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Community News

21st Oct. - 4th Nov. 2022 | Volume 39 – Issue 21
Local Stories, Local Events, Local People and Local Businesses



pets making a positive difference

FULL STORY ON PAGE 15

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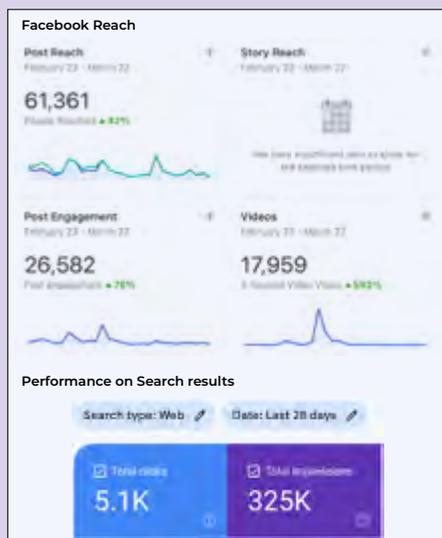
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Windsor High car show a roaring success

By TONY BOSWORTH – EDITOR, HAWKESBURY POST

It's one of the biggest local car shows in our region and with over 1000 visitors coming through the gates the Windsor High School Car Show has once again raised much-needed funds for the school.

"We were so lucky with the weather and all our marketing and hard work paid off with over 1000 visitors," said Helen Palmer who is Treasurer of Windsor's High's P&C.

"We managed to fit in 170 cars plus tractors, WWI & WWII vehicles, family rides, market stalls and a BBQ. A further 40-plus display cars filled the street out the front of the school. Everyone had a great time. The cars were outstanding and it was an attractive show as it had diversity, which really interested a lot of our visitors," Ms Palmer told the Post.

Proceeds from the school's first Car Show in 2019 were used to buy a chilled and filtered water station to the school, which has proved to be a very popular purchase among both school students and staff.

Proceeds from this year's show are earmarked for the purchase of outdoor gym equipment, to be placed near the basketball court to provide additional activities in that area.

"There were lots of trophies and happy car owners," Ms Palmer said. "The displays of cars and machinery created many talking points. Talking points create community, and that is what the Hawkesbury is good at, being a connected community."

Planning is already underway for 2023, and organisers are hoping for dry weather which would allow the event to be held on the school playing fields, giving space for even more cars.

You can read more Hawkesbury news at Hawkesbury Post on www.hawkesburypost.com.au or facebook.com/hawkesburypost



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Community News | Local Stories, Local Events, Local People and Local Businesses

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ATF Paton Family Trust

The Hills to Hawkesbury Community News has been serving this area for nearly 40 years. It's name may have changed over the decades but the commitment to providing a free service to the community is still at the heart of what this hyper local fortnightly publication does. Established in 1982 it has evolved into a community news magazine with a big digital footprint. Our aim is to inform, inspire and connect our community. It is a family-owned small business. Our team is local and love what they do.

Please follow us on Facebook @[hillstohawkesbury](https://facebook.com/hillstohawkesbury). Printed copies are available at local shopping centres and other outlets. For a full list visit our website www.hillstohawkesbury.com.au.



Hannah Hussein survived a high speed crash.



A few months ago, Hannah, her sister Charlotte, Erin Prince, and Charlotte O' Shaghanessy won the 2022 NSW Under 15 Junior Team Trial cycling gold medal under the Neo Cycling Club banner.

Her Mum said the paramedics were amazing. "The paramedics were the calm voice of reason during a very scary time," Jessica said. "They handled it so well and

so professionally with such care, that it actually gave me great peace of mind, and calmed me right down. I felt like I could really trust them with my daughter's life."

Emily, an Intensive care paramedic, said: "Hannah was in a lot of pain, so I provided her with some pain relief and I just kept on talking to her for the whole journey (to the hospital).

"It can be quite overwhelming (attending traumatic injury jobs) especially with the young age that Hannah was, you think about what happens from here and what her life's going to be like. It's extremely rare and we're very fortunate to be able to meet Hannah and see how well she's doing."

Harry, who has been on the job for a year, said: "It's very rare that we get to see the end result of our patient's treatment. I haven't done a lot of trauma jobs, so one of the biggest parts was knowing I was backed up by our ICP, Emily.

"Just to know the impact we had was such a positive one, it's very humbling."

Cycling ace Hannah's narrow escape

Hannah and Jessica Hussein with NSW Ambulance paramedics Emil Nawiesniak and Harry Ryan. Picture: NSW Ambulance

By LAWRENCE MACHADO

Thanks paramedics who treated her

Young Bella Vista cycling ace Hannah Hussein survived a very serious crash while competing in the NSW Junior Metro, Country and Open Road Championships in August. She suffered a grade three concussion, fractured eye socket, perforated bowel and torn ligaments in a shoulder.

The 12-year-old Norwest Christian College student was racing at 45km/hour at the Sutherland track when she clipped the back wheel of a rival and was thrown off her bike. The impact was so hard that she was unconscious for around seven minutes. Hannah's older sister Charlotte quickly rang triple zero, while Mum Jessica rushed to her side, fearing the worst as she heard gurgling sounds from her injured

daughter. Hannah's face was so swollen she couldn't even open her mouth.

Hannah does not remember anything and only woke up in hospital a few days later. After seven days in hospital and almost 10 weeks in recovery and rehabilitation, brave Hannah has almost made a fully recovery. Hannah is even thinking of returning to competitive cycling, but will take it easy because she still feels tender and tired.

Last week, she was able to thank the paramedics who were the first to treat her. She had an emotional reunion with NSW Ambulance paramedics Emil Nawiesniak, and Harry Ryan. "I just want to say thank you guys for helping," Hannah told them.



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TEENAGERS CHARGED

Two youths appeared in children's court on Wednesday, 19th October following a police pursuit.

Police received a report just after 8am on Tuesday 18th October that a white BMW had been stolen from a home in Rouse Hill overnight.

Police located the vehicle in Schofields and attempted to stop it on Boundary Road Vineyard. When it failed to do so, a pursuit was initiated and terminated a short time later in Pitt Town due to safety concerns.

With assistance from PolAir, the vehicle was monitored travelling through the area before being abandoned at a carpark on Railway Terrace, Schofields about 9.20am.

A perimeter was established, and a search of the surrounding area commenced with the

Dog Unit, Public Order and Riot Squad and local police. A short time later two males - aged 14 and 16 years – were arrested inside a nearby shopping centre. They were both taken to Riverstone Police Station.

The vehicle has been seized by police and is undergoing forensic examination.

The 16-year-old was charged with police pursuit - not stop-drive dangerously, drive conveyance taken without consent of owner, never licensed person drive vehicle on road, and dishonestly obtain property by deception.

The 14-year-old was charged with be carried in conveyance without consent of owner and dishonestly obtain property by deception.

Anyone with information about this incident is urged to contact Crime Stoppers. Information is treated in strict confidence.

CAN YOU HELP?

Officers from Blacktown Area Command have released images of a man who they believe can assist with their inquiries into an armed robbery at a service station on Prospect Road, Seven Hills, last month.

About 10pm on Sunday, 4 September 2022, an unknown man entered the service station and threatened the employee, before stealing cash, drinks, cigarettes before fleeing the scene. The employee was uninjured.

The man is described as being of Caucasian appearance, aged in his 40's, with a brown scruffy beard on his face and neck.

He is depicted wearing a fluoro orange hooded jumper with a navy blue front pocket, grey tracksuit pants and black sneakers. His left hand and fingers are heavily tattooed.

Anyone who may have information that can assist detectives is urged to contact Blacktown Police Station on (02) 9671 9199 or Crime Stoppers.



LUXURY CARS FOUND

Police are investigating the thefts of luxury cars from the Hills area.

At about 1.45am on Monday, 17th October police attempted to stop a white Jaguar and a grey BMW travelling westbound along Pennant Hills Road, Pennant Hills.

When the vehicles failed to stop, a pursuit was initiated.

The pursuit continued along Pennants Hills Road before it was terminated on the M2, Kings Langley, due to the manner of driving.

Subsequent inquiries revealed the Jaguar, and a Dodge Ram utility were stolen from a home in Dural earlier that evening.

The Jaguar was located abandoned on Sedgemen Crescent, Shalvey and the Dodge on Ulundri Drive, Castle Hill. Both vehicles have been seized for forensic examination.

The BMW, which was reported stolen from a house in West Pennant Hills overnight, has not yet been recovered.

Investigations are ongoing by detectives from The Hills Police Area Command, with assistance from North West Metropolitan Region resources.

Anyone who may have information, dashcam vision or CCTV is urged to contact Crime Stoppers.

MAKE THE RIGHT CALL

When seconds count, it's important to know the right number to call.

In Australia, 000 is the main emergency service number for urgent help from police, fire or ambulance services and should be used when someone is seriously injured or in need of urgent medical help, the caller's life or property is being threatened or they just witnessed a serious accident or crime.

The 131 444 Police Assistance number should be used when someone is a victim of a crime, and in circumstances that are not life-threatening or a time-critical emergency. The Police Assistance Line operates 24 hours a day, 7 days a week and allows someone to report a crime and with general police inquiries. When a police response is required, the Police Assistance Line will arrange for a patrol to attend.

When someone has seen, heard or knows something about a crime or suspicious activity that is no longer happening, they can contact Crime Stoppers.

SES WARNINGS

SES volunteers have been busy in the past week supporting the community in the Lower Hawkesbury area following the heavy rain last weekend and supporting residents with storms damage.

On Sunday October 12th volunteers went by boat from Wisemans Ferry to St Albans to check on the local communities that have been isolated due to landslide, road closure, and ferries closure and drove around Sackville North, Lower Portland and Wisemans Ferry to check on the local community and listening to the stories following the floods and their preparations for another flood.



Photo courtesy The Hills SES

FATAL CRASH

A man died after his vehicle collided with a tree at Wilberforce on Friday, 14th October.

Emergency services responded to reports of a collision on Kumond Road, Wilberforce at about 9pm. The 18-year-old male driver, and sole occupant of the car, died at the scene.

Officers attached to Hawkesbury Police Area Command established a crime scene and commenced an investigation into the circumstances surrounding the crash. A report is being prepared for the information of the Coroner.



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HILLS SAYS No To Domestic Violence By BEV JORDAN

Every person killed in Australia as a result of domestic abuse will be remembered by name at a moving rose ceremony on Friday, November 25th as part of a Hills Says No to DV event.

This year's event, organised by members of the Hills Domestic Violence Prevention Network, will be held at Castle Hill RSL and the theme is Moving Forward.

So far this year nearly 40 people have been killed in domestic abuse incidents. The number was 37 on October 10th as recorded by the national Counting Dead Women website.

Aileen Mountfield from the Lisa Harnum Foundation which runs interim housing for women at risk, is chairing the organising committee which includes Carol Harding from The Sanctuary-The Hills Women's Shelter.

Aileen said: "I am really passionate about remembering these people not as a statistic but remembering them as individuals who have lost their lives.

"The rose ceremony is an expression of remembrance, love and respect for those who have died. I always hope when people attend an event like this that they realise that there is domestic violence in their community. It is no respecter of post codes.

"A few years ago the community was shocked when members of the Edwards family in West Pennant Hills died. The

WHAT: HILLS SAYS NO TO DV
WHEN: Friday 25 November, 9.30am for a 10am start.
WHERE: Castle Hill RSL.
COST: Free but ticket numbers are limited bookings a must.
BOOK: Eventbrite at: www.eventbrite.com.au/e/hills-says-no-to-domestic-violence-2022-registration-324468332517

father killed his own teenaged children and his ex-wife took her life six months later."

She said it is important that people look out for each other, neighbours, family, friends and colleagues.

"Be aware of the signs: People who have become withdrawn, people who appear stressed, people who are taking time off, people who are receiving lots of calls during the day from their partner during work or text messages.

"These might be signs that something is going on. Be aware of those signs and ask," she said. "We have to stop the violence."

Convenor of the Hills Domestic Violence Prevention Network Uma Menon said: "The Hills Domestic Violence Prevention Network (HDVPN) has been working towards raising awareness and reducing the incidence of DV in the Hills for over 30 years."

To contact the network email: hillsdvnetwork@gmail.com



Aileen Mountfield, Carol Harding and Uma Menon, convenor of the Hills Domestic Violence Prevention Network

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Shine Centre Vineyard

An all-abilities play centre specifically designed for children with highly active needs and those with significant physical needs has just been re-launched at Vineyard.

The Shine Shed - North West is being operated by the registered charity McCall Gardens Community Services Limited, a registered National Disability Insurance Agency.

The Shed is open seven days a week and includes a sensory play gym, trampolines, flying fox, foam pit and climbing gym. There is also a cafe and party room.

Belinda Colombrita CEO of McCall said: "I am so excited to be able to showcase the renovations at The Shine Shed, Vineyard.

"We have worked closely with our design team to provide a revitalised space that is not only visually appealing but offers practical solutions for those who require additional supports and environments in which to thrive.

