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SES Badge

The 2nd Baulkham Hills Cub Scouts recently completed an 'emergency' themed program, which saw them attend interactive sessions with local police, Fire & Rescue, St John Ambulance, Rural Fire Service (RFS) and State Emergency Service (SES).

Cubs gained insightful knowledge of what each agency does, including how to get assistance through 000, online safety, scam awareness, fire prevention, and using defibrillators and EpiPens.

Cubs also participated in the Scouts SES Awareness Program. This valuable program is designed to build confident and resilient youth through knowledge of how to prepare for and minimise damage from storms and floods.

The Hills SES Unit Commander Daniel McGovern said that the course teaches scouting youth about what the NSW SES does, storm preparation and readiness, preparing a home emergency kit, as well as learning how to tie proper knots.

Cubs also completed a building project using various hand tools and participated in a search and rescue scenario requiring leadership, teamwork, analytical thinking, problem-solving and basic first aid. "The program is available for all Scouting sections - from Joeys (5 years) to Rovers (25 years)

Mr McGovern said: "I enjoyed delivering this program and watching each Scout develop confidence and leadership skills.

Fifteen Cubs completed the program and were awarded their uniform badges by Hills Shire Mayor Dr Peter Gangemi who said he was delighted to congratulate all the Scouts who had completed the beneficial program.

"The Hills is the most beautiful place on the planet; however, this comes along with the risk of storms, bushfires and floods," he said.

"It is incredible to see our next generation possessing such high-level knowledge on how to prepare for and act during natural disasters and emergency situations.

"I hope that this wonderful training program continues in the future and inspires a new generation of local volunteer heroes."

For information on joining 2nd Baulkham Hills Scouts, please email GroupLeader@2bhillsscoutgroup.com

For information on joining the NSW SES, please visit https://www.ses.nsw.gov.au/get-involved/volunteer/.For assistance in storm, flood or tsunami, call NSW SES on 132 500



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The Hills to Hawkesbury Community News has been serving this area for nearly 40 years. It's name may have changed over the decades but the commitment to providing a free service to the community is still at the heart of what this hyper local fortnightly publication does. Established in 1982 it has evolved into a community news magazine with a big digital footprint. Our aim is to inform, inspire and connect our community. It is a family-owned small business. Our team is local and love what they do.

Please follow us on Facebook @hillstohawkesbury. Printed copies are available at local shopping centres and other outlets.

For a full list visit our website www.hillstohawkesbury.com.au.

PFAS Fire Foam Payout

By BEV JORDAN

The Commonwealth Government has agreed to a \$132.7 million settlement to landowners affected by toxic chemicals used in fire-fighting foam at RAAF Richmond and six other air bases across Australia.

The class action brought by Shine Lawyers on behalf of 30,000 landowners near the airbases was reached during the week without any admission of liability from the Department of Defence.

The agreement covers sites near Royal Australian Air Force bases at Richmond and Wagga Wagga and also Western Australia, Darwin, South Australia, Queensland and Victoria.

The settlement came just before that case was due to be heard in the Federal Court. Shine Lawyers joint head of class actions, Craig Allsopp, said while the news was positive, the outcome was still subject to approval by the Federal Court.

From the 1970s to at least 2004, the Australian Defence Force (ADF) regularly conducted firefighting drills using a type of firefighting foam known as Aqueous Film Forming Foam. This foam consists of toxic chemicals known as 'PFAS' (per- and polyfluoroalkyl substances).

The class action alleged that the Department of Defence negligently allowed

these toxic chemicals escape from the RAAF

Base Richmond, and contaminate local environments.

Shine Lawyers stated: "These contaminants have negatively impacted properties, land values and the livelihoods of the Richmond community."

The ADF finalised a detailed site investigation at RAAF Base Richmond In November 2018, with results detecting a PFAS plume in the groundwater of approximately 2km in length and 5km in width. PFAS was also detected at locations where surface water discharges from the site into locations such as Rickabys Creek and its tributaries, and Bakers Lagoon.

Alistair McLaren, who was leasing land near the Richmond RAAF Base for his cattle farm, is ineligible for the pay out because he isn't a landowner.

He told Channel 9's Today Extra it was "a saving grace" he didn't own the land, but his business "Paddock to Plate" has still been devastated by the fallout.

"Our family were still basically being poisoned by the Defence Force," he said.

He said his family were only on the property for three years, but they all have high levels of PFAS in their blood - the same levels as a career firefighter.

Valosin US Marine Corps

COMMUNITY NEWS

PFAS foam image by Lance Pl Shawn

"It is known to cause a myriad of cancers, thyroid issues - there is no safe level," he said.

"We have been testing our cattle for the last four years under our own steam and it is very expensive - but we are almost clean and basically we will start again, but we can't afford a legal stoush with the Defence Force."

Federal Member for Macquarie Susan Templeman who has been advocating for action in Parliament for several years welcomed the settlement. She brought up the McLaren's family case in Parliament in 2020.

Prime Minister Anthony Albanese said: "... the biggest concern that I have with PFAS isn't, of course, a financial one - it is the health outcomes of people who are affected by it."





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OOD SERVICES

VIRTUAL KIDNAPPING

NSW Police is urging the community to be on alert following a rise in suspicious phone calls, also known as 'virtual kidnapping' scams, targeting Chinese international students.

In the past month alone, four known incidents of 'virtual kidnappings' have been reported to the NSW Police Force.

A 'virtual kidnapping' is an extortion scam that involves young people being told they have been implicated in a crime and need to pay money to avoid deportation or being placed under arrest.

The victim is threatened or coerced into transferring large amounts of money into unknown offshore bank accounts. As the scam escalates, the victims are coerced into faking their own kidnappings before the scammer sends these images to their family and demands ransom payments for their safe release. On Tuesday 25 April 2023, officers from Kuring-

Gai Police Area Command commenced an investigation into the welfare of a 17-year-old boy after his family in China reported they had received photos of him kidnapped and injured.

Police were told the teenager had received a message through WeChat from a scammer posing as a postal service worker. The scammer claimed there was contraband goods in a package under his name and it had been sent to Chinese police for investigation.

The boy had then been told to pay \$20,000 to prove his innocence and to stage a kidnapping to receive more money from his family overseas to pay the fake debt. Police were able to locate the teenager safely before any money was paid.

Anyone with information relating to incidents of virtual kidnappings should contact Crime Stoppers.



The driver of this car (pictured) was lucky to escape with his life after he crashed his car and it flipped in Kinarra Ave, Kellyville at 6.45pm on Wednesday evening, 17th May. The driver was taken to hospital by ambulance paramedics.

Police are investigating whether alcohol was a contributing factor.

FIRE WARNING

Residents are being urged to get their chimney checked for blockages before using their fireplace this winter.

The warning from Round Corner and Glenhaven RFS Brigades follows a call out to a house fire during the week. The fire in the roof was caused by a blocked chimney and flue.

The Round Corner Crew had to get into the cavity under the flashing to extinguish the last embers. The timber battens had just started to catch alight.

The hole was patched once it was cooled and checked with the TIC (Thermal Imaging Camera) and left with the resident.

MAN ARRESTED

Hills Proactive Police arrested a 36-year-old Penmulwuy on Tuesday, May 5th and charged him with several theft offences in the Hills.

He will face court charged with theft of a vehicle from a Shopping Centre on Victoria Ave Castle Hill 10th February, stealing a bicycle from a bicycle store at Rouse Hill Town Centre on 1st April and stealing a mobile phone handset from another store on the same day. He was also charged with a Break, Enter & Steal at Solent Circuit Norwest on 5th April and a Break, Enter & Steal at a bicycle store Rouse Hill Town Centre on the same day, the theft of laptop from a Child Care Centre at Rouse Hill on 6th of April and several frauds using the Child Care Centre's accounts.



The free event will be held in the Norwest Quarter Community Garden, 40 Solent Circuit, Norwest on Saturday 27 May from 2pm to 5pm.

Hills residents, family and friends are invited to enjoy all the fun entertainment and activities which will include Hot Potato Band, Sister 2 Sister School of Singing, AM4U Singing Studio, Ranger Stacey, Australian Wildlife Display and Raptor Reptiles.

There will be inspiring talks, face painting, jumping castle, cooking demonstrations and sausage sizzle. Mulpha has partnered with Biofilta, Subpod, ZeroCo, Who Gives a Crap and eWater to offer attendees a fun and interactive way to learn more about sustainable practices and community building.

This Green Gala event is about celebrating Norwest's native flora and fauna, and showcasing what is being done at Norwest to promote biodiversity.

This includes smart planning and landscaping to retain native vegetation and wildlife corridors, strategic planting of native and other species, and engaging the whole community as environmental stewards.

Mulpha Head of Development, Tim Spencer, said: "We want to engage the whole community as custodians of our local environment and the native flora and fauna that lives here. There are many small things we can all do to encourage and protect it. One of the reasons people choose to live and work in Norwest is the

wonderful environment, generous parklands and native wildlife that lives here.

"A more liveable environment for native flora and fauna is also a more liveable and enjoyable environment for residents, workers and visitors. We want to educate and empower the whole community to better understand and protect our natural assets for future generations. "Our Green Gala will be a great opportunity to see the thinking, planning and design going in to make Norwest Quarter a truly sustainable community, and a fabulous place to live."

Mulpha has commissioned a precinct-wide study to develop a Flora & Fauna Strategy The strategy will provide a clear plan to monitor, attract, retain, protect and enhance native flora and fauna throughout Norwest.

Mulpha has also collaborated with the University of NSW Built Environment faculty on a project to understand the urban microclimate and develop effective heat mitigation strategies. The target of the project is to lower the Urban Heat Island Effect (UHIE) by two degrees, which will deliver significant cost savings and health benefits to the businesses and residents of Norwest. Mulpha has committed to build its Norwest Quarter development as a zero-carbon precinct, the first in the Hills and one of the most ambitious in Australia in terms of sustainability initiatives and design principles.

For further details or to register your interest in Norwest Quarter, contact the sales team on 1300 103 580.

Vandalised Sporting Fields By BEV JORDAN

An 18-year-old P-plate driver has been arrested and charged after allegedly doing burnouts on the new playing fields at Samantha Riley Drive, North Kellyville during the early hours of Saturday 13th May.

CCTV Footage from nearby homes handed to Hills police show that 4 Four wheel drive vehicles drove onto the pitch and churned it up just before 1am. Officers from Hills Police Area Command are appealing for the three other drivers involved to hand themselves in at Castle Hill police station before police track them down from the footage and visit them at home.

