *'39 The Ship In The Storm* is an intriguing historical mystery about a commandeered British navy ship that disappeared in 1939, only to reappear 100 years later in a world where relations between the UK and US are strained.

The idea for the book was originally inspired by the Queen song '39. "The idea of a ship going away and coming back to find everything else had moved on 100 years, I thought that was quite interesting," said Clive. "What would happen if they suddenly appeared there? How would people's reaction be to the ship? Coupled with my interest in WWII history, that gave me the impetus to write this story."

**'39: The Ship In The Storm** is Clive's fourth published book, and was largely written during COVID lockdowns that allowed Clive to take an unofficial sabbatical. Inspired by the works of mystery authors like Dan Brown, Clive's conception of the story would regularly change while creating the manuscript: "It seemed to evolve as I was writing, and I couldn't plan it all in advance. I just carried on creating and felt it out."

Having grown up in rural England, Clive's own nautical experiences are lifelong. He began sailing on the lakes and rivers of England and has since sailed over the world, including in the Caribbean where Clive taught the art of mastering the waves for six months when he was younger.

In those varied travels, Clive has worked more than 20 occupations. His wide array of experiences often dictate the content of his books, which he writes from his long-time home in Galston.

*Camp Caribbean and Travelling Tales* are such works; the former draws on Clive's experience teaching sailing in the Caribbean to create a semi-autobiographical story, while the latter is a collection of entertaining stories from his travels.

Clive's latest novel further expands upon his long relationship with the sea. He said: "It's something about the fact that the sky is so vast and the ocean is so huge that you just feel like you're part of nature."

It's a sensation that he loves to share - each Wednesday, he volunteers with the Making Waves Foundation to teach disadvantaged



teens how to sail while instilling in them key social skills.

Writing and literature brings Clive a great amount of joy, appreciating its value as a creative outlet: "It's about being able to express myself in a way that wouldn't come out verbally, and really being able to provide a visual image," he said. "I enjoy teaching creative writing as well, getting students to think about what happens in a story so that they can better understand it."

You can order *'39: The Ship In The Storm* on Clive's website, <https://www.clivethomas.com.au>.

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# Hills Model Headed to Melbourne

By JOSH KERWICK

18-year old Hills local Kiri Olsen is headed to Melbourne this weekend to compete in Top Model Australia's 2023 National Final as one of NSW's most promising young models.

The final will see Kiri and nine other finalists from New South Wales compete for the chance to head to London for the Worldwide Top Model competition, where the winner will be able to walk in London Fashion Week.

Despite the high stakes, Kiri is really excited for the weekend: "It's pretty stiff competition, but it's okay. You meet lots of amazing people and everyone's unique in their own different way. It's gonna be a fun and exciting time."

While Kiri is down in Melbourne for the National Final, she'll be wearing the clothes of Kyah Halitta, a Sydney-based fashion designer who puts emphasis on sustainability in the clothing that she designs.

Kiri connects with Kyah's mission to make the fashion industry more sustainable, putting more thought into the clothes that everyone wears. "I've been working with her for a couple of years," Kiri says, "and being able to work with her and advocate her clothes is very important to me."

Kiri began modelling in 2020 as a form of self-expression: "Whenever I see myself in photos, I feel a lot more confident in everyday life. Having the ability to say 'That's who I am', it really helps to build character."

In 2021, Kiri participated in the debut Teen Miss Runway event in Sydney, where she was able to make a lot of connections with makeup artists and other models that connected her to the modelling industry: "I'm still very close to lots of those people, I still do collaborations and work with them to get our image across the industry," she says.

Not only was the experience invaluable, Kiri took home first place in the Teen Miss Runway event. She found it hard to believe: "It was surreal, just to think that the judges loved me, loved my work and the organic photos. It gave me a lot of confidence to continue and pursue modelling after that," she says.

Although the whole modelling process is enjoyable to her, it's the feeling of walking the runway that really invigorates Kiri. "I don't know how to explain it. During the runway, it's a whole different experience, it's surreal. You walk down it and see the professional photos later, and it's amazing. Every single time I look at it, I'm still gobsmacked - it's an incredible feeling."



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# Community Radio Carries On

By JOSH KERWICK

Hawkesbury Radio is continuing to serve the community by evolving into a fully online radio station, despite losing their licence from the Australian Communications and Media Authority in 2017. From the site of Windsor's old water tank and tower, the broadcast runs 24/7 and can now be accessed from anywhere in the world.

Despite the difficulties that Hawkesbury Radio faced when losing their community radio licence, the transition to online is far from the first major change that Steve Wilkins, current President and Treasurer of Hawkesbury Radio, has seen at the station since he began in 2004.

"When I started, pretty much everyone was using CDs," he says. "I'd walk in with two cases, and you feel your arms getting longer as you walk towards the studio. And then you get someone ringing up to say 'Oh, can you play such and such a song?' You'd say 'Yep, it's here somewhere,' and have to flick through all of them."

Steve believes that evolving with the times is a necessary step for the station: "It's an exciting time for radio. Everything gets reinvented, and I think we're in for a reinvention of music as well. It'll be fresh, invigorating and will bring people back to radio, and it will be what it's always been."

Nowadays, the Hawkesbury Radio studio is filled with technology that Steve says is

"lightyears" ahead of what they had twenty years ago – that technology enabling the station to persevere, providing companionship and entertainment to the people of the Hawkesbury.

The relationship between the station and its listeners goes both ways, with Hawkesbury Radio providing essential information in times of natural disaster. "Everybody wants to know exactly what's going on, and radio is becoming relied upon as that source of information," Steve says.

He recalls a time in 2019 where he stayed on air for seven hours to help provide people information about the huge Windsor Downs fire: "We were getting phone calls from people who were worried about their properties, and they were searching for that information on Facebook and weren't finding it. We were able to track a lot of the fire, thanks to input from our listeners who could tell us what was going on."

Through its transition to an exclusively online broadcaster, Hawkesbury Radio can now



fully operate on its own terms and better serve its community. Whether you're five minutes away in the Windsor Mall or thousands of kilometres away in Europe, the station is only a few clicks away from playing on your phone.

"It's made better by the people and environment of the Hawkesbury - it has that real sense of identity and location," comments Steve. "People in the Hawkesbury are a part of the Hawkesbury. It presents that mix of urban, rural bush and everything else. There's so much to see and do here that people don't even realise!"

You can listen to Hawkesbury Radio either through the iHeartRadio app, or via their website: [hawkesbury.radio](http://hawkesbury.radio)

## Understanding Home Care event

Are you in the process of finding a Community Care provider or accessing a Home Care Package? **Join us for morning tea** and meet our friendly and local care coordinators. This is a great opportunity to learn about:

- Home Care services available in the Hawksbury & Hills Districts
- Government funded Home Care Packages
- How to navigate MyAgedCare

### Castle Hill RSL

**Date:** Friday, 21st July 2023

**Time:** 10 - 11.30am

**Location:** 77 Castle St, Castle Hill NSW 2154

**Cost:** Free

### Book today!

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Free admission, all are welcome! **Bookings are essential and spaces are limited.**



Morning Tea will be provided

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Award-winning care



# Brian King Gardens Open Day

The smell of freshly baked scones and sound of laughter was in the air at Anglicare's Brian King Gardens Residential Care Home, as residents, staff and the community enjoyed their Open Day in June.

Under the care of new Residential Manager, Fraser Wunch, Brian King Gardens opened its doors to the public to share everything that this vibrant home has to offer.

"We have a beautiful home with active and social residents and caring passionate staff, and I am so pleased to have the opportunity to share this with the community so they can experience how wonderful life can be at Brian King Gardens", said Fraser.

The Open Day gave visitors a chance to tour the home and its facilities, as well as see the way residents have personalised their spacious rooms and explore the vast range of activities and events on offer each day.

Brian King Gardens resident, Barbara commented that there is "almost too much that you are able to do every day" and said with a smile "the best thing I did is come here!"

Enjoying the barista-made coffee, freshly baked scones and chocolate dipped strawberries made by Harshendu Mankad the regional chef, the open day was a huge success and an enjoyable day for everyone who attended.

If you would like to tour Brian King Gardens please call Fraser Wunch, Residential Manager on 0487 073 878.



Aged care that's personal

Ann loves to cook moussaka and share it with her friends.

Everyone has something that brings them joy, for Ann it is cooking. With Anglicare residential aged care, Ann can indulge her passion because person-centred care is what we're all about.

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[anglicare.org.au/AgedCareCastleHill](http://anglicare.org.au/AgedCareCastleHill) or call 1300 111 278





# Hills Winter Sleepout 2023

By BEV JORDAN

When you are feeling cold at home spare a thought for the thousands of people sleeping rough, in their cars or couch surfing.

The annual Hills Winter Sleep Out is now in its tenth year and aims to give people an understanding of what homeless people face every night.

This year's event at Bella Vista Farm spans from 4pm Saturday, August 5th to 10am Sunday, August 6th and raises funds for Hills Community Aid's Homeless Prevention Initiative and StreetMed which offers First Aid services and food to people living rough.

Mici Beer, Executive Officer at Hills Community Aid said since 2020 there has been a 186% increase in the number of people contacting HCA for financial support services, "this includes people experiencing homelessness, DV, and financial hardship".

"Over the past year (2023 financial year) we have had 6,027 calls from people requiring financial assistance," she said " (and) we spent \$6,980 on food vouchers to assist people who are homeless or at risk of becoming homeless."

She said one woman receiving help had escaped a DV situation and is still in recovery mode. Even though she works full time and receives allowances for her son who has special needs she is struggling.

