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FAMILY'S HOPE FOR FUTURE

FULL STORY ON PAGE 8



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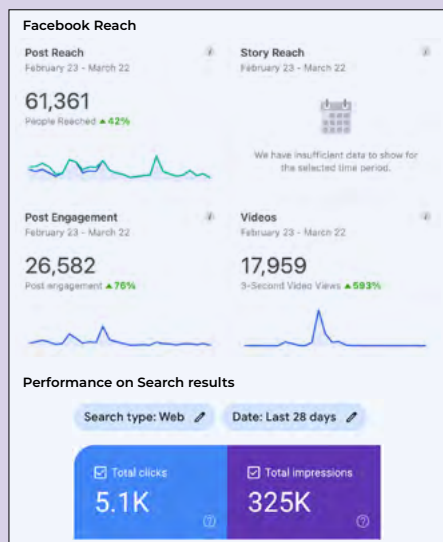
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\$20,000 for Hawkesbury Flood victims

Uninsured Hawkesbury flood victims can get up to \$20,000 in State aid to start to rebuild homes

BY TONY BOSWORTH | EDITOR HAWKESBURY POST

Premier Dominic Perrottet – visiting flood-hit Lismore – confirmed those affected by floods and who are uninsured in eight regional government areas, including the Hawkesbury, will be eligible for grants of up to \$20,000 each to start to rebuild their homes.

Deputy Premier Paul Toole said the NSW government had wanted to announce the funding earlier but they had been waiting on Federal government money too to bump up the \$20,000, but so far that had not occurred.

"We've been working on this package now for a number of weeks, we can't wait any longer," said the Deputy Premier.

The scheme is called Back Home.

"We want to make sure that people get back into a home," Mr Toole said.

Premier Perrottet said NSW welcomed, "as much support as we can get from the federal government. But ultimately we're not going to wait, we're going to get on with the job and we're going to rebuild our communities."

Details on how the funding can be applied for and what the timeline is have not been announced yet but Flood Recovery Centres in the Hawkesbury will likely be the first point of contact, and Service NSW are taking on extra staff to handle grants too.

The \$20,000 will be aimed at helping those who were uninsured, where the home had been assessed as damaged, destroyed or uninhabitable.

The funds would go towards repairs, replacing damaged carpets and flooring, replacing electrics, and for buying new fridges and washing machines, for example.

Owner-occupiers can access \$20,000 under the new grants to rebuild their homes and purchase those necessary furniture, appliances and repairs, while landlords can receive up to \$15,000 for repairs, and their tenants \$5000 for contents.

You can read more Hawkesbury news at Hawkesbury Post on www.hawkesburypost.com.au or facebook.com/hawkesburypost

Hills to Hawkesbury

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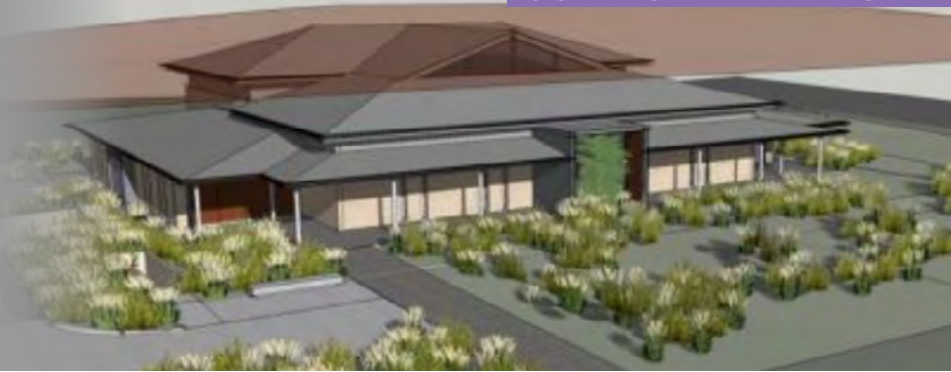
ATF Paton Family Trust

The Hills to Hawkesbury Community News has been serving this area for nearly 40 years. It's name may have changed over the decades but the commitment to providing a free service to the community is still at the heart of what this hyper local fortnightly publication does. Established in 1982 it has evolved into a community news magazine with a big digital footprint. Our aim is to inform, inspire and connect our community. It is a family-owned small business. Our team is local and love what they do.

Please follow us on Facebook @hillstohawkesbury. Printed copies are available at local shopping centres and other outlets. For a full list visit our website www.hillstohawkesbury.com.au.

Mosque Approved for Glenhaven

BY BEV JORDAN



A decision to allow a 250-person place of worship proposed by the The Hills District Muslim Society ('Hills AWQAF Pty Ltd') at Glenhaven has sent shockwaves through the community after it was announced last week following a four year campaign by residents against it.

The plans for the Masjid (Mosque) on a 2.5 ha site at 1 Larapinta Place, Glenhaven were first submitted to Hills Shire Council in April 2018 and were rejected on several grounds.

The proposed \$7.5million project included a 2-storey building including a main Prayer hall to accommodate 250 people, a sister prayer hall, four classrooms and basement parking for 116 cars.

The Sydney Central Planning Panel rejected the plans on 28th August 2019 following a public meeting attended by about 500 people.

The proposal was then taken to the Land and Environment Court in September 2021 on appeal. Court Commissioner Joanne Gray handed down her decision last week (March

28th) upholding the appeal by The Hills District Muslim Society after minor changes were made to the carparking arrangements and noise controls.

She said the development was deemed "acceptable having regard to the absences of adverse impacts, the objectives of the zone and the character of the area."

Hills Shire Mayor Dr Peter Gangemi described the decision as "incredibly disappointing". He said Council was not against places of public worship, but it was the wrong location in this application.

"Given the intensity and scale, Council wanted to see this type of development located in our urbanised areas – where there is adequate pedestrian access, public transport, roads and a sewer network.

"We have attempted to meet with the applicant on a number of occasions to discuss alternative sites, however, they've remained unchanged in their decision and adamant on this site," he said.

He also hit out at the process. "The State Government talks about putting locals first and including them in the decision making process, but this outcome just proves how out of touch they are with local community issues.

"This proposal fails to adequately deal with the RU6 Transition Zone objectives, as well as the noise, traffic and parking this type of development will generate. It also has little regard to the rural landscape and will unacceptably impact on the natural environment, as well as the neighbouring properties located within the quiet cul-de-sac.

"It's unsatisfactory that our rural land is being exploited in this way because it's a cheaper alternative to building on urban zoned land - the more appropriate location for a development of this size."

Hills Shire Councillor Mitchell Blue, former Chair of Friends of Glenhaven, said residents were opposed to the proposal because the

Continued on page 19

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FAMILY ESCAPE FIRE

A family of five escaped to safety when the fire broke out at their Carlingford home just after midnight on Friday 1st April.

Fire and Rescue NSW (FRNSW) used a ladder platform to get to the seat of the fire in the two-storey house Wondabah Place, Carlingford. When fire crews arrived at 12.14am they discovered smoke billowing from the roof.

The firefighters used the ladder platform (cherry picker) to access the roof from above while crews entered the home in breathing apparatus to access the roof space through the ceiling.

The fire was contained to the roof area. The home suffered smoke, heat and water damage.

The cause of the blaze is being determined.

Superintendent Adam Dewberry from Fire and Rescue NSW (FRNSW) said this is a timely reminder that calling Triple Zero (000) for a fire emergency can be the difference between life and death, or a building or other property being saved or destroyed.

The Triple Zero (000) service is the quickest way to get the right resources from emergency services to help you. It should be used to contact Police, Fire or Ambulance services in life-threatening or time-critical situations.

CRASH OFFENCE

A man 29-year-old was under guard at Royal North Shore Hospital on Thursday after being involved in a fail to stop collision at Windsor Road, and Torrs St, Baulkham Hills at around 7.50am that morning.

Police will be alleged that the man drove away in a White Toyota RAV 4, and was later observed crashing into guard rails on the M2 towards Ryde

He was arrested by Ryde Police Area Command and Hills Police and was taken to RNS for drug and alcohol testing.

The Miranda man will be charged with several offences.



In a life threatening emergency dial 000

NURSE CHARGED

A nurse appeared in court on Thursday 7th April on additional charges following an investigation into alleged sexual offences that occurred at a local hospital.

In September 2021, detectives from The Hills Police Area Command established Strike Force Rymer to investigate reports that a 25-year-old female patient recovering from heart surgery at a Bella Vista hospital had been sexually assaulted.

Following inquiries, detectives arrested a 42-year-old man at Castle Hill Police Station on Friday 11th March 2022. He was charged with sexual intercourse without consent and remains before the courts.

Investigators received further reports a 67-year-old woman was allegedly sexually touched while awaiting heart surgery at a Kingswood Hospital in March 2022. Additionally, a 21-year-old female nursing student was allegedly sexually touched while working at Kingswood Hospital in December 2018.

Earlier this week, investigators received a further report a 58-year-old woman was allegedly sexually assaulted while awaiting

heart surgery at a Bella Vista hospital in August 2021.

Following further investigations, detectives arrested the 42-year-old man at Castle Hill Police Station just after 8am on Thursday 7th April. He was charged with two counts of aggravated sexual assault and refused bail to appear at Parramatta Local Court. Investigations under Strike Force Rymer are continuing.

Detectives who are specially trained to investigate matters against children and adults, including sexual assault, serious physical abuse, and extreme cases of neglect.

Victims of sexual violence are encouraged to access free and confidential trauma specialist counselling through organisations such as Full Stop Australia: fullstop.org.au.

Anyone with concerns about suspected sexual violence, or the abuse and/or exploitation children should call Crime Stoppers on 1800 333 000 or use the Crime Stoppers online reporting page: nsw.crimestoppers.com.au. Information provided will be treated in the strictest of confidence.

FLOOD WARNING

Police and SES are warning motorists to be careful on the roads with the increased possibility of flash floods.

Do not put yourself and others in danger trying to cross flooded roads.

Hawkesbury SES is also urging people to review their flood plan, where necessary move stock and equipment and make arrangements for fodder and transport if required.

The Agriculture and Animal Services Hotline (1800 814 647) is open to register for assistance with livestock assessment and veterinary assistance, emergency fodder where access allows, and euthanasia and burial if required from 8am to 8pm, 7 days a week.

Castle Hill Showground Castle Hill Showground is open as an emergency animal evacuation centre (see full story page 20) for those concerned about the current flood risk.

In case of further isolation make sure you have adequate:

- Food stuffs and beverages
- Medicines
- Fodder and stock feed
- Fuel for generator(s).

Sandbags are available to the public for collection at the following locations:

- WISEMAN FERRY INN HOTEL - 5545 Old Northern Rd, Wisemans Ferry
- BOX HILL – NELSON RFB Station, 142A Old Pitt Town Road, Box Hill
- GLENORIE RFB Station, 2654 Old Northern Road, Glenorie

Bring a shovel and be prepared to fill sandbags. Only take what you need.

• Be safe and never drive through floodwater.

• Be aware of driving hazards such as mud, debris, damaged roads and fallen trees or branches.

• If driving conditions are dangerous, safely pull over away from trees, storm drains, low-lying areas and floodwater.

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Rouse Hill Hospital Plans

BY BEV JORDAN

Construction on the \$300 million new Rouse Hill Hospital is due to start before March 2023 and will include an Emergency Department. The ED has been confirmed by a spokesperson for Western Sydney Local Health District.

Planning is progressing for the hospital which will be built at the corner of Commercial Road and Windsor Road, Rouse Hill. The Health NSW Hospital will establish an innovative and research driven hospital for north west Sydney.

WSLHD chief executive Graeme Loy has said: "Let's think differently around what our consumers and our patients need, and how we can create something leading-edge for The Hills district that no-one else is getting."

Leaders from across western Sydney's health network gathered at Westmead Hospital recently to discuss plans for the hospital and the results of a public survey conducted in August last year with residents in The Hills Shire and Blacktown Local Government areas.

The Pulse, the western Sydney Health newsletter, reported that Macquarie University researchers presented key consumer feedback to senior clinicians, network directors and executive members from Western Sydney Local Health District (WSLHD) and WentWest, the Western Sydney Primary Health Network.

The research was based on consultations held last year with local community members and health providers following workshops in English, Arabic, Mandarin, Hindi, Korean and Punjabi.

Mr Loy said the think tank was the first step in translating research into a clinical services plan that will eventually become a building design.