"This includes the introduction of acoustic panels to control noise, a cafe area that is open to allow people with disability to work both front of house and back of house.

"The party room has been upgraded to offer modern facilities and audio-visual equipment to add to any party experience. The original equipment is all still available and ready for people of all ages and abilities to enjoy."

Hawkesbury Mayor Councillor Sarah McMahan was invited to relaunch the upgraded

centre. She said: "The Hawkesbury is an inclusive community which is home to tens of thousands of people of all ages, abilities and walks of life.

"It is so important for young people with disabilities and their families to have the support and services they need to reach their full potential in a safe and nurturing environment."

"I commend McCall Gardens for the more than 70 years they have been faithfully serving our community and locals with disabilities, and I congratulate them on the reopening of The Shine Shed."

McCall Gardens Community Services based at Box Hill gives families the opportunity to meet other families and share experiences in a fun, nurturing and supportive environment.

The Shine Shed has added an extra service to the McCall menu which includes specialist disability accommodation, community participation support co-ordination, school leavers employment support and supported Independent living.

McCall has been providing these services for over 70 years in The Hills, Hawkesbury and Blacktown local government areas.



Hawkesbury Mayor Cllr Sarah McMahan at the relaunch with McCall CEO Belinda Colombrita and Foundation chair Dan Reeve.

The Shine Shed is a place where the children can meet their sensory needs, develop skills and make friends in a fun, nurturing and safe environment.

It is based at Rob Place, Vineyard. It is open 9.30am to 4.30pm on weekends and school holidays and weekdays 9.30am to 2.30pm.

For Further Information visit the website <https://shineshednorthwest.com.au>



BELLA VISTA FARM OPEN DAY

The Friends of Bella Vista Farm invite you to the next Open Day.

There will be the usual delights!

- Trash and Treasure Stall including delicate figurines
- Our famous Devonshire Teas/Coffees – the best in the Hills
- Sausage Sizzle with onions and delicious homemade chilli paste
- Wool spinning demonstrations
- Meet our sheep – newly shorn and looking smart

- 2023 Wall Calendars and greeting cards - great for Christmas
- Tours through the beautiful heritage house (gold coin donation)
- Wander through the charming heritage garden
- Enjoy music performed by members of the Hills Shire Symphony Orchestra
- Free parking



SUNDAY 6 NOVEMBER FROM 0900-1400

Corner of Elizabeth Macarthur Drive and Norwest Boulevard, Bella Vista

Ben's Pet Project

by BEV JORDAN

Ben Dessen was six years old when he got his first pet, it was a children's python called Rosie and before he could get her he had to put a pet proposal to his parents, Kathryn and Michael, to convince them he would be a responsible carer.

"My parents knew I had a curiosity in animals, my mum was used to me bringing insects and spiders home in my lunchbox," says Ben.

More than 20 years later the Dural resident has included a pet proposal in his newly released book *The Ultimate Pet Handbook* which is aimed at young people (and the adults who support them) who have a fascination for animals and who want to have a pet.

There are more than 25 pet profiles in the book, from furry, cute and cuddly to the more unusual such as the giant burrowing cockroach and the axolotl ... "these are all pets I have cared for over the years," says Ben.

Each Pet Profile includes detailed information on how to look after the pet, plus tips and fun facts. There are chapters on: *Planning for a pet*, *Choosing the right pet* and *Making a budget*. The book directs children to

their local shelter or reputable pet store to find their perfect pet.

"There's also a section that covers grief because losing a pet is sometimes the first time a child has to deal with grief," says Ben.

At the back of the book there is a template for a pet proposal to convince adults of the would-be carer's commitment to looking after a pet. His own pet proposals to his parents were pretty successful over the years. "At one point there were about 15 pythons in the house," he says.

At a certain point his parents decided there were too many pets in the house and so the reptiles were moved to a purpose-built shed in the grounds of their Dural home where Ben would hang out after school caring for them.

Ben graduated from Western Sydney University with a degree in Natural Science, majoring in Animal Science and Conservation Biology, he manages the Zambi Native Wildlife Sanctuary at Dural and is the Store Manager at Kellyville Pets.

He says *The Ultimate Pet Handbook*

is something he wished he had as a child. "When I set out on this journey, I had a vision of writing the book that I wish I had as a young animal lover growing up. A book that would sit on my bedside table, that I could read every night before going to sleep.

"A book with pages that would become worn after being read for the tenth time. A book that would have hand-written notes scribbled throughout, about which pet I wanted to share



my life with next and how I was going to give that animal the very best life."

He says he often meets passionate young people who want to share their life with pets but don't always know which pet is best for them, or where to start: "I have written *The Ultimate Pet Handbook* for them."

The 174-page book has been beautifully illustrated by Nikkita Archer who works alongside Ben at Kellyville Pets with a foreword by Dr Harry Cooper (one of Ben's greatest mentors and inspiration) and a message from Bob Irwin (father of Steve Irwin) to young readers.

"I hope that *The Ultimate Pet Handbook* will inspire a new generation of animal lovers to be responsible 'pet parents' and enjoy the privilege of sharing their lives with pets. Above all else, I hope the book becomes a catalyst that encourages young people to be compassionate and kind and maybe even pursue a career working with and protecting animals like I have," said Ben.

The Ultimate Pet Handbook is available in bookstores and online. Copies with a personalised message to the child, are available by ordering online at www.bendessen.com.au. The RRP for the book is \$29.99.

Ben with Freddo, one of 8 tree frogs that he cares for.



Photo: Sam Dessen

TOP AWARD for Prof

By ANNETTE MADJARIAN

Local resident and Professor Susan Kurrle, MD PhD, has been officially awarded and acknowledged for her "invaluable contribution" to developing services for elderly residents.

Professor Kurrle was recently announced as the recipient of the Australian Healthcare and Hospitals Association (AHHA) 2022 Sidney Sax medal for outstanding contributions to the development and improvement of Australia's healthcare system.

Professor Kurrle is a practicing geriatrician for the Northern Sydney Local Health District (NSLHD), specialising in the areas of dementia, frailty, elder abuse, successful ageing, and intergenerational care.

Professor Kurrle also features in the ABC TV documentary series *Old People's Home for 4 Year Olds* and *Old People's Home for Teenagers* as the expert geriatrician.

The television series showcased the benefits that intergenerational care programs can have, and their ability to promote participation and social connectedness, increasing happiness, dignity, and self-esteem for all participants.

As a leader and expert driving research in dementia and aged care, Professor Kurrle has been co-designing services with general practice for several years.

She co-founded the Geriatric Rapid Acute Care of the Elderly (GRACE) program, a ground-breaking approach to helping treat older patients in the appropriate setting, be it in the home, or aged care settings, rather than in emergency departments.

The GRACE model has since been adopted by many other Local Health Districts.



SuperTee for Kids By BEV JORDAN

An army of volunteers gathered at Castle Hill RSL (Thursday 6th October) for a Community Packing Event for the SuperTee Project.

SuperTee founder Jason Sotiris said the small charity was “heavily dependent” on volunteers and he was delighted when so many dads from Hills District Dads turned up to enable their children to experience the benefits of volunteering.

“Without events like these we will not be able to help the number of children we can in different hospitals,” said Jason. “It’s always great to return to Castle Hill RSL who care deeply about their community and are always happy to support us.” Jason came up with the idea for a specially designed super hero T-shirt for children undergoing hospital treatment when his eldest child spent nearly three years in hospital.

Angela was diagnosed with a rare type of cancer Langerhans Cell Histiocytosis just a few weeks after her first birthday. He and his wife Vanessa were told she had a 20 percent chance of survival.

The early months in hospital watching her undergo treatment made Jason determined to create a garment that could be changed easily whether the patient was awake or asleep to make life easier for nurses and parents and reduce stress for the young patients.

The Super Hero style SuperTee was launched in 2018 with press studs for easy opening and closing and a cape that can also be used as a bib. Each SuperTee is packed in a colourful tin with

stickers, a comic and a bookmark. The tins are given free to children in hospital. The 500 packed at Castle Hill RSL will be donated to Hawkesbury Hospital's Paediatric ward and Westmead Children's Hospital before Christmas.

Jason said: “We help on average 10,000 children a year which is nowhere near enough. Roughly 3,000,000 children visit our hospitals nationwide and you can take a guess of how many are facing life-threatening conditions. My hope is that in the coming years we reach 30,000 and over. Whether it's volunteering or fundraising we need more help. Currently we need more people willing to help fundraise for Christmas. If you work for an organisation that is looking to help a hospital or an individual with an upcoming birthday, anniversary, or special occasion and have no need for gifts but wish to help others like we help please get in touch via our website.”

As well as hosting the community packing day at Castle Hill RSL SuperTee also received a \$10,000 donation from CHRG. The group has supported the charity with donations for over 2 years now.

Alive 90.5FM conducted a live radio broadcast from the Club during the packing event, interviewing guests and raising awareness about the SuperTee Project.

For more info on the Supertee Project go to <https://www.supertee.org.au/>



Jason Sotiris, Hills Mayor Peter Gangemi and Francis Broomfield HDDs

Fit Kidz Fundraiser

The Fit Kidz Foundation Spring Ball at Castle Hill RSL was a flowering success with \$78,000 raised to support early intervention programs.

MC for the night was media personality Melissa Doyle. The Fit Kidz Foundation was established in 2009 by Mel and Mich Scaife to give children with autism and developmental delays to reach their full potential.

Fit Kidz Foundation Service Director Ellen Witzlsperger said: “It’s been so wonderful to have events running again after two years of cancellations.

“The funds raised will be used to support children who have a disability or developmental delay from the Hills area. Currently the Fit Kidz Foundation supports around 130 local children and their families through their range of early intervention services. “

To find out more about the Dural-Foundation's work visit <https://www.fitkidzfoundation.org.au>



MC Melissa Doyle with guests Fiona and Peter Wills.



Fit Kidz staff enjoy the Spring Ball.



Fit Kidz Foundation Service Director Ellen Witzlsperger with Fit Kidz Foundation co-founder Mel Scaife.

DAD WOULD BE PROUD

Cain Anderson graduates Police Academy

By TONY BOSWORTH – EDITOR, HAWKESBURY POST

The latest batch of new police officers graduated this month and amongst Class 355 was a probationary officer with strong links to the Hawkesbury – Cain Anderson whose father, popular police Detective Inspector Bryson Anderson, was tragically killed in the line of duty in December 2012.

Cain graduated at the NSW Police Academy just two months short of 10 years after the death of his father who was among several officers attending an incident at a property in Oakville back in 2012 when he was attacked and died of his wounds. The assailant was initially jailed for 35 years.

PC Anderson said this week he was proud of what he and his classmates had achieved at the NSW Police Academy, and he feels his dad was there in spirit at his graduation.

"I think he was looking down. The clouds parted and the rain stopped about five minutes before we walked on [the parade ground]. I think he had something to do with it."

PC Cain studied policing at university and then worked in a bar for a while, before deciding to go for it and enter the Academy.

The graduation was a big day. "This feels amazing, and proud of what we've achieved,"

he said on Friday. "Being able to experience it, being a police officer, it was something special I won't forget."

He says his mother supported his choice to be an officer.

"She was like any mum. She's happy I think, but concerned, as any parent would be.

"I went up to Chapel in my first two weeks [at the academy] and speaking with the padre up there and his name was on the wall and it was a bit of a sombre moment for me and I visited there a couple of times, and yeah it's been a journey.

"I just want to work hard and be part of the police force. I just want to be a cop that my colleagues can rely on and hopefully the community can rely on me too."

You can read more Hawkesbury news at Hawkesbury Post on www.hawkesburypost.com.au or facebook.com/hawkesburypost



"This feels amazing, and proud of what we've achieved. Being able to experience it, being a police officer, it was something special I won't forget."

The Good Men Project

Thoughts on respect were voiced by 20 men ranging from 14 year old to 75 as part of The Good Men Project collated by Hills Community Aid.

Over the past 5 years over 80 men have discussed what it takes to be a good man with their photos and responses captured in a public insulation every year at Castle Towers Shopping Centre.

The Story boards were outside David Jones for two weeks and will be up until close of business on Sunday, 23rd October.

Matt Carroll, one of the men featured said: "I don't think it matters how old you are in this society we all need a good role model.

"I had my father and father in law who showed how important Integrity, hard work and respect were. Our challenge is to prove we are good men and ... and to continue to show respect."

See the whole gallery at hca.org.au



Matt, Taylor, Dave and Lal participants in Good Men Project.



Matt Carroll happy to be involved



Allan Gibson Chair Hills Community Aid with Lal

EV Charging At Home is easy

If you're thinking about installing an EV charger within Sydney, you are going to need a reputable electrical contractor to complete your installation.

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Making the switch to an electric vehicle was a big decision. And when it comes to charging your EV, there's no better option than installing a charger at home. You'll save money in the long run, enjoy greater convenience, never worry about range anxiety, and sleep easy knowing you're doing your bit for the environment.

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RECYCLING OPTIONS

The Hills Shire Council has asked staff to prepare a feasibility report on a Community Recycling Centre (CRC) in the Hills and also scout out possible locations for such a centre.

