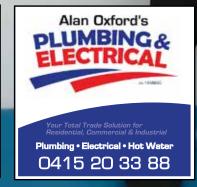


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The business community swung into action to back the Salvos Red Shield Appeal at a special Western Sydney Business lunch last week.

The Salvation Army's NSW/ACT Divisional Commander Lieutenant-Colonel Miriam Gluyas said the focus this year was on homelessness.

"For every person experiencing homelessness that you can see there are 13 more that you can't... all generations. We are looking after as many as we can."

"You are hope givers and hope bringers to the people wo are the most vulnerable."

She said the Salvos had 95,00 requests for people who lost their homes this year.

"There are complex issues we need to be there to help care for them. We need to find people, we need to love people."

Guest speaker Rosemary Kariuki, the 2021 Australian Local hero, spoke about her own journey from Kenya to Sydney and her need to volunteer

"We need to give life to people."

She spoke about the many ways people find they need help, through losing a job and not having money.

"Even me, I went to the Salvation Army for help, they gave me some vouchers, if they hadn't given me vouchers (for food) I don't know where I would be.

"All of us, let us do something...you need to start giving back. Everyone can do some something. We need to know our neighbours, the people in the office who don't speak to anyone, let's go for a walk or go for a coffee."

Hope Where it is Needed Most.

Stephanie Dale, Chair said: There are people out on the street who desperately need the support of The Salvos please dig deep."

This year the Red Shield Appeal will be both online and through collection points.

You can donate online at www.salvationarmy.org.au/rsaws, call 13 SALVOS (13 72 58).

Volunteer collectors will be out on the weekend of May 29 and 30. To find out more visit salvationarmy.org.au

Every week the Salvation Army provide

- Over 16.000 meals
- 1200 vouchers given to people in need
- Over 1000 women helped by domestic services each year
- Over 4500 assisted by homelessness services with case management support.
- Nearly 1000 people accommodated each night.
- Over 106,000 people in disaster affected areas received help from Salvation Army Emergency Services.
- Over 2600 young people assisted by youth support services each year.



Hills to Hawkesbury

Community News Local Stories, Local Events, Local People and Local Businesses

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A BIG THANK YOU

Federal Member for Macquarie, Susan Templeman MP was special guest at a thank you morning tea held at Riverside Gardens North Richmond recently.

Village manager Patricia Campbell said the event was the first manager's monthly morning tea she had been able to hold for 15 months

"Covid restrictions bought a lot of stress and then the floods came.

"It was just one thing after another," she said. "We were safe during the floods but we were cut off.

"Susan Templeman has been so supportive of me and the village during this time, emailing information, sending newsletters and sending emails of encouragement.

"As this was our first community tea for 15 months we wanted to invite her along to say thank you for all that she did for the whole community during that time."

David Cachia, Chairperson of the Riverside Gardens Committee thanked Mrs Templeman for being "a great" local MP and for all the work she is doing for the Hawkesbury District.

He also thanked Jane Tolhurst who attended and represented the Tolhurst family, the owners of the Village.

"We have a fantastic village and well-presented and admired by all," he said.

Mrs Templeman said: "It was wonderful to join the residents of Riverside Gardens for their first morning tea since COVID began.

"I know Riverside Gardens was very proactive in ensuring the safety of its residents during the height of the pandemic, and I would like to acknowledge the leadership of people such as Manager Patricia Campbell, who was ahead of the curve in protecting people's health, and the ongoing support of Jane and Mark Tolhurst.

"The morning tea also gave everyone the chance to get together as a community after the stress of the recent floods.

"Many residents were telling me about their concern for others as the helicopters flew overhead, and how pleased they were seeing the community really pull together on both sides of the river for the common good.

"It was a delight to catch up with everyone and I hope to visit again soon."



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OOO SERVICES

SCAFFOLDING COLLAPSE

SafeWork is investigating a building site incident which left two men injured at Marsden Park on Saturday, April 24.