"This was a fabulous opportunity to come together and discuss how we can do health care design and facility design differently," he said.

The master plan will provide a vision and framework for how the site can grow and develop to meet the future needs of the community. There will be further opportunities for community input to help inform the design and models of care for the Rouse Hill Hospital.

The NSW Government originally announced a site for the new hospital in 2019 on Windsor Rd Rouse Hill near the Castlebrook Memorial Park. In March 2021 it announced the new site which is Hills Shire Council's area close to Rouse Hill Town Centre.



Health Infrastructure NSW says the project will:

- Provide an integrated and networked facility with tertiary services at Blacktown and Westmead hospitals
- Deliver a digital hospital with the latest technology and interconnectivity including digital outreach into the community
- Provide ambulatory care services close to where people live, including diagnostics, observation, treatment and rehabilitation
- Include easy access to transport, including between hospitals for patients and staff
- Have partnerships with primary care to ensure a range of acute and community-care based services are available across the community
- Develop a local health hub
- Deliver an integrated and networked digital Rouse Hill hospital and health precinct that will deliver more than a stand-alone traditional hospital.

Read our previous story [hillstohawkesbury.com.au/rouse-hill-hospital-new-site/](https://www.hillstohawkesbury.com.au/rouse-hill-hospital-new-site/)

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bears of hope

Bringing Hope

BY BEV JORDAN



The cycling challenge team and supporters before their 24-hour ride on Poppy's birthday

On the day Poppy Ruth would have turned two years old her parents Kyriae and Adam Simpson held a memorial at their Rouse Hill gym for stillborn children who have passed away ... 19 names joined Poppy's as part of the moving tribute to their short lives.

Kyriae was 31 weeks pregnant in March 2020 when her baby stopped moving. Instead of welcoming their second child into the world on March 11th the couple were grieving Poppy's loss. The Bears of Hope, a pregnancy and infant loss support program were there to support them.

Adam, who runs Repetitions Fitness in Annangrove Rd, Rouse Hill, said: "I had this idea to do a 24-hour cycling challenge in the gym to raise money for a cuddle cot for Bears of Hope."

The refrigerated cuddle cot enables parents to spend up to 24-hours with their baby.

He said the aim was to raise \$6,500 for the cot with an event on Poppy's first birthday but COVID restrictions postponed it for a year.

"I thought it would be just me and a few other people but all these people wanted to get involved and I had to put a cap on it at 80."

The 16 teams of five riders ended up raising over \$70,000 for Bears of Hope. Adam says the money will also go towards providing counselling and support plus gift packs to give the grieving family before they leave hospital which is what happened to them.

"The gift pack contained a bear so when we left the hospital we weren't leaving empty-handed," said Adam. Just days before the cycling

challenge was to go ahead Kyriae ended up in hospital with an ectopic pregnancy.

Adam said they were determined to go ahead with the planned fundraiser with family and friends and four-year-old daughter Darcy by their side.

"I am glad we did," said Adam. "A lot of people from the community got in touch saying they had experienced something similar so we put together a tribute. Pregnancy and Infancy Loss is something that far too many people go through. But it is often unspoken about. We wanted to use our event as another day to remember."

Amanda Bowles, CEO from Bears of Hope said the fundraiser was "incredible" for many reasons.

"The advocacy and education achieved through this event is invaluable. With 1 in 4 families experiencing loss if your family isn't personally impacted, someone you know will be and to know how to best support your friend empowers you to help them heal. Bears Of Hope has no government funding and relies solely on the community to ensure we can support bereaved families. Our grief counsellors have lived experience and we walk with families on their healing journey."



Kyriae and Adam Simpson with Emma Comito (centre) from Bears of Hope

Statistics from Bears of Hope reveal that every day six babies in Australia are stillborn and a miscarriage occurs every 3.5 minutes.

Last financial year Bears of Hope gave Bears of Hope and Keepsakes to over 6,000 grieving families. There were 593 free counselling given and 74 free support groups run.

If you need support, call 1300 11 HOPE. To find out more about Bears of Hope visit www.bearsofhope.org.au.

Hills Shire Library Service

The Hills Shire Library Service is hitting the road. The brand new Library Caddy was officially launched at Bella Vista Farm on Sunday, April 3 to the delight of children, parents and guardians.

The new vehicle will allow Council's Library Services to travel to more places around The Hills Shire, which in turn will provide more opportunities for residents to engage with this important and much-loved service.

Mayor of The Hills Shire, Dr Peter Gangemi thanked the NSW Government and the State Library of NSW for their Public Infrastructure Grant (2019-2020), which helped Council to purchase the vehicle and fit it out specially for multiple uses.

"This new vehicle will allow our library services to go more places, including to the remote areas of the Shire and to our new releases areas, such

as Box Hill and North Kellyville. Many residents in these parts have to travel some distances to access their local library and this new caddy will make it that much easier for them to engage with this wonderful service," Mayor Gangemi said.

"It's also packed with exciting features, such as storage for home library delivery services and technology, such as WIFI and a television.

"Our Library Caddy will be popping up at Council run events and at more places for storytime, workshops and deliveries. It's also an opportunity for our residents to understand the range of services our libraries provide, including author talks, educational workshops and social clubs.

"This is a fantastic outcome that has been achieved thanks to Council, the State Government



and the State Library of NSW working together for the benefit of The Hills Shire," he added.

The Library Caddy will be popping up at Box Hill Nelson Community Centre between May 4 and June 29 for Preschool Storytime and Baby Bounce sessions.

For further details and to book your place, visit: <https://www.thehills.nsw.gov.au/Library>

Sour Ultimatum for Tutti Fruitti Sign

Bilpin's Tutti Fruitti told by Council they need to move entrance sign after 18 years or be fined

BY TONY BOSWORTH | EDITOR HAWKESBURY POST

The only surviving part of the business after the Black Summer bushfires burnt everything down and it's been there for 18 years - and one other just outside their property, or potentially face fines.

As owner Cynthia Demmocks says, "and it is extra sad for us because it is the only piece of Tutti Fruitti that did not burn down in the fires!"

The well known establishment has only just really got back on its feet following the last devastating bushfires, so this is another blow...

"Surely Council could spend their time concentrating on more important matters!" says Ms Demmocks.

The RMS are the authority which oversees Bells Line of Road, so the demand for the signs to be moved is likely to have come from them, but the Council is responsible for enforcing any compliance issues.

"We had a visit from Council who have advised us that we have to remove our new signs (along the fenceline). So today we are

moving these signs inside the fenceline which is apparently acceptable.

"Council tell us that we are only being made to move these signs because someone complained about them - if this is true then it is a sad reflection on our community - but who knows if that is the real reason? And what about our neighbours? They all have signs outside their fencelines, so why have we become the chosen one?"

"But the icing on the cake is that we have been told that we also have to remove our big Tutti Fruitti entrance sign. This sign has been in this same location for 18 years - so why has it become an issue now? And it is extra sad for us because it is the only piece of Tutti Fruitti that did not burn down in the fires!"



"We have been told we will be facing a hefty fine if we do not remove signs by Monday."

Ms Demmocks adds, "surely Council could spend their time concentrating on more important matters!"

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Ukrainian Family Finds Safety

BY BEV JORDAN

Ukrainians Olena and Vadym have found a safe haven for themselves and their five children at the Rouse Hill home of a stranger after fleeing Moscow where Vadym had been working.

They decided to get out of the country after they believed it was not safe for Ukrainians in Russia.

Olena said at first they had no idea about the full extent of the invasion until they heard from family living near Kyiv.

"My parents called me to say they could hear the shooting in their town and could see black smoke."

Her parents live in Irpin where the first rockets landed nearby. Olena's brother Yuri and his wife Alyona and two sons, Makar (5) and Nazar (8) also live in Irpin, a town beside Bucha where many bodies have been uncovered.

"My parents lived in the basement of their building for two weeks ... there was no water or electricity," said Olena. Her parents were finally evacuated to Germany where they are now in accommodation for displaced persons. Yuri, who is not a soldier, has stayed to defend his country while his wife and sons have found refuge in Poland.

Vadym's parents and sister are still in Kharkiv, a Ukrainian city close to the border with Russia, which is under siege, it is too dangerous to leave.

Olena said it took a few days for people in Russia to realise the significance of the "military operations" which they thought would be over in a day. "We couldn't believe what was happening. After one week we knew we had to get out very quickly."

She said getting flights out of Moscow was very hard and expensive. They bought tickets to Egypt and told officials they were having a family holiday with their five children but officials questioned Vadym for so long at the airport that they missed their flight.

"It was terrible, we had to return to our Moscow unit and buy new tickets which cost three times more," said Olena.



Olena and Vadym with their children and Greig relaxing with friends Feonna and Rod in Kellyville.

Conscious of not frightening their children (Alicia, 2; Kateryna 6; Anton, 10; Mariia 12 and Vladyslav, 15) who thought they were going on holiday, they only packed three suitcases of summer clothes to look like tourists as well as packing all their documents. They stayed in Egypt for nearly two weeks.

"We flew out of Moscow on 6th March," says Olena. "We felt better when we got to Egypt, we didn't know where to go next. We chose Australia because it is a non-nuclear country, we know some English and we wanted to be safe."

Retired policeman Greig (who asked for surname not to be used) said he was recovering from COVID at home in Rouse Hill when he heard what was happening in the Ukraine and wanted to help.

He contacted the Australian Ukraine Association via their website to offer help with furniture and clothing. He also indicated that he had spare rooms in his home and could offer emergency accommodation to Ukrainians in need.

The next day he was contacted and asked if he would take in a family of 7 due out of quarantine later that week and he said yes.

Since arriving in Rouse Hill they have celebrated Kateryna's sixth birthday and in a few days time Alicia turns 3 years old.

"The thing that gets me," said Greig "is that six weeks ago they were living relatively normal lives and in a very short space of time that has drastically changed, the life they thought they were going to have has changed and they have had to come to terms with that."



The destroyed apartment block in Irpin where Olena's brother Yuri and his family lived.

He is now trying to help the family find accommodation in the Hills area, enroll the children at local schools and link them to support organisations as well as move them from tourist visas to humanitarian visas.

Friends have been helping him transport the family to where they need to go and helping ensure they have practical help with car seats, bedding and other needs.

Olena said: "Greig has done so much for us, we are very grateful."

If anyone does have a 3-4 bedroom house available to rent in the Hills district can they please contact Olena and Vadym on 0408 485 317.

COVER: Olena's 5-year-old nephew Makar on a train out of the Ukraine to the safety of Poland.



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BY MULPHA



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[baptistcare.org.au/Aminya Village](https://baptistcare.org.au/Aminya_Village)

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Jack's Master Move

Jack and Michelle

When Jack Weller is not travelling around the countryside, he is out walking in the bush with the twittering birds keeping him company. He's a very proactive 98-year-old who has called BaptistCare Aminya home for 23 years and is an absolute pleasure to have in company.

"When my wife passed away 37 years ago, I had a four-bedroom home with no one else at home. I had a heart attack playing golf. I spent time in hospital, and once I was out, someone came to mow my lawns. I wasn't happy with the way they cut it, it wasn't the way I did it. So I sold the house and bought a unit," said Jack.

It took Jack a few turns of purchasing other properties before finding BaptistCare Aminya. "My daughter's mother-in-law lived here, she

liked it, so my daughter said move in. I was very pleased, I still am," said Jack. "We're just 200 yards from a bus stop that can take you anywhere."

"Until this Coronavirus came about, I wasn't prepared to sit on my veranda and wait for the sun to go down to go to bed. I'd get up of a morning, get a bus, and make my mind up as to where I was going on the way. It's all about beating boredom. Coming here, turned out to be a master stroke. There's one thing you find is, you do grow old. And when you grow old, you can't do the things you used to do when you were young."

Jack's often out and about, walking, on the grounds, in surrounding bushland, and to the

local shopping centre if the weather permits. "I appreciate that it's flat land to walk. Twice a month I walk up Railway Street, to see if I can do it, and I reckon I'm doing alright. I like to test myself."

"It is a nice place. I've never had a bad or bitter feeling for the people here, I find (management) very amiable. Before the virus, there were entertainment groups, lots of activities, luncheons. I sincerely hope we get back there soon," said Jack.

If you've been considering downsizing, like Jack, come and visit Aminya Village and experience the lifestyle for yourself. Call (02) 8896 3905 to book your tour today.