The CRC would be a permanent drop-off centre for common household wastes that cannot be collected via kerbside waste and recycling collection services. The nearest CRC to the Hills is at Thornleigh in the Hornsby Council LGA.

A recent survey sent to Hills Shire residents as part of the development of Council's Resource Recovery Delivery Program 2022-2027 had more than 2000 respondents with around 92% supportive of a local CRC. CRCs collect items including paint, gas bottles,

fire extinguishers, motor oils, car batteries, household batteries, smoke detectors and fluorescent globes and tubes and residents can drop-off these problem wastes at centres year-round, free of charge.

Councils and other organisations operate the centres in partnership with the NSW Environment and Protection Authority (EPA).

Hills Shire Mayor Peter Gangemi said: "A Community Recycling Centre potentially has large benefits for everyone."

FLOOD WASTE COLLECTION

Bookings for flood waste collection for Hawkesbury residents close on 30th November. Only Hawkesbury residents whose residential property or business has been impacted by the rising flood waters are eligible for the free Flood Waste Collection.

Residents or businesses whose properties were impacted by stormwater are not eligible for flood waste collection and will need to contact their insurance company for assistance.

If you are an eligible resident or business, fill out the online form on the Hawkesbury City Council website www.hawkesbury.nsw.gov.au. If you have difficulty in completing the form call council's Customer Service Centre on (02) 4560 4444 during business hours.

GARAGE SALE TRAIL

The Garage Sale Trail is an annual event whereby households across Australia host a garage sale at the same time.

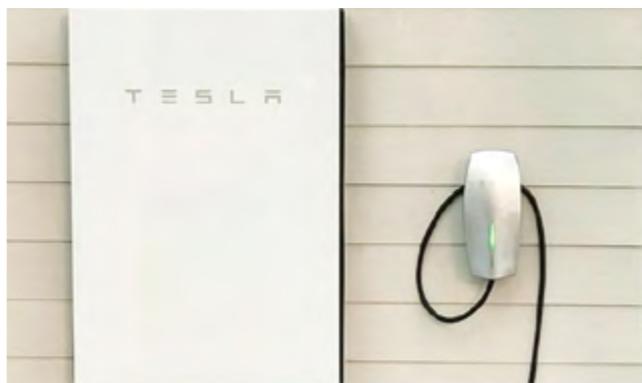
Hosting a garage sale is a great way to give your pre-loved items a second life, help the environment and make some money.

It is FREE to participate in. Once registered you will receive information and resources.

Garage Sale Trail is taking place across two huge weekends: November 12th and 13th and November 19th and 20th. It is backed by local councils.

For more information visit www.garagesaletrail.com.au

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out and about

with **MICHELLE BYRNE**

Indoor rock climbing

With the worst of the pandemic behind us and life now returning to being “more normal” there certainly has been an increase in invites to birthday parties and other celebrations.

When I was growing up there really was only two options for Children’s birthday parties – you either had a party at home or if you were lucky enough it was a McDonalds Party. These days there are so many different options for Children’s birthday parties from bowling to gymnastics to playlands to dance studios – there is something on offer to suit every child. The upside is that you end up exploring different activities and venues that you may have never been to.

Recently my daughter Maddie was invited to a rock climbing party at the Edge Rock Climbing Centre in Castle Hill. Having never attended the Edge before I was expecting to sit in the café and enjoy a coffee whilst my daughter enjoyed the party. However, it turned out to be a hands on party for the parents as well and found myself “belaying” or holding the ropes whilst Maddie scaled the walls and abseiled down.

Although I was apprehensive about belaying, the staff were fantastic and demonstrated how to belay correctly and ensured all parents were confident before allowing us to belay for the party guests.

The height of the walls vary from 3.5 meters to 18 meters and become more challenging as the height increases. There is also a high rope obstacle course involving climbing up a ladder and then working your way across an obstacle course ending with climbing a couple of tyres and ringing the bell to signal completion. It is no easy feat and certainly not for the faint hearted and even though Maddie didn’t complete the course, I was proud she gave it a go because there is no way I would have even attempted it. Perhaps the highlight was “the labyrinth”, a caving system that has no internal light and requires those who dare to enter to take a glow stick or some form of light source to navigate the obstacles inside the cave that lead to a slide that brings you back into the open. It does involve very dark, tight spaces and despite some initial hesitation it wasn’t long until Maddie had been through the labyrinth multiple times.

It is a great place for families to visit that is interactive, fun and offers a real work out whether you are climbing or belaying.



For a Saturday, the Edge Rock Climbing Centre was busy with birthday parties, group lessons and casual climbers of all ages and abilities. It is a great place for families to visit that is interactive, fun and offers a real work out whether you are climbing or belaying. Maddie was completely exhausted by the end however she declared it an “epic” experience and is keen to climb again soon. We both enjoyed the experience and have found a new activity to enjoy together and we are now looking forward to taking Alexis in the near future as well as exploring other local rock climbing centres in the region.

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Galston Bendigo Bank hands back \$3 million to the community

By ANNETTE MADJARIAN

The Galston and District Community Bank has just celebrated handing back a phenomenal \$3 million to the local community since its inception 20 years ago.

The Galston branch of Bendigo Bank, located at 384 Galston Road (at Galston Shops), is unlike commercial banks in that it gives a considerable amount of its declared profits back to the community.

Over the years, the bank has sponsored a plethora of local schools, sporting groups, education programs, disability support, aged care, and also Careflight Helicopter.

Considering the bank only has some 20 to 25 percent of the local community banking with its branch, it also recently celebrated another major milestone – it has in excess of \$300

million under its management since opening. To think the bank only exists today because a passer-by noticed the then NAB bank with a sign on its door saying: “we are re-locating for your convenience”. Not very convenient for the local community though, losing the only bank in the area.

So, the community set to work after realising they could form their own community bank (under the Bendigo Community Bank structure). A steering committee of 19 people was formed; a share prospectus was created; and the rest is history.

Some \$897,000 in funds was raised from 287 people – and this was 22 years ago.

Chairman and founding director Ralph Steele (a Berrilee resident) said it quickly became apparent that the local community believed in what was being done.

“Bendigo then realised that our community was on board, and so it became much more serious,” he said.

The Bank is keen to hear from community groups, schools, sporting groups, and others, to sponsor and assist financially.

Unlike other banks, you can ring this bank directly and actually speak to a staff member.

For more details about the bank’s community funding and sponsorship program, phone 9653 2227. The bank is open Monday to Friday 9am to 5pm.



Carolyn & Wilhelmina, Residents

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- Wilhelmina, Resident



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Aveo Bella Vista is located at 28 Norbrik Drive, Bella Vista

To book an appointment call 13 28 36 or visit aveo.com.au/bella-vista



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*Prices provided are the listed property prices and are current as at 19 October 2022. The entry payment & any other amounts payable if you move in depend on any available contract option you select. You will have to pay a departure fee when you leave this village. Services and facilities are current as at 19 October 2022. Furnishings are for illustrative purposes only and are not included in the home.





Spring Garden Winners By BEV JORDAN

Kellyville Public School won the Environment Awareness Award in the recent Sydney Hills Garden Awards run as part of the Orange Blossom Festival last month.

Staff and students were congratulated for their well-maintained school garden by Ray Williams MP.

The 2022 Champion of Champions Award was won by Dale and Chris Brown (pictured in their garden) for their beautifully maintained gardens surrounding their historic home in Castle Hill. They received their award from Hills Shire Deputy Mayor, Mark Hodges.

The George Eric Mobbs Award for Excellence in Gardening was won by Jim Anderson.

The Sydney Hills Garden Competition has a big community history. It was the brainchild of Councillor Eric Mobbs and was first run in



1959 and became the forerunner of the Orange Blossom Festival.

A record number of entries were received for the numerous categories. The Garden Competition is run each year by The Rotary Club of the Hills-Kellyville and has a variety of categories for gardeners from small Town Houses to residential gardens, to gardens of industrial, commercial and retirement complexes. The garden competition is open to gardens located in the Hills Shire and adjoining parts of surrounding suburbs.

The last few years have seen a record number of entries with several first time entrants this year including the Champion of Champions winners.

Gardens were judged in their spring glory from mid-September by professional and experienced horticulturists and gardening experts Lucia Fowler and Peter Whitehead.

Peter thanked the club for the opportunity to be a judge at the Sydney Hills Garden Competition. "I thoroughly enjoyed the experience - met some wonderfully passionate people and saw some amazing gardens," he said.

The Awards ceremony honoring prize winning gardeners was held at the Harvey Lowe Pavilion, Castle Hill on September 23rd.

Special guests at the event included David Elliott MP, Ray Williams MP and Hills Shire Deputy Mayor Mark Hodges.



WINNERS:

Champion of Champions Garden:

Dale and Chris Brown who also won the small residential garden (owner maintained category) and Senior Citizen's garden.

Environmental Awareness Award:

Kellyville Public School.

The George Eric Mobbs Award for Excellence in Gardening: Jim Anderson who also won large residential garden (owner maintained).

Residential garden (owner maintained)

Brian Graf.

New Garden:

Joint winners Gail and Bob White and Jan Callagher who were also joint winners of the Senior Citizen's Garden in a retirement complex.

Townhouse, Villa or Courtyard Garden:

Kaye and Bob Smith who also won the senior section.

Senior Citizen's Front Garden:

Denis and Jennie Fleming from Kellyville who also won the speciality garden award (pictured).

Strata or Community Title Property Gardens

was won by Macarthur Ridge.

Good Neighbour Gardens

was won by Living Choice.

Communal Garden:

Aminya Village, Baulkham Hills.

Institution Garden: Living Choice Glenhaven.

War Widows Day By BEV JORDAN

There were a lot of wonderful memories shared when a room full of war widows and dignitaries met to mark the first official War Widows Day in NSW on Thursday October 19th.

The special morning tea was organised by members of the Castle Hill RSL sub-branch.

For 93-year-old Jill Hudson (pictured) it was a fabulous opportunity to catch up with people she hadn't seen for a while.

"When you get older you live on good memories," she said.

She met her husband Robert in the UK when he was in the Royal Air Force and she was driving trucks as a member of the Women's Auxiliary Air Force (WAAF).

They migrated to Australia in 1964 and became members of the RSL. Her husband was later a director. He passed away six years ago.

Marion Smith, 83, said the day of recognition was welcomed. Her late husband Ron, a member of the Royal Australian Navy for 23 years, was also a Director at Castle Hill RSL.



Premier Dominic Perrottet said: "War Widows Day is an opportunity to acknowledge the contribution and personal sacrifice made by more than 15,000 surviving widows and widowers of servicemen and servicewomen across NSW."

Minister for Veterans David Elliott said the October 19th date acknowledges the birthday of Jessie Vasey who founded the Australian War Widows Guild in 1945.

"Mrs Vasey, widow of Major General George Vasey who was killed en route to New Guinea during the Second World War, worked tirelessly to ensure that war widows were recognised by governments in Australia and given the financial support and services they needed," he said.

Shirley Purser, 91, whose late husband Geoff was a Petty Officer in the Navy Reserve said the recognition for war widows and the work of Jessie Vasey was wonderful.

Hills Shire Mayor Peter Gangemi said: "I am pleased that we now have a day in place to acknowledge the sacrifices and strength of war widows and their families, who have had to endure life without their loved one."



Widows Marilyn Stoneham, Cheryl Hill, Jill Hudson, Marion Smith, Barbara Deakin and Shirley Purser with Hills Mayor Peter Gangemi, John Payne and Alex Hawke Federal MP

"It is my hope that this day will inspire even greater community support of our war widows and carry on the legacy of Jessie Vasey."

For more information about the work of Australian War Widows NSW visit: warwidowsnsw.com.au

REMEMBRANCE DAY EVENTS

Sunday, 5th November: A service to Remember the Fallen will be held at the Soldier's Memorial at the Balcombe Heights Estate, 92, Seven Hills Road, Baulkham Hills (entrance opposite Jasper Road Primary School). The service will be at 10am.

Friday, 11th November: A Remembrance Day Service will be held at the Galston Cenotaph starting at 10.40am. Castle Hill RSL sub-branch will hold a service at the club on Friday, November 11th at Castle Hill RSL starting at 10.50am.

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ENTRY IS FREE

Because we care

positive paws

by BEV JORDAN

Alfie, Klea, Daisy, Marley, Oliver and Frank are four-legged volunteers who are making a huge difference to the mental well-being of residents in local aged care homes.

Positive Paws dogs and owners have been running regular visits to residents at three aged care facilities and now the Hills-based Positive Vibes Foundation is looking for more dog owners to take part so that the program can be expanded.

Foundation director Mario Rodrigues, who takes his dog Daisy, for fortnightly visits and says residents "cherish" the visits. He said one member of staff said: "A resident might only spend 2 minutes with the dog, but that's all they talk about for the rest of the week."

The Positive Vibes Foundation started the Positive Paws program about five years ago with just one dog, a 10 year old bichon frise called Hazy, to Arcare in Oatlands.