A 53-year-old man spent several days in Westmead Hospital. Emergency services were called to Gecko St, Marsden Park at around 9am on Saturday after calls that a man was trapped following the collapse of scaffolding at a two-storey home he was working on.

Fire and Rescue NSW (FRNSW) crews found a significant structural collapse on a building site when they arrived with one male injured and one other still trapped under the rubble.

The 53-year-old man fell 3m and was crushed by bricks, sustaining injuries to his shoulder and lower limbs.

Rescue crews worked with NSW Ambulance, police, the site doctor and medical staff to work out the safest extrication plan and took 30 minutes to remove the patient.

CareFlight's Rapid Response Helicopter landed in a Marsden Park. CareFlight's specialist doctor and NSW Ambulance critical care paramedic conducted an ultrasound to assess the patient's injuries and administered pain relief while taking spinal precautions. The man was taken by road with NSW Ambulance to Westmead Hospital in a stable condition.

FIREFIGHTERS OPEN DAY

Fire stations will open their very large doors on Saturday, May 15 on the annual Fire and Rescue NSW (FRNSW) Open Day.

Residents can have a look around between 10am and 2pm to find out what firefighters do and to learn some safety tips.

Minister for Police and Emergency Services David Elliott said Open Day will also focus on educating the community about the importance of having a working smoke alarm in their home.

"Each year, approximately 20 people die in NSW from

fires that could have been prevented. Sadly, almost all of these fatalities occur in people's homes

FRNSW Commissioner Paul Baxter said: "We see a 10 per cent increase in the number of house fires during the cooler months, with fires starting in bedrooms and lounge rooms due to heaters and electric blankets.

"This year we want to help residents prepare their homes and in particular, encourage them to check their smoke alarms and have a Home Fire Escape Plan. We have developed a Get Ready for Winter checklist - to find out more, visit www.fire.nsw.gov.au/winter.

For more information on FRNSW Open Day, visit www.fire.nsw.gov.au/openday



MOWER AMPUTATION

A 56-year-old man operating an industrial lawn mower on a Wilberforce property suffered an amputation to the lower leg on Monday, May 3.

CareFlight's Rapid Response Helicopter was tasked by NSW Ambulance at 4:25pm and landed 20 minutes by the scene of the incident where NSW Ambulance paramedics were providing initial treatment for the patient.

CareFlight's specialist doctor and NSW Ambulance critical care paramedic performed a clinical assessment on the patient, including an ultrasound, and provided treatment for the wound. The clinical team intubated the patient and placed him in an induced coma to stabilise his condition.

The patient was airlifted to Westmead Hospital in a stable condition under ongoing treatment from CareFlight's clinical team.



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By BEV JORDAN

If you wonder why you are seeing men in the Hills with one purple fingernail it is because they want to start a conversation about domestic violence and talk about how to end the epidemic.

The Purple Nail Tribe campaign has been launched this month by the Lisa Harnum Foundation to encourage men to pledge to help end domestic abuse and the silence surrounding it.

Last week Hills Police Commander Supt Jason Joyce joined CHRG CEO David O'Neil, Sydney Hills Business Chamber manager Richard Holland and Rotarian Alex Hezari to have the ring finger of their left-hand painted purple by Aileen Mountifield, founder of the Lisa Harnum Foundation.

Recent statistics report one woman a week is dying due to domestic and family violence.

Figures from The Hills Police Area Command show that police were called out to 111 Domestic Violence related assaults in the first 3 months of this year.

Aileen Mountifield, executive director and founder of the Lisa Harnum Foundation said numbers are much worse than those reported, with incidents of coercive control and non-physical domestic abuse unreported.

"Coercive Control is non-physical abuse that involves controlling behaviours such as threats and intimidation, deprivation and duress, verbal abuse and manipulation," she said.

"It is not uncommon for coercive control to lead to physical harm, and sadly, the Hills has a terrifying number of women experiencing just that."