Mici said money raised at last year's Sleep Out has given the client some "breathing space" and prevented her and her son from being homeless.

Founder of The Hills Winter Sleep Out Dr Michelle Byrne said it had been an eye opener for people taking part and the funds raised were needed more than ever.

"With the increased cost of living coupled with soaring energy costs, more and more

families and individuals are doing it tough in our own community," she said.

"The sleep out is an opportunity to raise much needed funds to help those who are homeless or one step away from becoming homeless. We are sleeping out so others, including women and children, don't have to."

Speakers from The *Big Issue* magazine will again come and talk to participants about how selling the magazine has made a difference to their lives.



Mici, Dave and Michelle

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Chris Cleary

Dave who has been selling the Big Issue at Parramatta for 26 years says it has enabled him to stop sleeping rough and get a roof over his head.

Michelle Byrne said: "Listening and talking to the Big Issue vendors over the years has been an eye opener in understanding homelessness and what it is like not to have a permanent roof over your head.

"What has stuck in my mind over the years was something Vendor Dave said about the difference a smile and hello makes in the lives of those doing it tough and how we can create a kinder world that includes everyone."

Chris Cleary from StreetMed says hypothermia and exposure are a real thing for those that don't have the ability to have a roof over their heads at night.

"This time of year is always challenging for our homeless friends, especially with minimal to no respite from the relentless cold weather. Over the last few years since Covid and the cost of living pressures we have seen the demands on our services rise exponentially whilst donations of both goods and money have declined. A no win situation for all concerned. That is why this year's 10th Hills Winter Sleepout is so important to get behind and support. As every single cent goes towards helping those who need it most."

To get involved visit the Hills Winter Sleepout Facebook page or visit the fundraising page <https://the-10th-hills-winter-sleepout-2023.raisely.com> to donate or join the sleep out.

## CASE STUDIES

One woman helped recently is 72 years old and had been couch surfing with friends and relatives for over two months.

She had to move out from where she had been living for the past five years in the granny flat at her son's home due to family violence and financial abuse.

She was finding the application for Housing to be confusing and having no success - we advocated for her and applied to Uniting Ageing Westmead for Housing for her - she was granted a brand new unit and was incredibly grateful.

However she still needed to pay bond and rent in advance. Hills Homeless Prevention Initiative funds ensured she secured this unit. The flexibility in being able to apply for this program and have her application assessed the same day ensured she could accept the offer asap and did not risk losing the opportunity.

Marg (not her real name), approached HCA in July last year after fleeing her home and staying in hotels and temporary accommodation for several weeks. Marg has 16-year-old twins and an 18-year-old son with disabilities. She worked hard and earned around \$75k per year, so she was not eligible for many government / or other agencies crisis support programs.

HCA assisted her with Woolworths vouchers, which freed up some funds for other expenses. She was also provided with two weeks' rent (HHPI) and paid her initial power bill from the Bridging the Gap program (as she did not qualify for EAPA vouchers).



# Doing Dementia Differently



Group Homes Australia is a unique, social model of care for people living with dementia. If you, or someone you know would like to learn more, we would love you to visit our new Castle Hill home to show you how we're doing dementia differently.

Castle Hill Homes Now Open

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[grouphomes.com.au](http://grouphomes.com.au)

*out and about*  
with **MICHELLE BYRNE**

## Hawkesbury Regional Gallery

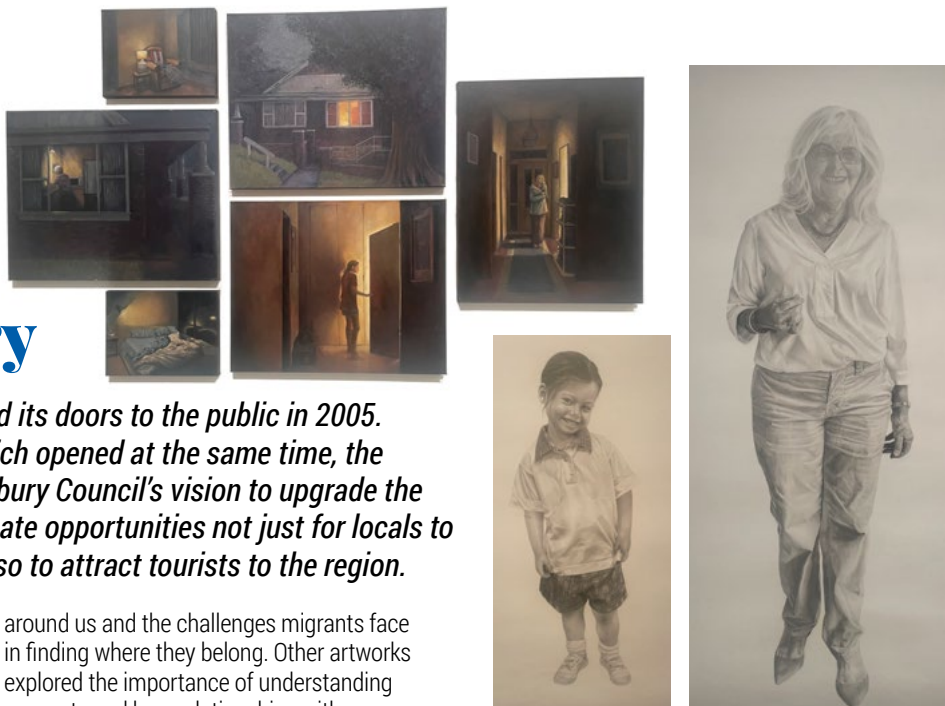
*The Hawkesbury Regional Gallery opened its doors to the public in 2005. Along with the Hawkesbury Museum which opened at the same time, the Hawkesbury Gallery was part of Hawkesbury Council's vision to upgrade the cultural facilities in the region and to create opportunities not just for locals to appreciate the Arts close to home but also to attract tourists to the region.*

The Hawkesbury Regional Gallery forms part of the NSW Regional Galleries which aims to support regional and NSW artists and to create opportunities for these talented individuals to showcase their work. The exhibitions at the Hawkesbury Regional Gallery are constantly changing, bringing new work and diverse art forms to audiences. The exhibitions are mostly curated in-house by staff and volunteers, however touring exhibitions from regional and state galleries and other organisations are part of the Gallery's program.

The current exhibition is ArtExpress, a joint program between the NSW Department of Education and the NSW Education Standards Authority, showcasing an exemplary selection of art work created by HSC students. Having never been to ArtExpress before I was blown away by the incredible artwork produced by high school students and the different use of mediums including painting, drawing, photomedia, textiles and fibre, ceramics, sculpture, printmaking and short films. The artworks are all completely different yet together are an interesting reflection on what is important to this generation of young people and how they perceive the world around them. Many of the artworks explore the human condition, the chaos and meaninglessness

around us and the challenges migrants face in finding where they belong. Other artworks explored the importance of understanding our roots and how relationships with our grandparents and parents have shaped us. Some artworks tackled complex societal issues such as homelessness, domestic violence and mental illness whilst others challenged the way women are perceived. The importance of the environment and its destruction as a result of industrialisation was also explored.

Three local students' artwork also appear in ArtExpress. Maddison Garton (Arndell Anglican College) through her painting explores childhood memories of her Oma's garden inspiring others to reminisce on their own special childhood memories. Zoe Capel's (Richmond High School) artwork entitled "The usurpation" reflects on how creatures have been forced out of their natural habitat and into urban areas as a result of the floods as well as the role creatures play no matter how small they are. Stella Janssens (Castle Hill High) explores through the use of ceramics the relationship she shared with her father and the impact he left on her and the memories created by the objects he left behind despite his death whilst she was young. Such powerful artwork!



Artexpress is on exhibition at the Hawkesbury Regional Gallery until August 13 and it is worth visiting and seeing the world through the eyes of our young people. It will challenge your thinking!

The Hawkesbury Regional Gallery apart from running exhibitions also runs artist and curator talks, art classes/workshops for adults and children as well as a school holiday workshop programs.

For more information on the Hawkesbury Regional Gallery go to <https://www.hawkesbury.nsw.gov.au/gallery>

## Titillating Tillandsia

The next Bromeliad Society of Australia meeting will be on the 8th July with plant sales from 10am and the meeting commencing at 12noon.

Our special guest speaker will be one of our younger talented members, Harold Kuan. Harold joined BSA three years ago after discovering his passion for the Tillandsia online. Finding that his Tillandsias needed a stand for showing purposes he set about making the wire stands required for display in Bromeliad competitions. With no previous training in metal work, he just figured out how to make them as he went along. Harold cuts mesh with bolt cutters and then bends it. For wood mounts he finds branches and large pieces on walks around his neighbourhood. He purchases the cork from an orchid supplier. Currently he estimates Tillandsias make up 80% of his collection, but he also likes Billbergias, Dykias, Neoregelias,

Aechmeas – really any bromeliad with colour, sculpture or unusual form.

Harold will give a hands-on demonstration during his presentation at the meeting on 'how to mount Tillandsia'. There will also be our regular meeting activities such as competitions, raffle, Show & Tell, and a more recent activity called just "Show" for people who would just like to share a plant with others without it being critically judged.

The meetings are held in the Federation Pavilion, Castle Hill Showground, off Showground Road into Doran Drive, Castle Hill. Guests are most welcome.

For further information please contact Ian Hook, President of BSA - mobile 0408 202 269, email: [ianhook1@bigpond.com](mailto:ianhook1@bigpond.com) or refer to [www.bromeliad.org.au](http://www.bromeliad.org.au) for the latest updates.