"The residents loved her and so did the staff. We saw the positive effect Hazy had on everyone and decided to expand the program, to get more volunteers and their pet dogs into more aged care homes."

While COVID did put a stop to the program for over a year there are now 12 volunteers spread across three aged care homes being visited including Arcare in Glenhaven with visits happening on the first and third Saturday of each month.

"One of our dogs, Alfie, performs tricks to the residents' delight and all – residents, their families and staff – cherish these fortnightly visits," said Mario.

"The residents love cuddling the dogs and talking to them. Some had dogs before but cannot have them at the care home so these visits are very special to them."

He said volunteers get to speak with the residents too giving the residents an opportunity to socialise.

Ann (pictured) says she and Alfie have a lot of fun volunteering.

POSITIVE PAWS VOLUNTEERS:
Ann and her dog Alfie,
Leanne with Klea and
Steve with Ava.



COVER: Volunteers Rochelle with her dog Nelson, Mario with Daisy and Kerry with Murphy, outside Arcare Glenhaven.

"It is great to see the excitement of residents during our visits. Alfie loves the attention and we enjoy the residents' stories.

"One visit in particular stands out. As Alfie stopped beside one lady for a pat, her eyes lit up and she started chatting away to him. The staff got really excited, one with a little tear in her eye, as apparently that was the first time they had ever heard that lady being verbal."

Leanne (pictured) who has volunteered with Klea for four years said research has shown the benefits of "fur babies and good mental health".

"Visits to aged care are an absolutely fabulous activity and to experience the joy, laughter, chats with residents are in its self-rewarding and knowing I'm paying it forward each visit is gratifying," she said.

An aged care worker at one facility said: "Pets are a big part of people's lives and it is so hard when they move into care to not be able to have their pets with them. Our residents really love visits from Positive Vibes as it gives them a chance to interact with the animals, bringing back that feeling even if only for a short time. They are always looking forward to the next visit."

GET INVOLVED

* Positive Vibes would like to hear from dog owners interested in volunteering with the Positive Paws program and from aged care facilities interested in joining the program.

Mario said dogs need to be at least 18 months old (so they're past the nipping stage), up to date with their vaccinations, not an aggressive breed, and have a good temperament.

If you are interested in taking your dog to an aged care home, write to info@positivevibes.org.au or call Mario Rodrigues on 0414 747 603.

Positive Vibes runs a range of programs including The Hills Women's Shed and the Young Healthy Minds Forum. The aim is to make deeper connections and increase the conversation around mental well-being.

The Positive Vibes Foundation has an information stall at the UpMarket at Castle Hill Showground on Sunday October 23rd. The Hills Women's Shed meets at Balham Hills on Thursdays 10am to noon and every other Saturday 11am to 1pm.

To find out more visit positivevibes.org.au

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The Hills Shire Council News

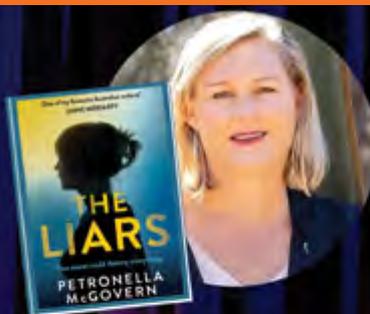
Author Talks at the Pioneer Theatre



An Evening with
**Belinda
Alexandra**

October 28
6:30pm - 7:30pm

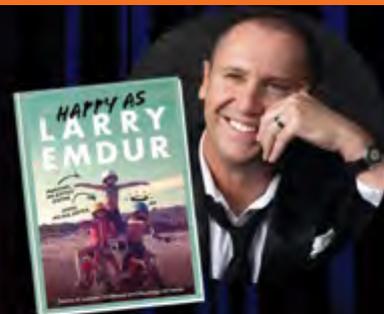
www.pioneertheatre.com.au



An Evening with
**Petronella
McGovern**

November 2
6:30pm - 7:30pm

www.pioneertheatre.com.au



An Evening with
**Larry
Emdur**

November 17
6:30pm - 7:30pm

www.pioneertheatre.com.au

Garage Sale Trail 2022

Registrations are now open for the annual Garage Sale Trail event, taking place 12-13 and 19-20 November 2022.

For sellers, it's garage sales made easy! For buyers, it's Australia's biggest pre-loved treasure hunt!

The event encourages households, schools and community groups to host a garage sale to declutter or extend the use of their unwanted items.

So get involved in getting the circular economy in action, find out more or register by searching 'Garage Sale Trail' on Council's website.



Group Fitness Classes at Waves

Interested in improving your fitness? Waves Fitness and Aquatic Centre offers group fitness classes throughout the day to suit your needs and fitness level?

Choose from Body Pump, Pilates, Boxing, Cycle, Body Combat, Yoga and more. We also offer Aqua Aerobics, putting less stress on your joints and muscles while building strength.

Classes run for either 45 or 60 minutes and are capped to ensure your comfort. Group fitness is very popular and currently, morning sessions from 9.30am to 11:00am offer the best availability.

There is no joining fee for memberships and 10 and 20-class passes are available.

Visit www.wavesfitnessandaquatic.com.au or call us on 88486789 to book your first class!

Making a Submission to Council?

Any person may make a submission to Council. Submissions which obtain objections must be specific in their content. Council's preferred method of receiving submissions is via Council's website through each exhibition's online submission form. To view current exhibitions, search for 'Have Your Say.'

www.thehills.nsw.gov.au | 9843 0555



Mayor Gangemi at the Bella Vista Farm Park Playground Opening.

Bella Vista Farm Park Playground is Now Open

The Mayor of The Hills Shire Council, Dr Peter Gangemi officially opened a brand new playground at Bella Vista Farm Park on 10 October 2022. The Honourable Anthony Roberts MP, Minister for Planning and Minister for Homes, was also present for the opening, along with The Honourable David Elliot MP, Minister for Transport, Minister for Veterans and Minister for Western Sydney.

The playground is located outside the Farm gates near the current BBQs and amenities and features a tower with a spiral slide, a junior curved slide, rope climbs, a whirly-go-round, an infant and strap swing set and an accessible bird's nest swing.

The brand-new playground was funded by the Department of Planning, Industry and Environment's NSW Public Spaces Legacy Program.

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Have you seen something that needs our attention? You can report an issue from anywhere, on any device, at any time.

To get started, visit www.thehills.nsw.gov.au and search 'Report it to Council.'

2023 Australia Day Award Nominations – Now Open

Nominate someone or a group who you believe has made a significant contribution to The Hills community in one of these five categories:

- Senior Citizen of the Year (65 years and older)
- Citizen of the Year (25-65 years old)
- Young Citizen of the Year (24 years and under)
- Community Group of the Year
- Environmental Citizen of the Year

Finalists will be recognised at a special Australia Day Awards Ceremony.

Torrential October

Requests to Council for potholes and road patching works have increased by 116 per cent over the last four months as a consequence of the weather we've been experiencing.

Council's crews are working diligently to respond to road maintenance issues as per Council's policy and road maintenance procedures and are calling on the community to continue to report any damaged or pothole-ridden roads by visiting Council's website and searching for 'Report it to Council'.

Council Meetings

Wednesday, 26 October – 7pm.
For more information, visit www.thehills.nsw.gov.au and search for '2022 Meeting Agendas and Minutes.'



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- Loaded Ribs with choice of Meatballs, Buffalo Wings or Grilled Cheese & Artichoke dip;
- A fresh take on the Signature Burger, now served with an iron-skillet of liquid hot cheese to drench your burger;
- A vegetarian beetroot and quinoa burger complete with American cheese, cos lettuce, tomato and truffle mayo;
- A Chicken Nourish Bowl, with red cabbage, carrots, edamame, alfalfa sprouts, cherry tomatoes and a homemade roasted sesame dressing, topped with crispy shallots and a lemon wedge;
- A mouthwatering Cookie Dough dessert, served with vanilla ice cream, drizzled with nutella and topped with ferrero rocher;
- and plenty more!

We can't wait for you to try out some of these new dishes at Lone Star Rib House & Brews Rouse Hill.



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See our website for menu and bookings





The Richmond Inn

The Richmond Inn, a staple in the Hawkesbury community has been revamped and renovated into a multi-space dining and pub precinct. With an eclectic mix of personality-filled indoor and outdoor spaces, the largest dog-friendly beer garden in the Hawkesbury area, an abundance of high and low comfortable seating, oversized pots and modern cacti, Richmond is the perfect spot to kick back with family and friends.

The delicious new menu features affordable and quality pub grub, made fresh by skilled chef Anthony and served in generous portions. With a busy entertainment schedule, regular fun-filled family events and all of your favourite chilled beers on tap, the Richmond Inn is getting rave reviews.

Families are made very welcome with a kids room featuring a massive ball pit, great value kids' menu and activities galore, as well as face painting and balloon twisting every Sunday from 1pm - 3pm.

A regular program of entertainment includes live music and DJ's, a giant outdoor

screen showing off the best of Aussie sport and a host of regular, great value offers throughout the week.

Pop into the Richmond Inn on a Monday from 5pm to take advantage of "Kids Eat Free", or call in after work from Monday to Friday, 5pm – 7pm to make the most of the \$5.50 happy hour. There are 2 for 1 pizzas every Wednesday, \$16 schnitzels & parmis every Thursday and a \$25 delicious home-cooked roast every Sunday.

For something to fire you up for the weekend, Fireball Fridays has just launched, featuring DJs from sundown and \$5 fireball shots between 8pm and 9pm every Friday.



Those not wanting to travel too far home can stay at the Richmond Inn's 6 newly refurbished boutique en-suite hotel rooms featuring comfortable king size double beds with premium bedding, air conditioning, free wifi and flat screen TVs.

The team at the Richmond Inn pride themselves on warm hospitality and can't wait to welcome you.



Rev Carmel Ieraci Minister at Wesley Castle Hill Uniting Church



David Sanders



Tash Holmes

Wesley Celebrates

A weekend of celebrations including a musical showcase will mark 50 years of worship at 32 Showground Road Castle Hill.

Well-known recording artist, singer/songwriter Tash Holmes will join much-loved local baritone David Sanders, local choirs and bands for a special variety concert on Saturday, 5th November at Wesley Uniting Church Castle Hill.

Tash works with many artists from across the globe to produce songs that inspire, uplift the soul and stand for justice.

On Sunday, 6th November there will be a church Service with Rev Simon Hansford the Moderator of the Synod of New South Wales and the Australian Capital Territory in the

Uniting Church in Australia. It will be followed by morning tea with a celebration cake, and a special birthday lunch.

Wesley Castle Hill Uniting Church Minister Carmel Ieraci said an invitation was extended to all to join in the celebrations of a church on the Showground Rd site.

"There will be something for everyone at the concert. It's a wonderful celebration of life in the community at Castle Hill."

The church building was opened and dedicated at 32 Showground Road, Castle

Hill on the 4th November 1972. At the time it was the Castle Hill Methodist Church which had been located at 268 Old Northern Road, Castle Hill.

The need to relocate to a new building in a new location was due to traffic noise, and parking problems.

The Church was opened by Sir Roden Cutler VC, Governor of NSW, and dedicated by Rev Keith Doust, President of the Methodist Conference of NSW.

In July 1977 Church Union in Australia saw the union of the Methodist, Presbyterian and Congregational Churches, forming the Uniting Church Australia.

There have been significant additions to the original Church building which now incorporate meeting rooms, a commercial kitchen, and more office space. Large lead light windows were made and donated in 1994 by the late Gunter and Angelika Kaminski.

The variety concert on Saturday, 5th November will start at 7pm. Tickets for the concert are \$20 (no charge for children accompanying parents) and includes a light supper. Tickets will be available at the door on the night or by booking online at <https://events.humanitix.com/uniting-in-christ-wesley-anniversary-concert>

Lunch is 12.30pm on Sunday 6th November. Tickets are \$10 adults and \$5 a child. Email admin@wesleycastlehill.org.au for more information.

FREE AUTHOR TALK

Christine Courtenay's memoir on Bryce Courtenay

Join Hawkesbury Library Service for a discussion of the long-awaited memoir of the late Bryce Courtenay – Australia's bestselling author – as told by his wife, Christine Courtenay at Hawkesbury Central Library on Monday, 7 November from 12:30pm to 1:30pm.

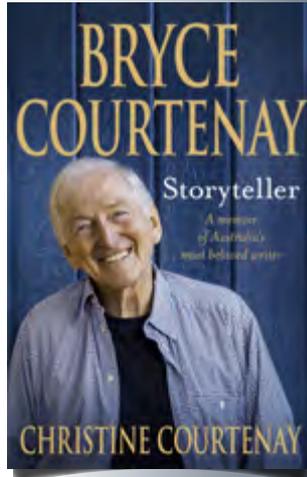
Bryce Courtenay was a born storyteller. The success of his extraordinary debut *The Power of One* made publishing history. In the years that followed Bryce continued to entertain and inspire thousands of devoted readers around the world with his sweeping epics and larger-than-life characters that embody the strength and triumph of the human condition.