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ABOUT THE ROLE

We are looking for someone who can explain our mission to our advertisers and make them feel part of the team and part of the community. We help them promote their business both online and in print, and they help us provide a voice for our community groups.

This is not a hard sell role, but one of building long term relationships with our local businesses. This is a perfect job for someone with a background in sales and a passion for community and a desire for something meaningful.

The job will entail generating new leads, cold calling potential new advertisers and meeting face to face with customers.

BENEFITS AND PERKS

- Part of a passionate team.
- Base salary plus commission
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- Laptop and mobile phone provided.
- Virtual assistant provided to help with admin work

SKILLS AND EXPERIENCE

We are looking for someone with advertising sales experience, both online and in print, who has a proven track record in sales.

Current full driving licence essential plus access to a car

Hills to Hawkesbury
Community News | Local Stories, Local Events and Local Businesses

If you are interested please send your resume to Chris Compton, Compton Media Group, chris@comptonmedia.com.au



ANZAC Day Commemoration at Richmond RSL Sub-Branch

Richmond RSL Sub-branch will commemorate ANZAC Day 2022 with a Dawn Service to be held at the Richmond War Memorial, Richmond Park, from 5.00am on Monday 25th April 2021. The Dawn Service will include the traditional Catafalque Party, keynote addresses and the laying of veteran organisation and community wreaths.

Covered seating will be available for dignitaries, veterans and older family members, who should arrive no later than 4.40am. Local community members are most welcome to participate in the ceremony, ensuring that they follow current COVID restrictions. The wearing of face masks is optional.

Richmond RSL Sub-branch welcomes the many veteran and community groups who,

each year, participate in this commemoration and who lay wreaths to honour our veterans. Richmond RSL Sub-branch will continue to invite local community families and individuals to lay private wreaths in honour of family members who have served, or are serving.

For clarification, even though COVID restrictions are being relaxed, Richmond RSL Sub-branch will not commemorate ANZAC Day, including the traditional march from the RSL Sub-branch to the Richmond War Memorial, on the Sunday prior to ANZAC Day (24th April 2022). For additional information, please contact the Richmond RSL Sub-branch Secretary, Gillian Fletcher on 0438782419 or the Publicity Officer, Lynette Bowles, on (02) 4578 2804.

Anzac Dinner

The Lions Club of West Pennant Hills Cherrybrook will be holding its 54th Anzac Commemoration Dinner on Wednesday, 20th April at West Pennant Hills Sports Club.

A moving remembrance service will be conducted before the dinner.

Keynote speaker is Colonel and Judge Doug Humphreys OAM, who will talk about the remarkable story of one of our first Anzac soldiers, Charles Melville Macnaghten (1879 to 1931)

Special guest and speaker is a World War 2 veteran and one of the last surviving "Rats of Tobruk" Dennis Davis who is 102.

The Castle Hill resident was a member of the famous 9th Division AIF which withstood blistering attacks by Erwin Rommel's Afrika Corps in 1941.

The dinner is open to all members of the community, not just Lions members, who wish to pay their respects to all servicemen both past & present.

DATE: Wednesday, 20th April, 6.30pm for 7pm start.

VENUE: West Pennant Hills Sports Club, 103 New Line Rd, West Pennant Hills.

COST: \$50 for 2-course meal.

RSVP Peter Butler by emailing to noreen.peter@bigpond.com (0411 174 905).

Payment is required by 13th April.

Galston Anzac Services

SUNDAY SERVICE

An ANZAC Sunday March and Commemoration Service will take place on Sunday 24th April at 2.30pm at the Galston Cenotaph, located next to the History Cottage on Galston Road. Marchers are to assemble on the Galston Aquatic Centre Road at 2pm ready to march off at 2.15pm. Those attending the service are asked to be seated by 2.15pm.

In the event of rain, or COVID restrictions, the service will be held in the Galston Memorial Club, Arcadia Road.

Following the service there will be a recital by the Hills District Pipe Band and afternoon tea will be served, at the Club. All are welcome.

DAWN SERVICE

A Dawn Service will take place at the Galston Cenotaph at 6AM on ANZAC Day, 25th April. The services are being organised by the Hills District RSL Chapter, formerly Hills District RSL sub.

Branch Bill Rosier, Chapter Coordinator said: "These services are our way to say thank you to those who made the supreme sacrifice in times of war, and those who returned badly affected by their war experiences." Please observe COVID restrictions, if required.

Enquiries to: Bill Rosier 0432 847 137.

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Aussie Mould Solution

Aussie's Black Box rocks! No fuel, no fuss ... just plug and go!

Recent deluges and humid conditions have left homeowners with unwelcome and potentially hazardous mould infestations. High pressure washers are effective at cleaning slippery mould from paths and driveways, preventing injuries from falls.

Local company Aussie Pumps has seen a trend away from 'Big Box' store pressure cleaners with Australian buyers now realising they deserve something better. After using an Aussie Black Box electric pressure cleaner, one customer Ralph Laka summed up his frustration.

"With lots of rain, we are constantly having to gurney everything. I have a couple of other HP cleaners which don't even come close!! With the turbo head it cut my cleaning time in half with no streaks. It's quieter and cleans so much better!!" said Laka.

Aussie developed the 'Black Box' heavy duty slow speed pressure washer for those who regularly have to clean large areas. It delivers a whopping 1800 psi at 8 lpm. Best of all, it comes with a free Turbo-lance, heavy duty professional hose and is equipped with detergent injector as part of the package. At 30 kilos you are get a lot of machine for the money! Only \$998 this month.



Wreaths at Centenary of Anzac Reserve, Wrights Road Castle Hill



Piper and drummer at the 2021 Dawn service at Bella Vista Farm

Dawn Service Plans

BY BEV JORDAN

The ANZAC Dawn Service is returning to the Centenary of Anzac Reserve off Wrights Road Castle Hill after a two year absence due to COVID restrictions.

The service held by the Castle Hill RSL Sub-branch is usually one of the biggest in Sydney. An estimated 15,000 people attended the ANZAC Dawn Service at the Wrights Road venue in 2019 with over 70 wreaths laid.

This year's service on Monday, April 25th will start at 6am but attendees are urged to aim to get to the venue by 5.30am.

Brigadier Robert Lording CSM, Commander 5th Brigade will be giving the ANZAC Day Dawn service address. The theme is the war in Afghanistan.

President of the Castle Hill RSL sub-branch David Hand said: "I would like to encourage serving and former serving Veterans and Hills residents to attend this year's ANZAC Day Dawn Service.

"Unfortunately In 2020, COVID hit the world resulting in the cancellation of the ANZAC Dawn Services across Australia. The community rallied and "Light up the Dawn" started and a lot of residents lined their streets to pay their respect."

He said while there was a small service last year at Bella Vista Farm it was limited to 500 people because of Covid restrictions.

"In 2022 the Castle Hill RSL sub-Branch is thankful it can once again run the ANZAC Dawn Service at the Centenary of ANZAC Reserve, we are planning for 15,000 people to be attending."

Rees John who is organising the event said there would be a giant screen for the service which will include veterans, serving defence force personnel from RAAF Richmond, 3/22 Squadron Australian Air Force cadets, Baulkham Hill High cadets and emergency service personnel.

There will also be an address by the four ANZAC Day High School ambassadors.

The service will be followed by a breakfast for Castle Hill RSL sub-branch members and invited guests. Castle Hill RSL Club will open to the public at 9am on ANZAC Day.

Thousands of poppies made by volunteers will be "planted" by volunteers in the grounds of Castle Hill RSL a week before ANZAC Day.

Castle Hill RSL Vice-President Cheryl Hill (welfare) said 22 members of the Castle Hill sub-branch auxiliary had made thousands of poppies over the past five years. Poppies had also been made and donated by members of the public ranging from the age of 10 to over 90.

"It's really nice when people drop off poppies they have made to the club," she said.

There are up to 2,000 poppies on the ANZAC Day wall hanging at Castle Hill RSL. While mostly red, the white poppies represent the nurses who served, purple poppies are for the animal (horses, donkeys, dogs, camels, pigeons and canaries) and the yellow poppies represent the Invictus spirit.

There are four Poppy wall hangings at the Lynwood Golf & Country Club. Cheryl Hill said it was great to return to the Centenary of ANZAC

Reserve for the Dawn Service although the Light up the Dawn Services run during COVID had been moving.

"The driveway services were really important as they brought people together in the street ... it kept the ANZAC spirit alive."



Jan Wilson making poppies

Do you really need a hearing aid?

Is this the right question to ask? In cases of hearing loss, the most common treatment a hearing care professional will offer is a hearing aid. While we all wait for a permanent cure for hearing loss, for many hearing aids are the best option available, as they help to maximise the hearing a person has left. Like glasses or a walking frame, hearing aids work to enhancing sounds a person may no longer hear naturally, making it easier to hear important sounds for communication and environmental awareness, and as soon as a hearing loss is measurable it's likely that a hearing aid can provide help.

If you or a loved one is recommended a hearing aid, a very natural question you may think to ask is "do I really *need* a hearing aid?". This certainly is understandable, and for people that rely upon their hearing for their occupation, for family or social responsibilities, or for personal safety, the answer may be a clear "yes, I do need a hearing aid!". However, considering it takes the average person seven to ten years to act upon their hearing loss, it's obvious that many of us feel less certain about an answer.

“Do I need a hearing aid?” is the wrong question.

Simply considering whether a hearing aid is something you need might not give you the full picture, and a more important question that allows for an informed discussion to ask is “*what do I risk by not acting now to improve my hearing?*”.

This question allows you to understand the consequences of not choosing to proceed with a hearing aid, and the latest research on hearing

health is starting to show that there are significant consequences both in the medium to long-term for those who decide to delay intervention.

Early adoption of hearing aids even in cases of mild hearing loss has a number of advantages over waiting:

- Those with hearing loss who don't wear hearing aids are 50% more likely to develop mild cognitive impairment, a precursor to dementia, than those with hearing loss who wear hearing aids
- Those with hearing loss who opt to not be fitted with hearing aids need to exhaust additional cognitive resources (ie. brain power) engaging in challenging social situations, resulting in additional exhaustion and mental fatigue when with company
- Those with hearing loss who don't wear hearing aids are at greater risk of social isolation, loneliness and depression
- Those with hearing loss without hearing aids are more likely to live sedentary lives with less physical activity

Meaningful connectivity

Modern hearing aids also provide a number of technological benefits. Often referred to as “connectivity”, hearing aids can now be directly connected to media and phone sources of sound via Bluetooth technology in a similar way to earphone products, and can also access special accessibility settings of the phone, allowing for an enhanced phone or media experience, and greater connectedness to social and other entertainment activities.

Choosing to adopt hearing aids earlier saves the need for looking at other methods of hearing augmentation, such as TV entertainment system upgrades, earphones/headphones or assistive listening apps.

The early bird gets the worm, and the early hearing aid adopter maximises the benefits of hearing aids. When it comes to maximising the benefits of wearing a hearing aid, there is a lot to gain from acting quickly, and a lot to lose if the decision is delayed.

Watch out for the early warning signs that should prompt you to act:

- Voices are audible but not clear – people tend to sound like they are mumbling more than before
- Situations with background noise are becoming increasingly more difficult
- You find yourself asking friends and family to repeat themselves often
- Your TV, car radio or phone are louder than others require

If you find yourself noticing any of these signs, or have more questions about your hearing ability, book your next appointment today.

To book, phone (02) 9159 6122 or Email: reception@earstudio.com.au or visit www.earstudio.com.au. Ear Studio is located at Suite 9/60 Cecil Avenue, Lawton House in Castle Hill.

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out and
about

with MICHELLE BYRNE

With Easter fasting approaching, my daughters and I have been hopping between shopping centres looking for Easter themed activities. Your local shopping centre provides plenty to do with free or low-cost activities for all the family!

The augmented reality Easter Egg hunt at Castle Towers is quite an experience! Pokemon GO tragics, who a few years ago scoured local parks, streets and anything in-between to build their Pokemon empire will hit fever-pitch once again with this activity!

Using a QR code, we followed the clues across the Towers to locate all five hidden Easter Eggs. Once each egg was found, we scanned the floor decal and watched with excitement the egg come to life! Maddison and Alexis were left spellbound as they witnessed a golden egg appearing to pop up out of the floor surrounded by tulips, or carrots or rabbits. Our favourite were the bunny rabbits virtually popping up and down out of their burrows!