Hills Shire Council is investigating the total cost of the damage caused by the vandalism. The fields were due to open in August but

remediation work may delay the opening. The fields were earmarked for touch football in winter and cricket in summer. An angry Hills Shire Mayor, Peter Gangemi, who had only announced the laving of the turf a few days earlier, said: Hills Shire Mayor Peter Gangemi announcing the new turf on May 9th.

"Many hours of hard work is now undone and tens of thousands of dollars are down the drain. About 44,000 sam of new turf was laid along with irrigation in the weeks leading up to this incident and now we could be put in a position where we must dig everything back up.

"This is extremely disappointing, especially when our sporting complexes are already under pressure from population growth. Vandalism is a huge community concern, especially when it removes much-needed financial assistance from other services and infrastructure."

He said the concern is that this: "pointless action" could delay opening this much-needed sporting complex in North Kellyville.

"We lay the turf just before winter so it has time to establish its roots, grow and become strong before the summer sporting season. This blatant act will now cost us time and money, as we will need to assess the damage and then work out the next steps to salvage the fields," he said.

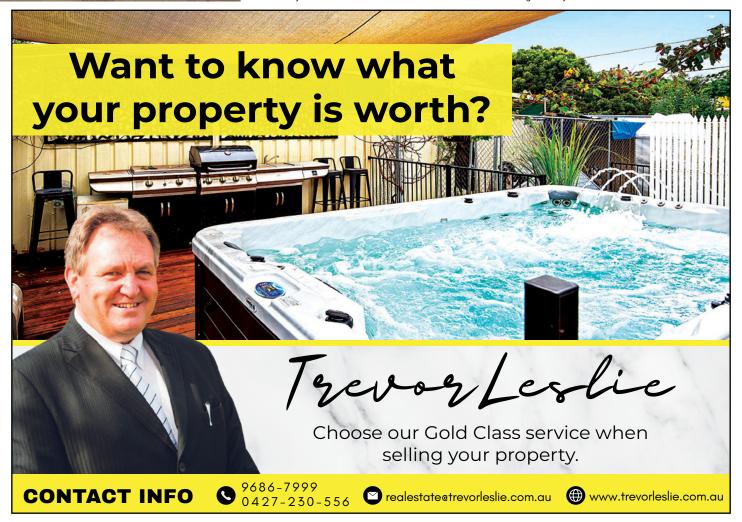
Police say It was vigilant community members who called the police who got there in time to apprehend an offender allegedly destroying the playing fields at Samantha Riley Drive at around 12.50am on Saturday morning 13th May.



The 18-year-old who has been charged is due to appear in Parramatta Local Court next month. The 18-year-old who was arrested at a nearby home was driving a white 2013 Ford Dual Cab. The other vehicles involved were 4WDs. Anyone with information about this incident is urged to contact Crime Stoppers. Information is treated in strict confidence.

When completed Samantha Riley Reserve will have:

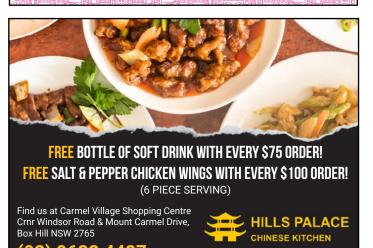
- Four multi-purpose rectangular natural turf sports fields that can be reconfigured into two ovals
- Basketball half court
- Two cricket nets
- Accessible toilets, change rooms, kiosk and referee room
- 200-space carpark
- Playground with picnic facilities
- Shared pathways and
- Sports field LED lighting, field drainage and irrigation system.











*Offers available for limited time

Box Hill's first shopping centre, Carmel Village, celebrated its grand opening on the 7th of May with a Family Festival. Present on the day was live music and entertainment, as well as appearances from the Rural Fire Service and Paw Patrol. Minister for Lands and Property Stephen Kamper was also in attendance to cut the ribbon and commemorate the opening of this vital centre for the community.

Carmel Village is host to both Coles and Aldi, as well as over 30 specialty stores that bring retail, restaurants and health services to the growing Box Hill community. The centre's design is based on a Japanese origami crane, which is a symbol for honour and good fortune.

The exterior is adorned with a number of shops, while the inner walkways are lined with restaurants and supermarkets for residents to enjoy. To solidify Carmel Village as a community hub, the design includes both water and tractor-themed play spaces, the latter paying tribute to Box Hill's history as a farming district.

Richard Scheinberg, a representative of developer Mogul Stud Pty Ltd, says that the completion of this centre is a vital step in building the Box Hill community. "We have worked tirelessly to ensure that this centre not only provides a great shopping experience, but also becomes a hub where people can gather, connect and build relationships."







The introduction of this shopping centre is vital to the rapidly developing Box Hill region. Thousands of new houses have been introduced to the area in the past decade, with plenty more development on the horizon. For many residents living in these new houses, the introduction of Carmel Village now slashes their travel time to get weekly groceries or a bite to eat in half.

The Store Manager for the new Coles James Grahame is excited to be serving this growing community: "Carmel Village is a great central spot for the Box Hill community, so we certainly want to be a supermarket that they can rely on. We're really looking forward to working with the local community, and we really want to support them as much as we can."

The new Coles sports a variety of top-of-the-line facilities, such as a flatbread cutting machine and a dessert bar, as well as large fresh produce and deli sections. The large team of staff also has many highly experienced members, ensuring a high quality of service to all customers who come to the supermarket.

Carmel Village is located on the Corner of Windsor Road & Mount Carmel Drive, Box Hill and is open seven days a week.









Action Group s Windsor

By JOSH KERWICK

The formation of a business action group in Windsor is ensuring that the historical George Street Mall will keep its heritage atmosphere.

The Windsor Experience Action Group was formed after last month's Hawkesbury Council meeting due to concerns about the quality of community consultation on the planned upgrades of the Mall. Though initially labelled a minority group, the collective has grown to 91 members strong, all their members being business owners who stretch from Thompson Square to Windsor Station.

The Group was founded by Gae Kelly, Wendy Sledge and Darren Pead; they say the rapid growth of the group shows community-wide interest in what happens to the George Street Mall. Gae, formerly a business owner in the Mall and a long-time Hawkesbury resident, says: "Now that we've jumped up and down and been such a non-minority group, they're going to have to listen to us."

Changes to the Mall have been a point of contention in the community for years. Initially, the gas lamps were going to be moved to the sides, and features like the Water Wheel would have been relocated. Additionally, much of the heritage brickwork that lines the Mall and Windsor at large would have been replaced with paving that lacked historical character.

Former Hawkesbury Mayor Wendy Sledge was deeply opposed to the recommendations. "It was going to look much more like any other shopping centre you want to go to, but it wasn't going to reflect what we want in the Hawkesbury."

"What we want is for people to be able to meander through the Mall - we don't want it like a 10 pin bowling alley, where people race in one end and out the other," Gae added. "We want people to shop here, and to stimulate businesses."

The birth of the Windsor Experience Action Group was a result of Hawkesbury Council's April 18th meeting. The three founders say that business owners in Windsor had not been properly consulted about the plans in years. This was why they began the Action Group: to create a platform for these key members of the Windsor community to have their voices heard.

The Action Group isn't just about preserving the Windsor Mall, though. The group meets weekly to discuss the latest developments on the Mall, tackling everything from the concerns of







individual members to group branding and community efforts. Each week, a variety of new ideas are presented to not only preserve Windsor, but enhance it.

One such project is the planting of daffodils around town, spearheaded by Ben Woodbury, the owner of the antique and gift shop Manor on George. The flowers will be planted in the sandstone garden beds going down to the river to make the path a colourful attraction in Windsor. It's one of many plans devised by the group to make Windsor an attractive tourist spot outside of special events such as markets or public holidays.

Hawkesbury Mayor Sarah McMahon, who has attended a number of the group's meetings, applauds the effort of Windsor Experience Action Group for their commitment to Windsor and the preservation of its Mall. She told Hills to Hawkesbury Community News that "as Mayor, it has been a pleasure to work with them to achieve an outcome that satisfies their needs and hopefully leaves a long term legacy for our historic and iconic Windsor."

Other members of Hawkesbury Council have also been receptive to Windsor Experience Action Group's concerns, according to Gae. Councillors Les Sheather and Shane Djuric have long been sympathetic to the concerns about the changing Mall, having been a constant presence at the Group's meetings and taking their feedback directly to Council. Les is proud to be part of the Action Group, insisting that "we can only get it right if the community is behind us."

Gae, Wendy and the rest of the Windsor Experience Action Group are pleased with the current progress of the Windsor Mall plans as they continue to advocate for the preservation of the town's history. Wendy says: "There aren't too many places with the sort of heritage that we have. It's too easy to modernise. We just want it to be enhanced and enjoyed."

To stay updated on the Group's activity, or information about joining, follow the 'I Love Windsor' Facebook page: https://www.facebook.com/ilovewindsor

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Volunteering Week By BEV JORDAN

Krissie Webb was five years old when she remembers volunteering for a Clean Up Australia Day. Her 3-year-old son Mason has already been part of several volunteering gigs and attends weekly Rotary meetings with his mum.

A member of Norwest Sunrise Rotary Club, the 38-year-old has volunteered with several organisations including Rotaract, Scouts Australia, Guides Australia, local junior AFL and Royal Institute for Deaf & Blind Children (now NextSense).

"We are so blessed in Australia to have so many opportunities afforded to us, and volunteering is our way to contribute to that community, to lift others up and make our society a better place," she said.

She brought Mason along to his first meeting at Norwest Rotary club when he was a week old and he has already participated in Clean Up Australia and Hills Relay For Life with his parents.

Krissie said: "I was raised by parents who grew up in a family culture of volunteering so its importance and value was instilled in me from a young age. I attribute a lot of my personal growth and life experience to my volunteering ... I want my son to have those same experiences to help him discover who he is and what he is capable of. "

Thousands of people volunteer in the Hills and Hawkesbury areas at levels much higher than the average in Greater Sydney but the

number of volunteers has plunged since pre COVID levels.

According to Census data 13.7% of residents over the age of 15 in the Hills Shire Council area (that's 20,739 people) reported doing voluntary work in 2021 compared to a massive 21.6% in 2016 - a loss of nearly 6,000 volunteers.

In the Hawkesbury City Council area 13% of people over the age of 15 (7,073) reported doing volunteer work in 2021 compared to 18.4% in 2016 - a loss of nearly 2,500 volunteers.