# Standing up for Sisterhood

## Winning team's for Charity

Saturday 15th July  
(11am to 3pm)



In a world where compassion and unity are needed more than ever, Priceline Pharmacy Baulkham Hills shines as a beacon of hope and community support. With just two years of operation under their belt, this exceptional establishment has already garnered well-deserved recognition, including the esteemed **"Most Outstanding Pharmacy in the Hills"** award and the prestigious **"Grove Square Excellence"** award. These accolades speak volumes about their unwavering commitment to serving the community's health and beauty needs and it's no wonder the team have in a short time taken what some stores take years to create. It is a place for the community to come that is genuinely focused on the needs of the customer first and it starts as soon as you walk through the doors. When speaking with the team it became very clear why.

The store has a belief that is at the centre of all that they do. *"We believe people only feel better when they feel they matter"* The team get together every day, they talk about how they can live this out individually and together as a team. Just a simple warm "Hello, what brought you into Priceline today" Can take the feeling of being invisible to being seen and then heard when they truly listen to what it is you need.

Going above and beyond their outstanding services, Priceline Pharmacy Baulkham Hills is hosting a remarkable charity fundraiser in support of the Sisterhood Foundation. The foundation aims to raise funds for four amazing charities; Motherless Daughters, Dementia Australia, Raise, and Panda. By championing these causes, Priceline Pharmacy Baulkham Hills demonstrates their genuine dedication to supporting and uplifting those in need within the community.

The charity event promises a day of enjoyment for all attendees. From a mouthwatering sausage sizzle to delightful face painting, hair braiding, and colorful balloons, there will be no shortage of fun and entertainment. Additionally, trade exhibitions will offer a platform for local businesses to showcase their products and services, fostering collaboration and further strengthening the community fabric.

One of the highlights of the fundraiser is the opportunity to participate in the wheel-spinning draw, with prizes that truly cater to the health and beauty enthusiasts. Attendees stand a chance to win enticing rewards such as Priceline Gift Cards, allowing them to explore a wide range of health and beauty products. Furthermore, gift hampers packed with carefully curated items and exclusive one-on-one beauty experiences with their expert Beauty Advisors promise to leave lucky winners feeling pampered and rejuvenated.

Priceline Pharmacy Baulkham Hills has proven time and again that the community is their utmost priority. Their commitment to supporting local charities and creating a vibrant, inclusive environment is a testament to their values. The Sisterhood Foundation charity fundraiser exemplifies their dedication to empowering women, nurturing health and wellness, and fostering a sense of togetherness.

The four charities supported by Priceline Pharmacy Baulkham Hills encompass a diverse range of causes, addressing crucial issues affecting the community. Motherless Daughters provides support and guidance to young women who have lost their mothers, offering a nurturing network of understanding and compassion. Dementia Australia, on the other hand, strives to enhance the lives of individuals living with dementia, while Raise works tirelessly to ensure that children in need have access to education and essential resources. Lastly, Panda supports families experiencing perinatal mental health challenges, providing a lifeline of care and support during a critical time.

Beyond their exceptional services and charitable efforts, Priceline Pharmacy Baulkham Hills has become a trusted destination for all beauty and health needs in the Hills community. Their knowledgeable team of experts is dedicated to offering personalized care and expert advice to each customer, ensuring their well-being is at the forefront of every interaction.

The team at Priceline Pharmacy Baulkham Hills goes above and beyond to make a positive impact. Their commitment to the community is unwavering, with no task ever deemed too great. By hosting this charity fundraiser, they create an avenue for the community to come together, support one another, and make a tangible difference in the lives of those who need it most.

One of the key factors contributing to Priceline Pharmacy Baulkham Hills' success is its extensive range of health and beauty products. Whether you're looking for skincare essentials, makeup, hair care, personal hygiene products or Prescription products, Priceline Pharmacy Baulkham Hills offers an incredible selection to cater to diverse needs and preferences.

As members of the community, we are privileged to have an establishment like Priceline Pharmacy Baulkham Hills, which not only provides exceptional health and beauty services but also actively supports important causes. Let us stand in solidarity with Priceline Pharmacy Baulkham Hills and the Sisterhood Foundation by attending the charity fundraiser, demonstrating our appreciation for their outstanding efforts. Together, we can create a community that thrives on compassion, unity, and empowerment.

To be a part of the Sisterhood Foundation Charity Event, head down to Priceline Pharmacy Baulkham Hills on **Saturday 15th July (11am to 3pm)**.



**Baulkham Hills**

Your Local **DAY & NIGHT PHARMACY**

Mon - Fri : 8.30am - 9pm  
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Shop 30, Grove Square  
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**Ph: 9639 5100**

# The Hills Shire Council News

## Help Shape the Future

Council's Vision for the future of its strategic centres at Norwest, Castle Hill and Rouse Hill have been drafted along with the Economic Growth Plan. They are now available for viewing and comments on the website by searching 'Help Plan For The Future'.

If you are interested in exploring what each draft plan entails and would like to help shape the final strategic documents, you are invited to attend one of our in-person consultation sessions and workshops.

The next facilitated workshop is the:

- **Draft Economic Growth Plan**  
Thursday, 6 July 2023 from 7pm – 9pm at Rex Money Room – Vinegar Hill Memorial Community Centre.

Head to Council's website and search 'Help Plan For The Future' to RSVP and to see the full extent of the consultation activities.



Artist impression of the Fiddler and surrounds in Rouse Hill.

## Foraging for Edibles

Join wild food expert, Diego Bonetto on a stroll in the park and learn about the most common edible and medicinal plants that surround us all. This workshop will provide insights into the abundance of edibles thriving in the winter season. You'll never look at weeds the same way again!

The workshop will take place at Council's Community Environment Centre, Currie Avenue, Annangrove on Saturday, 15 July 2023 from 10am – 12pm. To find out more and register, search 'Foraging for Edibles' on Council's website.



## Plastic Free July



Join the Resource Recovery Team along with millions of other people this July in an effort to reduce plastic waste! The global movement aims to kick off the habit of reducing single-use plastics. The challenge is simple - pick one (or more) single-use plastics you commonly use and try to reduce or eliminate your use of this for the month of July and maybe permanently.

You can do it on your own, or do it as a team with your family and friends. To register and find out more, search 'Plastic Free July' on Council's website.

## Council Meetings

Tuesday, 11 July 2023 – 7pm

For more information, visit [www.thehills.nsw.gov.au](http://www.thehills.nsw.gov.au) and search for 'Meeting Agendas and Minutes.'





## Waves makes a big splash at National Awards

Waves Fitness and Aquatic Centre has achieved national recognition for being one of the most inclusive and accessible community facilities in the country.

Waves led the way over the other 24 nominations nationwide, securing the number one spot in the Cohesive Communities Category at the National Awards for Local Government.

The aquatic centre opened in September 2022 after a complete knockdown and rebuilding of the former

facility. The new centre includes heated pools ranging from an outdoor FINA Standard Olympic-sized 50-metre pool with 10 lanes, a 25-metre outdoor training pool, an indoor 25-metre and family leisure pool and a 20-metre warm water program pool. There is also a sauna, spa pool, steam room and 1000 square metre fitness centre.

There is also the on-site Waves Cafe, with an array of food options and drinks, making it the perfect place to wind down after a swim, or gym session or to simply graze while the rest of the family goes for a dip.

## The Hills Shire Plan has been adopted

One of The Hills Shire Council's most important documents has been given the green light.

Councillors approved The Hills Shire Plan, which is an annual document that integrates Council's operational and financial plans, during the 13 June Ordinary Meeting of Council.

The plan highlights Council's priorities, allocating resources to fulfil the community's needs and works towards achieving a better quality of life for all who live, work, visit and play in The Hills Shire.



Mayor Gangemi at the site of The Water Lane Reserve, Box Hill.

As part of the 2023-2024 Plan, Council will invest \$50.2 million into building a vibrant community and economy, \$155.1 million in delivering and maintaining infrastructure, \$11.2 million in growth-shaping projects and a further \$59.4 million in enhancing the local environment.

Mayor of The Hills Shire, Dr Peter Gangemi said that Council is working hard to provide the services, facilities and infrastructure for a growing Hills community and the plan plots out how Council aims to achieve this and much more.

Highlights of the plan include:

- \$18.8 million on Annangrove Road, Rouse Hill construction;
- \$4.9 million on The Water Lane Reserve, Box Hill playing fields;
- \$1.3 million on Cockayne Reserve, Castle Hill;
- \$3.8 million on providing street lighting to create safer environments;
- \$1.8 million on footpaths to enhance active lifestyles, such as walking and cycling opportunities;
- \$9 million on new park construction; and
- \$6.2 million to relieve road congestion.

For more information, please visit Council's website and search 'Hills Shire Plan'.



Are you enjoying  
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# DINING OUT

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message Bev on 0451 519 088

\$75 includes bubbles, lucky door ticket  
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# Gemma Wins Anzac Award

By BEV JORDAN

Gemma Oaklands loves history and the Year 11 Northholm Grammar School student has just won the ultimate prize, the Premier's Anzac Memorial Scholarship for 2023.

Earlier this year Gemma was selected as a Hills High School Anzac Ambassador by the Castle Hill and District RSL sub-Branch and spoke before thousands of people at the Dawn Service.

To apply for the Premier's Anzac Memorial Scholarship Gemma had to submit a personal 1000 word essay describing why she wanted to be awarded the scholarship, what qualities she possessed to make her a suitable candidate, how she contributes to her community and why she believes commemorating and learning about ANZACs is important.