Once you have located all five hidden eggs, you can collect your free chocolate bunny from the information stand as well as enter into a draw to win a \$500 Castle Towers gift card. We enjoyed the virtual reality Easter hunt so much that we have now done it twice!

The Towers is also running children's activities from April 11-14, including brunch with the Easter Bunny, Easter Bunny craft sessions and cupcake decorating workshops. Both mum and girls are very much looking forward to meeting the Easter Bunny!

Winston Hills Mall and The Grove at Baulkham Hills are also hosting free traditional

Easter Egg hunts, which has participants using a paper map to visit various retailers to collect Easter treats. At Winston Hills Mall, all kids also receive an Easter surprise at the conclusion of the hunt. Bookings aren't required and you can choose a time that suits you between 11am to 4pm on Tuesdays, Wednesdays and Saturdays and between 11am to 7pm on Thursdays. The Easter Bunny and his friends join participants at The Grove on their Easter egg hunt, and for this reason bookings are required. On April 12 and 13 kids can also book into a free session to make their own Easter basket in time for an Easter Egg hunt.

At Winston Hills Mall you can also get a family photo with the Easter bunny until April 16 (with the exception of good Friday), the cost of a photo is \$15 including Easter treat and gift for each child. There is also one session left on Sunday April 10 for breakfast with the Easter Bunny which includes breakfast, entertainment craft and an easter gift from the Easter Bunny himself, costing \$15 per child.

Easter Saturday sees Rouse Hill Town Centre host a traditional Easter Egg hunt followed by garden games such as sack races and an egg & spoon race along with a meet and greet with the Easter bunny. Bookings are essentially and tickets are \$5.

For more information on the Easter activities or to book make sure you jump online and check out the relevant website for each shopping centre. Enjoy your Easter break and I look forward to exploring more of the Hills and Hawkesbury with my daughters these school holidays.

Fresh New Look at Alive 90.5

BY LEONIE DIXON

There was an exodus from the Board of Directors at Alive 90.5 last month, creating 5 vacant positions. Andsley Dennis was elected to take over as the new Chairman, relinquishing his role as Treasurer.

Dorothy Krishnan, qualified in bookkeeping and a new volunteer to the station, has now stepped into that role.

To fill the vacant Deputy Chair role Rage Pringle nominated and Julie Jordan was persuaded to return to secretarial duties.

Ross Fear and Emma Walter remain on the Board filling the role of Education and Grants Ambassadors while Lesley Spaliviero, an experienced IT person has come on board to assist with the very important role of keeping the station on air 24/7.

I have made a return with the Membership portfolio. With the qualifications and wide range experience these people have, we expect to bring to the community an even more vibrant sound.

The mission of the station is **"To entertain, inform, engage and educate our local, cultural, social and musical communities."** To that endeavour the new Board continues to ensure the Music Team chooses music in keeping with

surveys carried out about music preferences in our listening area.

There has been an influx of new members keen to become presenters, so an intensive training program has begun, with many current presenters happy to mentor them. This means that most of the station curated music programs will soon disappear and be replaced with on-air presenters who are really looking forward to providing a huge variety of shows.

Ross Fear, the Education Ambassador has been responsible for organising seminars on subjects of interest to presenters, but also advertises in the wider community such courses as podcasting and canva, as we now have sufficient seating for at least 20 people to attend.

More initiatives from the Board include following up on the construction of our new broadcasting tower and ramp (through the Hills Shire Council), which is planned for April.

Thanks to a grant we will also be able to replace panels in both studios making for a much crisper sound and ease of use for the announcers.



Finally, the Board will ensure the viability of the station for the next 4 years by submitting all the necessary documentation to CBAA for our licence renewal.

New Chairman Andsley Dennis said: "At Alive 90.5 FM we continually strive to have an inclusive workplace, where individuals of varied backgrounds and perspectives are welcomed, encouraged, and given the opportunity to contribute to their full potential.

"In March we came together to recognise Harmony Week (pictured) and celebrate diversity and multiculturalism. Whilst harmony and cohesion are relevant every day of the year, harmony week allowed us to take some time and continue the constructive conversations about cultural diversity in our workplace."

Alive 90.5FM is a great place to join as a member. Please visit our website to find out more <https://www.alive905.com.au>

The Hills Shire Council News

Year One Reading Club

Start your Year One student's reading journey with the support of The Hills Shire's Library Service's Year One Reading Club.

The Club is designed to help students in Year One improve their overall reading skills and develop their imaginations through literature. It also encourages students to become habitual readers and to discover more at their local library.

Children will receive a logbook when they join, then a sticker each time they visit their local library branch

to borrow a book. After receiving two stickers, club members begin to collect rewards.

Year One Reading Club is available until 31 October 2022.

To join the Year One Reading Club, simply head to one of The Hills Shire Library branches (Dural, Baulkham Hills, Castle Hill and Vinegar Hill Memorial Library at Rouse Hill Town Centre) and sign-up.

For more information, visit: www.thehills.nsw.gov.au/Library



Year One students Ashton, Jasmine, Isabella and Ilaria.

Making a Submission to Council?

Any person may make a submission to Council. Submissions which obtain objections must be specific in their content. Council's preferred method of receiving submissions is via Council's website through each exhibition's online submission form. To view current exhibitions, search for 'Have Your Say.'

Council Meetings

Tuesday, 12 April 2022 – 7pm.

For more information, visit www.thehills.nsw.gov.au and search for '2022 Meeting Agendas and Minutes.'

The Hills Shire Council Draft Social Media Moderation Policy

At its meeting of Council on Tuesday, 22 March 2022, Council resolved to place the Draft Social Media Moderation Policy on public exhibition.

The Draft Social Media Moderation Policy is designed to inform all users about how comments and interactions will be managed by staff so that the focus is on intelligent discussion of topics.

This policy outlines the ground rules by which Council staff will moderate comments on various posts.

To view the draft policy, visit www.thehills.nsw.gov.au and search for 'Draft Social Media Moderation Policy.'



Click & Collect 4 FREE Plants from Bidjiwong Community Nursery!

Hills residents can now pre-order their four free plants online from The Hills Shire Council's Bidjiwong Community Nursery.

Residents will then be able to pick up their plants contact free at the nursery entrance at the allocated time.

The new "click and collect" system will allow residents to access the much-loved nursery in a safe and convenient way, while also securing their four free plants for their yard (per calendar year).

The Bidjiwong Community Nursery generates around 60,000 plants a year, some of which are collected by residents, while others go to parks and reserves across the Shire. All of the plants are native to Australia, with some that are also local to the Hills Shire, making them suitable to the conditions, soil and local wildlife.

For more information about Council's nursery and to join the wait list, visit www.thehills.nsw.gov.au and search "Bidjiwong Community Nursery".

Join a Bushcare Group

Council's Bushcare has also returned after a short hiatus during the COVID-19 pandemic.

Council's bushcare volunteers perform vital activities to protect and preserve native flora and fauna, such as removing harmful plants that could compromise the natural environment, plant identification, fauna and flora monitoring, weed control and seed collection for propagation at Council's Community Nursery.

Council currently has 278 registered Bushcare volunteers who range from primary school students to those ages in their 80's. Bushcare is open to people of all ages, however, children under the age of 18 need to be supervised by a guardian.

Council's Bushcare sites are located throughout the region, from South Maroota to Baulkham Hills and West Pennant Hills.

To join a Bushcare group, or for any further information regarding Bushcare, contact Council's Bushcare Officer on 9843 0555 or email council-enviro@thehills.nsw.gov.au

Report it to Council

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Have you seen something that needs our attention? You can report an issue from anywhere, on any device, at any time.

To get started, visit www.thehills.nsw.gov.au and search 'Report it to Council.'



Are you enjoying The Hills Shire Council News? Scan the QR code to let us know.



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Caring for Yourself and Others

As priorities shift, many of us will move to the role of 'carer'. When caring for a loved one, we often have much less free time to devote to ourselves, which makes it important to prioritise looking after yourself.

Signs of burnout as a carer

- Fatigue
- Sleeping too much or too little
- Changes in eating habits
- Withdrawing or losing interest in activities
- General feelings of anxiousness
- Feeling overwhelmed, tired and run-down

How to manage burnout as a carer

- Check in with your friends and family and maintain social connections.
- Seek professional advice if you are experiencing sleep issues.
- Maintain your daily exercise routine.
- If you are feeling down or hopeless to speak to a professional.



Ageing Well | Live Life to the Full

"As the saying goes, you can't pour from an empty cup," says Erin Stubbs, Catholic Healthcare expert Occupational Therapist and guest speaker for our Ageing Well Masterclass on Physical Wellbeing. As a carer, it is vital to consider your own health and wellbeing as you care for your loved one. You can learn to manage your own symptoms to avoid burnout so that you can continue to be there for your loved one.

Find more expert tips on all aspects of healthy ageing at our **Ageing Well Masterclass series**.

Register below for your preferred location in Liverpool, Haberfield or Lidcombe. www.catholichealthcare.com.au/events/ageing-well/. Contact us for more information on 1800 225 474.

Mosque Approved for Glenhaven from page 3

site was not conducive to a place of public worship, due to the scale and intensity it would bring.

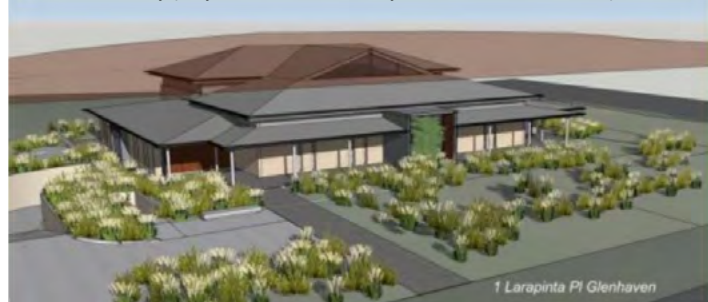
"This decision by the Court is in stark contrast to the thousand plus submissions from the Glenhaven community and that is highly disappointing," he said.

As part of the Court's decision, approval was also granted for the demolition of the existing structures and works associated with constructing a place of public worship, including the basement car parking for 99 cars and landscaping.

The Hills to Hawkesbury Community News contacted HDMS for a comment but had not heard back before going to press.

A comment on the group's website said: "The Hills District Muslim Society has been serving the local community since 2006 and working tirelessly towards establishing our local Masjid (mosque) that we can all call home. Alhamdulillah (Praise God) we are almost there and we thank Allah for everything."

The Mosque will be used daily for morning and evening prayer services from 5.30am to 6.30am and 7pm and to 8.30pm as well as during the day (9am to 6pm) for administration and classes. There will also be a midday prayer service on Fridays between noon and 2pm.



Galston CWA is holding Mother's Day Market Stall

On **Saturday 30th April** CWA Galston's Mother's Day stall will be held in Galston village selling all things handmade and homemade from 9 am – 12 pm.

Come and support your local not-for-profit and bag a few one-of-a-kind goodies for mum while you're at it. Please check our Facebook www.facebook.com/CWAGalston page for updates closer to the date.

Where: Bendigo Bank | Community Bank Galston, 348 Galston Rd, Galston.

If you are interested in being a part of the largest women's organisation in Australia, please **come along to our next meeting on Wednesday 14th April** and see what we're all about. This month we are celebrating 100 years of CWA - improving the lives of women and families locally and right across the state.

For more details about our meetings or fundraising please contact Jann 0439 222 217 or Pam 02 9653 1036. www.facebook.com/CWAGalston | galston.cwa@gmail.com



Support for Domestic and Livestock Animal Owners

The Castle Hill Showground has been opened as an evacuation centre for livestock and domestic animal owners concerned about the current flood risk in the Greater Sydney region.

Greater Sydney Local Land Services are assisting livestock and domestic animal owners impacted by the ongoing flood emergency in the region with officers on site to support evacuees and their animals.

“Our officers are on site at these facilities to provide support. However care of animals including adequate food and water supply as well as full supervision remains the responsibility of animal owners during their stay. We also ask you bring appropriate identification for your animals,” Emergency Services Manager Graham Wilson said.

“To talk to the officer on the ground, contact 0447 144 076.”

Mr Wilson said now was the time to review your flood plan, move stock and equipment and make arrangements for

fodder and transport if required.