The Greater Sydney average is 11.6%. In the Hornsby Shire Council area the drop in volunteers was even more significant, falling from a high of 24.9% in 2016 to 17.5% in 2021. In the Blacktown City Council area the rate dropped from 14% to 8.8%.

Last week was National Volunteering Week with the theme "The Change Makers".

Hills Shire Mayor Peter Gangemi said: "From the smooth running of events to organising local sporting competitions, to stopping bushfires in their tracks and saving people and properties caught in floods - our volunteers change our world for the better and because of this, I can't thank them enough for their vital contributions.

"I'm encouraging people to put just a couple of hours aside to volunteer for a cause that resonates with them. Many of Council's volunteer programs can be joined on a one-off basis or more regularly."

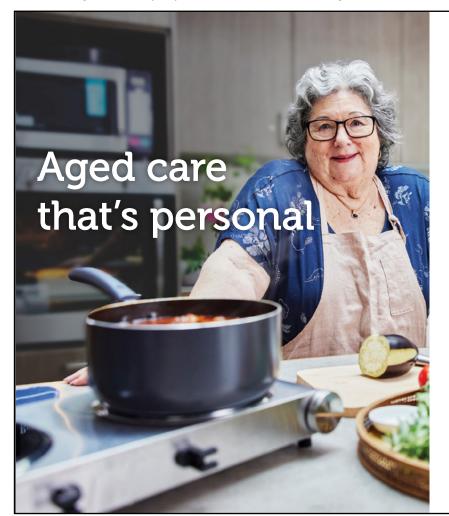
To find out more or to sign-up, visit The Hills Shire Council's website, www.thehills.nsw.gov. au and search 'volunteering'.

Hawkesbury Mayor Clr Sarah McMahon said: "Volunteering has many social, cultural, health and wellbeing benefits for you and the wider community."

She urged anyone considering volunteering to call Hawkesbury City Council's Community Planning and Partnerships - Volunteers, Rural and Remote Communities officer, Kimberly Allan, on 4560 4444 or email council@ hawkesbury.nsw.gov.au

Nominations for The Centre for Volunteering's Volunteer of the Year awards close on Friday June 16th. The six categories include:

- Young Volunteer (24 years and under)
- Adult Volunteer (25 to 64)
- Senior volunteer (65 and over)
- Club volunteer
- Volunteer Leader.



Ann loves to cook moussaka and share it with her friends.

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An Australian Revolution in Hearing Care – When Hearing Aids are no longer enough.

Hearing aids have come a long way in the 20 years I have been practicing in audiology.

Despite fantastic technological advances some people still struggle engaging in conversations and as a result withdraw from society and even their own family.

In today's article we want to have a closer look at this situation and offer reasons and a way out of this often dark place.

Hearing issues are often slow progressing. In the early stages one normally does not even notice that the hearing is not all that good anymore. Hearing and speech understanding in quiet situations and on the phone or TV remain quite good for a very long time. Initially one may only notice that following a conversation in noisy situations like cafes and restaurants is an issue and other the excessive background noise or music is identified as a reason for the hearing issues rather than one's capacity to understand speech.

We could say that the hearing process can be separated into two aspects; Volume and Clarity. When we lose hearing the volume of this often remains the same and we lose the clarity of speech only. This is because a certain type of hair cell in the inner ear is deteriorating which is responsible for distinguishing fine sounds like 'th' from 's' and 'f'.

This can be compared to one's eye sight. When we start losing eye sight it is not getting darker it is getting blurry and so it is with our hearing. Speech is then perceived blurry and muffled.

In the mild to moderate stages of hearing loss it is often enough to wear hearing aids to amplify enough of the speech clarity and the person will receive a good hearing result. However, If most, or even all of the hair cells responsible for clarity are damaged or lost then hearing aids can only have a vermy limited effect. These hair cells are the key part in transforming a sound wave into an electrical

signal which can travel via the hearing nerve to the brain. If these cells are lost it does not matter how good or loud a hearing aid may be - the sound can simply not be transferred into a clear signal for the brain to. A person in this situation heavily relies on quiet environment and face-to-face conversation in order to understand speech. Conversation by hearing alone is no longer possible an the person will need lip-reading and significant cognitive effort to supplement the hearing. This can become very exhausting and mentally draining. If there is noise or the person cannot see the mouth of the speaker, they are unable to understand.

From here onwards we often observe people withdrawing from family conversations and social settings. This social withdrawal is according to neurologists a major preventable risk factor of dementia.

And it does not have to come to this situation. Since a discovery in Paris in the late 1950's which found that electric current delivered through coils can cause the perception of sound a whole lot of work has been done in the area if cochlear implants. Development occurred initially in America and Europe with some successes were observed during the 60's and 70's. In the end, it was an Australian team which in the late 70's developed a certain type of implant with huge success - this implant was the founding product which would go on to lead to the creation of Cochlear. A company which has globally helped hundreds of thousands of people with moderately-severe to profound hearing issues to hear again and take part in conversations much easier than ever thought possible. Meanwhile, there are multiple

manufacturers in the space of cochlear implants with slightly different technology but overall functioning the same.

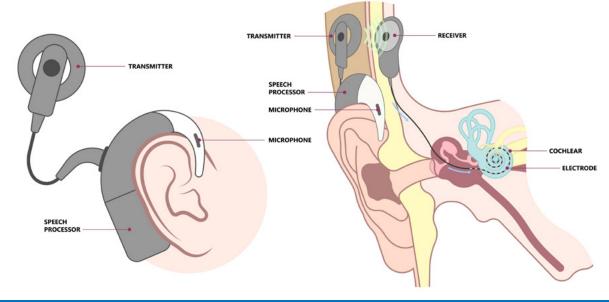
A cochlear implant can now take over the function of those damages hair cells and deliver the electrical stimulation to the nerve directly, effectively bypassing the damaged part of the ear. It consists of a hearing aid like part worn on the ear called the speech processor and an internal part which connects to the hearing nerve.

The past decade from 2010 to 2020 has seen the biggest improvement in both cochlear implants technology and surgical techniques.

Today, a Cochlear Implant surgery takes often less than 90 minutes and clients can experience hearing new sounds within only a few days. It will then take a few weeks to months for the brain to get used to the new sounds and we have seen many clients with literally changed lives within a few months.

Risks are rather low and complications rare, outcomes in comparison to hearing aids are often significantly better. Cochlear implants are available under the public system or with private health fund and out-of-pocket fees are often less than buying a set of hearing aids. We have seen people implanted of all ages from 6 months old babies to people well above 90 yrs of age. So, it is no wonder that cochlear implants become more and more common and accessible these days.

Since 2022, Ear Studio has implemented a cochlear implant program to help people with such hearing loss to communicate more effectively. If you'd like to learn more, please get in touch with us to schedule an informative consultation.





She said 60% of general duties policing is dealing with Domestic Violence cases and 50% of court cases were DV related. The Commissioner, who started her police career in Castle Hill, said police and the community needed to work together to prevent domestic violence.

"Be active listeners and try and see those subtle clues of people crying out for help."

The sold out event raised a staggering \$43,478 with the funds going to assist with setting up transitional housing in Kenthurst for older women and to support DV programs and initiatives run by Hills Community Aid (HCA).

Mici Beer. Executive Officer with HCA said the increase in figures for people seeking help had increased dramatically since pre-COVID times.

"We have seen a 310% increase in victims presenting to HCA since 2019. Through our services we work to with victims and their children providing immediate financial assistance, assist with transitioning to permanent accommodation with rent or bond payments, refer to government crisis and on-going support programs like Start Safely and provide peer and personal support to ensure people have as much relevant information and support to set them up for success and to recover."

She gave examples of people who had been helped including Marg and Deepa (not their real names).

- Marg came to HCA in July last year after feeling her home and staying in hotels and temporary accommodation for several weeks. She has 16-year-old twins and an 18-year-old son with disabilities. She worked hard and was not eligible for many crisis support programs. Through HCA she was given food vouchers, freeing up funds for other expenses. She was also provided with 2 week's rent (from The Hills Homeless Prevention Initiative) and paid her initial power bill from The Bridging the
- Deepa, a woman of Indian background, left an abusive relationship and lived in her car with her two young children for 11 days. When she approached HCA they were initially able to help with financial support to pay for food, medication and essential services. She was linked to crisis and case management services and attends HCA peer support programs and education sessions including the Uplift Program. Deepa said the program was invaluable for her and other women going through trauma who has lost their "self worth"

Terese Wilson from Kenthurst Rotary Club talked about the importance of transitional housing for older women saying she was 63 when she left a long marriage and found herself having to start again.

Bev Baker from the Older Women's Network said transitional housing provides a safe haven for women on the run. "We are a rich country, we should be able to look after our most vulnerable."

According to figures Released by the Australian Human Rights Commission the number of women aged between 55 and 74 years old seeking support from homelessness services has increased by 55 % in the past decade.

Chair of the fundraising organising committee Dr Michelle Byrne thanked the NSW Police Commissioner for her time and encouragement and thanked sponsors.

"Thank you to all the many generous individuals and local businesses who put their hands into their own pocket particularly the Rydges Norwest for hosting the event.

"All of the funds raised will be used to support women who have or who are experiencing domestic violence on the path to a rebuilding their lives and creating a future for themselves that is free of abuse. "

Big donations on the night were made by CEO of Merc Capital Toni Merhi who donated \$5000 which was matched by \$5000 from Merc Real Estate followed by a \$1000 donation from the Powerful Empowered Women's group.





Ultimate Sydney located in Northmead claims to be the largest Indoor Play Centre in Australia and when you enter the building you can see they aren't exaggerating. Not only is it the largest play centre for kids but it also provides plenty of opportunity for hours of interactive family fun for all ages.

For us it was the 750m² of interconnected trampolines that run from wall to wall that provided the most entertainment for us. Not just aimed at children, the trampolines can also be enjoyed by adults as can a game of dodge ball which results in endless laughter. A couple of basketball rings are also provided allowing you to replicate basketball greats such as Lauren Jackson as you perfect the slam dunk and the jump shot whilst bouncing on the trampolines.

The 4 lane, 25m long foam pit, also provided endless entertainment as Maddie and Lexi performed flips and other tricks whilst landing in a pit of foam so deep that I am sure they disappeared momentarily before re-emerging and yelling "That was fun, let's do it again". Running along the back of the foam pit a 5m high climbing wall that allows for a soft landing

should you fall or deliberately jump from the wall.