When Christine began penning her own memoir during lockdown, she found herself increasingly drawn to the remarkable story of her late husband's life and reflecting upon his astonishing literary legacy.

Christine uncovers the events that shaped the man behind the stories – a man complex, driven and unfailingly positive, who never lost sight of his childhood dream to be a writer. *Bryce Courtenay: Storyteller* is a fascinating, tribute to the life and work of Australia's most and enigmatic writers.

Hawkesbury Central Library is located at 300 George Street, Windsor. There will be a small cost of \$5 which will include light refreshments.

Bookings are essential via www.hawkesburylibrary.eventbrite.com or call 4560 4460.



PETS OF THE WEEK

The Hawkesbury Companion Animal Shelter

is at 10 Mulgrave Rd, Mulgrave.

Call 4560 4644 or visit Hawkesbury Council's Facebook page

www.facebook.com/hawkesburycitycouncil



POPPY is a very energetic and happy girl. According to staff at the Hawkesbury Companion Animal Shelter Poppy will need a little extra training to help her settle into a new home. If you are interested in adopting sweet Poppy bring your family dog and the children to the shelter to meet her so that staff can be sure they are going to get on well together. Poppy's adoption price has been reduced to \$49. The adoption price includes the first vaccination, microchipping, desexing and life-time registration.

Hawkesbury Council's Rehoming Organisation Number is: R251000145.

AT A GLANCE

NAME: POPPY
SEX: Female
BREED: American Staffordshire
AGE: 1 year 6 months
PRICE: \$49



JAZZ is a one-year-old domestic short-haired cat. Staff at the Hawkesbury Companion Animal Shelter say Jazz is a sweet little girl who loves attention. If you would like to meet Jazz then please visit the shelter to meet her. As Jazz is already desexed she can leave the shelter with you. Her adoption price has been reduced to \$49 and includes the first vaccination, microchipping and lifetime registration.

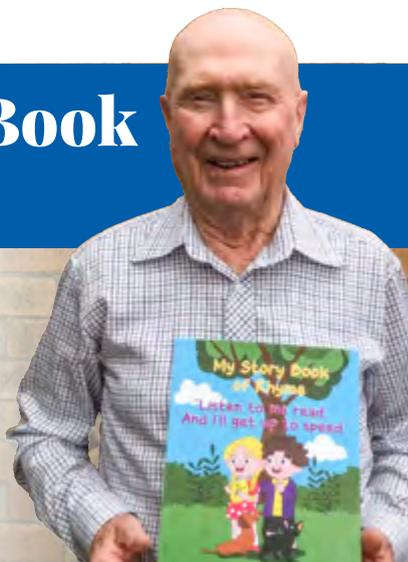
Hawkesbury Council's Rehoming Organisation Number is: R251000145.

AT A GLANCE

NAME: JAZZ
SEX: Female
BREED: Domestic short hair
AGE: 1 year
PRICE: \$49

Maisie's Book of Rhyme

Just months after she passed away, Maisie Grady's book for children was launched at the Castle Hill Writer's Group at the end of September.



Her husband Alan Grady (pictured) said his wife had seen the book in draft form before it was published by UK publisher Austin Macauley. Maisie, a primary school teacher for over 40 years, was deputy principal of Northmead Public School when she retired.

"She had been writing books for children for years and reading to them," said Alan. He said the book had been in the pipeline for several years. She never saw the final product but she was happy with the proof she saw," he said.

Maisie passed away in June this year from cancer. A member of the Castle Hill Writer's Group for 30 years it was the writer's group co-ordinator Carmel Liddell who encouraged her to have her book printed. Members of the group, which meets at Wesley Uniting Church, Castle Hill, were at the launch to hear it read.

An accomplished poet and educator all her life, Maisie aimed the book at children aged between six and eight years old. The rhyming form and bright pictures are aimed at encouraging children to read out loud and enjoy reading.

In the book, My Story Book of Rhyme, the twins visit their grandparents, go to the beach, holiday in the snow and go to the farm. At the back of the book there are questions, a game and space to draw.

My Story Book of Rhyme by Maisie Grady is available from Austin Macauley Publishers at www.austinmacauley.com or email orders@austinmacauley.com



CWA NEWS

It has been quite a year for the CWA Galston Branch! Circumstances beyond our control saw us locked out of the Galston Health and Community Centre for most of the year. We were fortunate enough to hold our meetings at the Kenthurst rooms of the Castle Hill Branch, this at least allowed us to gather and get planning.

Despite being displaced, we managed to have a great year of fundraising through our market stalls and fashion parade, donating thousands to a variety of local charities. But as they say, there is no place like home, and it really does make a difference being able to utilise our own space back at the Community Centre.

We would like to take this opportunity to congratulate our new office bearers elected at the recent AGM, and hope that with the new year coming we will be able to continue our efforts together with fundraising, creating items to sell at our stalls, supporting our community, and espousing all the values of the Country Women's Association.

If you are interested in being a part of the largest women's organisation in Australia, please come along to CWA Galston's next meeting on Wednesday 9th November at 10am at the Galston Health Community Centre. For more information please contact Jann 0439 222 217 or Debbie 0414 918 467. www.facebook.com/CWAGalston | galston.cwa@gmail.com

A Rewarding Career Close To Home!

Looking for a new rewarding career, perhaps in sales? Working locally can provide the ideal mix of stimulation and convenience.

Hills based company Australian Pump Industries are looking for new recruits as demand for quality Australian designed products increases.

"At Aussie Pumps, we're seeing a surge in demand for our products both in Australia and overseas", said Aussie's Sales Manager Brad Farrugia. "We're looking to recruit individuals who want a sales career in the vital, dynamic water industry!"

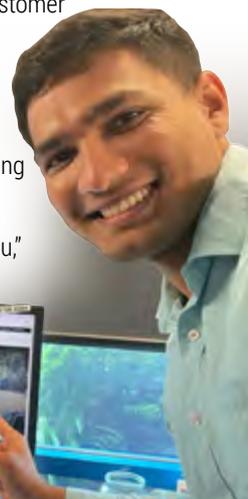
Australian Pump is keen to hire energetic locals who have a giving nature and enjoy great customer service.

"Full on the job training will be provided. We train our staff to put the customer first, from product development through to customer service. We're proud to be an Australian manufacturer and we're proud of the products we've developed," said Farrugia.

Located on a 2½ acre site in the Hills Norwest Commercial area, with onsite parking, good public transport links and many retail businesses nearby, working locally certainly offers many benefits.

"If you want a stimulating, fast paced environment, working as part of a team, then we want to hear from you," said Farrugia.

Further information on employment opportunities available check the careers section of the Aussie Pumps website <https://aussiepumps.com.au/careers/> Or contact Linda-Sue Karkowski on 8865 3500



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Medical Equipment Pool

By LEONIE DIXON

The Hills Community Medical Equipment Pool (HCMEP), tucked away on the Balcombe Heights Estate at Baulkham Hills in Building 18, is a great place to hire medical equipment such as wheelchairs when needed.

A client who visited recently was delighted to find just what he needed and to realise how historical the whole estate is.

He couldn't believe he'd lived at Kellyville for years and didn't know the facility existed. He just wanted to go out and explore the area, after he took the wheelchair home to his wife, of course.

John Goulding says the Hills Community Medical Equipment Pool Inc. was formed by the Red Cross in 1981 with Castle Hill Area Health Centre as advisory body, and APEX, which provided the initial funding.

Baulkham Hills Council provided Building 14 which was destroyed after a fire in 1996 so Council moved it to the A wing of Building 18. HCMEP was made a tax deductible Charity in 1981 and later converted to a not-for-profit as an incorporated entity.

The concept was to provide short term loan (6 to 8 weeks) of Medical Equipment such as wheelchairs, crutches etc. to members of the general public. Red Cross withdrew support in 1983 due to constitution constraints and APEX withdrew in 1987 due to lack of members.

John, Rhonda and Bruce (pictured) have held all various Committee positions such as President, Controller and Treasurer since 1982 till the present day. Rhonda as a fully qualified Occupational Therapist has been able to advise on equipment purchases over the years.

Starting with 4-5 volunteers and 45 items for loan and operating with hand written records, we have grown to 39 volunteers and 798 items of medical equipment, available using three computer terminals and an "in-house" developed database for day to day operations.

With repairs needing to be done on the ceiling and COVID lockdowns there was a long period of not trading. However, we have returned with increased enthusiasm, more volunteers and an updated, clean and fresh office. We're grateful to the Hills Council for replacing the rotting floor and putting in new carpet.

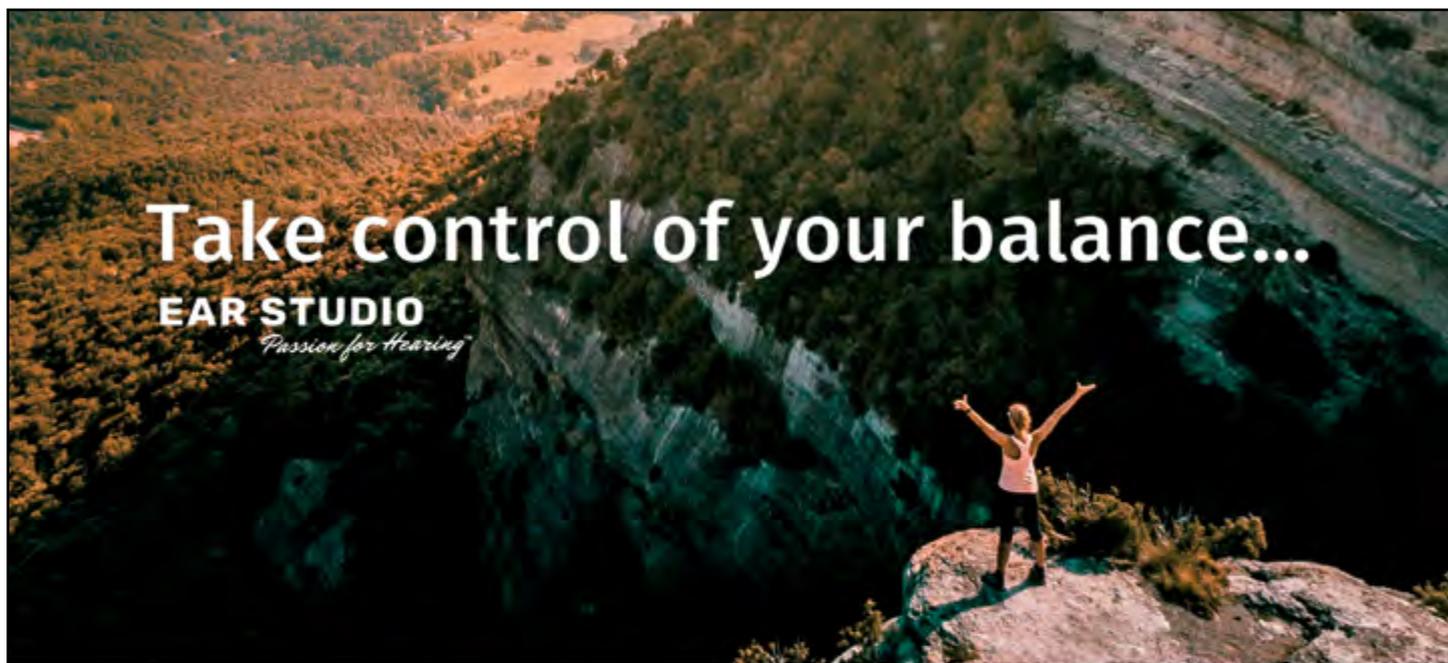
We remain a fully self-sufficient organisation with no external funding. All



purchases and running costs are met by the funds generated by lending equipment at the same costs to the public that were set in 1981; along with the generous time donated by our friendly volunteers who staff the office.

All the volunteers would particularly like to thank John, Rhonda and Bruce (pictured) for the amazing effort they have made over 41 years to the success of the pool.

For more information and a full list of prices visit the website at www.hcmep.org.au. It operates with restricted hours Mon – Sat from 9-30am to 10-30am Mon, Wed, Fri at 5-00pm to 6-00pm. Building 18 Balcombe Heights Estate, 92, Seven Hills Rd, Baulkham Hills.



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Riley's cricket career is on the rise

By LAWRENCE MACHADO

When it comes to cricket, Riley Jackson McDowell's young career is on the up and up. At 15 years, the talented wicketkeeper batsman is the youngest player for the strong Northern Districts third grade team in the 2022/23 NSW Premier cricket competition and more importantly looking like he belongs there.

This is the second season Riley is turning out for the Northern Districts, one of the strongest cricket clubs in NSW. He also plays for the club's Under 16 Green Shield team with his younger brother Josh, 13, also in the squad, the first time the two are playing competitively together. Josh is also an up and coming cricketer.

Riley, a member of the NSW Under 16 Cricket Academy squad, is quietly making a name for himself with his batting and skills behind the wickets.