“Stay tuned to emergency broadcasts and social media updates and follow the advice of authorities at all time,” he said.

The Agriculture and Animal Services Hotline remains open from 8 am to 8 pm, 7 days a week, contact 1800 814 647.



Kellyville woman shocked into silence by \$100,000 lottery win

A considerate Kellyville woman has stepped away from her workspace to avoid disturbing her colleagues with her screams of joy after receiving the news she won \$100,000 in today's Lucky Lotteries Super Jackpot draw with an entry of two random numbers purchased online.

The Sydney resident won the guaranteed 1st Prize of \$100,000 in Lucky Lotteries Super Jackpot drawn last Tuesday 29 March 2022. After receiving the news on the phone from an official from The Lott, the shocked woman shared she was struggling to fathom the massive win.

“I can't think at the moment. I can barely breathe. I've had to move into a quiet room because I'm at work and I don't want to disturb anyone,” she exclaimed. Honestly, I've never won more than \$10 in my life, so this is absolutely shocking! Every week, I just buy a couple of tickets, but I never actually thought I'd win”.

Tickets can be purchased at any licenced lottery outlet. The official home of Australia's lotteries, The Lott operates and markets Australia's leading lottery games customers know and love creating everyday winners, winning every day.

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parasite treatments and more!

OPENED AT LAST

Salvos Celebrate

BY MERVYN HOLLAND

At last, after three postponements in 18 months, the Salvos' Edwards Road church and facilities at Nelson were officially opened and dedicated last Saturday 2nd April.

Ray Williams MP, State Member for Castle Hill, (who deputized for Alex Hawke, Minister for Immigration) presented the Australian and Aboriginal flags to former leaders of the Rouse Hill congregation, Majors Nigel and Sandy MacDonald, and Major San Holland.

Two plaques were unveiled – the first, a memorial plaque recognizing a generous bequest to the building project by the late Denise Cobcroft, a widely known and highly respected identity in Australian horse racing circles.

Commissioner Janine Donaldson, National President of Women's Ministries and joint spiritual leader of the Salvation Army Australia with her husband Robert, unveiled the Foundation plaque and dedicated the building to be a place of hope, acceptance, and spiritual awakening of all people without discrimination.

A flag parade led the large crowd of spectators into the church building where a civic greeting from The Hills Shire Council Mayor, Dr Peter Gangemi, was delivered by Deputy Mayor, Clr. Mark Hodges.

He said: "I like to refer to our Salvation Army volunteers and personnel as "undercover angels" doing extraordinary things.

"Your well-known uniform and your message of hope are the proud proof of your generosity, strength, and compassion.

"Just recently our outstanding Salvos answered calls for help after our most recent flooding crisis – also the second flooding event we've had in the Hawkesbury-Nepean catchment in the past 12 months.

"In the current floods they've served hot meals to first responders and evacuees, and also handed out more than 1000 support hampers to those who had lost absolutely everything.

"They are working with 20 other relief agencies in the Hills, Hawkesbury, Blacktown, Hornsby, and Gosford shires to support those who have been affected by this natural disaster.

"The new accessible church and community facility is a great benefit to the people of the Hills and Hawkesbury, and further beyond.

"I also encourage those who are in a position to volunteer, to look at ways they can get involved with The Salvation Army.

Councillor Hodges, solicitor, and former police officer added:

"The presence of your chaplains in our courts brings help and hope to many who would be lost without your people there. They bring light and life into many dark situations."

Commissioner Robert Donaldson, National Commander of The Salvation Army Australia, said: "We gather here today on the land of our First Nation's peoples, with civic, and state leaders, working together to change the world for good.

"We have Salvation Army members and volunteers who help us serve God and our society and we have a clear mandate to fulfill our mission statement to 'Encounter God, Encourage People, and Engage Society'."



The Animal Welfare League NSW Mobile Vet Truck is coming to Hawkesbury

22nd & 23rd April 9am to 4pm

@Tennis Courts Car Park, McQuade Park
George St Windsor, NSW 2756

FREE Vet Checks and Microchips!
\$35 Vaccinations for local cats and dogs*
\$50 desexing vouchers for local cats*

For any info not contained on flyer contact:

awlnsw.hawkesbury@gmail.com,
0493 125 163 ~ 0400 293 116

No appointments, first come, first seen basis.

For residents of Hawkesbury & Penrith LGA* with pension card, low income and struggling to afford the costs, flood affected residents.

All cats must be in a carrier and all dogs secured on a lead.

No litters or breeders. Limit 3 pets per family.

LAUNCHING THIS MONTH

The 'How To' Series

First Workshop: FREE! On Tuesday, 12 April 2022
Upskill your business' social media

The Hills Shire Council is excited to announce the launch of our Business Education Series, the 'How To' Series. This series will be presented as a series of face-to-face workshops for new and existing business owners on fundamental topics for your small business.

The workshops will cover three key areas for business owners – social media, business planning and mindset and marketing. So, whether you're starting a new business or looking to grow your existing business, our workshops will help you make better informed business decisions.

Our first mini series launching this month IS FREE and will focus on social media for small business, and includes:

- The Ins and Outs of Social Media for Business - 12 April 2022;
- Mastering Facebook Advertising - 26 April 2022; and
- Instagram for Business Success - 10 May 2022.

Location: The Hills Shire Council, 3 Columbia Court, Norwest, NSW 2153

Time: 10am to 12pm

Speaker: Katina Beveridge, Digital Strategy Director at Strategic Online

NEED ASSISTANCE?

To discuss which workshops would suit you, contact The Hills Shire Council's Economic Development team on 0431 751 264 or at economicdevelopment@thehills.nsw.gov.au

Ready for Change?

THE GREENS FOR BEROWRA

BY TANIA SALITRA

After spending a week helping local residents at Wisemans Ferry gather donations of food and supplies for those stranded along the Hawkesbury during the flood, I'm in awe of this truly amazing group of people. But I'm also angry that yet again, this Coalition Federal Government leaves it to the local community to keep each other alive.

It's not good enough and this election, we have the opportunity to change it. With our climate crisis, housing crisis and cost-of-living crisis, many are rightly worried about their children's future. But we have solutions to the problems this government ignores.

Ensuring billionaires and corporations pay their fair share of taxes will help fund the transition to renewable energy, inclusion of dental and mental health in Medicare, free tertiary education and providing affordable housing for essential workers.

Australians need a government that will urgently act on climate change, that isn't beholden to coal, gas and lobbying industries because of the donations they receive, who won't hand over \$10 billion dollars in subsidies to prop up fossil fuel corporations every year. We need a government that cares with a focus on a fairer Australia for everyone. Voting The Greens into the balance of power will help achieve this. We have the answers if you'll give us the opportunity.

IF YOU'RE TIRED OF THE SAME OUTCOMES AND EXCUSES, THEN IT'S TIME TO CHANGE YOUR VOTE.



Wisemans Ferry local residents had to source community donations of food and essentials to help stranded people, while Resilience NSW was slow to respond.



DAVID SHOEBRIDGE

FOR SENATE

FOR ACCOUNTABILITY IN PARLIAMENT

VOTE GREENS

FOR BEROWRA

- Action on climate change
- A Federal Integrity Commission
- Affordable Housing
- Dental and Mental in Medicare
- Fair funding for public schools



<https://greens.org.au/nsw/candidates/federal>

Authorised by D. Hayden, The Greens NSW, Suite D, 263-279 Broadway, Glebe NSW 2037

Rams colour up for a cause

BY LAWRENCE MACHADO

Rouse Hills Little Athletic Centre don't do things by half. The club regularly produces top young athletes who compete at regional and NSW State Championships.

The club Committee recently held their first fundraiser in support of our brave men and women at the Rouse Hill Rural Fire Service, matching the money raised on the day.

The fundraiser was held as a part of their annual presentation at the Hills Centenary Park, where the club runs its very popular Little Athletics program every Friday between September and March through summer.

Club president Bob Gribbin said they decided on a colour run for the fund raiser, and he was one of several officials who ended up with more colours on their face and clothes than a rainbow.

"It was a wonderful event. We threw a lot of coloured chalk in the air and the little athletes run through changing colour as they progressed," Bob said. "We had a large turnout of more than 350 children with parents to raise the money for the Rouse Hill RFS who do such a great job. We have been very encouraged by the support shown by our members and it won't be the last fundraiser Rouse Hill Rams Little Athletics will host."

Bob said the event raised \$500 and the club doubled it before handing over the cheque to the Rouse Hill RFS recently.

Rams Little Athletics hold their events on Fridays from 6.30-9pm September through March with the youngsters competing in different events, including running, long jump, high jump, discus, shot put and javelin.

"I started with the club around 10 years ago when my son James began athletics," Bob said.

Incidentally James Gribbin still holds the club's Boys U15 400m record 59.70 seconds set in October 2013.

At the 2022 NSW LA Championships at Homebush in March, Alexander Benaforte brought home Ram's only gold medal in the boys U12 long jump with a huge leap of 4.77m.

His team-mate Ethan Odelle proved his versatility with four medals in the U11-12 age group: silver in the multi class discus and bronze medals in shot put, 200m multi class and 800m multi class. In all, 22 athletes represented Rams Little Athletics at the Homebush event.

The generous donation capped a mixed season for Rams Little Athletics with several members being affected by the recent floods, an interrupted schedule, and cancelled events. Many athletes missed the 2021 zone, region, and state championships due to Covid-19.



Rouse Hill Rams Little Athletics Club's first ever colour run raised \$500 from members.

"While we had a somewhat difficult year, we wanted to end on a high by helping another local not-for-profit and we know the Rouse Hill RFS have been working hard helping out locals in the floods," Bob said.

Details: <http://www.ramsathletics.com.au/>.



Rouse Hill Rams Little Athletics Club president Bob Gribbin with Rouse Hill RFS Brigade secretary Neridene Goss and Rams' club captains Grace Nolan, Matilda Odell and Caragh Gleeson.

Caring for animals during emergencies

BY LAWRENCE MACHADO

The Hawkesbury Riding Club is keen to promote the welfare of horses and other animals during emergency situations facing residents in the Hills and the Hawkesbury.

The club, founded in 1978 as the Kellyville Riding Club before changing its name in 2008, boasts of 300 members, including riding and no n-riding members.

The club, located behind the Hawkesbury Showgrounds, is hosting an important information evening on Tuesday, April 19, focussed on helping horses and other animals in emergency situations during fires and floods. It will be held at the Richmond Club, Richmond, from 7pm.

Hawkesbury Riding Club spokeswoman Mary Jane Reid said the free event is intended to support the creation/updating of existing emergency plans for fires and floods which have devastated sections of the Hills and Hawkesbury residents in recent months and years.

"The information evening is also a chance for the community to discuss the events of the last two years, how we can assist each other and what have we learnt," Ms Reid said.

Dr John Parbery of the Hawkesbury Equine Clinic, Leeanne Raines of the Department of Primary Industries/ Emergency Management Services, Luc Roberts, Operation Officer,



Hawkesbury Riding Club committee members

Hawkesbury District RFS, and a representative from the Crisis Animal Response & Evacuation (which rescued scores of animals during the floods) will be the guest speakers at the information event.

Details: Contact Jane Reid on 0401 478 689 or email: syntilla36@gmail.com

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FREE QUOTES



New Neighbourhood Shopping Village in Kellyville

Recently I attended the official sod-turning ceremony to mark the beginning of construction of the Kellyville West Shopping Centre which is located at 2 Hector Court Kellyville.

This new development promises to bring significant employment opportunities to the local community, with 400 jobs combined during construction and ongoing when the Centre opens in mid-2023.

The pandemic has shown us all the value of well-located neighbourhood grocery stores and this centre is set to make shopping more convenient than ever.

On completion, Kellyville West Shopping Village will be home to almost 8,000 square metres of retail space, including a state-of-the-

art Woolworths Supermarket and Direct to Boot facilities, a BWS, more than 20 speciality stores, restaurants and cafes, a medical centre, pharmacy and approximately 300 car spaces.

The building will incorporate a range of sustainability features, including 500 solar panels spanning the roof. The system will have the capacity to generate more than 300 megawatt hours of electricity each year helping to offset 20 per cent of the supermarket's energy needs.

Upgrades to Memorial Avenue, anticipated to be completed late 2023, will allow customers convenient access to the centre from the north via the Memorial Avenue and Severn Vale Drive



intersection. In the interim, access to the centre will be via Hector Court and Severn Vale Drive from the south.