Supt Jason Joyce said: "Domestic violence is such a priority for The Hills PAC that I have increased the number of police focused solely on domestic violence from one officer to three officers in the last 12 months.

"Later this year that will increase to 4 officers in the DV team. We will continue to work strongly towards

reducing the impact of domestic violence on the community."

The Lisa Harnum Foundation runs three safe rooms in local shopping centres (Rouse Hill Town Centre, Castle Towers and Macquarie Centre) where counsellors can arrange to meet women to offer advice and help.

"Our vision is for all women and children to live safely – free from fear and from violence. The only way to do this is to shed light on the epidemic our community is facing," said Aileen.

Supt Jayson Joyce said: "I strongly believe it is the responsibility of every man to call out domestic violence and protect the victims of domestic violence. It is a very important subject that we all need to talk about and take responsibility for changing attitudes towards domestic violence."

COMMUNITY

Richard Holland said he had been shocked by the reports of women dying as a result of domestic abuse. "It's absolutely abhorrent. The Purple Nail Tribe initiative gives the issue visibility. It just creates that conversation."



If you scan the QR code it will take you to the Purple Nail Tribe Pledge.

The Lisa Harnum Foundation is also hoping to raise \$10 a pledge to expand its counselling services. For details visit lisahf.org.au

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EMERGENCY SERVICES continued

SCHOOL STABBING

A 16-year-old boy was been airlifted to hospital on Thursday with stab wounds after an incident at Glenwood.

Emergency services were called to the school in Glenwood about 1.15pm (Thursday, May 6) after reports of a stabbing.

On arrival officers found a male student suffering multiple stab wounds to his stomach.

He was treated at the scene before being airlifted to Westmead Hospital for treatment. He remains in a stable condition.

A second male student, aged 14, was arrested at the scene and taken to Quakers Hill Police Station.

Anyone with information about this incident is urged to contact Crime Stoppers: 1800 333 000 or nsw.crimestoppers.com.au. Information is treated in strict confidence.

MURDER APPEAL

Homicide Squad detectives are continuing to appeal for public information into the murder of Kalim Saliba one year on from his death.

The 86-year-old man died following a home invasion at his Cherrybrook home on April 29 last year. Just before 12.30am on Wednesday, April 29, 2020, emergency services were called to a home on Tallowwood Avenue, Cherrybrook, following reports two men had forced entry to the home.

Police attended and located the occupants, an 86-year-old man and 84-year-old woman, with serious head injuries.

They were treated at the scene before being taken to Westmead Hospital where the man, Kalim Saliba, later died.

Homicide Squad Commander, Detective Superintendent Danny Doherty, said police are continuing to investigate several lines of inquiry to identify those involved. "Two masked men viciously attacked an elderly couple in their home, a place where they have the right to feel safe, resulting in a family losing a loving husband, father and grandfather.

"Someone out there knows something and we are encouraging them to look into their conscience and come forward."

Kalim's son, Joseph Saliba said: "Dad will be forever cherished by our family as a loving father, grandfather and friend taken from us too soon," he said.

Investigations under Strike Force McCleery are continuing. Anyone with information that may assist Strike Force McCleery investigators is urged to contact Crime Stoppers: 1800 333 000 or nsw.crimestoppers.com.au. Information is treated in strict confidence.



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UNI CAMPUS AT CASTLE HILL

By **BEV JORDAN**

The University of Canberra is opening a campus in Castle Hill and plans to deliver its Bachelor of Nursing degree and a new Graduate Entry Master of Nursing early next year (Semester One and Two in 2022).

An official announcement about the Sydney Hills Campus was made by the university last week (April 27).

It has partnered with the Education Centre of Australia (ECA) which secured a lease on the former Castle Hill Day Surgery Building, on the corner of Cecil Ave and Terminus St through a competitive Expression of Interest process.