Come next April, Riley will take part in the highly-competitive International Cricket Academy League (ICAL) event in New Delhi. In addition to Australia, the tournament will attract teams from Sri Lanka, England and India. Former Australian wicketkeeper Brad Haddin is the tournament ambassador for the ICAL, according to the organisation's website. His role will be to promote the competition and provide specialised training and advice to the players.

Playing for Northern Districts third grade is a big step up for the Oakhill College student, according to his Dad Jack McDowell.

"Riley is really enjoying his time at Northern

District Cricket Club and attributes this to the club's outstanding culture which is incredibly inclusive and supportive of its members," Jack said. "As a young player in the club, Riley is enjoying and benefitting from the experience and mentorship of the men."

"Riley hopes to continue to progress through the grades and eventually play first grade cricket for Northern District CC. One of his main aims this season is to help Northern Districts win the Club Championship for the third straight year. He was a part of the side which helped them win the club championship in the 2021/22 season. Riley is looking forward to travelling to India next year because the International Cricket Academy League is a prestigious event and it will be a huge opportunity for him and his team."

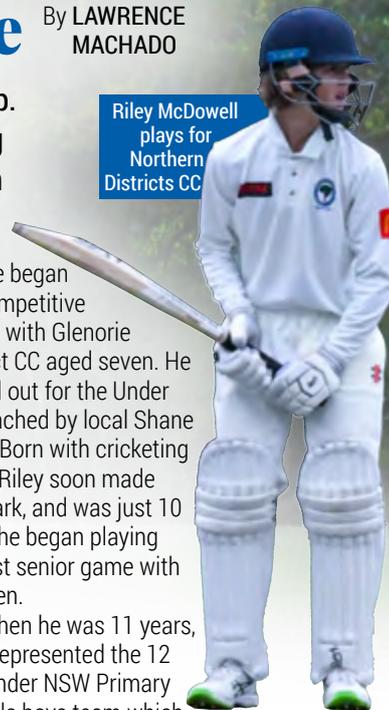
Riley, a stylish right hand opening batsman, cracked an impressive 383 runs at an average of 54.71 for the Hornsby, Ku-ring-gai & Hills District Cricket Association under 15 team which competed at the prestigious NSW Youth Championships. He also claimed 11 victims behind the stumps for the representative season.

He began his competitive career with Glenorie District CC aged seven. He turned out for the Under 8s coached by local Shane Duck. Born with cricketing skills, Riley soon made his mark, and was just 10 when he began playing his first senior game with the men.

When he was 11 years, Riley represented the 12 and Under NSW Primary Schools boys team which participated in the 2019 Australian Cricket Championships in Adelaide. Riley was one of the successes for his team, scoring 151 runs at an average of 30 having opened the batting.

An all-round sportsman, Riley has also played rugby union for Oakhill College's under 15s team – his Dad played the game competitively in New Zealand - and also loves touch football.

Riley McDowell plays for Northern Districts CC



Winston Hills, Castle Hill RSL in Champions finals

By LAWRENCE MACHADO

Winston Hills FC and Rocket's Castle Hills RSL FC carry the hopes of the Hills football fraternity when they compete at this Sunday's (October 23) 52nd Champion of Champions finals at Valentine Sports Park, Glenwood.

This is the glamorous finale for Football NSW with 38 teams battling for glory in 19 grand finals, starting at 8.30am. Hills Football, the peak body for the sport in the district, is counting on a large fan base to cheer on Winston Hills' under 17s and Castle Hill RSL's Under 13s.

"We couldn't be prouder of both teams and we wish them luck in their games," Hills Football said. "We would love to have the whole Hills District community," supporting these teams.

Castle Hill RSL kick off the festival of football taking on Balgownie JFC in the boys Under 13 final at 8.30am. Winston Hills will vie for the boys Under 17 title against Prouille FC at 12.30pm.

At last weekend's Champion of Champions semifinals, Hills Football were represented by seven teams, with Kellyville Kolts, Castle Hill United, Kenthurst & District SC and Rouse Hill Rams SC teams being eliminated.

"Commencing in 1968, the Champion of Champions tournament is one of the most

prestigious tournaments in the footballing calendar, with champions from each association pitted against each other in a battle for supremacy," FNSW media manager Mark Stavroulakis said. "This Champion of Champions instalment will be extra special, following a two-year absence due to COVID. A bumper crowd is expected to soak in the sights, sounds and atmosphere on what will be one of the organisation's most popular events for grassroots football."

More than 300 teams participated in the knockout tournament.

Sutherland Shire Football Association field seven finalists, followed by Northern Suburbs FA (5), Football South Coast (4), Manly FA (4) and Football St George (4). Clubs from the Eastern Suburbs FA (3), Hills Football (2), Macarthur FA (2), Nepean FA (2), Central Coast Football (2), Southern Districts SFA (1), Canterbury District SFA (1) and Bankstown District Amateur FA (1) are also vying for silverware.



Winston Hills FC's Under 17 team

The tournament concludes with the all-women's and all-men's grand finals at 5.15pm on fields 1 and 2. The finals will be streamed exclusively on NPL.TV.

Bella Vista FC the newest club Newly-formed Bella Vista FC will join Hills Football in the 2023 season as a full member and participate in their programs and competitions. Bella Vista FC will play their home games at Balmoral Road Reserve, Kellyville Sports Complex.

Hills Football is calling for expressions of interest for committee, and positions include the president, secretary, treasurer, registrar, football coordinator and member protection information officer.

Anyone interested can contact Hills Football by October 28. <https://hillsfootball.com.au/expressions-of-interest.../>



Opening of New Playground at Bella Vista Farm

The new playground at Bella Vista Farm was officially opened 10th October. There was a huge turn-out of local families and children who were very excited by this new addition to the area. The wonderful historic farm at Bella Vista has been the home of so many exciting community gatherings that have seen families come together in the Norwest area of The Hills.

Opening of the Barclay Road North Rocks Commuter Car Park

After almost a year of construction work and delays due to wet weather, the commuter car park at North Rocks was officially opened on the 21st October. This has added an additional 135 car spaces available to 'Park and Ride' commuters at North Rocks.

The Hon
David Elliott MP
Member for Baukham Hills
Minister for Transport and Veteran Affairs

As your local Member in the NSW Parliament, I am here to help.

✔ Assisting with accessing NSW Government services	✔ Preparing congratulatory messages
✔ Providing Justice of the Peace Services	✔ Attending your local community event

Please contact my office if I can be of assistance.

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☎ 02 9686 3110 ✉ baukhamhills@parliament.nsw.gov.au 🌐 davidelliott.com.au

Proudly serving the people and communities of Baukham Hills, Bella Vista, Carlingford, Castle Hill, Kellyville, North Rocks, Norwest and West Pennant Hills.
Authorised by David Elliott MP, Suite 1, 25-33 Old Northern Road, Baukham Hills NSW 2153. This publication is funded using parliamentary entitlements.

Expansion of the Return and Earn Scheme

The Return and Earn Scheme was introduced in 2017. Since then, more than eight billion containers have been returned, delivering \$800 million in refunds, and more than \$35 million in donations to community groups and charities, as helping to reduce drink container litter by a massive 52 per cent.

The NSW Government is planning to expand the scheme, so it includes containers like glass wine and spirit bottles and larger containers. This is an exciting opportunity to build on one of Australia's most successful recycling initiatives and improve recycling practices in household across The Hills and NSW.

Consultation is now open on the Scheme's expansion, which would see almost all beverage containers between 150ml and 3 litres accepted for refund.

Congratulations to everyone

One of the great joys of 2022 has been watching our community reconnect after the very difficult years we have just been through. I am grateful to all the leaders in our area who are working as volunteers to ensure our clubs, community groups and civic activities can all continue. In recent months I have had the pleasure of attending a fantastic range of community events and have been reminded again that we live in the best part of Australia!

Congratulations to Asquith Probus Club on your 14th birthday.

Congratulations to all the netballers who participated in this year's competitions in the Hornsby Kuring-gai district

I was pleased to open the new play equipment at John Benyon Rotary Park in Kenthurst which received funding under the Federal Government's Stronger Communities programme. Thank you to the Rotary Club of Kenthurst for spearheading the upgrade.

Congratulations to everyone at Normanhurst Uniting Church Musical Society for the great staging of "Songs That Go Like This"



JULIAN LEESER MP

Federal Member for **Berowra**

📍 Level 11, 423 Pennant Hills Road, Pennant Hills NSW 2120
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- ➡ Assist with accessing federal government services
- ➡ Attend your local community event
- ➡ Arrange congratulatory messages

Please contact my office if I can be of assistance.

Authorised by Julian Leeser MP, Liberal Party of Australia, Level 11, 423 Pennant Hills Road, Pennant Hills NSW 2120.

SF3: Smart Phone Film Awards

SmartFone Flick Fest (SF3) returns in November with a record-breaking number of entries from all over the world.

Hills Drama School teacher (pictured) Aaron Scully's short film, Daddy's Assessment, is a Gala Finalist. In fact, the Hills Drama School has eight finalists in the SF3 Smartphone Film Festival after submitting 34 films which is believed to be a record. Two other young Hills locals also made the SF3 Kids selection.

Founded in Sydney, SF3, each film must be entirely created using only a smart phone or tablet. SF3 received more than 300 local and international entries this year.



BELINDA ALEXANDRA

TOP AUTHORS COME TO CASTLE HILL

A trifecta of renowned authors will be stopping into the Pioneer Theatre, in Castle Hill, this October and November.

Council's Hills Shire Library Service is bringing top writers and media personalities to The Hills Shire as part of their popular author talk series.

"Author talks are an awesome opportunity to meet the people behind your favourite books," Mayor Gangemi said. The first author to grace our event is international best-selling writer **Belinda Alexandra** who will discuss her latest book, *The French Agent*, on Friday, October 28 at 6.30pm.

Belinda's thrilling read follows French secret service agent Sabine Brouillette who is on a mission to avenge the deaths of her husband and son who were senselessly killed by a British double agent known as 'The Black Fox'. The other two writers are multi award-nominated writer Petronella McGovern and Larry Emdur who will be appearing in November. (See Council's ad in this issue). All books discussed can be reserved via the FREE Hills Shire Library app, which can be downloaded from the Apple App Store and Google Play on Android devices.

To lock in your place and to purchase your tickets to these special author talks, visit The Pioneer Theatre website, www.pioneertheatre.com.au.

LOCAL FINALISTS

- **Daddy's Assessment by Aaron Scully (Castle Hill) - Comedy - Gala Finalist:** A father is forced to lift his game as he is assessed by his two year-old.
- **Courthouse Chaos by Cash Daley (West Pennant Hills) - Comedy - SF3 Kids:** A disorderly courtroom doesn't even get close to finding out the truth.
- **The Rose Scam by Sophia Budd (Castle Hill) - Rom-com - SF3 Kids:** Who needs a rose anyway. Two friends are forced to have "that conversation".
- **The Tale of the Fortune Teller by Gwen Johnson (Castle Hill) - Comedy - SF3 Kids:** Three young kids come across a fortune teller...
- **Could I? by Brielle Peters (Castle Hill) - Drama/horror - SF3 Kids:** When a girl is forced by her friends to summon a demon, they realise how important they are to her. And our hero is faced with a difficult decision.
- **Birthday Fail by Noah Kennedy (Beaumont Hills) - Comedy - SF3 Kids:** When Noah organises a party for Joshua, all seems to be going well. Until he realises no one is coming!
- **The 5 Stages of Grief by Amelie Correa (Kellyville Ridge) - Drama - SF3 Kids:** For 12-year-old Sarah, her life is turned upside-down at the news of her best friend dying from a heart attack. A story about compassion, care and the true power of friendship.
- **Social Media Fright Night by Sonya Clarke (Kellyville) - Horror - SF3 Kids:** The next time you're having trouble falling asleep, you may want to check your late-night social media chats...
- **Smite the Movie by Lachlan Familton (Cherrybrook) - Action - SF3 Kids:** Two Gamers battle it out in a light-hearted action film.
- **It's Up To You by Olivia Charlotte (Castle Hill) - Comedy - SF3 Mini:** When Alyssa and Anne find out they are characters in a movie, they must try and figure what their movie will be about before time is up.
- **Guess the Word by Aaron Scully (Castle Hill) - Comedy - SF3 Mini:** Students on detention have to guess the word before they can go home.

The Gala Finals will be held on Saturday 5th November at the Actors Centre Australia in Leichhardt. A red-carpet party kicks off from 5pm Sunday 6th November the SF3 Kids Finals and Awards Ceremony start at 11am, followed by the SF3 Mini and Feature Film Screening at 4pm, all at the same venue.

For more information visit <http://www.sf3.com.au>

Symphony At the Movies!

The Ku-ring-gai Philharmonic Orchestra (KPO) invite you to a symphonic visit to the movies!

Music by John Williams, Ennio Morricone, Nina Rota, Franz Zimmer and others from movies such as *Superman*, *Schindler's List*, *Harry Potter*, *The Mission*, *Cinema Paradiso*, *The Godfather*, *Batman*, *Casablanca* and *James Bond*. Plus "Classical Destinations" by KPO Chief Conductor Paul Terracini.