For children 12 years and under, Sydney Ultimate offers over 1100m2 of indoor play area split into two zones for 0-5 year olds and 5-12 year olds age brackets. Both areas are similar with obstacle courses over three levels with plenty of slides and climbing areas although the 5-12 years old zone is larger and higher and includes a small zip line which provided endless fun for Maddie and Lexi.

If all of this is not enough, there are arcade games and rides including Jurassic Park, Ten Pin Bowling, Claw Machines with the chance to win prizes as well as my personal favourite, Air Hockey which I love playing with my daughters. Rides include a small merry go round and car for the little family members and



for the older kids and grown-ups there are spin bumper cars.

After all that jumping and running, there is plenty of food and drink options at the onsite café which also boasts an extensive lolly collection as well as delicious cakes and hot food options. It is a great place for parties and family functions particularly with the numerous party and function rooms as well as the numerous comfy leather chairs, the perfect place to sit and watch the kids play.

We are fortunate to have such an incredible venue close to home that provides entertainment for the whole family. We were exhausted after two hours but we definitely can't wait to visit Ultimate Sydney again soon.

For more information on Ultimate Sydney go to www.ultimate.sydney



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\$6.99 a pkt



JAP PUMPKIN WHOLE

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Champion Gymnasts Shine

Eva Fountis is a rising young star at Castle Hill Gymnastics (part of CHRG's Castle Hill Fitness and Aquatic Centre, neighbouring Castle Hill RSL Club) which is a recognised as a club full of potential. She has been training in Women's competitive gymnastics with Castle Hill Gymnastics since the age of 4 and has now progressed through the international training program.

Last week the teenager represented NSW in the Australian National Championships at the Gold Coast last and came away with two medals including a silver for individual performance.

Vanessa Whelan, Castle Hill Gymnastics' Manager at Castle Hill Fitness & Aquatic Centre said this year was Eva's first year competing at a Senior International level.

"She is 16 years old, competing against Australia's top female gymnasts, which is a huge reflection of her talent and ability."

"The NSW team came 3rd Overall, Eva returned with a team Bronze, but her outstanding achievement was her individual performance on Vault which saw her come 2nd to Australia's Olympic Champion Gymnast Georgia Godwin. Eva has returned with the two medals, team Bronze and individual Silver on vault."

Castle Hill Gymnastics also had three other athletes selected to State teams to represent NSW at the Australian National Championships last week, Madison Lee at Future International level who won silver with NSW team and Jobey Mok, 14, and Isaac Gunesekera, 13, who represented NSW as part of the Mens Level 8

Isaac was National Champion on Floor and Jobey National Champion on Rings with a Bronze on High Bar- both with Team gold, as Team NSW was named National Champions for level 8.

> Eva and Maddie train 26 hours per week under High Performance coach Zoltan Mirko, who was one of the NSW State team coaches for the National Competition,

The next major competition will be the National Clubs Championship on the Gold Coast in September.



Eva on the podium in silver spot next to Australia's Olympic Champion Georgia Godwin who won gold

Castle Hill Gymnastics currently has 180 competitive gymnasts, 45 boys and 135 girls, all training from 6-26 hours per week depending on their age and skill level.

The club offers entry level programs starting with Babygym from 3 months, through to our Beginners Recreation Program for school aged children. All programs are coached by our fully accredited and highly experienced gymnastics coaches, ensuring that all athletes receive the highest quality training.

For more information about Castle Hill Gymnastics visit the website iwww.chfac.com. au/gymnastics or call 9846 1270.

More sports news on page 21





The Hills Shire Council News

Have Your Say on Alcohol-Free Zones

The Hills Shire Council currently has four Alcohol-Free Zones located on the road reserves at the following locations:

- Castle Hill Main Street, Pennant Street and CBD areas.
- Glanmire Road, Baulkham Hills.
- Baulkham Hills Town Centre, 19, 21-25 & 27 Yattenden Crescent, Baulkham Hills,
- Caroline Chisholm Drive, Winston Hills.

Under the Local Government Act, Council is required to investigate whether the zones are required for a further four-year period.

It is proposed to install a new Alcohol-Free Zone in Rouse Hill in a section of Mile End Road, Windsor Road and Commercial Road and in Resolution Place. It is also proposed to extend the existing Alcohol-Free Zone in Castle Hill to include Terminus Street, a section of Cecil Avenue, Cheriton Avenue and an additional section of Showground Road.

The location of these Alcohol-Free Zones is on display at the Council Chambers at 3 Columbia Court, Norwest during business hours 8:30am to 4:30pm or can be viewed on Council's website by searching 'Alcohol Free Zone'.

Further information can be obtained by contacting Council's Road Safety Officer Angela Vernicos on Ph: 9843 0145.

Written submissions are invited from interested persons or groups in relation to the removal, retention or installation of these Alcohol-Free Zones, and should be forwarded to Council by 13 June 2023. Submissions should be emailed to council@thehills. nsw.gov.au or addressed to:

General Manager, The Hills Shire Council Attn: Angela Vernicos, Road Safety Officer PO Box 7064 NORWEST NSW 2153

Council Meetings

Tuesday, 23 May 2023 - 7pm

For more information, visit www.thehills.nsw.gov.au and search for 'Meeting Agendas and Minutes.'

New Park On Track

A new mountain bike track, skate park and adventure playground are proposed as part of a stunning new parkland in Box Hill.

Rainforest Street Reserve will be located off The Water Lane, Box Hill and will feature an extensive playground, sheltered picnic areas with barbeques, a skate park and mountain bike trails catering to different skill levels.

Residents are invited to have their say on Council's draft landscape masterplan for the reserve available on Council's website - search 'Rainforest Reserve' to find out more.



Magical Musical comes to the **Pioneer Theatre!**



Catch the latest show at the Pioneer Theatre. The Hunchback of Notre Dame by the Blackout Theatre Company based on the Victor Hugo Novel, featuring songs from the Disney Film. This magical and unforgettable musical will be sure to sweep audiences away!

Book your tickets now at www.pioneertheatre.com.au

www.thehills.nsw.gov.au | 9843 0555



Help Plan For The Future

The following strategies are on public exhibition until 31 July 2023:

- Draft Precinct Plan for the Norwest Strategic Centre
- Draft Precinct Plan for the Castle Hill Strategic Centre
- Draft Precinct Plan for the Rouse Hill Strategic Centre
- Draft Economic Growth Plan

Draft Precinct Plans - Norwest, Castle Hill and Rouse Hill

The plans set a 20-year vision for Council's three Strategic Centres, to enable them to reach their full potential. They build on previous strategic planning work and draw on a range of technical studies.

The plans articulate how the strategic objectives and outcomes for each Strategic Centre will be implemented over the next 20 years, drilling down into finer grain, sitespecific detail to inform future development and potential changes to planning controls and the infrastructure contributions framework for each Centre.

They aim to generate more jobs, provide new public spaces, more investment opportunities, housing and essential infrastructure to support our growing population.

Build Your Brand with Marketing Strategies

Join this FREE webinar on 'Marketing Strategies: Building Your Brand' where an expert speaker, Rob Langtry, will share insights and tips on how to create a successful marketing strategy for your business.

Topics will include:

- Identifying your target audience.
- Building brand awareness.
- Creating engaging content.
- Leveraging social media.

Find out more and register by searching 'Marketing Strategies' on Council's website.

Draft Economic Growth Plan

The plan provides a direction for economic development, jobs and investment within the Shire and sets out actions for Council to pursue to progress the vision.

The plan articulates the benefits of doing business in The Hills Shire and sets out how Council will support business and employment growth in the region. It seeks to reduce the Shire's reliance on population-serving industries and focus on value-adding industries that create jobs closer to home and suited to our skilled population.

To find out more and have your say, visit Council's website and search 'Help Plan The Future'.

Commemorating the late Queen Elizabeth II



Council has proposed that a local sporting complex under construction in North Kellyville be officially named Queen Elizabeth II Reserve to commemorate her inspirational life.

Residents are invited to have their say with their feedback to play a vital role in naming this new reserve - Search 'Queen Elizabeth II' on Council's website to find out more.



Are you enjoying The Hills Shire Council News? Scan the QR code to let us know.



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Café Saturdays evolved from an infatuation with banana bread. This obsession has turned into something really special. Owner Denny says that the standard banana bread was "tasty at best, so they set out to solve some problems", reducing calories - using the finest ingredients to make it taste better, feeling better, looking better... these were some of their banana bread goals!

After six months of hard work and research they struck gold -Banana Go Crazy (Spiced Rum and Dried fruits with their signature recipe); Banana Go Nuts (Dry Roasted Walnuts; Banana Go Coconut -Organic Coconut); Banana Go Choccy (Organic 55% Dark Chocolate); Just Banana (The Original Signature Recipe) ...

these are just some of the exotic delights served at Café Saturdays.

The enthusiastic baker and a savvy designer have turned things up a notch offering great food, artisan banana bread, and specialty coffee... in a book themed environment. With winter approaching, the atmosphere is cozy, the decor modern and chic, with warm lighting and natural wood accents.

"For the Love of Great Coffee, Food and Books - We're Open!"

The café is open Monday to Saturday 7:30am - 4:30pm; Sunday 8:30am - 4:30pm. Find them at Shop 3/22-24 Kenthurst Road, Dural. Phone 0458 772 304



The Hills Home

From Sydney to the ski hills of Whistler BC to Prince Edward Island, the Okanagan Valley, Vancouver, Berrima & the Northern Beaches, Sarino's GM Richard Kemp now calls The Hills home.

The influence of food and wine was instilled in him from his European parents who emphasised the importance of 'fresh produce, handled with respect and served with love', which helped cultivate his present approach to food and wine.

After finishing his apprenticeship as a Chef, Richard landed in Whistler, Canada, like a lot of Aussies, to refine his skiing skills but found himself cooking for celebrities to the likes of Schwarzenegger, Pierce Brosnan, and Seal. During the summer months he took charge as Head Chef at Davlay by the Sea on PEI, a well-known hotel used in the TV series Road to Avonlea and the Anne of Green Gables films. It was there he developed his own style with food and the venue was deservingly awarded a Hat 3 times in their culinary guide.

After a 10 year culinary journey away, Richard's childhood dream of opening his own restaurant brought home back to Australia. Complete with vegetable gardens, Eschalot Restaurant was born in the Southern Highlands. It is a testament that while owned and operated by Richard for 15 years, Eschalot received various awards from SMH Good Food Guide 1 Hat -11 times, Gourmet Traveller Wine List of the Year, AGFG 2 Hat ratings, and Restaurant of the Year, all multiple times.