Gemma, who is currently studying Modern and Ancient History in Year 11, told the *Hills to Hawkesbury Community News*: "I am a highly passionate history student, particularly in Australian history as my great-grandfather was an Anzac who served in the Second AIF."

Her paternal Great grandfather was Private Stewart Arthur Catton who served in Tobruk in World War 2. The family still has the photo journal he compiled during his years of service.

Gemma says she hopes the trip will expand her knowledge of Australia's global role in peace and conflict and "deepen my understanding of Australian history to commemorate the ANZAC

soldiers who fought for our country."

The two-week Study Tour has been organised by The NSW Government Office of Veterans Affairs and it will take her to Darwin and Singapore to visit significant places relating to the history of the Second World War during the Spring holidays.

She and the other Scholarship winners from NSW will find out more this Monday (3rd July) when they meet the organisers at the ANZAC Memorial.

"I am so intrigued and so excited," said Gemma.

"I am really looking forward to the trip, particularly the learning experience of something I am very passionate about. I am excited to be given this opportunity to travel with and learn directly from a military historian and experienced History teachers."

The trip will come after her Year 11 exams and before she transitions into Year 12.

She says she has found being a Hills Anzac Ambassador an "amazing learning experience"

"I have furthered my learning and acknowledgment of the importance and responsibility of the ANZACs and their contribution to Australian history. I have



Gemma Oaklands at the 2023 Anzac Day service at Castle Hill

also learnt about the importance of ensuring the legacy of ANZACs continues to inspire generations and how the ANZAC spirit is ever-present within Australia."

She says she is looking forward to the study tour and like her great grandfather will be keeping a journal.

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# SCHOOL HOLIDAY

## Workshops

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## THAI GREEN CHICKEN CURRY

By MEREDITH PANETTA  
(from Panetta Mercato - Baulkham Hills)

### Ingredients

- 225g new potatoes, cut into chunks
- 100g green beans trimmed and halved
- 1 tbsp vegetable or sunflower oil
- 1 garlic clove chopped
- 1 tbsp thai green curry paste
- 400ml can coconut milk
- 2 tsp thai fish sauce
- 1 tsp caster sugar
- 450 g boneless chicken thigh fillets, cut into 1 cm pieces
- 2 lime leaves shredded
- 1 handful of basil leaves chopped
- Boiled rice to serve



### Method

- Put 225g new potatoes, cut into chunks, in a pot of boiling water and cook for 5 minutes.
- Add 100g trimmed and halved green beans and cook for a further 3 minutes, by which time both should be just tender but not too soft. Drain and put to one side.
- In a wok or large frying pan, heat 1 tbsp vegetable or sunflower oil until very hot, then drop in 1 chopped garlic clove and cook until golden, this should take only a few seconds. Don't let it go very dark or it will spoil the taste.
- Spoon in the curry paste and stir it around for a few seconds to begin to cook the spices and release all the flavours.
- Next, pour in the coconut milk and let it come to a boil. Stir in the fish sauce, caster sugar and chicken. Turn the heat down to a simmer and cook, covered, for about 8 minutes until the chicken is cooked.
- Tip in the potatoes and beans and let them warm through in the hot coconut milk, then add the lime leaves.
- Add the basil leaves.
- Scatter with lime to garnish and serve immediately with boiled rice.



## Empty Desks

Local heroes, the Aussie Pump team have now taken over their new Head Quarters at Norwest. The building (next to Hillsong) gives them twice as much space enabling this innovative local company the ability to double production, double warehousing and double the staff.

There are great jobs available!

Help Aussie fill the desks with competent people that get excited about helping combat fires, floods and drought.

"What we like about this business is that everything we do helps somebody", said Aussie's Managing Director Warwick Lorenz.

For more information, email Linda-Sue Karkowski (careers@aussiepumps.com.au) for great jobs, real careers, and opportunities.

Aussie says helping people is exciting!



### The Hawkesbury Companion Animal Shelter

is at 10 Mulgrave Rd, Mulgrave.

Call 4560 4644 or visit Hawkesbury

Council's Facebook page

[www.facebook.com/hawkesburycitycouncil](http://www.facebook.com/hawkesburycitycouncil)



#### AT A GLANCE

NAME: Tyson  
SEX: Male  
BREED: American Staffy  
AGE: 3 yrs 8 mos  
PRICE: \$49

**TYSON** is a submissive boy with a gentle nature according to staff at the Hawkesbury Companion Animal Shelter. Staff say Tyson has been good with the other dogs while he has been at the shelter. If you feel you can give Tyson a home please bring your family dog (if you have one) and the children to meet him just so staff can be sure they will all get on well together. As one this week's featured dogs his adoption price has been reduced to \$49. The adoption price includes the first vaccination, desexing, microchipping and life-time council registration.

Hawkesbury Council's Rehoming Organisation Number is: R251000145.

**PUDGY** is a lovely relaxed boy according to staff at the Hawkesbury Companion Animal Shelter who say Pudgy just loves to lay around with his buddy. If you would like to meet Pudgy please come to the shelter to meet him. As cat of the week his adoption price has been reduced to \$29. The adoption price includes the first vaccination, desexing, microchipping and life-time registration.

Hawkesbury Council's Rehoming Organisation Number is: R251000145.

#### AT A GLANCE

NAME: PUDGY  
BREED: Domestic short hair  
SEX: Male  
AGE: 4 years  
PRICE: \$29







# ROBYN PRESTON MP

## MEMBER FOR HAWKESBURY

### How my office and I can help you

- Represent you in Parliament and raise local issues with the appropriate Minister or Department
- Answer questions, help you access government services and provide information about community groups and events
- Facilitate applications to become a Justice of the Peace or to obtain a Seniors Card
- Update your electoral enrolment details
- Send a congratulatory letter for anniversaries and birthdays of significance
- Provide you with details on how to apply for government grants

The office is located at Western Sydney University, Hawkesbury Campus Building R4, College Drive, Richmond. M: PO Box 505 Richmond NSW 2753  
T: 02 4578 0300 E: [hawkesbury@parliament.nsw.gov.au](mailto:hawkesbury@parliament.nsw.gov.au)

## Quiet Hour Coming to Hawkesbury Service NSW Centres

Member for Hawkesbury, Robyn Preston MP has welcomed the introduction of a permanent Quiet Hour at Richmond and Castle Hill Service NSW Centres.

Ms Preston said eight Service Centres across the State were selected for a trial of Quiet Hour by the NSW Liberal and Nationals Government in 2022.

"The trial was very successful and 97 per cent of people surveyed found it a positive experience," said Ms Preston. "It's wonderful that a permanent Quiet Hour is now being rolled out to 107 Service Centres across NSW, including at Richmond on Wednesdays from 10:00 a.m. to 11:00 a.m. and at Castle Hill on Wednesdays from 2:00 p.m. to 3:00 p.m.

People in our own community who may be sensitive to light or overstimulated by sound can now complete Service NSW transactions in a more comfortable and safer environment."

During Quiet Hour, the volume of music and ticket announcements is reduced, lighting is dimmed and customers are asked to minimise conversations and put their mobile phones on silent mode.

Robyn Preston said Service NSW staff will also undertake disability awareness training to help provide customers living with disability and their carers, extra support during each visit.

"I couldn't be prouder of our Service NSW staff and the world-class customer service they provide to everyone in our community," Ms Preston said.

"Introducing a Quiet Hour is a small step forward, but for Service NSW customers living with disability it is a big step towards creating a supportive and inclusive environment."

For more information and a full list of Service Centres participating in Quiet Hour, go to:  
[www.service.nsw.gov.au/about-us/our-organisation/quiet-hour](http://www.service.nsw.gov.au/about-us/our-organisation/quiet-hour).



## Michelle Lee

Recently, I had the privilege of meeting Michelle Lee, an incredible woman, an Aussie adventurer, speaker and mindset mentor. She holds a lot of titles for the feats that she has accomplished. In 2019, Michelle completed the Talisker Whisky Atlantic Challenge, one of the world's toughest challenges. Michelle completed an ocean row of 4,700 kilometres. Her long journey started in the Canary Islands. It took Michelle 68 days to reach English Harbour, Antigua, in the Caribbean. On completing this challenge Michelle became the first Australian woman to row any ocean solo.

More recently, this year Michelle became the first woman ever to row solo across the Pacific Ocean, unassisted without stopping. Michelle set off from Mexico in her eight-metre carbon fibre boat named Australian

Maid on 8 August 2022. The journey took Michelle across the equator and into the path of five hurricanes, four cyclones, and two persistent sharks. Michelle arrived in Port Douglas on 5 April 2023.

Michelle has also completed many amazing feats on land, such as the 'classic' long-distance Himalayan trek (over 160km) in just 9 days, and the famous Kokoda trail in just 5 days.

I had the opportunity and the privilege to speak with Michelle recently, and I expressed my personal gratitude and congratulations to her. Michelle's story is one of pure courage, dedication, determination, endurance and willpower. I recognise the extraordinary achievements of a truly amazing member of our community, and I congratulate Michelle on her achievements.



## MARK HODGES MP

### MEMBER FOR CASTLE HILL

### AS YOUR STATE MP, I AM HERE TO:

- Help you with any State Government matters.
- Assist in accessing NSW Government services, assistance or grants.
- Provide Justice of the Peace services.
- Arrange congratulatory messages.

• Suite 1A, 25-33 Old Northern Road, Baulkham Hills NSW 2153  
• 9686 3110  
• [castlehill@parliament.nsw.gov.au](mailto:castlehill@parliament.nsw.gov.au)







## All abilities football a huge hit

By LAWRENCE MACHADO

There were smiles and laughter galore during Australia's biggest 'All Abilities' football event held recently at Valentine Sports Park, Glenwood. Organised by Football NSW, the 13th NOVA Employment Football4all Gala Day attracted more than 350 participants from 14 clubs.