Playing with other musicians for a great afternoon of music are Violinist from Bella Vista, Wendy Vardouniotis, President of the Ku-ring-gai Philharmonic Orchestra and Co-Concertmaster and Joal Taylor from Baulkham Hills, Double Bass and Past President KOP.

Nothing can beat the sensation of hearing your favourite film scores performed by a live symphony orchestra. At *Symphony at the Movies*, Artistic Director Paul Terracini will lead the orchestra through some of the finest scores written for the silver screen. Come and share in a wonderful musical event.

Sunday 30 October, 3:00pm Concourse Concert Hall in Chatswood, The Concourse, 409 Victoria Avenue, Chatswood Tickets \$20-\$45 - at the Concourse Box Office, online at www.ticketek.com or call 1300 759 012.





BOX HILL HOUSE

Box Hill House in the 1960s
Photographer unknown

CURRENTLY ONE OF THE FASTEST GROWING AREAS IN THE HILLS and Hawkesbury district, Box Hill stands just inside The Hills Shire boundary bordering the Hawkesbury Council area. The Terry and Rouse families were very prominent early settlers in the district. Samuel Terry acquired Box Hill Farm in 1819 from Robert Fitz who had found himself in financial difficulties. In 1831, John Terry, stepson of Samuel married Eleanor Rouse thus linking the two neighbouring families. John and Eleanor lived at Box Hill Farm from 1831 to 1834. A further linking of the two families occurred in 1895 when then owner of Box Hill Farm, George Terry married his cousin Nina Rouse.

As an aside, Nina later recalled when discussing the marriage *"It was quite an event, because we were both well known in the neighbourhood. A special train left Redfern at 9.25am that day, and guests were met at Riverstone Station, which was garlanded with flowers and bunting. There were flags and decorations the whole way to Christ Church at Rouse Hill and after the ceremony the villagers unleashed the horses on the bridal carriage and dragged it up the hill to the wedding breakfast set out in the arcade."* The arcade is a covered area at the rear of Rouse Hill House.

1896 saw George and Nina substantially rebuild Box Hill House retaining only four

rooms of what was a second house.

In 1919 the bulk of the estate was subdivided into small farmlets and offered for sale on two pounds deposit and five shillings per month for each twenty pounds of purchase price. The auctioneers announced *"Big auction sale of about 170 of the choicest of farms and farmlets in the County of Cumberland. Unlocked at last after being held, occupied, and continuously improved by four generations of Terrys for over a century"*. Nina and George later took up residence at Rouse Hill House in 1924, after George was declared bankrupt in 1921 and Box Hill House was transferred to Nina who also later became bankrupt in 1924. The remaining 212 acres was then sold and the Terry family moved to Rouse House, which Nina and her sister Kathleen had inherited from their mother, Bessie.

Then owner of Box Hill Farm, William McCall, (later to become Sir William McCall) in the 1950s put the farm up for sale. Hazel Nelson noticed it advertised by a Windsor Real Estate Agent and sought out William McCall with a view of inspecting the property for the possible use as a home for handicapped persons. Hazel Nelson was a founding member of the Sub-Normal Children's Welfare Association had also organised the establishment of the Handicapped Children's After-care Co-operative Society. Hazel spoke to Mr McCall's son Bill who told her his father

was "at the pictures". Mr McCall rang Hazel at 10:45pm that night and he and Hazel spoke till 2am the next morning.

An appointment was made for the following Monday. They met on several subsequent occasions and Mr McCall nicknamed Hazel "Dynamite". Hazel remembered Mr McCall saying, *"I've never been known to give more than a pound to charity. If you give too generously they don't feel they have to work for it"*.

In 1956 a joint meeting of the HCACS and SCWA supported the acquisition of Box Hill Farm. Four representatives, including Hazel, then met Mr McCall at his Martin Place office to pay the deposit on the purchase. When the Secretary produced the cheque book Mr McCall said, *"There's no need for that. I'm giving it to the Association through Mrs. Nelson. You have no money, but I admire your spirit"*. Mr McCall's donation comprised the original 43 acres and building. Shortly after this the Association purchased 10 acres to give more frontage to Terry Road and better access to the home.

Much of the information has been provided to me through The Heritage Council of NSW through the "Heritage Conservation News" Vol 4, Number 3 of 1987 as well as through the 1975 booklet "The McCall Garden Colony Box Hill, Via Riverstone N.S.W" by Judith Lewis.

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AS WE WERE

PHOTOS FROM THE PAST

COLLECTION COMPILED BY
IVOR JONES SHOWING LIFE IN
THE HILLS AND HAWKESBURY
AREA DURING PAST DECADES.



Nina Rouse on her Wedding Day to
George Terry (Rouse Family)



Box Hill House
courtesy of McCall Gardens Box Hill



Box Hill House (1987)
by Ron Mason

Terry Hoouse
courtesy McCall Gardens Box Hill



The original building, known as Terry House, was first occupied in 1958.



Nelson House — originally a stable and grooms' accommodation — in its original condition.

Nelson House courtesy McCall
Gardens Box Hill

COMMUNITY groups

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gnolan@thehills.nsw.gov.au

Arcadian Quilters

Meet in Galston Community Health Centre 1st and 3rd Wednesday mornings, evening group 2nd and 4th Mondays.

New members welcome
Carole | 9894 7749

Castle Hill Art Society

Art practice for artists of all ages, either in groups or classes for adults and children. Monthly demonstrations and workshops by well-known artists. Members can participate in exhibitions during the year.

9899 3179 (ans. machine)
www.castlehillartsociety.org.au

Castle Hill Senior Citizens Club Inc.

Anyone over 55 welcome to come and play carpet bowls, cards and rummikub. Cnr of McMullen Ave. and Old Northern Road, Castle Hill (opp. new Metro station) with parking at the rear.

9680 3958
castlehillseniors@gmail.com

Combined Probus Club of Cherrybrook

We are a mixed gender club of over 170 retirees and semi retirees. Meetings on 1st Thursday of each month at the Cherrybrook Community & Cultural Centre.

Ross | 0411 104 863
rossfitzpatrick@icloud.com
www.probusouthpacific.org/microsites/cherrybrook/Welcome

Cumberland Bird Observers Club

The Club conducts 3 outings a month to observe birds in their natural environment. General meetings are held at Castle Hill on the 3rd Tuesday of the month. New members are always welcome.

Peter | 0412 770 757 or Cathy 9809 5668
www.cboc.org.au

CWA of NSW – Galston Branch

Monthly meetings are held on the 2nd Wednesday of each month from 10am at the Galston Health & Resource Centre, Cnr The Glade & 17 Arcadia Rd, Galston.

Nicci Chaney | 0411 058 852

CWA of NSW – Castle Hill Branch

Holds its monthly meeting every 2nd Tuesday at the CWA Hall, 2 Annangrove Road, Kenthurst (off Angus Road) from 10am. We also hold our Craft mornings for members on 1st and 3rd Tuesdays of the month from 10 to 12.

Maureen | 0411 724 925

CWA of NSW – Toongabbie Branch

Monthly meetings are held the first Tuesday of the month at Brigade House, 3 Junia Street, Toongabbie from 10:30am. We also have a social or craft day on the third Tuesday of the month.

ToongabbieCWA@gmail.com

Dural and District Prostate Cancer Support Group

Meets on the 3rd Monday of the month at the Blue Gum Centre, ARV Glenhaven Green, 599-607 Old Northern Rd, Glenhaven.

Denis | 9629 2645 or Maurice | 9654 2138

Dural Country Club Bowls

04 2131 5074

Dural Men's Shed

04 0247 8498
www.duralmensshed.org

East Kurrajong School of Arts

1st Tues each month 10am to 1pm. Bring along any sort of craft activity you're interested in, bring pencils or brushes to practice your drawing or painting with Ruth, browse the library for a book to read or simply just relax, have a cuppa and enjoy a chat from 10am to 1pm. Gold coin donation for morning tea.

Ann | 02 4576 5031

Embroiderers' Guild NSW Inc

Hawkesbury Group

Meeting 3rd Tues 10am-2pm, 4th Tues 6pm-10pm at Windsor library. Teach visual arts, textiles and design, or groups planning 2023 speakers calendar, we would love to come and talk about the art of embroidery.

Catherine | 0413340049
cdelaney1@vtown.com.au

Galston VIEW Club

Club who raises money for The Smith Family "Learning for Life" program will hold its next Luncheon/Meeting on Wed 26th Oct 2022 at The Galston Club 21-25 Arcadia Rd Galston. 11am bookings essential. All welcome.

Merle 9634 2378 | 0412 110 698.

Girl Guides Australia

Great programs for girls 6-18. They meet once a week in groups relevant to their age run by trained Leaders and Unit Helpers.

Margo | 0417 657 433.

Glenhaven Probus Club Inc

Meets 10 am on 2nd Tuesday of each month at Castle Hill Bowling Club.

secretary.glenhaven.probus@gmail.com

Glenwood Men's Shed

Jim | 0438 701 275

Hawkesbury Artists & Artisans Trail

02 4567 7400

Leanne@mellowcrest.com

www.haat.com.au

Hawkesbury District Agricultural Assn

4577 3591 (BH)

www.hawkesburyshow.com.au

Hawkesbury Nepean Chapter of the First Fleeters

Meets on 2nd Saturday of each month.

Pamela Hempel | 0407 660 579

www.fffhnc.com

Hawkesbury West Probus Club

Meets at 10:15am on the first Monday of each month at Panthers North Richmond. New Members Welcome

Membership Officer Fay | 0414 341 253

hawkeswest.probus@gmail.com

Hawkesbury Woodcraft Cooperative Ltd

9:30am to 2pm Wed. & Sat.

www.hawkesburywoodcraft.org.au

Graham | 02 4576 1517

Hills District Women's Bowling Club

Jenner Street, Baulkham Hills

9639 2733

www.thehillswomensbowls.com.au

Hills Older Men's Network INC

Meets fortnightly on the first and 3rd Mondays of the month, 10am to 12:30pm at Castle Hill. The group is aimed at retired men over the age of 55 and provides an opportunity to chat in a non-judgemental, safe and supportive environment.

Ron | 0424 462 153

HillsOM1@gmail.com

Hills Shire Symphony Orchestra

Welcomes new players and gig enquiries. Rehearsals Wednesday evenings.

Chris | 0405 994 605

info@hillsshiresymphonyorchestra.org.au

www.hillsshiresymphonyorchestra.org.au

Hills Toastmasters

Meets every second Tuesday, 7pm. Restore Church: 47 Britannia Rd, Castle Hill. New members welcomed

Terry | 0488 089 951

Hills/Toongabbie Music Club

Meets 2nd and 4th Fridays 7.30pm Northmead Scouts Hall 17 Whitehaven Northmead. Beginners to professionals all welcome.

Allen | 0439 831 531

allendavisguitar@gmail.com

Kurrajong Hand Spun Craft

Come and learn a beautiful old craft at North Richmond Community Centre. Friendly group just bring yourself. Thursdays at noon.

Margaret | 0403 819 165

Ladies Probus Club of Baulkham Hills

Meetings 10am, 2nd Wednesday of the month. At The Fiddler, Windsor Road and Commercial Road, Rouse Hill. New Members welcome

Suzanne Dennis | 0412 424 593

ladiesprobusbh@gmail.com

Learning in the Hills

To find out more about the huge range of courses available call 9639 7918

www.hca.org.au/learning-in-the-hills/

Lions Club of Richmond Inc.

Geoff | 0412 969 651

Lions Club of Windsor Inc

Pam | 0413 395 145

Macquarie Towns Garden Club

The Club meets at 2 pm on the 1st Thurs of the month, in the Tebbutt Room of Hawkesbury Central Library at Windsor.

macquarietownsgardenclub.wordpress.com

National Seniors Australia (Hills Branch)

Meets on the 1st Thurs of every month at Baulkham Hills Sports Club Renown Rd, Baulkham Hills at 9.30am for 10am. New members welcomed.

May | 0414 634 572

maybruce@bigpond.com

North Rocks View Club

Meetings 2nd Thurs each month at 10.30 am. at Northmead Bowling Club, The Windsor Rm, 166 Windsor Rd, Northmead.

Pam | 9634 2670 or Margaret | 9872 1405

Norwest Sunrise Rotary Club

We are a breakfast Club and meet every Friday morning at 7.15am. The Rotary Motto is Service Above Self. If you want to meet like-minded people pls join us.

norwestrotary.org.au

Pennant Hills Mens Probus Club

John | 9487 1385

Pennant Hills Combined Probus Club

Meets at Hotel Pennant Hills every third Monday of the month at 10am. New members and visitors welcome.

Lorene | 0429 396594

Pennant Hills VIEW Club

The Club meets for lunch on the 2nd Tues of each month at Otlands Golf Club at 11am. On the 4th Tues of the month a social outing is organised. Visitors and new members are welcome.