At present, Richard finds joy in working with Momento Hospitality assisting in training, refinement and development. As well as playing in harmony as a self described 'pseudo musician', Richard delivers in skilfully creating a balanced, harmonious menu of food and wine lists as General Manager and Sommelier at Sarino's Restaurant and Bar / Sophia's cocktail lounge.



Richard Kemp

General Manager Mullane's Hotel, Sarino's Restaurant / Sophia's / Sommelier

02 8884 2828

Level 1, 36 Brookhollow Avenue Baulkham Hills 2153 www.sarinos.com.au



SARINO'S RECENTLY RECEIVE THESE AWARDS:

AHA Awards 2022

Wine List of the Year Winner

AHA Awards 2022

Best Unique Bar Experience Winner

The Hills Business Awards 2022

Outstanding Restaurant Winner

Gourmet Traveller

Wine List of the Year 2 Glass Rating



Local 'Darling' Hits The Runway By JOSH KERWICK

This week, Donovan Darling's premium menswear designs were shown at one of Afterpay Australian Fashion Week's hottest shows; an achievement the Bella Vista local couldn't have comprehended when he decided to radically change his career from property development and business to fashion design three years ago.

"It was a really sudden change of career plans out of high school," says Donovan, who was 20 at the time he made the decision. "But I just thought this would be something I could be good at." Six months after making that decision, Donovan enrolled in TAFE NSW's Fashion Design Studio, a leading school in Australian fashion with an impressive list of alumni such as Dion Lee and Akira Isogawa.

Donovan had already been working as a stylist for a made-to-measure suiting company, but it was word of mouth that inspired him to apply to the Studio. He says: "I had a work friend that was doing the course, and that really inspired me to put my portfolio together and apply."

The course taught Donovan a number of key skills, ranging from the basics of learning to sew with a wide range of materials in first year to the process of creating an entire collection of looks and creating a business brand. In his time at the Studio, Donovan created SCRUM, a

premium menswear collection that was conceived as a subversion of masculine dress codes and culture.

Donovan was inspired by American sportswear and protective gear when designing the line, finding himself particularly drawn to the dramatic silhouettes of the gear: "I had never seen those sorts of concepts adapted into everyday clothing. So it was the idea of taking these uniforms that are used in big sporting arenas, and adapting them into clothing that can be worn everyday for any occasion."

SCRUM will be presented at Australian Fashion Week's The Innovators show, which debuts the collections of the Fashion Design Studio's six highest performing graduates on the runway.

The Studio's Head Teacher Laura Washington, who taught Donovan in his third year of the course, values the school's connection to Fashion Week as a vital launching point for students: "We've got so much press and media that's coming from this event, so it creates this great connection with the broader fashion industry, and it shows that we produce incredible graduates."

Donovan says that he couldn't have imagined the heights his work at Fashion Design Studio would take him to. "It's pretty surreal - I think I'll only fully grasp it in hindsight," he says. "But it's just such an incredible opportunity to be able to get my work out there and be noticed by some big players."

Follow Donovan's work on his Instagram page: https://www.instagram.com/donovandarlingsyd/



A QUEST DRIVEN BY PASSION, CASTLE HILL PLAYERS PRESENTS

33 Variations AT THE PAVILION THEATRE FROM 2 - 24 JUNE 2023

Written by Moises Kaufman and directed by Jennifer Willison

"33 Variations is fascinating—a play that is funny, mysterious, full of pathos and beautiful music"

~ Jennifer Willison, Director

Following on the back of two successful show with many sold out performances, Castle Hill Players returns with its third offering for 2023, a heartbreakingly real tale that will resonate across the ages.

A musical mystery, a meditation on mortality, an exploration of motherhood and a reflection on the power of art to illuminate. 33 Variations is about one woman's passion for knowledge and one man's

Katherine, a terminally ill musicologist, is driven to understand why composer, Ludwig van Beethoven, chose to spend precious years composing thirty-three variations based on a mediocre waltz written by a

Why was Beethoven driven to complete these musical pieces whilst in declining health and facing almost total deafness?

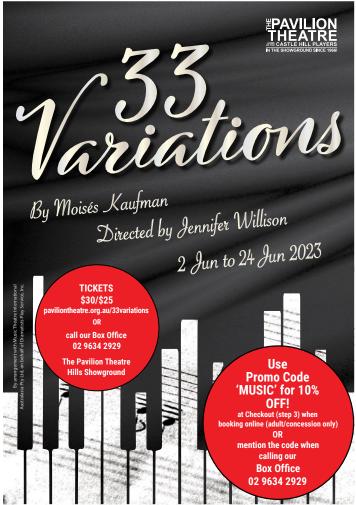
As we join both these characters on their parallel journeys, scenes interweave between present day and the early 1800s. Wonderfully compelling and extremely rich in wit, pathos, warmth and music.

An award-winning Broadway play, 33 Variations will take you on a dramatic journey of discovery.

By arrangement with Music Theatre International Australasia Pty Ltd, on behalf of Dramatists Play Service, Inc.

The Pavilion Theatre is located within the Castle Hill Showgrounds, Castle Hill Bookings paviliontheatre.org.au/33variations or call 02 9634 2929 Enquiries call 02 9634 3846 or email admin@paviliontheatre.org.au

Media enquiries email Abby marketing@paviliontheatre.org.au



Right time for boccia to start rolling out in The Hills By LAWRENCE MACHADO

Boccia is the fastest-growing Paralympian sport in Australia and now Boccia NSW would love to start a club in the Hills and Hawkesbury areas.

According to the head coach and secretary of Boccia NSW, Ken Halliday, they will provide all the assistance needed to get the game going and support it. Halliday said they have clubs in Penrith, Hunter, Penrith, Cronulla/Sutherland and the Northern Beaches.

'We would love to have a club in the Hills/ Hawkesbury district where I'm sure there a large number of people with a disability who would benefit greatly from being involved in boccia, ' said Boccia Australia's High Performance Head

"I'm sure there are many people with a disability sitting at home or in community centres because it is too difficult for their parents/carers to take them to sport I have seen so many lives changed after being introduced to boccia."

The Department of Education is holding multi-sport days including boccia, at PCYC South Windsor on June 27 and at the Hills Basketball Stadium, Castle Hill, on September 15.

Over 400 teams are taking part in the department-organised Schools Boccia Knockout tournament this year.

The most successful Australian team is in the BC3 classification (players that use a ramp) consisting of all NSW athletes.

Australia just won their fourth consecutive gold medal through Daniel Michel and Jamieson Leeson at the 2023 Montreal World Cup in the BC3 Pairs competition. Australia won the 2022 World Championships in Brazil.

Boccia is played indoors on a basketball type floor by people with disabilities. The sport is similar to bowls, where you have a jack (target) ball and each person/team plays their balls to the jack. There are a lot of tactics and strategies involved. The player needs to be in a wheelchair or sitting when playing on the court. There are different classifications depending on the person's disability.

In 1995, aged 43, Halliday had a significant career change. While a manager of a powder coating plant in Brookvale, he had the urge to do something worthwhile for the community.

"As a result, I left the company, and started work as a community support worker, caring for people with cerebral palsy in community homes at the Spastic Centre (now known as Cerebral



The 2023 world champions Daniel Michel and Jamieson Leeson of Australia, with their ramp operators, Ashlee Maddern and Amanda Leeson, and head coach Ken Halliday

Palsy Alliance)," Halliday said. "In 1999 I was asked to assist the residents in one of the homes to play boccia. From the first day, I was hooked.

"I left Cerebral Palsy Alliance in 2018 to concentrate more on my role as the Boccia Australia High Performance Head Coach, which I still do."

The recent Boccia NSW State Titles in Penrith was one of the most successful with 39 participants.

For any enquiries, you can email: NSW@ boccia.com.

Imogen, Jordan in the right football Lane By LAWRENCE MACHADO

Imogen and Jordan Lane are reaping the rewards of hard work coming through the ranks of junior football to turn out for the Hills United FC first grade teams.

The talented Rouse Hill siblings, who are in their 20s, are living their dream of playing football at the high levels, having spent many Saturday mornings learning the game as children.

Imogen played in the Hills United FC's SAP (skills acquisition program) from Under 9s - 12s but had to turn out for an out-of-area female NPL club because Hills United FC (the only NPL representative club in The Hills LGA) didn't have a women/ girls' license at the time.

Times have changed now as Hills United, thanks to hard work by their committee, can offer representative football to females under 10s through to senior first grade.

Imogen is in her second year representing Hills United's first grade women's team, who were grand finalist runners-up in their 2022 debut season.

Hills United (23) are currently third behind leaders UNSW (26) and Central Coast Mariners (24) in the FNSW League One Women's competition after 10 rounds.

Imogen has been one of the club's regular scorers, with seven under her belt, including four against South Coast Flame during her team's 7-1 victory.

Like his sister, Jordan progressed through the Hills United NPL Youth program from 2012 - 2016 in 2019 before heading overseas to play college



Proud Mum Melissa with her football aces, Jordan and

football & further his studies. Since his return, Jordan joined the powerful Hills United squad which leads the FNSW League One Men's championship under the club's Head of Football & coach Luke Casserly.

Unfortunately, for Jordan, his first grade debut against Bonnyrigg White Eagles was washed out last Saturday. But he is sure to get more chances to show off his skills in the competition.

Both Imogen & Jordan played for local grassroots clubs, Kellyville & Castle Hill, before transitioning onto their representative NPL teams. Jordan and Imogen's Dad Brett is also heavily involved with Hills United and the local community.





ROBYN PRESTON-M

MEMBER FOR HAWKESBURY

How my office and I can help you

- Represent you in Parliament and raise local issues with the appropriate Minister or Department
- Answer questions, help you access government services and provide information about community groups and events
- Facilitate applications to become a Justice of the Peace or to obtain a Seniors Card

Update vour electoral enrolment details

Send a congratulatory letter for anniversaries and birthdays of significance

Provide you with details on how to apply for government grants

The office is located at Western Sydney University, Hawkesbury Campus Building R4, College Drive, Richmond. M: PO Box 505 Richmond NSW 2753 T: 02 4578 0300 E: hawkesbury@parliament.nsw.gov.au

As this is my first opportunity to connect with you in this publication since the March 2023 election, I wanted to thank you for giving me the privilege of representing you again, as the State Member for Hawkesbury.

The election resulted in a change of Government and with this comes some uncertainty about what projects will still be honoured that the previous Liberal/National Government had funded.