The Hon **David Elliott MP**
Member for Baulkham Hills
Minister for Transport and Veteran Affairs

As your local Member in the NSW Parliament, I am here to help.

<ul style="list-style-type: none"> ✔ Assisting with accessing NSW Government services ✔ Providing Justice of the Peace Services 	<ul style="list-style-type: none"> ✔ Preparing congratulatory messages ✔ Attending your local community event
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Please contact my office if I can be of assistance.

📍 Suite 1, 25-33 Old Northern Road, Baulkham Hills NSW 2153
☎ 02 9686 3110 ✉ baulkhamhills@parliament.nsw.gov.au 🌐 davidelliott.com.au

Proudly serving the people and communities of Baulkham Hills, Bella Vista, Carlingford, Castle Hill, Kellyville, North Rocks, Norwest and West Pennant Hills.

Authorised by David Elliott MP, Suite 1, 25-33 Old Northern Road, Baulkham Hills NSW 2153. This publication is funded using parliamentary entitlements.

Visiting Lower Portland

In the weeks since the floods ravaged our communities on the Hawkesbury, residents of the Berowra electorate are showing their incredible resilience. While visiting Lower Portland I saw the damage to the St George Caravan Park and I saw the Wisemans Ferry Bowls Club impacted again. Some families had only just finished the clean-up from last year's floods when they were struck for a second time.

To further assist those impacted by the floods, a National Emergency Declaration was signed on 11 March by the Governor-General, slashing red tape and allowing for streamlined recovery efforts. This, in conjunction with the tremendous work being done by the RFS, SES, and ADF, will allow for a faster recovery.

The Federal Government is continuing to work with the NSW Government to provide support to flood-affected communities, with joint recovery funding reaching almost \$1 billion, assisting small businesses, primary producers, councils, and households.

Impacted residents can apply for financial support through their MyGov account and through Service NSW. Please contact MyGov at 180 22 66 and Service NSW at 13 77 88.

Our community has much to be proud of as so many have stepped up to support each other and keep our community safe in times of disaster. If you need assistance accessing payments or advice on what you might be eligible for, please reach out to my office for help.



JULIAN LEESER MP

Federal Member for **Berowra**

📍 Level 11, 423 Pennant Hills Road, Pennant Hills NSW 2120
☎ 9980 1822 ✉ julian.leeser.mp@aph.gov.au
🌐 julianleeser.com.au 📘 [julianleesermp](https://www.facebook.com/julianleesermp)

As your MP, I am here to:

- ➡ Assist with accessing federal government services
- ➡ Attend your local community event
- ➡ Arrange congratulatory messages

Please contact my office if I can be of assistance.

Authorised by Julian Leeser MP, Liberal Party of Australia, Level 11, 423 Pennant Hills Road, Pennant Hills NSW 2120.



ALEX HAWKE MP
 FEDERAL MEMBER FOR MITCHELL
 MINISTER FOR IMMIGRATION,
 CITIZENSHIP, MIGRANT SERVICES
 AND MULTICULTURAL AFFAIRS

As your Federal MP, I am here to help.

✓ Assisting with accessing Federal Government services

✓ Attending your local community event

✓ Arranging congratulatory messages

✓ Helping you resolve federal issues, including NDIS, NBN and Centrelink

Please contact my office if I can be of assistance.

📍 Suite 8, 23 Terminus Street, Castle Hill NSW 2154
☎ 02 9899 7211
✉ alex.hawke.mp@aph.gov.au
🌐 alexhawke.com.au
📘 AlexHawkeMPMitchell

Authorised by Alex Hawke MP, Liberal Party of Australia, 8/23 Terminus Street, Castle Hill NSW 2154.

2022-23 Federal Budget

The Treasurer, the Hon Josh Frydenberg, delivered the 2022-23 Federal Budget last week.

The last two years have been tough for our country. Despite the challenges, Australia's economy is strong and unemployment is at 4%, the equal lowest in 48 years.

Around 69,300 taxpayers in Mitchell will benefit from tax relief of up to \$1,500 this year, made up of the \$1,080 low- and middle-income tax offset and a \$420 cost of living tax offset.

Families in Mitchell will soon feel relief at the fuel pump as Fuel excise was cut in half.

For the next 6 months, Australians will save 22 cents a litre every time they fill up their car.

In addition to the one-off cost of living tax offset the Government is also providing a one-off cost of living payment of \$250 for Australians most in need.

In Mitchell, these payments will be delivered to:

- 11,989 pensioners;
- 1,924 disability support recipients;
- 787 carers;
- 5,030 jobseekers; and
- 10,361 eligible self-funded retirees.

Together, with the recent pension increases, this will see the 11,989 pensioners in Mitchell receive more than \$500 in additional support over the next 6 months, when they need it most.

The Budget also encourages small businesses, increases apprenticeships and invests strongly in manufacturing, infrastructure and regional development. It will support Australian's by delivering record funding for schools, hospitals, Medicare, mental health, aged care, women's safety and disability support. Visit www.budget.gov.au for more information.

Anzac Day 2022

For over 120 years Australian men and women have served around the world in defence of our country, our allies, and our values. Australian defence personnel have served with dignity, honour and bravery. We will never forget their service and their sacrifice, and this ANZAC Day we pause to remember and to thank them. Please consider attending a local service.

The ANZAC Day Dawn Service hosted by the Castle Hill RSL Sub-Branch will be held at Centenary of ANZAC Reserve, Wrights Road, Castle Hill commencing at 6am.

The Hills Club are hosting the ANZAC Day Commemoration Luncheon and Wreath laying Ceremony from 12:30pm at 2 Jenner Street, Baulkham Hills.

New Community Support Centre Opens

On 1 April 2022 the John Paul Foundation Discovery Centre at Warrah was officially opened for young adults living with disability in north-west Sydney. The new centre was opened by the Mayor of Hornsby Shire Council, the Hon. Philip Ruddock AO at a special ceremony attended by staff and guests.

The Centre will help young adults living with disability to further develop skills to thrive in a post-school environment. Holdmark Property Group founder Sarkis Nassif said he was proud to support the work of Warrah. "I have seen firsthand the incredible support Warrah provides to the community through their programs, so I was thrilled to be able to provide the resources needed to ensure this new facility could be built. The new facilities will help provide young adults

with the support needed for the choices they have made for their life journey."

The Centre is used to deliver Warrah's Discovery program. Discovery is a tailored program for school leavers, designed to deliver individualised plans that support the transition to adult life, while building on skills developed at school. The Centre also offers people living with disability the opportunity for short stays and respite care in a safe and supported environment. Warrah Chairman Steve Malin said the Centre was an extraordinary asset for the entire community. "The Centre will serve this community for generations to come and



ensure young adults living with a disability have access to the services they need," Mr Malin said. Holdmark Property Group donated the building resources towards the construction of the new and improved facility.

CUMBERLAND COMMUNITY RADIO INC.
 Building 9/92 Seven Hills Road, Balcombe Heights Estate, Baulkham Hills NSW 2153 Australia

✉ info@alive905.com.au
 🌐 www.alive905.com.au



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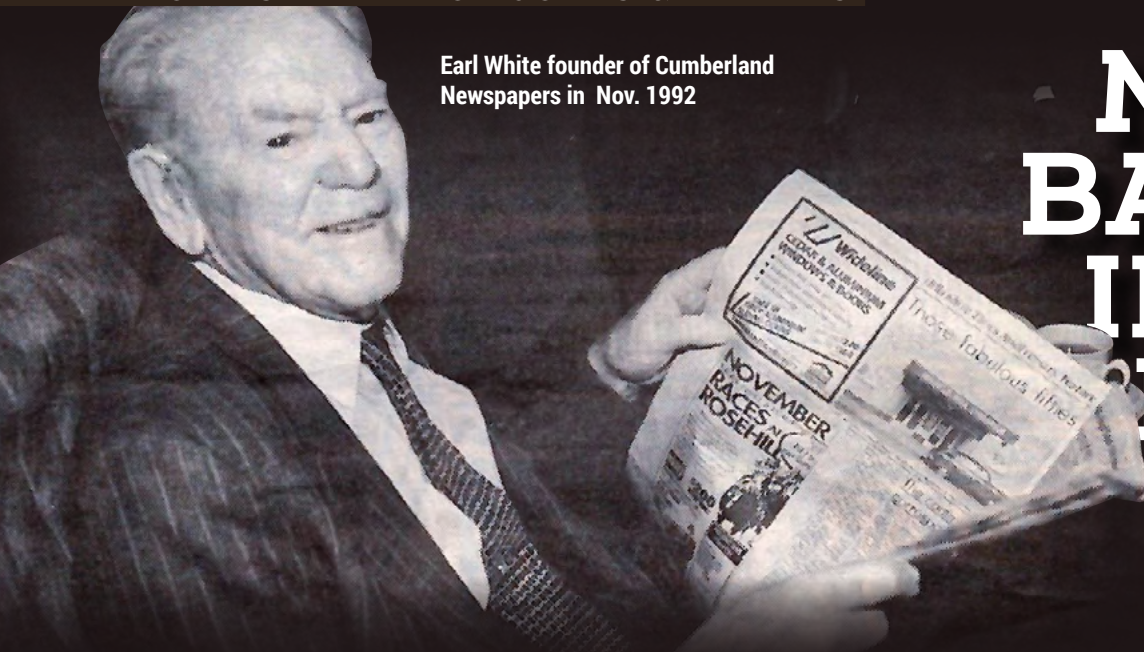
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Earl White founder of Cumberland Newspapers in Nov. 1992

MEDIA BATTLE IN THE HILLS

BY IVOR JONES

Back in the early 1990s a battle for supremacy in the print media in the Hills broke out between Dawson's, Fairfax and Rupert Murdoch's Cumberland Newspapers. Dawson's were the publishers of the leading newspaper, the "Hills News", which claimed to be "Ahead of the Times" and to have 30% more readers in its masthead than the "Hills Shire Times" published by Murdoch's Cumberland Newspapers, whilst Fairfax's "Hills Mercury" was way behind.

As mentioned in the last edition of this magazine, the "Hills News" was originally published by Ron Stettler as the "Parramatta & Hills News" before being sold to Warwick Dawson & Jim Holmes in 1984. The "Hills Shire Times" was a successor to the well-known and popular "Farm & Garden" newspaper. The "Farm & Garden" was a creation of Earl White who established Cumberland Newspapers at Parramatta in 1936. Earl White established a newspaper called the "Parramatta Advertiser" in 1933, a four-page free newspaper and three years later bought the "Cumberland Argus & Fruitgrowers Advocate" combining the two papers to create Cumberland Newspapers. Earl White had worked at the "Cumberland Argus" in 1917 and later joined "The Sun" newspaper from which he was retrenched during the Depression and that prompted him to start his own newspaper. After WW II he decided to expand the company by establishing newspapers in areas that he felt were growing as migrants and refugees flocked to Australia from war torn Europe. He asked journalist Geoff Herbourne to launch

the "Farm & Garden" in the Hills district in 1952 and leased the paper to Gil and Brenda Parkinson. The "Farm & Garden" was also a four-page publication but was increased in size when it acquired the "Shire Clarion" in May 1956. By that time Rupert Murdoch purchased Cumberland Newspapers in 1960 to give him a base in Sydney. Cumberland had a chain of 28 newspapers. Rupert Murdoch had a daily newspaper in Adelaide called "The News" but had no papers in Sydney and the purchase of Cumberland was to give him a Sydney base. Murdoch went on to purchase other newspapers not only in Australia but also in the UK and USA including the now defunct "Daily Mirror" in Sydney, an afternoon paper and later the Sydney "Daily Telegraph" which he purchased from Sir Frank Packer. He was motivated to gain control of his father's newspaper empire which was based on the largest newspaper group in Australia, the "Herald & Weekly Times" group in Melbourne which he also purchased.

Meanwhile Fairfax, who owned the "Sydney Morning Herald" and "The Age" in Melbourne and was lagging well behind in the weekly suburban newspaper market, decided to expand their "Parramatta Mercury" newspaper into the Hills by publishing "The Hills Mercury". Fairfax had also purchased a number of small suburban newspapers including the business of S Richardson's of Campelltown which gave them a virtual monopoly in the Macarthur region.