There were plenty of games and off-field activities including jumping castles and face painting as FNSW celebrated inclusive football.

There were Special Olympics and Heartbeat of Football marquee at the event while the 2023 FIFA Women's World Cup official mascot Tazuni proved popular as the countdown continues for the event jointly hosted by New Zealand and Australia in July and August.

Local Members of Parliament, senior government, and FNSW officials, along with Sydney FC, Western Sydney Wanderers, ParaMatildas, and Pararoos players attended the event.

"It was amazing to see so many smiling faces in what was my first ever Football4all Gala Day as CEO of Football NSW," said John Tsatsimas. "The Gala Day proved how powerful

The NOVA Employment Football4all Gala Day was a huge success at Valentine Park, Glenwood.

our sport is as everybody that participated from the players, coaches, referees, and carers all played a pivotal role in bringing this wonderful day to life."

FNSW thanked NOVA Employment and its CEO Martin Wren, whose staff hosted the barbeque for several hours.

Powerchair football took centre stage with matches involving Hills United FC, Western Sydney Wanderers, Newcastle Jets, and Sydney FC.

Football NSW thanked all the clubs, associations, staff, and volunteers who were involved in making the day such a success. The association congratulated all the participants, coaches, and family members for their inspirational support for the 2023 Football4all Gala Day.

## Bike Riding Made Easier in Castle Hill Showground

Walking and cycling through Castle Hill Showground has been made much easier thanks to a new shared walking and biking pathway.

The 500-metre missing link connects Showground Road to Carrington Road in Castle Hill and was jointly funded by the NSW Government in association with The Hills Shire Council.

The project received \$440,000 from the Government's Metropolitan Greenspace Program which aims to increase community access by creating high-quality green spaces and networks that connect town centres, public transport hubs, and major residential areas.

"This new shared pathway makes Castle Hill more accessible to our community, which is absolutely fantastic," Mayor of The Hills Shire, Dr Peter Gangemi said. "With the creation of this

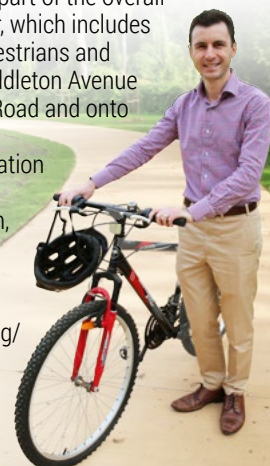
link, pedestrians and cyclists will be able to use a pathway to easily access the local facilities, grounds, and the Metro Station within Castle Hill Showground. "They can also visit homes and businesses along Carrington Road and ride or walk to key centres in The Hills, including Norwest Business Park and Castle Hill CBD.

"I want to thank the NSW Government for their contribution to this project, which has improved pedestrian safety and access into the Showground, which people use daily to commute, play sports, shop at the local farmers' markets, see local theatre, and attend larger events and festivals."

Approximately 200 trees and various native shrubs have also been planted along the new pathway, providing additional shade

and creating a picturesque loop through the grounds, which is home to a dog park, horse stalls, a theatre, a sporting oval and various buildings for hire. This new shared pathway also forms part of the overall Cattai Creek Corridor, which includes connections for pedestrians and cyclists between Middleton Avenue through Carrington Road and onto Showground Road.

For more information on the Metropolitan Greenspace Program, visit: [www.planning.nsw.gov.au/plans-for-your-area/infrastructure-funding/metropolitan-greenspace-program](http://www.planning.nsw.gov.au/plans-for-your-area/infrastructure-funding/metropolitan-greenspace-program).





## The Hills District Retirement Village & Resort Expo

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Bortolo 'Tas' Baitieri, right, with his wife Michèle and members of his family.

## Castle Hill's rugby league ace Tas humbled by OAM

By LAWRENCE MACHADO

**Bortolo 'Tas' Baitieri is a true blood rugby league diehard. His list of achievements runs as long as his remarkable league career as a player, coach and as a very senior administrator across countries and organisations, including World Cups and the Commonwealth Games.**

Fondly known as Tas - after the Tasmanian Devil in the Bugs Bunny cartoons - the Castle Hill local received an OAM for services to rugby league through administrative roles during the recent King's Birthday Honours List.

"When I was first contacted, I thought someone is taking me for a ride," said Baitieri, who turns 66 on July 14. "It was until I got an email confirmation from the Office of the Governor General, that it started to sink in.

"I am obviously humbled and very appreciative of the consideration and would expect Guido (his Dad), looking from above being very proud."

Baitieri is the Chair of the Australian Universities RL and on the board of the Heritage League - NSW.

Baitieri played for Penrith Panthers (1977-1981/ 1985) and Canterbury Bulldogs (1982-1984). He was the development manager of the International Rugby League from 1999-2018. He played a key role in the development of the sport in France in the 1980s, being player/coach of Paris Chatillion and then coach of the French national team.

He was CEO of the PSG league team, and a director of the Centenary 2008 RL World Cup. Baitieri, the French group manager at the 2013 World Cup, was the technical director of the Pacific Games in 2007, 2015 and 2019.

Asked to pick his biggest achievement, the grandfather of six said: "It is the 1998 World Youth Games in Moscow in 1998, which had over 7,500 athletes from 140 countries.

"Alexander Kolikof, the chair of the Russian RL, asked if rugby league could attend as a demonstration sport and was successful. Then, Russia was like a forbidden fruit and difficult to deal with, language barriers, visas, etc. We got permission from the ARL to take three under-16 teams from Australia.

"With support from Dennis Ward, the QRL Coaching and Development Manager, and Martin Meredith, the NSW Coaching & Development Manager, we returned with gold, silver and bronze medals. Ken Hay and Mick Liubinskas were among the coaches and managers.

"What we managed to achieve at the time was a miracle with a travelling party of 82 - imagine all the red tape we were confronted with and the many boxes we had to tick. But, yes, it was worth it in the end."

Baitieri loves the sport: "The mission was and still is today for people to realise their dreams. Find the energy within to learn, improve and realise the unthinkable."

A Blacktown lad, Baitieri first played for Patrician Brothers under-10s before moving to St Dominic's College, Kingswood, in Year 11. He was graded with the Panthers President's Cup side in 1976 and stayed until 1981 when he switched to the Bulldogs.

"During this period as the game wasn't full-time, I, along with Panthers team-mate Kevin Pobjie, travelled to England for one month before moving to France to play for Paris Chatillion. I returned to Paris for the following three years, taking on coaching and playing roles from mid-1985 until 1991.



Tas Baitieri during his playing days with Bulldogs great Steve Mortimer

"When a kid from Blacktown finds himself in Paris, it wouldn't be too hard to fathom, why anyone would want to live there!" Baitieri recalled. "My 10 years there was life-changing."

He got into admin roles when France hosted the International RL Board meeting in Paris in 1985 where Australia, PNG, England, and New Zealand attended. "The French RL chairman Jacques Soppelsa summoned me (being Paris-based) to be the interpreter. France was the only non-English-speaking country that played the game back then. My (administrative) journey then started."

Baitieri is married to Frenchwoman Michèle and has three sons, Nicolas, Matthew, and Jason.

He explained how he got the moniker Tas. "My name Bortolo was difficult to comprehend, say or pronounce back in 1963 when we started primary school. Being Italian with unusual lunches, we drew attention and little intolerance from other kids in the schoolyard.

"We had a number of schoolyard battles over the years and one day, I got called into the principal's office with a bloody school shirt and no buttons. The principal said I was like the devil, fighting all the time, arguing, and looking for trouble. I didn't buy into that theory as it takes two to tango!

"Anyway, the Bugs Bunny show was a favourite kids show during this period and the Tasmanian Devil a popular character .... so, from the Tasmanian Devil to Tas, the nickname started all those years ago."



# COMMUNITY MINDED

# Connie



Some thirty odd years ago I had the privilege of sitting alongside a very community minded member of our local community. The occasion was a Citizenship Ceremony held on Australia Day at Castle Hill. I was, at the time, a member of the Australia Day Committee of Baulkham Hills Shire Council.

The lady in question was Connie Lowe, widow of former Hills Shire Councillor, Harvey Lowe, after whom the Harvey Lowe pavilion at Castle Hill Showground was named. Connie and I started to engage in conversation.

It transpired that Connie had confused me with a colleague of mine who also worked on the same publication as myself at the time. This colleague and myself shared the same surname but he wrote his articles under the name of "Allegro". Having then sorted out this confusion, I would now like to tell readers about the late Connie Lowe who was born in 1900.

Connie moved to Lower Portland on the Hawkesbury River in 1931 after marrying Harvey Lowe in that year. Moving from the inner suburbs of Sydney to the outlying districts along the Hawkesbury Connie found life so different. At that time there was no sewerage or electricity and the Lowes had to make use of kerosene lamps. Travelling in the district at the time was risky and Connie related an episode which occurred during their honeymoon when the Hawkesbury was in flood. She said, "We were rowed across the river at Lower Portland in a rowboat, then in another little boat by a little lad who later became a Councillor, Albert Watkins, and his black dog in the front of the rowboat". Albert told her "Everything's going to turn out alright if you got a dog on board."

Talking of councillors and travel in the district also reminded me that Connie's newly acquired father-in-law was an original councillor on Baulkham Hills Shire Council in 1906, Councillor Robert Lowe. In those early days it took him three days to travel to a council meeting and another three days to travel back staying overnight at Box Hill on both trips. The house which Councillor Robert Lowe stayed overnight still stands close to the new Carmel Village Shopping Centre on Windsor Rd at Box Hill. Connie often mentioned about the busy life and times of Cllr. Robert Lowe, he still had time to have 13 children whilst Connie and Harvey had one child, a daughter.