Recently in Parliament, I asked the NSW Minister for Sport, Steve Kamper MP, whether he could assure the people of Hawkesbury and Western Sydney, that the NSW Labor Government would not cancel previously announced WestInvest community sporting grants such as the \$30.3 million towards the upgrade of Richmond Pool.

Minister Kamper said he would 'take the question on notice' and at the time of writing this article, I am still waiting for a reply. The five billion dollars in WestInvest grants were a game changer for Western Sydney communities who applauded the announcements, at the time.

My priority, going forward, is to ensure Hawkesbury's community and infrastructure projects are not thrown on the scrap heap, in order to pay for public sector pay rises, so know that I will advocate for these projects to be delivered.

In Parliament, I was recently elected as the Deputy Opposition Leader in the Legislative Assembly and appointed Shadow Minister for Mental Health and Medical Research and Shadow Minister for Veterans.

If you or someone you know has an issue relating to veterans, mental health or medical research, please contact me so I can learn more about your concerns and give you advice and support.

Once again thank you for your trust and support as we progress in this term of Government.



SUSAN TEMPLEMAN MP

Federal Member for Macquarie

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www.susantempleman.com.au

Authorised by S. Templeman MP, Labor 299 George St Windosr NSW 2756

As your Federal Member for Greenway,

I'm here to help.

Albanese Labor Government Delivers for Greenway in 2023-24 Budget

Minister Michelle Rowland MP

- PO Box 8525, Blacktown NSW 2148
- (02) 9671 4780
- Level 1, Suite 101C, 130 Main Street, Blacktown
- @ Michelle.rowland.MP@aph.gov.au
- michellerowland.com.au



After a wasted decade under the Liberals, the Albanese Government is working hard every day, getting on with the job of delivering the positive change that Australians voted for.

And that's reflected in our 2023-24 Budget that Treasurer Jim Chalmers presented to Australians on the 9th of May.

It is a practical, commonsense Budget that delivers on our commitment to create a better future for all – including here, in Greenway. In the Budget, we are:

• acting on cost of living through up to \$500 in energy bill relief, keeping wages moving, and giving a pay rise to aged care workers.

- strengthening Medicare through historic investments in healthcare, where more people can see doctors for free, access more health services at local pharmacies, and halving medicine costs for 6m Australians.
- growing our economy through investing in advance manufacturing, creating an additional 300,000 fee-free TAFE places, and backing small businesses.
- supporting Australians doing it tough through boosting payments for single parents and investing to prevent family violence.

And, from the 1st of July this year, we're making child care cheaper for up to 10,000 Greenway families, as well as strengthening paid parental

These are just some of the measures the Albanese Labor Government is taking to provide Australians with the stability, confidence and security that they need.

I am proud to be part of a Government that is supporting families and businesses in our Greenway community.

As always, if you would like any more information on the Budget, please don't hesitate to contact my office. Michelle

Coen's Story

One of Australia's largest children's health charities, Sydney Children's Hospitals Foundation (SCHF) is hoping to raise \$20 million for sick kids this tax time.

Funds raised through SCHF's Sydney Sick Kids Appeal will go towards giving all sick kids the childhood they deserve - one where they get to be a kid first and a patient second.

This includes children like Coen, diagnosed with Gabriele-de Vries syndrome at just one-year-old. The ultra-rare neurodevelopmental disorder affects less than one in a million children, causing developmental delays, intellectual disabilities, and a wide range of functional issues.

Coen's syndrome is so rare doctors told Coen's mum, Hayley, they couldn't predict what symptoms would arise in her son.

"At that point in time, he was physically behind... finding out his diagnosis included some intellectual delays - that was heartbreaking," says Haley.

Coen is now under the care of a highly dedicated and specialised care team at Sydney Children's Hospitals Network, who work tirelessly to provide the support and care that he and his family need.

"At one point we had 13 specialists, as well as five allied health professionals caring for Coen," says Hayley. "I don't even want to think about where Coen would be without the care he's received. He definitely wouldn't be where he is today," says Hayley.

Hayley is incredibly grateful for the extraordinary care that Coen has received and the vital difference it has made in his life.

"Just look at our story and how much support we need for Coen. If anyone can give any little amount, it all adds up and it all helps," says Haley.

Support Sydney Children's Hospitals Foundation and kids like Coen this tax time by making a tax-deductible donation at www.schf.org.au



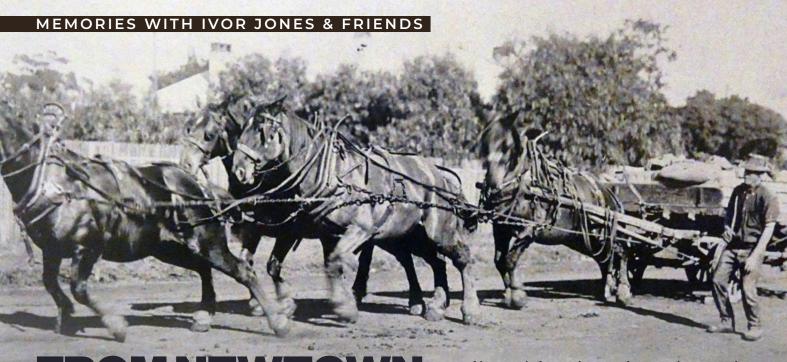


Find out how:





www.schf.org.au 1800 770 122



FROM NEWTOWN TO NORWEST

If it wasn't for a plaque of mosquitos causing trouble in the suburb of Newtown in the 1880s, the idea of the Norwest Business Park may never had been conceived by Doug Lanceley.

The British colonies in the Antipodes were undergoing a population explosion due to gold discoveries and many young men from the British Isles sought fame and fortune in the lands of the Southern Hemisphere. Amongst those young men was Edward Lanceley, who in 1876, decided to go move to New Zealand. After a few years in the land of the Long White Cloud he thought that he would try his luck in Australia in 1880 and moved to Sydney and sought work around Newtown but was troubled by swarms of mosquitoes along Shea's Creek and decided to return to New Zealand.

Unable to secure a passage to New Zealand straight away and with funds of only sixpence in his pocket together with a tent and a bedroll for shelter, headed for Gore Hill on Sydney's North Shore seeking work in one of the many brickyards in the district. He found the work to his liking and decided to stay.

He worked hard at his adoptive trade and was soon asked to manage a brickyard owned by Messrs J B Magney and G J Weynton who were brickmasters who had been working the clays at St Peters. Magney and Weynton had purchased an existing brickyard at Gore Hill and had installed a small machine capable of turning out 10,000 bricks a day. Edward Lanceley was subsequently invited to join Magney and Weynton in the partnership

which then morphed into what became the the North Sydney Brick and Tile Company. Another company which owned and operated the nearby Gore Hill Brickworks was the Land Company of Australasia Ltd. This company collapsed in 1893 and was acquired by the North Sydney Brick and Tile Co in 1894 and the bricks produced by the company were stamped "MWL" evidently the partnership of Magney, Weynton and Lanceley was still in place. The Gore Hill Brickworks was said to be the largest brickworks in NSW. It also had the largest Hoffman Kiln in the Southern Hemisphere at the time. In 1914 Lanceley founded another brick company named Ryde Brick and Tile Works. The brick plant at Gore Hill, after eventually closing, became the future site of Royal North Shore Hospital, the Australian Broadcasting Corporation and North Sydney TAFE.

Edward D. Lanceley, in 1934, became a director of a new company. This company, named Brickworks Ltd, was created to acquire the State Brickworks at Homebush which the NSW Government owned and wished to sell. This eventually led to a consolidation within the brickmaking industry bringing together a number of brickmaking companies which became part of Brickworks. The North Sydney Brick and Tile Co remained a separate entity for a while. Whilst still operating as a separate

company in the 1950s, the managing director of North Sydney Brick & Tile Co, Doug Lanceley (son of E D Lanceley) had the company purchase a large tract of land on Old Windsor Rd close to Bella Vista Farm and established a quarry to extract clay for the making of bricks. Finding that it was prohibitive to transport the clay to St Leonards he decided to move the brick plant from St Leonards to the Quarries located on Old Windsor Rd thus establishing what was to become Norbrick. Doug Lanceley had purchased more land than what was needed for brickmaking and decided to create a business park similar to those he had seen in England whilst travelling to the UK.

Finding the development costs for the business park a serious financial drain, Norbrick was acquired by New Zealand businessman Sir Ron Brierley who later sold to Malaysian interests the site now becoming a major portion of the Bella Vista – Norwest precinct in The Hills.

Therefore, if E D Lanceley had not been so perturbed by the mosquito hordes at Newtown in 1880 and not been able to afford the fare back to New Zealand, he would never had gone into the brick business and moved to the North Shore and his son would not have purchased land in the Hills District and developed the idea of building a business park.

CUMBERLAND COMMUNITY RADIO INC.

Building 9/92 Seven Hills Road, Balcombe Heights Estate, Baulkham Hills NSW 2153 Australia



🕢 info@alive905.com.au www.alive905.com.au



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The Hawkesbury Companion Animal Shelter

is at 10 Mulgrave Rd, Mulgrave. Call 4560 4644 or visit Hawkesbury Council's Facebook page www.facebook.com/hawkesburycitycouncil



FUCHEY is a lovely, placid older boy who, according to staff at the Hawkesbury Companion Animal Shelter, just loves going for walks with them.. Staff say Fuchey is very well-behaved and is happy to just be with you. If you have been looking for a lovely, friendly dogto join your family please come to the shelter to meet him. As one this week's featured dogs his adoption price has been reduced to \$49.

The adoption price includes the first vaccination, desexing, microchipping and life-time council registration.

Hawkesbury Council's Rehoming Organisation

Number is: R251000145.

MISTY is a lovely, affectionate girl according to the staff at the Hawkesbury Companion Animal Shelter. They say Misty deserves a caring family to give her a loving home. As Misty is already desexed she is able to leave the shelter straight away. As cat of the week her adoption price has been reduced to \$29. The adoption price includes the first vaccination, microchipping and life-time registration.

Hawkesbury Council's Rehoming Organisation Number is: R251000145.





DURAL AND HILLS DISTRICT GARDEN CLUB

Dural and Hills District Garden Club members and guests celebrated their 21st year at their recent May meeting.

For any considering joining a local community garden group in the Hills or surrounding areas, the Dural and Hills District Garden Club could be just what you've been looking for. Guest speakers, are the highlight of the meetings together with plant sales, a raffle and a delicious supper. All for just an annual membership fee of \$20 single or \$25 family. There are monthly visits arranged for members to interesting and beautiful gardens. Affordable, coach day trips and occasional longer trips are priced reasonably, with the club subsidising part of the coach costs.