I joined Ron Stettler not long after he had sold the "Hills News" and started the "Toongabbie & Hills District TV &

Entertainment Guide" Late in 1992, Harvey Grennan who was an aggressive and forceful editor of the "Hills News" and who wrote editorial columns under the name of "Fearless Fortescue" announced that he was vacating the position of Editor of the News. Dawson's then approached me to write for them which I did for a few months, however the new editor wanted me to do investigative work which I was not qualified for so I quit. The newspaper was later acquired by Fairfax and the "Hills Mercury" folded.

The Hills-based Stettler family also printed or published a number of other papers and publications including the "Galston News" in which I also contributed a column. This paper continues to be published as the "Galston, Glenorie & Hills Rural Community News" as part of the same group as the "Hills to Hawkesbury Community News". Other Stettler printed publications included the "NSW Greyhound Weekly", "Square Dance Review", "Thompson's Corner News" and the "Ballroom Gazette" plus a newspaper covering Toongabbie the name of which escapes me for the moment.

So I guess that there is only one survivor of the media battle for the Hills of the 1990s and that is the "Hills to Hawkesbury Community News" first established in 1984 as the "Toongabbie & Hills District TV and Entertainment Magazine" and continues to be printed today whilst all the others have either disappeared or only appear as online publications. "Hills to Hawkesbury Community News" also appears online.

Hills District News 1956

IT PAYS TO ADVERTISE IN "THE HILLS DISTRICT NEWS," THE FREE NEWSPAPER WITH THE LARGEST NUMBER OF READERS IN THE HILLS DISTRICT

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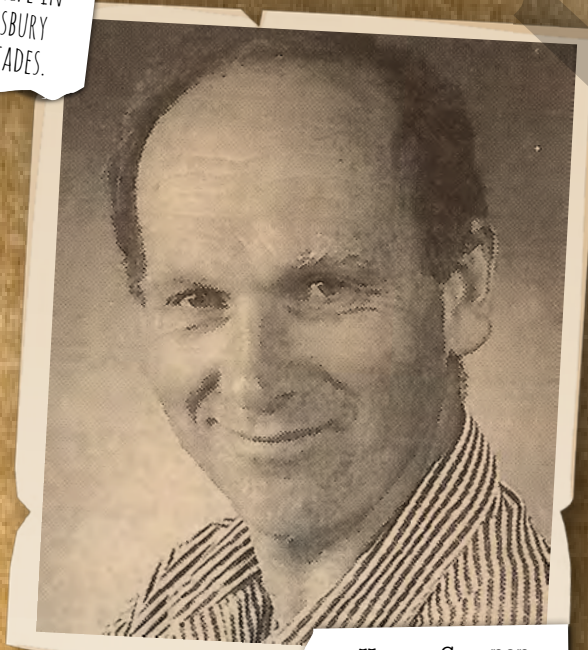
AS WE WERE

PHOTOS FROM THE PAST

COLLECTION COMPILED BY IVOR JONES SHOWING LIFE IN THE HILLS AND HAWKESBURY AREA DURING PAST DECADES.



Bev Jordan, Greg Newall, Chris Hutchings, Glenn Shipley and Adrian Rovers, (Hills Mercury)



Harvey Grennan



Jack Mitchell and Warren Sheens of Cumberland Newspapers Nov. 1992



Ivor Jones, July, Jan 1992 with the Hills Mercury

Farm & Garden Masthead 1968

Parramatta and
Hills News
"The Voice of the People" Phone: 639-4780
Vol. 27, No. 10 THURSDAY, MARCH 18, 1982
Set up by Parramatta & Hills Publishing Co., and printed by Heraldsword Press, 200 George Street, Windsor, for C. W. Buhell and Ronald Charles Steffer.
Office and Works: 5 Conde Avenue, Bankham Hills.

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Vol. 36, No. 26 WEDNESDAY, JULY 3, 1968

Castle Hill Show to be Opened by James Pegler

The 96th Annual Castle Hill Show will be officially opened by James Pegler on Saturday, 20th March, 1982, at 2.00 p.m.

James Pegler is well-known and respected by audiences throughout this country and has gained increasing recognition in England after five extremely successful work trips since 1972.

James is a local lad who here (some years ago) has had nine albums released, one reaching the coveted gold status, appearances on every live TV programme in Australia, and a continuous list of engagements. While James has been honored to officiate at the work Annual Show, we has a long association with the Castle Hill Show, going back to childhood, when his parents were members of the Show Society. He has continued this association with uninterrupted membership, current to this day.

Parramatta and Hills News

<p>LANDSCAPE SUPPLIES Rush, Barkers, Shrub, Garden Edging, Hedges, Top Dressing, Soil etc. FREE PROMPT DELIVERY PHONE: GLEN ROWLISON 654-1466</p>	<p>Farm and Garden 270 Old Northern Road CASTLE HILL GUARANTEED CIRCULATION 16,750 Phone: 634-2284 Delivered to home throughout Castle Hill, Bankham Hills, Middle Farm, Northmead, Collingwood, North Rocks, West Pennant Hills, Bayside Hill, Gladesville, Kellyville, Rose Hill, Amersham, Ranshaw, Nelsons, Doris, Galilee, Aranda, Glenmore, Murrumbidgee, Murrumbidgee, Lenthalls, Lower Portland, Sarsfield, Carrol, Marryat, Pitt Town, Windsor, Holmwood, Vineyard, Riverina, Murrumbidgee Park, Lansdowne, Agnes Bank, Richmond, North Richmond, Willabella, East Karrajung, Karrajung, Helgins, Karrajung, Karroond, Green Vale.</p>	<p>LIME SULPHUR SPRAY Readily available in all sizes from RUMSEY'S SEEDS 1 Seaberry Road, Northmead - 630-3321 Dial 0 for all major Agricultural stores.</p>
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Vol. 39, No. 26 Wednesday, July 7, 1971

OFF TO SCHOOL WITH A GOB-STOPPER OR TWO

REFERENDUM LIKELY

Have you ever wondered if on the great game ball it's hard to make up your mind whether you want to eat the red one first, or the blue one. Maybe a public vote is the answer.

Farm & Garden March 1971

COMMUNITY groups

2nd Castle Hill Rovers

www.gwsrovers.com.au

Annangrove Environment Centre

02 9654 3571 (Thurs) |
02 9843 0533 (Wed-Fri)

gnolan@thehills.nsw.gov.au

Arcadian Quilters

Meet in Galston Community Health Centre 1st and 3rd Wednesday mornings, evening group 2nd and 4th Mondays. New members welcome
Carole | 9894 7749

Castle Hill Art Society

Offers a place of art practice for artists of all ages, either in groups of various art media or classes for adults and children. Demonstrations and workshops by well-know artists are held monthly and members can participate in several exhibitions during the year. New members always welcome.

9899 3179 (ans. machine)

www.castlehillartsociety.org.au

Castle Hill Senior Citizens Club Inc.

Club members invite anyone over 55 to come and meet a very active and friendly group of Seniors who play Carpet Bowls, Cards and Rummikub. The Club building is on the corner of McMullen Ave. and Old Northern Rd., Castle Hill (opposite the new Metro station) with parking at the rear.

9680 3958

castlehillseniors@gmail.com

Combined Probus Club of Cherrybrook

We are a mixed gender club and have an active membership of over 170 retirees and semi retirees. Our meetings are held on the first Thursday of each month at the Cherrybrook Community and Cultural Centre.

Ross | 0411 104 863

rossfitzpatrick@icloud.com

www.probusouthpacific.org/
microsites/cherrybrook/Welcome

Cumberland Bird Observers Club

The Club conducts three outings a month to observe birds in their natural environment. General meetings are held at Castle Hill on the 3rd Tuesday of the month. New members are always welcome.

Peter 0412 770 757 or Cathy 9809 5668

www.cboc.org.au

CWA of NSW - Galston Branch

Monthly meetings are held on the second Wednesday of each month from 10am at the Galston Health & Resource Centre.

Jann | 0439 222 217

CWA of NSW - Castle Hill Branch

Holds its monthly meeting every 2nd Tuesday at the CWA Hall, 2 Annangrove Road, Kenthurst (off Angus Road) from 10am. We also hold our Craft mornings for members on 1st and 3rd Tuesdays of the month from 10 to 12.

Maureen | 0411 724 925

CWA of NSW - Toongabbie Branch.

Monthly meetings are held the first Tuesday of the month at Brigade House, 3 Junia Street, Toongabbie from 10:30am. We also have a social or craft day on the third Tuesday of the month.

ToongabbieCWA@gmail.com

Dural and District Prostate Cancer Support Group

Meets on the 3rd Monday of the month at the Blue Gum Centre, ARV Glenhaven Green, 599-607 Old Northern Rd, Glenhaven. For details of future meetings call.

Denis | 9629 2645 or Maurice | 9654 2138

Dural Country Club Bowls

04 2131 5074

Dural Men's Shed

04 0247 8498

www.duralmensshed.org

East Kurrajong School of Arts

First Tuesday each month 10am to 1pm. Bring along any sort of craft activity you're interested in, bring pencils or brushes to practice your drawing or painting with Ruth, browse the library for a book to read or simply just relax, have a cuppa and enjoy a

chat from 10am to 1pm. Gold coin donation for morning tea.

Ann | 02 4576 5031

Galston VIEW Club

Raises money for The Smith Family "Learning for Life" program. New members are always welcome.

Merle 9634 2378 | 0412 110 698.

Girl Guides Australia

There are great programs for girls aged 6 to 18. They meet once a week in groups relevant to their age groups which are run by trained Leaders and Unit Helpers. There are several Girl Guide Groups meeting in the area. To find out more about the best time and day for your daughter

Margo 0417 657 433.

Glenhaven Probus Club Inc

Meets 10 am on 2nd Tuesday of each month at Castle Hill Bowling Club.

secretary.glenhaven.probus@gmail.com

Glenwood Men's Shed

Jim | 0438 701 275

Hawkesbury Artists & Artisans Trail

02 4567 7400

Leanne@mellowcrest.com

www.haat.com.au

Hawkesbury District Agricultural Assn

4577 3591 (BH)

www.hawkesburyshow.com.au

Hawkesbury Nepean Chapter of the First Fleeters

Meets on 2nd Saturday of each month.

Pamela Hempel | 0407 660 579

www.fffhnc.com

Hawkesbury West Probus Club

Meets at 10:15am on the first Monday of each month at Panthers North Richmond. New Members Welcome

Membership Officer Fay | 0414 341 253

hawkeswest.probus@gmail.com

Hawkesbury Woodcraft Cooperative Ltd

4721 8709

Hills District Women's Bowling Club

Jenner Street, Baulkham Hills

9639 2733

www.thehillswomensbowls.com.au

Hills Older Men's Network INC

Meets fortnightly on the first and third Mondays of the month, 10am to 12.30pm at Castle Hill. The group is aimed at retired men over the age of 55 and provides an opportunity to chat in a non-judgemental, safe and supportive environment.

Ron | 0424 462 153

HillsOMI1@gmail.com

Hills Shire Symphony Orchestra

Welcomes new players and gig enquiries. Rehearsals Wednesday evenings.

Chris | 0405 994 605

info@hillsshiresymphonyorchestra.org.au

www.hillsshiresymphonyorchestra.org.au

Hills Toastmasters

Meets every second Tuesday, 7pm. Restore Church: 47 Britannia Rd, Castle Hill. New members welcomed

Terry | 0488 089 951

Hills/Toongabbie Music Club

Meets 2nd and 4th Fridays 7.30pm Northmead Scouts Hall 17 Whitehaven Northmead. Beginners to professionals all welcome.

Allen | 0439 831 531

allendavisguitar@gmail.com

Kurrajong Hand Spun Craft

Come and learn a beautiful old craft at North Richmond Community Centre. Friendly group just bring yourself.

Thursdays at noon.

Margaret | 0403 819 165

Ladies Probus Club of Baulkham Hills

Meetings 10am, 2nd Wednesday of the month. At The Fiddler, Windsor Road and Commercial Road, Rouse Hill. New Members welcome

Suzanne Dennis | 0412 424 593

ladiesprobusbh@gmail.com

Learning in the Hills

To find out more about the huge range of courses available call 9639 7918

www.hca.org.au/learning-in-the-hills/

Lions Club of Richmond Inc.