On one occasion, whilst travelling home from a Baulkham Hills Shire Council meeting late at night by car, Harvey and Connie drove using a back road behind Dargle which was very treacherous. Their headlights failed and, to get home safely, Connie had to walk along the road in front of the car shining a torch whilst Harvey drove very slowly in low gear behind her.

Now, having named this article "Community Minded Connie", I guess I should mention Connie's involvement with various community groups during her long life. During the 2nd World War, Connie received a letter of thanks from Queen Elizabeth (wife of King George VI) who later became Queen Elizabeth, the Queen Mother. The letter was to thank Connie and the ladies of Lower Portland for the supply of baby clothes to be donated to children who had been bombed out of house and home during the bombing of London during the war. Connie had also organised fund raising for people affected in the Kellyville, Rouse Hill and Lower Portland bushfires during 1939. She was also the organist at the Lower Portland Uniting Church for around sixty years and had been a member of the CWA and also did volunteer work at the School of Arts.

Connie and Harvey Lowe were strong advocates for their community. The Hills and Hawkesbury regions benefitted from their tireless work. Harvey died in 1978 and Connie passed away in 2002 aged 101 and she remained active in the community well into her later years.

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# AS WE WERE

PHOTOS FROM THE PAST

COLLECTION COMPILED BY  
**IVOR JONES** SHOWING LIFE IN  
 THE HILLS AND HAWKESBURY  
 AREA DURING PAST DECADES.

All photos from Hills  
 Shire Council



Baulkham Hills Shire Councillors at  
 Lower Portland c.1947



Box Hill Nelson Bush  
 Fire Brigade



Doyle Home



Excellence in Youth Awards 2000



Rumery's former home on Windsor  
 Road Box Hill 2003.



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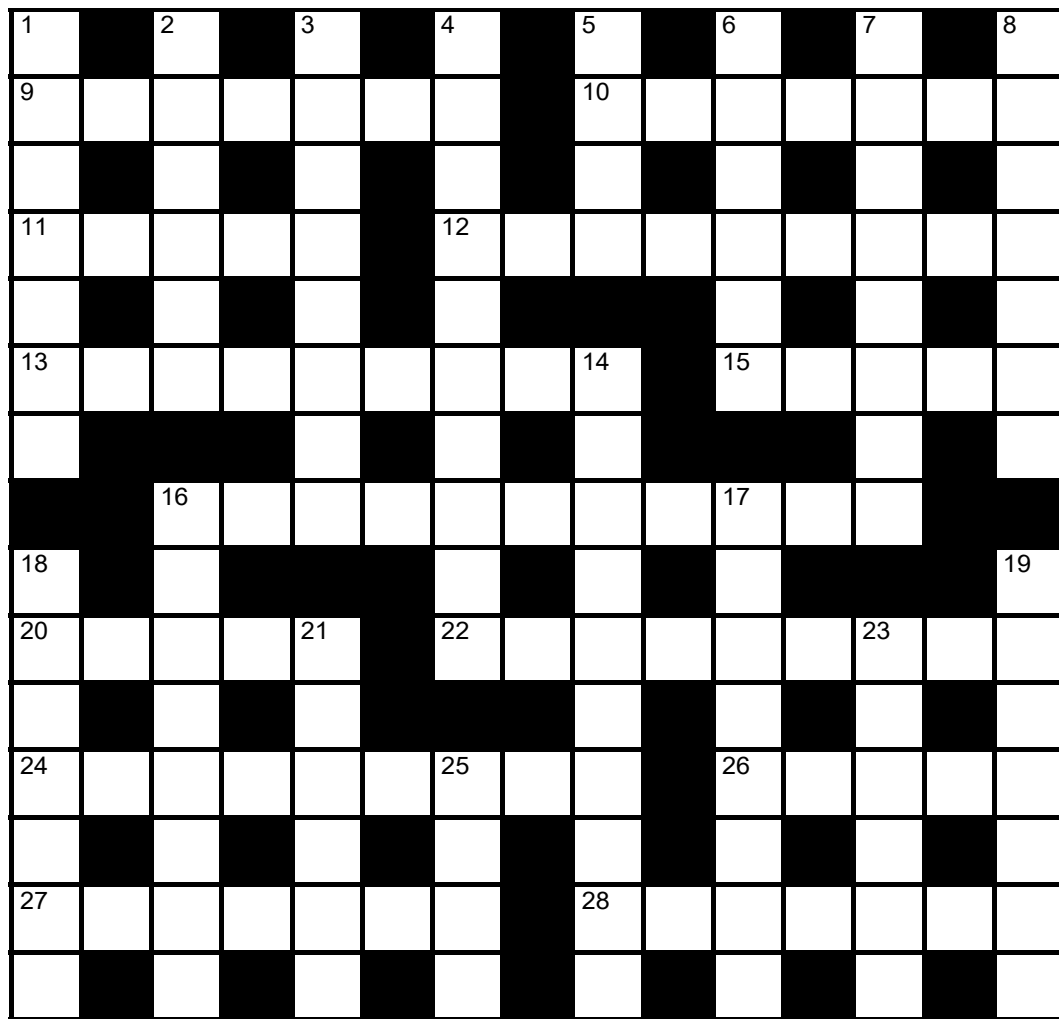


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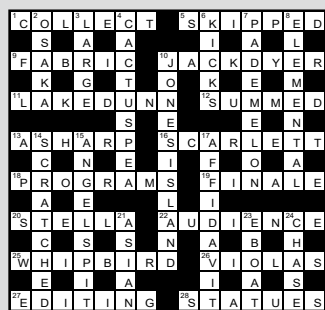
- 9. Highland
- 10. Jimi ---, short-lived rock guitarist
- 11. Hands off! (3, 2)
- 12. World's largest mammal (4, 5)
- 13. Based
- 15. Nobel-winning Irish poet and dramatist
- 16. Dual Olympic gold-winning cyclist (6, 5)
- 20. Rearrange
- 22. Today is the tomorrow you worried about ---
- 24. Rugby commentator and seven times captain of the Kangaroos (3, 6)
- 26. Common computer code (1, 1, 1, 1, 1)
- 27. Possibly ... (5, 2)
- 28. Formally installed (5, 2)

**Down**

- 1. Practically in one's face (2, 5)
- 2. Sacred Hindu text
- 3. Lisa is one, and so is Jessica
- 4. NT sinkhole (5, 5)
- 5. Grand
- 6. No matter what
- 7. Persist (3, 5)
- 8. Outlay
- 14. Run a commercial operation (2, 8)
- 16. Move around (3, 5)
- 17. Machine controller
- 18. Revenge
- 19. Ray sins badly, living in the Middle East
- 21. Shots
- 23. Respectable
- 25. Gum or plum?

Answers from last issue

CROSSWORD



SUDOKU

8	3	9	2	6	1	4	5	7
4	1	6	3	5	7	9	2	8
2	7	5	8	9	4	6	3	1
5	9	3	6	1	2	7	8	4
6	2	7	4	3	8	1	9	5
1	8	4	5	7	9	2	6	3
9	5	8	1	4	6	3	7	2
3	6	1	7	2	5	8	4	9
7	4	2	9	8	3	5	1	6



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# WORD SEARCH CARIBBEAN ISLANDS

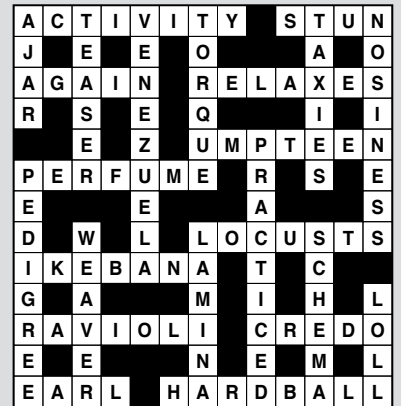


Answers from last issue

## CROSSWORD



## CODE WORD



BALLET  
BARN DANCE  
BEGUINE  
BOLERO  
BREAKDANCE

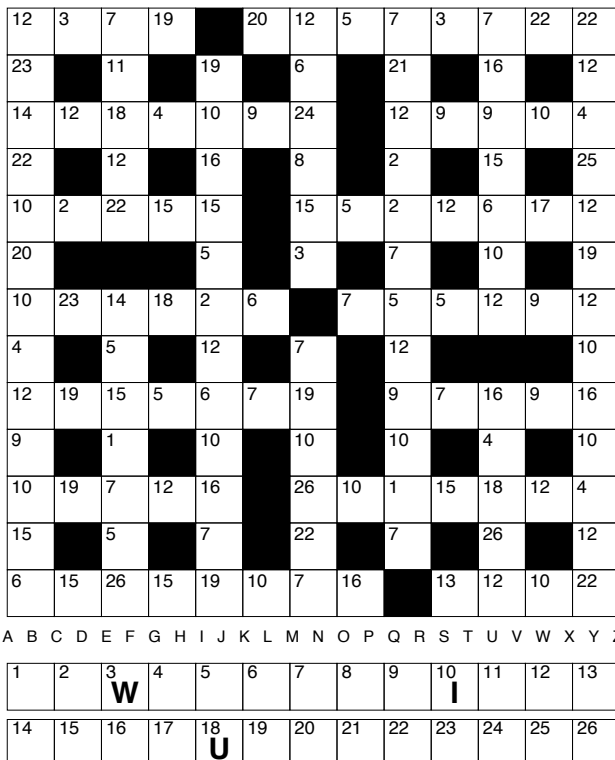
CHA-CHA  
FANDANGO  
FLAMENCO  
FOXTROT  
JITTERBUG

JIVE  
LINDY HOP  
MAMBO  
MERENGUE  
QUICKSTEP

RUMBA  
SALSA  
SAMBA  
TANGO  
TWO-STEP

Numbers in the grid (1-26) correspond to each of the letters of the alphabet from A-Z in some order. Solve the puzzle and fill in the letters in the key provided as you find them. Three letters are provided to give you a start.