On Friday, 9th June, the club has arranged a visit to Eastern Suburbs Sustainability Project, IndigiGrow Native Bush Food, Plant Nursery at La Perouse Public School and the museum.

President Elaine Colley said: "We are a friendly social club. Come

along and have a cuppa and piece of cake with me and the members. The Dural and Hills District Garden Club could be just what you've been looking for. It's a garden club with an emphasis on social activities. Many members have made lifetime friendships through participation in a variety of events' Meetings are held on the first Wednesday of each month at 8pm, Mid Dural Fire Station, 57 Mid Dural Road, Middle Dural. Plenty of parking in the street. For further information

contact Secretary, Marg Dunn, email margo.dunn1@gmail. com or mobile 0482 053 438, or Social Secretary, Dale Blakey mobile 0416 299 200

President Elaine Colley

ORCHID





Orchids Out West comprises 6 beautiful displays put on by local orchid societies, ie Hawkesbury District Orchid Society, Blacktown City Orchid Society, Blue Mountains and Penrith District Orchid Society and members of the Orchid Society of NSW.

This show has a great selection of orchids to be purchased from 14 vendors from around Australia to enhance any orchid collection, including Aussie Hoses, so you can water those beautiful orchids.

Every year the displays improve in quality and are always very colourful thanks to the wonderful collection of orchids of all generas on display.

Friday 26th May 9am-4pm, Saturday 27th May 9am-4pm, Sunday 28 th May 9am-2pm. Philip Charley Pavilion, Hawkesbury Showground, Clarendon (opposite Richmond RAAF Base) 2756

Admission: \$10.00. Buses: \$8.00 Children under 15 free. Plenty of free parking. Clarendon Railway Station nearby. BBQ and light refreshments available. Contact 0408 264 040 or Email: info@orchidsocietynsw.com.au. or visit www.orchidsocietynsw.com.au/00W2023.htm and Book on line: https://events.humanitix.com/orchids-out-west



26th-28th May

Fri & Sat: 9am-4pm Sun: 9am-2pm

Philip Charley Pavilion, Hawkesbury Showground, Clarendon (opposite Richmond RAAF Base) 2756

Entry Fee: \$10 per person \$8 each for bus group FREE children under 15 Plenty of free parking. Clarendon Railway Station nearby. BBQ and light refreshments available. www.orchidsocietynsw.com.au/OOW2023.htm

Q 0408 264 040

☑ info@orchidsocietynsw.com.au

COMMUNITY groups

2nd Castle Hill Rovers

www.gwsrovers.com.au

Annangrove Environment Centre

5 02 9654 3571 (Thurs) | 02 9843 0533 (Wed-Fri) gnolan@thehills.nsw.gov.au

Arcadian Ouilters

Meet in Galston Community Health Centre 1st and 3rd Wed mornings, evening group 2nd and 4th Mon. New members welcome

Larole | 9894 7749

Baulkham Hills Probus

i Meets 1st Thurs of the month 1.30pm Muirfield Golf Club. Visitors welcome. Activities each Thurs.

Betina | 0419 595 007

probus56830@gmail.com **Bonsai Society of Australia**

Club meetings 1st Tues of the month 7.30pm; West Pennant Hills Community Centre, 42 Hill rd West Pennant Hills.

Ingrid | 0409 963 438

Castle Hill Art Society

Art practice for artists of all ages, either in groups or classes for adults and children. Monthly demonstrations and workshops by well-known artists. Members can participate in exhibitions during the year.

9899 3179 (ans. machine) www.castlehillartsociety.org.au

Castle Hill Senior Citizens Club Inc.,

Anyone over 55 welcome to come and play carpet bowls, cards and rummikub. Cnr of McMullen Ave. and Old Northern Road, Castle Hill (opp. new Metro station) with parking at the rear.

9680 3958
 □ castlehillseniors@gmail.com

Combined Probus Club of Cherrybrook

i We are a mixed gender club of over 170 retirees and semi retirees. Meetings on 1st Thurs of each month at the Cherrybrook Community & Cultural Centre.

Ross | 0411 104 863

www.probussouthpacific.org/microsites/ cherrybrook/Welcome

Computer Pals for Seniors - The Hills

A non-profit club run by volunteers dedicated to providing low-cost tuition for Seniors in a friendly atmosphere, enabling them to stay safe online & become proficient in the many

facets of computing.

Colin Wright | 0479 137 131
cphills.org.au

Cumberland Bird Observers Club

The Club conducts 3 outings a month to observe birds in their natural environment. General meetings are held at Castle Hill on the 3rd Tues of the month. New members are always welcome.

Peter | 0412 770 757 or Cathy 9809 5668 www.cboc.org.au

CWA of NSW - Galston Branch

Meets 2nd Wed each month at the Galston Community Health Centre, cnr The Glade and 17 Arcadia Rd. Galston, 10am followed by business meeting and BYO lunch. Craft day 4th Wed each month. Visitors welcome

🚣 Jann | 0439 222 217 or Patricia | 0412 948 787

CWA of NSW - Castle Hill Branch

Holds its monthly meeting every 2nd Tuesday at the CWA Hall, 2 Annangrove Road, Kenthurst (off Angus Road) from 10am. We also hold our Craft mornings for members on 1st and 3rd Tuesdays of the month from 10 to 12.

Maureen | 0411 724 925

CWA of NSW - Toongabbie Branch.

Monthly meetings held 1st Tues of the month at Toongabbie Girl Guide Hall in Junia Avenue Toongabbie from 10am. We also hold craft mornings for members on 1st and 3rd Tues of the month from 10-12.

ToongabbieCWA@gmail.com

Dural and District Prostate Cancer Support Grp Next 2 meetings 15th May and 19th June

7.00pm at the Blue Gum Centre, ABV Glenhaven. Green, 599-607 Old Northern Road, Glenhaven Lenis | 9629 2645 or Graham | 8677 7896

Dural Country Club Bowls 4 04 2131 5074

www.duralmensshed.org **** 04 0247 8498

East Kurraiong School of Arts

1st Tues each month 10am to 1pm. Bring along any sort of craft activity you're interested in, bring pencil's or brushes to practice your drawing or painting with Ruth, browse the library for a book to read or simply just relax,

have a cuppa and enjoy a chat from 10am to 1pm. Gold coin donation for morning tea

Ann | 02 4576 5031

Embroiderers' Guild NSW Inc Hawkesbury Grp

May 3rd Tues 16th, 10-2, 4th Tues 23rd, 6-10 at Windsor Library. Bring your own project or join the workshop – Start with a Stitch. Beginners upwards \$10. Bookings essential. Catherine Delaney | 0413 340 049

□ cdelaney1@vtown.com.au

Friends of Hills Library

i Meets 2nd Tuesday of the month at Castle Hill Library. New members welcome

Lesley Nelson, President - 0478 000 925

Galston VIEW Club

The Club who raises money for The Smith Family "Learning for Life program" holds its monthly lunch meeting on the 4th Wednesday at The Galston Club 21-25 Arcadia Rd Galston. 11am.. President Lesley | 0413 996 783

Girl Guides Australia

Great programs for girls 6-18. They meet once a week in groups relevant to their age run by trained Leaders and Unit Helpers.

Margo | 0417 657 433.

Glenhaven Probus Club Inc

Meets 10 am on 2nd Tuesday of each month at Castle Hill Bowling Club.

secretary.glenhaven.probus@gmail.com

Glenwood Men's Shed

Jim | 0438 701 275

Leanne@mellowcrest.com

Hawkesbury Camera Club

Club meets at 7.30pm on the first 3 Wednesdays of the month at the Richmond Club, Francis Street, Richmond. Facebook Hawkesbury Camera Club

www.hawkesburycameraclub.com.au **Hawkesbury District Agricultural Assn**

4577 3591 (BH)

www.hawkesburyshow.com.au

Hawkesbury Nepean Chapter of the 1st Fleeters

Meets on 2nd Saturday of each month. Pamela Hempel | 0407 660 579 www.fffhnc.com

Hawkesbury West Probus Club

Meets at 10:15am on the first Monday of each month at Panthers North Richmond.

Membership Officer Fay | 0414 341 253

hawkeswest.probus@gmail.com

Hawkesbury Woodcraft Cooperative Ltd 9.30am to 2pm Wed. & Sat. www.hawkesburywoodcraft.org.au

Hills District Women's Bowling Club

Jenner Street, Baulkham Hills

9639 2733

mww.thehillswomensbowls.com.au

Hills Older Men's Network INC

i Meets fortnightly on the first and 3rd Mondays of the month, 10am to 12.30pm at Castle Hill. The group is aimed at retired men over the age of 55 and provides an opportunity to chat in a non-

judgemental, safe and supportive environment.

Ron | 0424 462 153
HillsOMI1@gmail.com

Hills Shire Symphony Orchestra Welcomes new players and gig enquiries. Rehearsals Wednesday evenings.

Chris | 0405 994 605

info@hillsshiresymphonyorchestra.org.au

www.hillsshiresymphonyorchestra.org.au

Hills Toastmasters i Meets every 2nd Tues, 7pm.Restore Church: 47 Britannia Rd, Castle Hill. New members welcomed

Lerry | 0488 089 951

Hills/Toongabbie Music Club

i Meets 2nd and 4th Fridays 7.30pm Northmead
Scouts Hall 17 Whitehaven Northmead. Beginners to professionals all welcome

Allen | 0439 831 531

allendavisguitar@gmail.com

Kurrajong Hand Spun Craft

Come and learn a beautiful old craft at North Richmond Community Centre. Friendly group ust bring yourself. Thursdays at noon

Margaret | 0403 819 165

Ladies Probus Club of Baulkham Hills

Meetings 10am, 2nd Wednesday of the month. At The Fiddler, Windsor Road and Commercial Road, Rouse Hill. New Members welcome

Suzanne Dennis | 0412 424 593

ladiesprobusbh@gmail.com

i To find out more about the huge range of courses available call 9639 7918

www.hca.org.au/learning-in-the-hills/

Lions Club of Richmond Inc. Geoff I 0412 969 651

Lions Club of Windsor Inc Pam | 0413 395 145

Macguarie Towns Garden Club

The Club meets at 2 pm on the 1st Thurs of the month, in the Tebbutt Room of Hawkesbury Central Library at Windsor macquarietównsgardenclub.wordpress.com

National Seniors Australia (Hills Branch)

Meets on the 1st Thurs of every month at Baulkham Hills Sports Club Renown Rd. Baulkham Hills at 9.30am for 10am. New members welcomed.