A council spokesperson said the Development Application was approved by the Local Planning Panel meeting mid-March for change of use from health care premises to a tertiary educational facility and for internal alterations, replacement of external cladding and signage.

University of Canberra Pro Vice-Chancellor, Students, Partnerships & International Professor Lawrence Pratchett said: "The partnership with the Education Centre of Australia and the establishment of the new Sydney Hills campus marks a period of growth for the University and an exciting opportunity to take our nursing courses further.

"We know there is high demand for health courses, particularly in this locale and internationally, so the establishment of the campus has received strong support from local community groups and council.

"The University is currently working closely with the Australian Nursing and Midwifery Accreditation Council (ANMAC) and the Tertiary Education Quality and Standards Agency (TEQSA) towards final accreditation

"I am confident we will meet those standards and be able to proceed with the process," said Professor Pratchett.

Hills Shire Mayor Dr Michelle Byrne, said a university in The Hills is "a dream come true".

"Having a university campus in the Castle Hill Town Centre will be a great asset with many added benefits to our Shire, including our residents having access to local tertiary education and having a skilled workforce.

"It will also create many economic benefits for the area, including driving our day and night time economy.

"I want to thank the Education Centre of Australia (ECA) for their work in bringing a university to our region."

She also thanked businessman Jim Taggart for being instrumental in trying to attract a full-time university presence in the Hills community.

Mr Rupesh Singh, Chief Executive Officer of Education Centre of Australia said: "Education Centre of Australia is very pleased to have collaborated with The Hills Shire Council and University of Canberra to have the opportunity to deliver positive experiences to our community, local families and international students."

The campus will have computer labs, lab spaces, simulated hospital wards and high-tech teaching spaces to meet University course requirements for nursing.

Students will also have access to local and regional clinical placements and employment opportunities.

The Sydney Hills Campus is adjacent to council's carpark near Castle Mall. Hills Shire Council bought the two-storey building in 2016 when the Castle Hill Day Surgery relocated to the new hospital at Norwest.



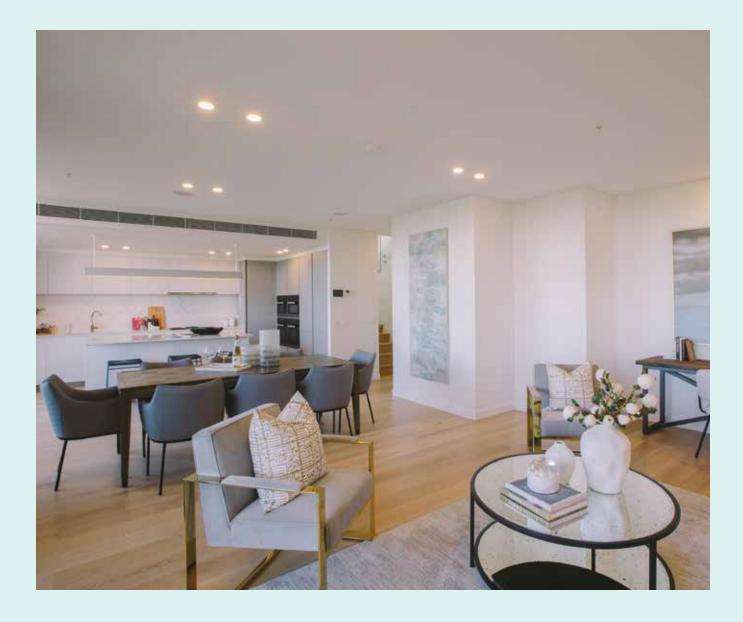




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HILLS PARENT FORUM BY BEV JORDAN

If you are looking for answers to raising teenagers today, the free Hills Parent Forum at Castle Hill on Wednesday, May 26 could provide some useful insights.

Clinical psychologist and Family Therapist Colleen Hirst and psychologist, author and qualified teacher Collett Smart will both be speaking at the forum on *Building Healthy Relationships in Our Teens* and will be available for questions afterwards.