Margaret | 9873 2402

Pitt Town Probus Club

Meets at 10:00am on the 2nd Tuesday of the month at the Pitt Town and District Sports Club, 139 Old Pitt Town Rd Pitt Town. New members welcome.

Denise Fairfax | 0435 447 414

Probus Club of Round Corner (Dural)

Julie; PO Box 822, Round Corner 2158

Probus Club of the Hills Inc

Is a mixed club and meets at the Galston Club 21-25 Arcadia Road, Galston on the 2nd Wed of each month commencing at 10.30 am. New members welcome.

Ken | 02 96296459

Probus Club – Glenorie

This Club meets every 4th Wed at 11.00am at Glenorie RSL Club. New members are welcome.

Wendy | 9653 1022

wendyireneblack@yahoo.com.au

Probus Club - Kellyville Castle Hill Mixed

Meets at 10am on 2nd Thursday of each month at Muirfield Golf Club, Barclay Rd North Rocks. New members welcome.

Pam | 0417 667 067

pamelaloves66@gmail.com

Probus Combined Castle Hill Club

General meetings 3rd Tues of the month at 10am at Cherrybrook Community Centre.

Glensy | 0408 160743

donpye@live.com.au

Probus Combined Kellyville Club

Meet 2nd Monday of the month at 10am. At The Glenhaven Community Centre: 76 Glenhaven Road, Glenhaven. New members welcome.

Veronica | 0408 025 577

Susan | 0400 039 308

ken_n_sue@hotmail.com

Probus Club of Winston Hills – Northmead Combined

Meets at 10am at Toongabbie Sports Club, 12 Station St, Toongabbie, 2nd Thursday of the month. New members welcome.

winstonhillsprobusclub@gmail.com

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9679 1246

admin@rdanswtalltimbers.org.au

www.rdanstalltimbers.org.au

Red Cross – Castle Hill Branch

Meetings 2nd Friday of the month 10.15am to 11.45am at Wesley Uniting Church, 32-34 Showground Rd, Castle Hill. New members always welcome.

0419 431 084.

Richmond/Windsor VIEW Club

Richmond/Windsor VIEW Club Which Supports The Smith Family Learning for Life meet on 2nd Wednesday of the month starting at 11.30 at The Richmond Club

Christine Walshaw | 0416073483

Scouts Australia – Greater Western Sydney Region

9639 2488

www.greaterwestscouts.com.au

Sleep Disorders Australia – NSW

02 9990 3514 | www.sleepoz.org.au

Soroptimist International The Hills

Meets on the 3rd Monday of the Month at Crestwood Community Centre Baulkham Hills 6.30pm for a 7pm start. Visitors are always welcome.

Cathy | 0435 837 118

sithills@siwp.org

The Hills Community Aid and Information Service Inc

9639 8620

The Hills Learning Centre

02 8850 0555

RSVP | info@thehillslc.com.au

facebook.com/thehillslclearningcentre

The Hills Shire Garden Club

Meets on 3rd Monday of the month at Barton Hall at 178 David Rd castle Hill at 1 pm. We have guest speakers, raffles, plant sales and bus trips to various gardens New members are always welcome.

9624 5034

The Hills District Pipe Band

Practices at Stamford Hall, Balcombe Heights Estate, Baulkham Hills every Wednesday night from 7pm-9pm. The band warmly welcomes new members and gig enquiries.

Instagram: @hillsdistrictpipeband

Suzie Whitaker

pipeband.hillsdistrict@gmail.com

www.hillsdistrictpipeband.com

The Hills Trefoil Guild

Elaine | 0417 330 196

The Inner Wheel Club of Baulkham Hills

Meets at St. Joseph' Conference Centre on the 4th Monday of each month at 6.00pm (dinner optional) for meeting at 7.00pm.

Robyn | 9639 2742

The Sydney Hills Branch of the Association of Independent Retirees

Meeting Fri 4th Nov, 2022 at Beecroft Presbyterian Church Hall, Welham St, Beecroft at 10.30 for a 10.45 start. Guest Speaker Susan Alexander. Followed by Our Investors Discussion Group meeting at 12.30pm on "Risk Management for Retirement Savings"

Mal Steel | airsydnehillsg@gmail.com

Thursday Ladies Tennis Competition in the Hills District

hillsladiestennis.org

Wanderers Bushwalking and Outdoor Club

Meetings are held on the 2nd Tuesday of each month at 8 pm at Crestwood Community Centre, Cnr Crestwood Drive and Conway St, Baulkham Hills.

Ted | 0429 790 091

www.bushwalkingnsw.org.au/wanderers

Windsor RSL Fishing Club

Meets on the last Tuesday of the month at Windsor RSL club at 6:30pm. The club has been established for over 40 years and welcomes new members. It holds regular fishing outings including in land water and deep sea fishing.

Les Mison | 0421 821 1990.

Windsor Probus Club

Meets at 10am on the 1st Wednesday of each month at Windsor Golf Club, McQuade Ave, South Windsor. New members always welcome.

Membership Officer Alan | 0407721461 or Secretary Ann | 0414298945

Winston Hills Joey Scouts

9862 8482 | hsara@optusnet.com.au

Wisemans Ferry Community Men's Shed Inc

Meeting Tues and Sat 9am - 5pm

Alan Hunt | 4566 4626 or 0428 784 425

Adrian Acheson | 0448 833 781

YMCA NSW Community Visitors Scheme

9633 8209 or 0402 255 193

Zonta Club of Sydney Hills

0414 641 408

www.zontadistrict24.org

PUZZLE

WORD SEARCH

THE MARKETS

- ANALYSIS
- ARBITRAGE
- BEAR MARKET
- BULLISH
- COMMODITY
- DAY TRADE
- DIVIDEND
- EQUITY
- FUTURES
- HEDGING
- INVESTMENT
- LIMIT ORDER
- MANAGEMENT
- MARGIN
- OFFSETTING
- OPTIONS
- SELL SHORT
- SHARES
- TRADING
- TREND

S E Z R R D N E D I V I D S B
 D M A N A G E M E N T B B L X
 M B E A R M A R K E T U S V T
 C H G T Z R E H M A R G I N E
 O S N G N I T T E S F F O D H
 M E I A P E D H C D S I A V A
 M R D E R N M T S R G R S N T
 O U A H E B R T L N T I A A S
 D T R R B L I T S Y O L N H L
 I U T U D U B T A E Y I A G A
 T F L Z E T W D R S V R T N Y
 Y S Y T I U Q E I A E N S P L
 B U L L I S H S L S G R I P O
 O R E D R O T I M I L E F T L
 W H V S E L L S H O R T O E X

CODE WORD

Numbers in the grid (1-26) correspond to each of the letters of the alphabet from A-Z in some order. Solve the puzzle and fill in the letters in the key provided as you find them. Three letters are provided to give you a start.

4	2	4	26		17	21	7	21	13	21	19	9
15		15		3		25		3		14		23
21	12	14	21	19	9	21		3	21	1	4	18
1		18		4		7		19		13		4
1	7	4	23	26		4	10	4	7	4	20	26
4			9			21		22		23		17
19	16	21	23	18	21		11	4	26	20	4	19
21		20		4		16		23				9
20	19	8	14	23	17	4		26	17	19	14	24
9		13		20		21		9		4		21
8	19	9	24	9		3	19	8	5	4	19	24
23		26		21		8		23		6		7
26	4	4	18	7	9	23	1		9	26	7	4
1	2	3	4	5	6	7	8	9	10	11	12	13
			P									
14	15	16	17	18	19	20	21	22	23	24	25	26
							H	N				

SUDOKU

Fill the grid so that every column, every row and every 3x3 box contains the numbers 1 to 9.

								9	5
			9	4					
		2			1	8			
	4		1						3
9			2		6				7
7					3			2	
		5	7			1			
					8	9			
3	8								

ANSWERS FROM LAST ISSUE

WORD SEARCH

G	E	A	R	G	U	R	M	O	J	S	H	P	U	Z
B	S	E	T	R	J	R	R	V	X	T	Q	U	T	M
R	A	G	L	A	S	G	N	I	R	A	E	B	F	N
R	A	D	S	G	C	V	O	Z	A	L	L	E	B	H
K	L	U	V	L	T	Y	K	O	A	H	I	O	A	E
R	E	L	U	O	Y	A	C	R	L	O	C	H	T	L
U	G	T	S	V	W	T	O	I	M	P	A	L	E	P
T	W	H	S	E	N	I	S	A	N	M	I	L	E	C
C	H	G	I	K	S	J	P	N	N	Q	U	N	M	D
N	E	L	D	S	Y	P	Z	L	P	A	T	E	A	I
U	L	E	C	N	A	L	A	B	K	L	N	Y	I	N
P	L	I	E	C	R	P	L	S	E	C	O	J	P	N
S	B	M	R	V	U	L	A	E	L	L	Y	L	X	X
R	P	S	I	Q	T	T	I	O	S	S	E	A	S	P

CODE WORD

	R	E	I	N	T	R	O	D	U	C	E			
W	N	O	E	R	A	S								
I	A	T	E	M	P	I	B	I	T					
N	Y	M	P	H	O	N	I	E						
D	O	I	V	K	E	N	Y	A						
S	Q	U	A	N	D	E	R							
C	R	G												
R	J	E	C	T	S	T	A	C	C	A	T	O		
E	N	W	E	E	X	C	E	L						
N	A	N	A	L	T	E	R	I	E					
S	U	N	E	Z	E	R								
	F	I	N	G	E	R	B	O	A	R	D			

SUDOKU

9	5	8	4	2	6	7	3	1						
1	7	6	9	3	8	4	5	2						
3	4	2	5	1	7	8	9	6						
6	8	1	3	5	9	2	7	4						
4	9	3	8	7	2	6	1	5						
5	2	7	1	6	4	9	8	3						
8	1	4	6	9	5	3	2	7						
2	3	9	7	4	1	5	6	8						
7	6	5	2	8	3	1	4	9						

CROSSWORD (page 31)

T	R	O	J	A	N	F	N	U	G	A	N	U	G	A
S	W	A	M	P	R	A	T	T	E	N	N	I	S	
D	E	E	E	I	O	J	T							
A	Y	E	S	M	O	V	I	N	G	A	W	A	Y	
				B	B	E								
A	L	T	O	G	E	T	H	E	R	T	C	O	S	
A	N	R	O	G	E	T	H	E	R	T	C	O	S	
S	K	I	D	G	O	L	D	P	L	A	T	E	D	
E														
F	I	F	W	E	R	E	Y	O	U	M	A	P	I	L
R	A	A	A	H	R	I	S							
C	O	P	I	E	D	O	D	O	N	N	E	L	L	
M	S	I	C	U	E	A								
T	E	X	T	B	O	O	K	S	C	R	I	M	P	

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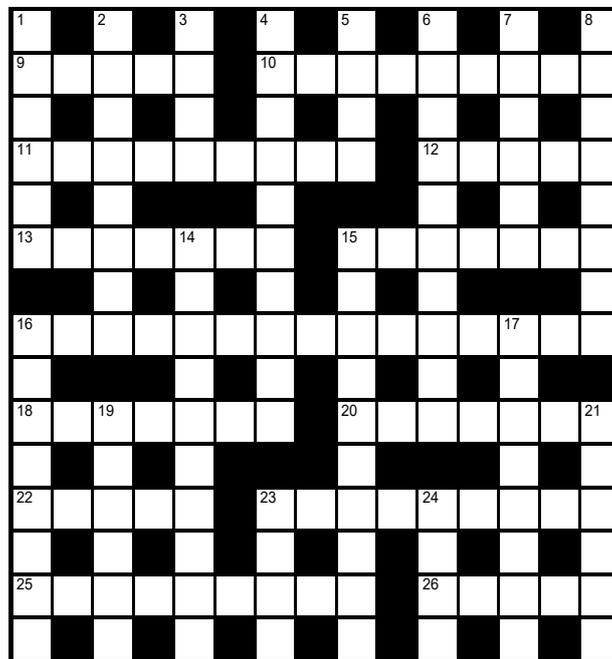
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 tanya.cook@vibe-marketing.com.au
vibe-marketing.com.au

PUZZLES

- Across**
- Coarse
 - Law
 - Reviewing (5, 4)
 - Group of experts
 - Concrete block used as an anchor (4, 3)
 - Don't have to (4, 3)
 - Poll outcomes (8, 7)
 - Area near the wicket
 - Play piano, or find lake in NW NSW
 - Former national netball captain Liz ---
 - The Royal ---, a carnivorous white bird
 - The golden-headed ---, "the finest tailor of all birds"
 - True up
- Down**
- Very cold
 - Dismember
 - Ruffian
 - Olympic gold, silver and bronze rower - and policeman (6, 4)
 - Free from bias
 - Pro golfer Jan ---
 - "Imagine" songwriter
 - The least change produces competitors
 - Vessel in charge of smaller ones (6, 4)
 - "Sticks", former St. George Dragons pro footballer and coach (4, 6)
 - Factual proof
 - Prankster
 - Simple and unpretentious
 - Ashore (2, 4)
 - Inoffensive one
 - Ark wright



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