May | 0414 634 572

■ maybruce@bigpond.com

North Rocks View Club

Meetings 2nd Thurs each month at 10.30 am. The Vikings Club, 35 Quarry Rd, Dundas Valley.

Pam | 047 420 4080 or Margaret | 9872 1405

Norwest Sunrise Rotary Club

i We are a breakfast Club and meet every
Friday morning at 7.15am. The Rotary Motto is Service Above Self. If you want to meet like-minded people pls join us

morwestrotary.org.au

Pennant Hills Mens Probus Club John | 9487 1385

Pennant Hills Combined Probus Club

Meets at Hotel Pennant Hills every third Monday of the month at 10am. New members and visitors welcome.

Lorene | 0429 396594

Pennant Hills VIEW Club

Meets for lunch on 2nd Tuesday of each month -Oatlands Golf Club at 11am. A short meeting, a two course lunch & an interesting guest speaker. Visitors & new members welcome. On the 4th Tues of the month a social outing is organised.

🚣 Margaret | 9873 2402

Pitt Town Probus Club Meets at 10:00am on the 2nd Tues of the month at the Pitt Town and District Sports Club, 139 Old Pitt Town Rd Pitt Town. New

members welcome Denise Fairfax | 0435 447 414

Probus Club of Round Corner (Dural) Julie; PO Box 822, Round Corner 2158

Probus Club of the Hills Inc Is a mixed club and meets at the Galston Club 21-25 Arcadia Road, Galston on the 2nd Wed

of each month commencing at 10.30 am. New members welcome

L Ken | 02 96296459

Probus Club - Glenorie This Club meets every 4th Wed at 11.00am at Glenorie RSL Club. Néw members are welcome

Wendy | 9653 1022 wendyireneblack@yahoo.com.au

Probus Club - Kellyville Castle Hill Mixed

i Meets at 10am on 2nd Thurs of each month at Baulkham Hills Sports Club. 11 Renown Road. Baulkham Hills 2153. New members welcome.

Ian Sandercock | 0419 567 608 patiansandercock@bigpond.com

Probus Combined Castle Hill Club

General meetings 3rd Tues of the month at 10am at Cherrybrook Community Centre.

Glenys | 0408 160743

■ donpye@live.com.au

Probus Combined Kellyville Club

i Meet 2nd Mon of the month at 10am. At The Glenhaven Community Centre: 76 Glenhaven

Road, Glenhaven. New members welcome. Veronica | 0408 025 577 Susan | 0400 039 308

■ ken_n_sue@hotmail.com

Probus Club of Winston Hills -

Northmead Combined Meets at 10am at Toongabbie Sports Club, 12 Station St, Toongabbie, 2nd Thursday of the month. New members welcome

winstonhillsprobusclub@gmail.com

RDA (NSW) Tall Timbers Centre i Equine assisted programs, Speech Pathology,

Occupational Therapy and Volunteering Opportunities. Located at Gables/Box Hill 9679 1246

admin@rdanswtalltimbers.org.au

www.rdanswtalltimbers.org.au

Red Cross - Castle Hill Branch

i Meetings 2nd Friday of the month 10.15am to 11.45am at Wesley Uniting Church, 32-34 Showground Rd, Castle Hill. New members always welcome.

6 0419 431 084.

Richmond /Windsor VIEW Club Richmond/Windsor View Club Meets every 2nd Wednesday of the month at The Richmond Club. VIEW (voice, interest and education of woman) supports the Smith Family and Learning for Life

L Trish Carter | 0417 010 619 Scouts Australia - Greater Western

Sydney Region 9639 2488 www.greaterwestscouts.com.au

Sleep Disorders Australia − NSW

02 9990 3514 |
www.sleepoz.org.au

Soroptimist International The Hills

i Meets on the 3rd Wednesday of the month at Crestwood Community Centre Baulkham

Hills 6.30pm for a 7pm start.
Cathy | 0435 837 118 sq sithehills@siwp.org

The Hills Community Aid and Information Service Inc

9639 8620

The Hills Learning Centre

02 8850 0555 ■ RSVP | info@thehillslc.com.au. facebook.com/thehillslearningcentre

The Hills Shire Garden Club Meets on 3rd Monday of the month at Barton Hall at 178 David Rd castle Hill at 1 pm. We have guest speakers, raffles, plant sales and bus trips to various gardens...

9624 5034

The Hills District Pipe Band Practices at Stamford Hall, Balcombe Heights Estate, Baulkham Hills every Wednesday night from 7pm-9pm. The band warmly welcomes new members and gig enquiries. Instagram: @

hillsdistrictpipeband Suzie Whitaker

 □ pipeband.hillsdistrict@gmail.com www.hillsdistrictpipeband.com

The Hills Trefoil Guild Library Elaine | 0417 330 196

The Inner Wheel Club of Baulkham Hills Meets at St. Joseph' Conference Centre on the 4th Monday of each month at 6.00pm (dinner optional) for meeting at 7.00pm.

Robyn I 9639 2742 The Sydney Hills Branch of the Association of

Independent Retirees Next meeting Friday 5th May, 2023. Welcome to Members and Visitors. Guest Speaker will be Judy Christian From COTA "Ageing Well" followed by Our Investors Discussion Group meeting at 12.30pm.Do

you have a Retirement Income Plan?

▲ Mal Steel | ■ airsydneyhills@gmail.com **Thursday Ladies Tennis Competition in the**

Hills District

hillsladiestennis.org

Wanderers Bushwalking and Outdoor Club Meetings are held on the 2nd Tuesday of each month at 8 pm at Crestwood Community Centre, Cnr Crestwood Drive and

Conway St, Baulkham Hills. Ted | 0429 790 091

www.bushwalkingnsw.org.au/wanderers Windsor RSL Fishing Club

i Meets on the last Tues of the month at Windsor RSL club at 6:30pm. The club has been established for over 40 years and welcomes new members. It holds regular fishing outings including in land water and

deep sea fishing Les Mison | 0421 821 1990

Windsor Probus Club Meets at 10am on the 1st Wed of each month at Windsor Golf Club, McQuade Ave,

South Windsor. Membership Officer Alan | 0407721461 or Secretary Ann | 0414298945

Winston Hills Joey Scouts \$ 9862 8482 | ■ hsara@optusnet.com.au

Wisemans Ferry Community Men's Shed Inc Meeting Tues and Sat 9am - 5pm Alan Hunt | 4566 4626 or 0428 784 425

Adrian Acheson | 0448 833 781 YMCA NSW Community Visitors Scheme 9633 8209 or 0402 255 193

Zonta Club of Sydney Hills 📞 0414 641 408 | www.zontadistrict24.org

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Across

- 1. Gulps of air
- 5. Assistance for the needy
- 9. Big commotion
- 10. Exploit (3, 2, 3)
- 11. In an emergency, it doesn't come second (5, 3)
- 12. Small wave
- 13. Field hockey player with Olympic gold and bronze medals (5, 5)
- 16. Land of ayatollahs
- 17. It may be half-baked
- 19. Corresponding
- 21. Sunk
- 23. It goes, according to Cole Porter
- 25. A dishonest flyer, by the sound of it
- 26. Gum arabic
- 27. Simulated on a computer
- 28. Hang in there!

Down

- 2. Knockoff
- 3. Tiny particles
- 4. White-flowered NE Queensland rainforest tree (4, 5)
- 6. Go in
- 7. Clue in the dirt
- 8. Parrot variety
- 10. Burnett River dry spot? (5, 6)
- 14. Directly (2, 1, 6)
- 15. Bellarine Peninsula swamp (5, 4)
- 18. Genuine (5-2)
- 20. Catholic welfare organisation
- 22. Subject of Professor Higgins' experiment
- 24. A lot



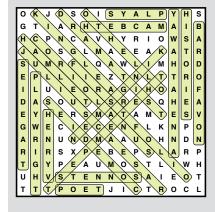


2 4 9 8 1 6 3 7 5

S S R U В Υ Н Α C Ε U R C В F S S Z W R Ε L 0 R I Ν E P C R A N Ε S R Н Т Α Ε Н Т S 0 C N Ε E Κ Α C 0 E A S J L E Q N N R Н L C Н M M 0 I E R Υ Y C Q J Α T R S N С Α Р Ε Α D В Ε О D A S F X R R ٧ P R X Т I P Α 0 C C K M A J Т A N Ε Q Ε Α S Т B Т 0 P M L W R Ε 0 M G Z 0 S F S S Α U Α Α D R Ν 0 O Т Z P Y C N N Q M 0 O U U 0 L P R W Ν L R R Α R 0 R D D Ζ X B C 0 0 Ζ Т R D Т D D C 0 R Q R X R Α В U X Н О X

Answers from last issue

CROSSWORD



CODE WORD

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0		0		L		I		X		I		
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F		Ι		T		I		L		Р		ı
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BRONZE
CHINA
CORAL
COTTON
CRYSTAL

DIAMOND EMERALD GOLD IRON IVORY

JADE LACE LEATHER LINEN PAPER PEARL RUBY SILVER STEEL WOOD

Numbers in the grid (1-26) correspond to each of the letters of the alphabet from A-Z in some order. Solve the puzzle and fill in the letters in the key provided as you find them. Three letters are provided to give you a start.



	20	12	5	17	26	9	18	14	26	1	17	
24		21		12		14		8		21		2
14		8		11	20	3	19	21		5	20	12
19	26	14	22	21		13		3		16		8
26		19		2		20		4	8	25	16	17
2	5	16	17	12	17	4	4					26
9		17		4				16		23		11
14					3	21	16	17	9	20	16	17
8	26	14	3	13		13		7		2		9
2		4		21		13		2	12	17	13	8
21	14	6		4	8	21	2	9		8		17
12		17		2		4		14		17		5
	4	10	2	8	15	17	26	16	14	12	5	
АВ	C D	E F	G H	l J	K L	M N	ОР	Q R	S T	U V	W	(Y)
1	2	3	4	5	6	7	8	9	10	11	12	13
14	15 Z	16	17	18 H	19	20	21	22	23	24	25	26 R

SUDOKU Rating: * * * * *

Fill the grid so that every column, every row and every 3x3 box contains the numbers 1 to 9.

			1				7	4
9			3			8	2	6
		7		3		6	4	8
		6	8		4	7		
3	4	8		6		9		
8	6	2			7			1
4	3				1			







" "

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