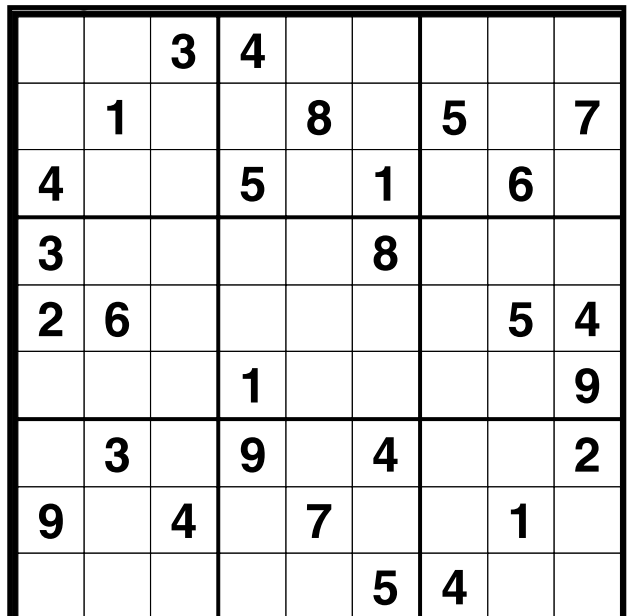
# CODE WORD



# SUDOKU

Fill the grid so that every column, every row and every 3x3 box contains the numbers 1 to 9.

Rating: ★ ★ ★ ★ ☆



# COMMUNITY groups

## 2nd Castle Hill Rovers

www.gwsrovers.com.au

## Annangrove Environment Centre

02 9654 3571 (Thurs) | 02 9843 0533 (Wed-Fri)  
gnolan@thehills.nsw.gov.au

## Arcadian Quilters

Meet in Galston Community Health Centre 1st and 3rd Wed mornings, evening group 2nd and 4th Mon. New members welcome  
Carole | 9894 7749

## Baulkham Hills Probud

Meets 1st Thurs of the month 1.30pm Muirfield Golf Club. Visitors welcome. Activities each Thurs.  
Betina | 0419 595 007  
probud56830@gmail.com

## Bonsai Society of Australia

Club meetings 1st Tues of the month 7.30pm; West Pennant Hills Community Centre, 42 Hill rd West Pennant Hills.  
Ingrid | 0409 963 438

## Castle Hill Art Society

Art practice for artists of all ages, either in groups or classes for adults and children. Monthly demonstrations and workshops by well-known artists. Members can participate in exhibitions during the year.  
9899 3179 (ans. machine)  
www.castlehillartsociety.org.au

## Castle Hill Senior Citizens Club Inc.

Anyone over 55 welcome to come and play carpet bowls, cards and rummikub. Cnr of McMullen Ave. and Old Northern Road, Castle Hill (opp. new Metro station) with parking at the rear.  
9680 3958 | castlehillseniors@gmail.com

## Combined Probud Club of Cherrybrook

We are a mixed gender club of over 170 retirees and semi retirees. Meetings on 1st Thurs of each month at the Cherrybrook Community & Cultural Centre.  
Ross | 0411 104 863  
rossfitzpatrick@icloud.com  
www.probusouthpacific.org/microsites/cherrybrook/Welcome

## Computer Pals for Seniors – The Hills

A non-profit club run by volunteers dedicated to providing low-cost tuition for Seniors in a friendly atmosphere, enabling them to stay safe online & become proficient in the many facets of computing.  
Colin Wright | 0479 137 131 | cphills.org.au

## Cumberland Bird Observers Club

The Club conducts 3 outings a month to observe birds in their natural environment. General meetings are held at Castle Hill on the 3rd Tues of the month. New members are always welcome.  
Peter | 0412 770 757 or Cathy 9809 5668  
www.cboc.org.au

## CWA of NSW – Galston Branch

Meets 2nd Wed each month at the Galston Community Health Centre, cnr The Glade and 17 Arcadia Rd, Galston. 10am followed by business meeting and BYO lunch. Craft day 4th Wed each month. Visitors welcome.  
Jann | 0439 222 217 or Patricia | 0412 948 787

## CWA of NSW – Castle Hill Branch

Holds its monthly meeting every 2nd Tuesday at the CWA Hall, 2 Annangrove Road, Kenthurst (off Angus Road) from 10am. We also hold our Craft mornings for members on 1st and 3rd Tuesdays of the month from 10 to 12.  
Maureen | 0411 724 925

## CWA of NSW - Toongabbie Branch.

Monthly meetings held 1st Tues of the month at Toongabbie Girl Guide Hall in Junia Avenue Toongabbie from 10am. We also hold craft mornings for members on 1st and 3rd Tues of the month from 10-12.  
ToongabbieCWA@gmail.com

## Dural and District Prostate Cancer Support Grp

We meet on the 3rd Mon of every month 7:00pm for 7:15pm at the Blue Gum Centre, Glenhaven Green, 607 Old Northern Road, Glenhaven  
Graham | 8677 7896 or 042421062

## Dural Country Club Bowls

04 2131 5074

## Dural Men's Shed

04 0247 8498 | www.duralmensshed.org

## East Kurrajong School of Arts

1st Tues each month 10am to 1pm. Bring along any sort of craft activity you're interested in, bring pencils or brushes to practice your drawing or painting with Ruth, browse the

library for a book to read or simply just relax, have a cuppa and enjoy a chat from 10am to 1pm. Gold coin donation for morning tea.  
Ann | 02 4576 5031

## Embroiderers' Guild NSW Inc Hawkesbury Grp

May 3rd Tues 16th, 10-2, 4th Tues 23rd, 6-10 at Windsor Library. Bring your own project or join the workshop – Start with a Stitch. Beginners upwards \$10. Bookings essential.  
Catherine Delaney | 0413 340 049  
cdelaney1@vtown.com.au

## Friends of Hills Library

Meets 2nd Thursday of the month at Castle Hill Library. New members welcome.  
Lesley Nelson, President - 0478 000 925

## Galston View Club

The Club who raises money for The Smith Family "Learning for Life program" holds its monthly lunch meeting on the 4th Wednesday at The Galston Club 21-25 Arcadia Rd Galston. 11am. President Lesley | 0413 996 783

## Girl Guides Australia

Great programs for girls 6-18. They meet once a week in groups relevant to their age run by trained Leaders and Unit Helpers.  
Margo | 0417 657 433.

## Glenhaven Probud Club Inc

Meets 10 am on 2nd Tuesday of each month at Castle Hill Bowling Club.  
secretary.glenhaven.probus@gmail.com

## Glenwood Men's Shed

Jim | 0438 701 275

## Hawkesbury Artists & Artisans Trail

02 4567 7400 | www.haat.com.au  
Leanne@mellowcrest.com

## Hawkesbury Camera Club

Club meets at 7.30pm on the first 3 Wed of the mo at the Richmond Club, Francis Street, Richmond. Facebook Hawkesbury Camera Club.  
www.hawkesburycameraclub.com.au

## Hawkesbury District Agricultural Assn

4577 3591 (BH)  
www.hawkesburyshow.com.au

## Hawkesbury Nepean Chapter of the 1st Fleeters

Meets on 2nd Saturday of each month.  
Pamela Hempel | 0407 660 579  
www.fffhnc.com

## Hawkesbury West Probud Club

Meets at 10:15am on the first Monday of each month at Panthers North Richmond.  
Membership Officer Fay | 0414 341 253  
hawkeswest.probus@gmail.com

## Hawkesbury Woodcraft Cooperative Ltd

9.30am to 2pm Wed. & Sat.  
www.hawkesburywoodcraft.org.au  
Graham | 02 4576 1517

## Hills District Women's Bowling Club

Jenner Street, Baulkham Hills  
9639 2733  
www.thehillswomensbowls.com.au

## Hills Older Men's Network INC

Meets fortnightly on the first and 3rd Mondays of the month, 10am to 12.30pm at Castle Hill. The group is aimed at retired men over the age of 55 and provides an opportunity to chat in a non-judgemental, safe and supportive environment.  
Ron | 0424 462 153 | HillsOM1@gmail.com

## Hills Shire Symphony Orchestra

Welcomes new players and gig enquiries. Rehearsals Wednesday evenings.  
Chris | 0405 994 605  
info@hillsshiresymphonyorchestra.org.au  
www.hillsshiresymphonyorchestra.org.au

## Hills Toastmasters

Meets every 2nd Tues, 7pm. Restore Church: 47 Britannia Rd, Castle Hill. New members welcomed  
Terry | 0488 089 951

## Hills/Toongabbie Music Club

Meets 2nd and 4th Fridays 7.30pm Northmead Scouts Hall 17 Whitehaven Northmead. Beginners to professionals all welcome.  
Allen | 0439 831 531  
allendavisguitar@gmail.com

## Kurrajong Hand Spun Craft

Come and learn a beautiful old craft at North Richmond Community Centre. Friendly group just bring yourself. Thursdays at noon.  
Margaret | 0403 819 165

## Ladies Probud Club of Baulkham Hills

Meetings 10am, 2nd Wednesday of the month. At The Fiddler, Windsor Road and Commercial Road, Rouse Hill. New Members welcome  
Suzanne Dennis | 0412 424 593  
ladiesprobudbh@gmail.com.