Geoff | 0412 969 651

Lions Club of Windsor Inc

Pam | 0413 395 145

Macquarie Towns Garden Club

Meetings are on the 1st Thursday of the month, Tebbutt Room at Hawkesbury Library at 2 pm.

macquarietownsgardenclub.wordpress.com

National Seniors Australia (Hills Branch)

Meets on the first Thursday of each month at Muirfield Golf Club, 58 Barclay Rd, North Rocks. 9.30am for 10am. The group has day outings, short tours and interesting speakers. This very friendly group welcomes visitors.

May | 0414 634 572

maybruce@bigpond.com

North Rocks Evening VIEW Club

Muirfield Golf Club, 58 Barclay Rd, North Rocks. Visit view.org.au

Toni | 9871 1926 or 0411 693 076, or

Margaret on 9872 1405

Norwest Sunrise Rotary Club

We are a breakfast Club and meet every Friday morning at 7.15am. The Rotary Motto is Service Above Self. If you want to meet like-minded people please join us.

norwestrotary.org.au

Pennant Hills Mens Probus Club

John | 9487 1385

Pennant Hills Combined Probus Club

Meets at Hotel Pennant Hills every third Monday of the month at 10am. New members and visitors welcome.

Lorene | 0429 396594

Pennant Hills VIEW Club

Meets for lunch on the second Tuesday of each month at Oatlands Golf Club at 11am. Meetings consist of a two course lunch followed by an interesting guest speaker. Visitors & new members are welcome. On the fourth Tuesday of the month a social outing is arranged for members

Margaret | 9873 2402

Pitt Town Probus Club

Meets at 10:00am on the 2nd Tuesday of the month at the Pitt Town and District Sports Club, 139 Old Pitt Town Rd Pitt Town. New members welcome.

Denise Fairfax | 0435 447 414

Probus Club of Round Corner (Dural)

Secretary, Julie

PO Box 822, Round Corner 2158

Probus Club of the Hills Inc

Ken | 02 96296459

Probus Club - Kellyville Castle Hill Mixed

Meets at 10am on 2nd Thursday of each month at Muirfield Golf Club, Barclay Rd North Rocks. New members welcome.

Pam | 0417 667 067

pamelaloves66@gmail.com

Probus Combined Kellyville Club

Meet 2nd Monday of the month at 10am. At The Glenhaven Community Centre: 76 Glenhaven Road, Glenhaven. New members welcome.

Veronica | 0408 025 577

Susan | 0400 039 308

ken_n_sue@hotmail.com

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9679 1246

admin@rdanswtalltimbers.org.au

www.rdanswtalltimbers.org.au

Red Cross - Castle Hill Branch

Meetings 2nd Friday of the month 10.15am to 11.45am at Wesley Uniting Church, 32-34 Showground Rd, Castle Hill. New members always welcome.

0419 431 084.

Richmond/Windsor VIEW Club

Richmond/Windsor VIEW Club Which Supports The Smith Family Learning for Life meet on 2nd Wednesday of the month starting at 11.30 at The Richmond Club

Christine Walshaw | 0416073483

Scouts Australia - Greater Western Sydney Region

9639 2488

www.greaterwestscouts.com.au

Sleep Disorders Australia - NSW

02 9990 3514 | www.sleepoz.org.au

Soroptimist International The Hills

Meets on the 3rd Monday of the Month at Crestwood Community Centre Baulkham Hills 6.30pm for a 7pm start. Visitors are always welcome.

Cathy | 0435 837 118

sithehills@siwp.org

The Hills Community Aid and Information Service Inc

9639 8620

The Hills Learning Centre

02 8850 0555

RSVP | info@thehillslc.com.au.

facebook.com/thehillslc

The Hills Shire Garden Club

Meets on 3rd Monday of the month at Barton Hall at 178 David Rd castle Hill at 1 pm. We have guest speakers, raffles, plant sales and bus trips to various gardens New members are always welcome.

9624 5034

The Hills District Pipe Band

Practices at Stamford Hall, Balcombe Heights Estate, Baulkham Hills every Wednesday night from 7pm-9pm. The band warmly welcomes new members and gig enquiries.

Instagram: @hillsdistrictpipeband

Suzie Whitaker

pipeband.hillsdistrict@gmail.com

www.hillsdistrictpipeband.com

The Hills Trefoil Guild

Elaine | 0417 330 196

The Inner Wheel Club of Baulkham Hills

Meets at Aveo Retirement Village, Bella Vista on the 4th Monday of each month at 6.00pm (dinner optional), for meeting at 7.00pm.

Robyn | 9639 2742

The Sydney Hills Branch of the Association of Independent Retirees

Meeting on Friday, at Beecroft Presbyterian Church Hall, Welham Street Beecroft. Meeting commences at 10.45am. The future topics will be Health, Centrelink, Retirement, Technology Safety and others.

Lauris Rennie | 9634 1186 or

Pam | 0412 737 234

airsydneyhills@gmail.com

Thursday Ladies Tennis Competition in the Hills District

hillsladiestennis.org

Wanderers Bushwalking and Outdoor Club

Meetings are held on the 2nd Tuesday of each month at 8 pm at Crestwood Community Centre, Cnr Crestwood Drive and Conway St, Baulkham Hills.

Ted | 0429 790 091

www.bushwalkingsnsw.org.au/wanderers

Windsor RSL Fishing Club

Meets on the last Tuesday of the month at Windsor RSL club at 6:30pm. The club has been established for over 40 years and welcomes new members. It holds regular fishing outings including in land water and deep sea fishing.

Les Mison | 0421 821 1990.

Windsor Probus Club

Meets at 10am on the 1st Wednesday of each month at Windsor Golf Club, McQuade Ave, South Windsor. New members always welcome.

Membership Officer Alan | 0407721461

or Secretary Ann | 0414298945

Winston Hills Joey Scouts

9862 8482 | hsara@optusnet.com.au

Wisemans Ferry Community Men's Shed Inc

Meeting Tues and Sat 9am - 5pm
Alan Hunt | 4566 4626 or 0428 784 425
Adrian Acheson | 0448 833 781

YMCA NSW Community Visitors Scheme

9633 8209 or 0402 255 193

Zonta Club of Sydney Hills

0414 641 408 |

www.zontadistrict24.org

PUZZLE

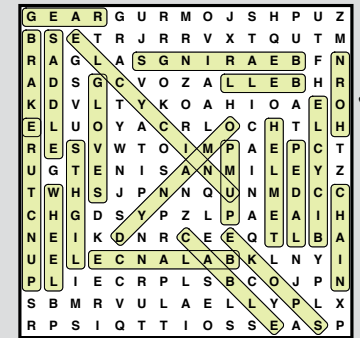
WORD SEARCH

THE MARKETS

- ANALYSIS
- ARBITRAGE
- BEAR MARKET
- BULLISH
- COMMODITY
- DAY TRADE
- DIVIDEND
- EQUITY
- FUTURES
- HEDGING
- INVESTMENT
- LIMIT ORDER
- MANAGEMENT
- MARGIN
- OFFSETTING
- OPTIONS
- SELL SHORT
- SHARES
- TRADING
- TREND

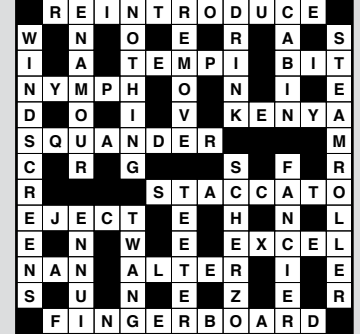


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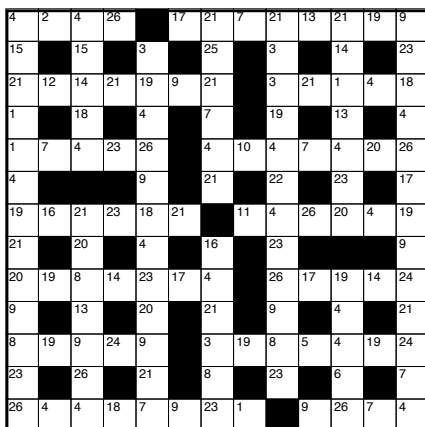
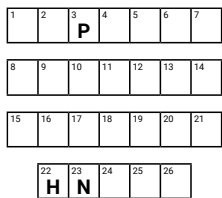
Answers from last issue

CODE WORD



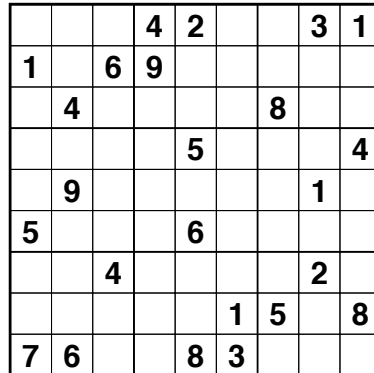
CODE WORD

Numbers in the grid (1-26) correspond to each of the letters of the alphabet from A-Z in some order. Solve the puzzle and fill in the letters in the key provided as you find them. Three letters are provided to give you a start.

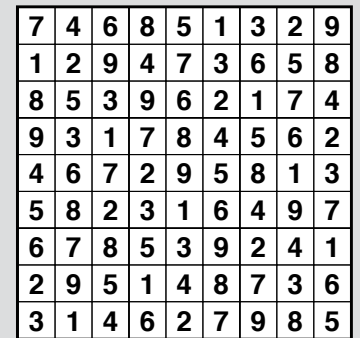


SUDOKU

Fill the grid so that every column, every row and every 3x3 box contains the numbers 1 to 9.



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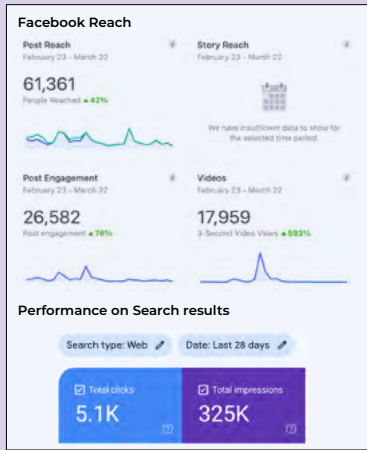
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1	2		3		4			5	6		7		8	
9								10						
11										12				
13										14			15	
16	17		18		19							20		21
22					23			24						
25										26				
27										28				

Across

1. Incident
5. Arts hub reinvigorated common shrub (3, 4)
9. Printers' or Tasmanian
10. Fire-resistant tree
11. Take it easy! (4, 4)
12. Large beer bottle
13. Scissors grinder
15. Repose
16. Global airline body (1, 1, 1, 1)
19. Reliance
22. Part of a car's steering system (3, 3)
24. On the books
25. Sydney surfing beach (4, 4)
26. Pro bono
27. If you're doing it, you're on this (3, 4)
28. Unfavourable (7)

Down

2. Triumph
3. Earth-shaking
4. Twisted out of shape
6. "The game's ---!" (Shakespeare - and Conan Doyle)
7. Chatterbox
8. Beach habitués
10. Former national cricket captain (3, 8)
14. Evasion
17. Horizontal bearing
18. Popular type of paint for artists
20. Overshadow
21. Closing items, usually, on TV screens
23. Just what the doctor ordered (5)

SUDOKU

Rating: ★ ★ ★ ★ ☆

Fill the grid so that every column, every row and every 3x3 box contains the numbers 1 to 9.

			3	4				
	1				8		5	7
4			5		1		6	
3					8			
2	6						5	4
		3		9	4			2
9		4			7			1
						5	4	

Answers from last issue

CROSSWORD

V	J	L	N	P	C	E	H
O	X	I	D	I	Z	E	R
L	L	O	A	M	T	L	
C	U	L	I	N	A	R	Y
A	A	C	H	I	R	S	
N	U	R	T	U	R	E	
I	O	B	R	T	L	I	
C	O	O	T	C	E	L	L
F	H	U	A	P	A	Y	S
P	A	F	F	E	C	T	S
S	U	S	R	E	H	I	
L	I	E	S	I	N	P	I
D	U	M	A	K	S	T	A
R	E	M	A	R	K	S	

SUDOKU

8	3	9	2	6	1	4	5	7
4	1	6	3	5	7	9	2	8
2	7	5	8	9	4	6	3	1
5	9	3	6	1	2	7	8	4
6	2	7	4	3	8	1	9	5
1	8	4	5	7	9	2	6	3
9	5	8	1	4	6	3	7	2
3	6	1	7	2	5	8	4	9
7	4	2	9	8	3	5	1	6

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