## Learning in the Hills

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## Lions Club of Richmond Inc.

Geoff | 0412 969 651

## Lions Club of Windsor Inc

Pam | 0413 395 145

## Macquarie Towns Garden Club

The Club meets at 2 pm on the 1st Thurs of the month, in the Tebbutt Room of Hawkesbury Central Library at Windsor.  
macquarietownsgardenclub.wordpress.com

## National Seniors Australia (Hills Branch)

Meets on the 1st Thurs of every month at Baulkham Hills Sports Club Renown Rd, Baulkham Hills at 9.30am for 10am. New members welcomed.  
May | 0414 634 572  
maybruce@bigpond.com

## North Rocks View Club

Meetings 2nd Thurs each month at 10.30am. The Vikings Club, 35 Quarry Rd, Dundas Valley.  
Pam | 047 420 4080 or Margaret | 9872 1405

## Norwest Sunrise Rotary Club

We are a breakfast Club and meet every Friday morning at 7.15am. The Rotary Motto is Service Above Self. If you want to meet like-minded people pls join us.  
norwestrotary.org.au

## Pennant Hills Mens Probud Club

John | 9487 1385

## Pennant Hills Combined Probud Club

Meets at Hotel Pennant Hills every third Monday of the month at 10am. New members and visitors welcome.  
Lorene | 0429 396594

## Pennant Hills View Club

Meets for lunch on 2nd Tuesday of each month - Oatlands Golf Club at 11am. A short meeting, a two course lunch & an interesting guest speaker. Visitors & new members welcome. On the 4th Tues of the month a social outing is organised.  
Margaret | 9873 2402

## Pitt Town Probud Club

Meets at 10:00am on the 2nd Tues of the month at the Pitt Town and District Sports Club, 139 Old Pitt Town Rd Pitt Town. New members welcome.  
Denise Fairfax | 0435 447 414

## Probud Club of Round Corner (Dural)

Julie; PO Box 822, Round Corner 2158

## Probud Club of the Hills Inc

Is a mixed club and meets at the Galston Club 21-25 Arcadia Road, Galston on the 2nd Wed of each month commencing at 10.30 am. New members welcome.  
Ken | 02 96296459

## Probud Club – Glenorie

This Club meets every 4th Wed at 11.00am at Glenorie RSL Club. New members are welcome.  
Wendy | 9653 1022  
wendyreneblack@yahoo.com.au

## Probud Club - Kellyville Castle Hill Mixed

Meets at 10am on 2nd Thurs of each month at Baulkham Hills Sports Club, 11 Renown Road, Baulkham Hills 2153. New members welcome.  
Ian Sandercock | 0419 567 608  
patiansandercock@bigpond.com

## Probud Combined Castle Hill Club

General Meetings 3rd Tuesday of the month at 10am at Cherrybrook Community Centre.  
Helen | 0403 751 934  
enquiries@probudcastlehill.org.au

## Probud Combined Kellyville Club

Meet 2nd Mon of the month at 10am. At The Glenhaven Community Centre: 76 Glenhaven Road, Glenhaven. New members welcome.  
Veronica | 0408 025 577  
Susan | 0400 039 308  
ken\_n\_sue@hotmail.com

## Probud Club of Winston Hills – Northmead Combined

Meets at 10am at Toongabbie Sports Club, 12 Station St, Toongabbie, 2nd Thursday of the month. New members welcome.  
winstonhillspobudclub@gmail.com

## RDA (NSW) Tall Timbers Centre

Equine assisted programs, Speech Pathology, Occupational Therapy and Volunteering Opportunities. Located at Gables/Box Hill 9679 1246  
admin@rdanswtalltimbers.org.au  
www.rdanswtalltimbers.org.au

## Red Cross – Castle Hill Branch

Meetings 2nd Friday of the month 10.15am to 11.45am at Wesley Uniting Church, 32-34 Showground Rd, Castle Hill. New members always welcome.  
0419 431 084.

## Richmond/Windsor VIEW Club

Richmond/Windsor View Club Meets every 2nd Wednesday of the month at The Richmond Club. VIEW (voice, interest and education of woman) supports the Smith Family and Learning for Life  
Trish Carter | 0417 010 619

## Scouts Australia – Greater Western Sydney Region

9639 2488 | www.greaterwestscouts.com.au

## Sleep Disorders Australia – NSW

02 9990 3514 | www.sleepoz.org.au

## Soroptimist International The Hills

Meets on the 3rd Wednesday of the month at Crestwood Community Centre Baulkham Hills 6.30pm for a 7pm start.  
Cathy | 0435 837 118 | sithehills@siwp.org

## The Hills Community Aid and Information Service Inc

9639 8620

## The Hills Learning Centre

02 8850 0555 | RSVP | info@thehillsc.com.au  
facebook.com/thehilllearningcentre

## The Hills Shire Garden Club

Meets on 3rd Monday of the month at Barton Hall at 178 David Rd castle Hill at 1 pm. We have guest speakers, raffles, plant sales and bus trips to various gardens.  
9624 5034

## The Hills District Pipe Band

Practices at Stamford Hall, Balcombe Heights Estate, Baulkham Hills every Wednesday night from 7pm-9pm. The band warmly welcomes new members and gig enquiries. Instagram: @hillsdistrictpipeband  
Suzie Whitaker  
pipeband.hillsdistrict@gmail.com  
www.hillsdistrictpipeband.com

## The Hills Trefoil Guild

Elaine | 0417 330 196

## The Inner Wheel Club of Baulkham Hills

Meets at St. Joseph' Conference Centre on the 4th Monday of each month at 6.00pm (dinner optional) for meeting at 7.00pm.  
Robyn | 9639 2742

## The Sydney Hills Branch of the Association of Independent Retirees

Next meeting Friday 5th May, 2023. Welcome to Members and Visitors. Guest Speaker will be Judy Christian From COTA "Ageing Well" followed by Our Investors Discussion Group meeting at 12.30pm. Do you have a Retirement Income Plan?  
Mal Steel | airsdneyhills@gmail.com

## Thursday Ladies Tennis Competition in the Hills District

hillsladiestennis.org

## Wanderers Bushwalking and Outdoor Club

Meetings are held on the 2nd Tuesday of each month at 8 pm at Crestwood Community Centre, Cnr Crestwood Drive and Conway St, Baulkham Hills.  
Ted | 0429 790 091  
www.bushwalkingnsw.org.au/wanderers

## Windsor RSL Fishing Club

Meets on the last Tues of the month at Windsor RSL club at 6:30pm. The club has been established for over 40 years and welcomes new members. It holds regular fishing outings including in land water and deep sea fishing.  
Les Mison | 0421 821 1990.

## Windsor Probud Club

Meets at 10am on the 1st Wed of each month at Windsor Golf Club, McQuade Ave, South Windsor.  
Membership Officer Alan | 0407721461 or Secretary Ann | 0414298945

## Winston Hills Joy Scouts

9862 8482 | hsara@optusnet.com.au

## Wisemans Ferry Community Men's Shed Inc

Meeting Tues and Sat 9am - 5pm  
Alan Hunt | 4566 4626 or 0428 784 425  
Adrian Acheson | 0448 833 781

## YMCA NSW Community Visitors Scheme

9633 8209 or 0402 255 193

## Zonta Club of Sydney Hills

0414 641 408 | www.zontadistrict24.org





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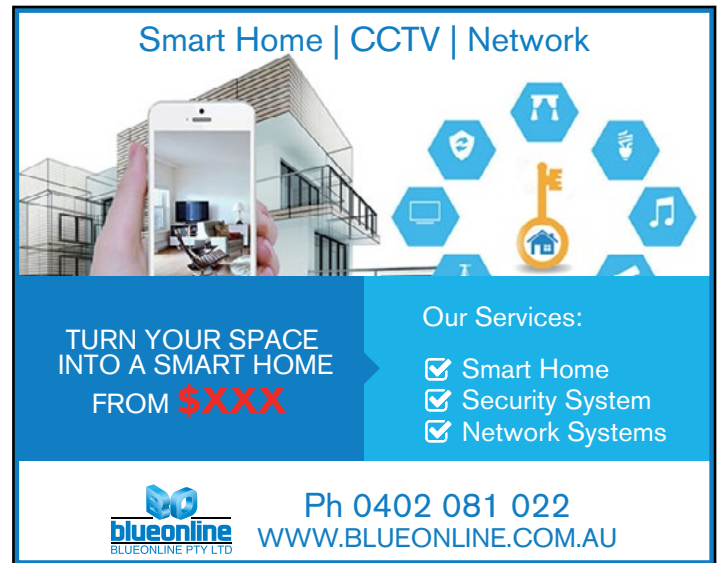
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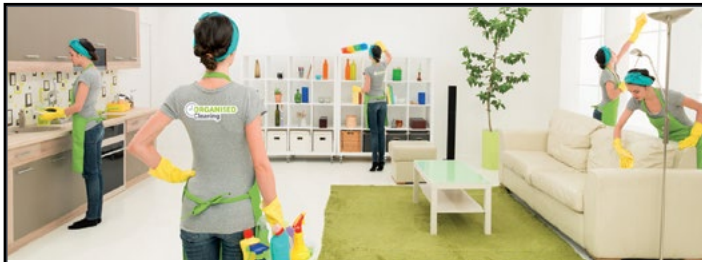
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