With over 35 years' experience of working with families Colleen has seen what can be done to restore communication and says that understanding the teen brain and how teenagers develop is a vital key to the puzzle.

She says consistent and clear communication is important. "Teenagers don't cope with long lectures ... less is more." She will touch on physical and psychological development and hurdles to respectful communication.

Collett Smart will provide tools for healthy relationships and talk about the sexualised media, body safety and discussing ideas on consent.

She says there is no secret to raising healthy teenagers: "The small things are the big things. Simply spend time with your teen, doing things they enjoy, to demonstrate your love and to show them they matter to you," she says.

Also speaking on the night will be Youth Liaison Officer with The Hills Area Police Command Ethan West who will talk about trends and issues police are dealing with concerning young people in The Hills.

There will also be an opportunity to talk to a range of services who will be at the event. The event has been organised by the Forum Committee of the Hills Domestic Violence Prevention Network and will be the sixth Hills Parent Forum at Castle Hill.

Committee member Donna Fraser said the past five forums had each been attended by more than 100 parents.

"You will leave the forum with an increased knowledge on how the adolescent brain works and how to improve communication and cooperation within your family," she said.

WHEN: Wednesday, May 26.

WHERE: The Pioneer Theatre (under Castle Hill Library) 14 Pennant St, Castle Hill TIME: 6.30pm to 9pm, doors open at 6pm.

cost: Free. Bookings are a must at http://bit.ly/Hillsparentforum





AUSSIE'S HIRING

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One of the great success stories in the Hills District is the rise of Australian Pump Industries, known to the market as Aussie Pumps. Located on a 2 ½ acre factory warehouse complex in Norwest's Victoria Park, the company has developed products to fight bushfires, droughts and even Corona.

Aussie Pumps is looking for a new admin/sales assistant to assist the Industrial Division sales team.

"We support customers in market segments including mining, drilling and marine., as well as building and construction. It's about helping customers to find solutions and supplying products they can rely on", said Aussie Pumps Recruitment Manager, Linda-Sue Karkowski.

Aussie Pumps encourages local Hills residents to apply. They are looking for someone with excellent customer service and strong admin skills, who enjoys a busy role working in a great team.

Australian Pump Industries started from a simple beginning and now exports products all over the world. Their winning philosophy to provide gear that works better, is safer, faster and smarter is a winning formula.

"Our products are acknowledged worldwide as exceptional and when you believe in your products it's amazing how customers respond. This is opening up opportunities for locals who want to work in a stimulating, innovative environment!" said Linda-Sue.

The company gives comprehensive product training, providing long term career opportunities. Want to know more about this great opportunity? Send your resume to careers@aussiepumps.com. au or call 8865 3500. Want to learn more about Aussie Pumps? Check out Aussie's YouTube channel and see the

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NEW ERA FOR UNITING

Uniting's 40-year legacy of supporting people in Western Sydney has a brand new look and feel at Westmead. Uniting has brought retirement living apartments, residential aged care, assisted living services, a seniors' gym, café, salon and early learning centre to one convenient location in the heart of Westmead's hospital and health precinct.

Uniting Westmead is inviting people to come and discover the benefits of retirement living in a community designed for connecting individuals, families and services. There is an opportunity to view the stylish and spacious 1, 2 and 3-bedroom retirement apartments, overlooking World-Heritage-listed Parramatta Park. Priced from \$575,000, these beautiful homes are close to public transport, shops, restaurants and amenities.

Uniting has also built a brand-new long day care centre on site, to support the families that live and work in Westmead. It is open weekdays from 7am to 6pm, with chef-prepared meals and special programs to spark curiosity and connect with nature. Enrolments are filling fast.

Drop into the Uniting Concierge at 1 Caroline Street, Westmead to find out more (there is plenty of parking) or book a tour online at



NEW GENERAL MANAGER

Hawkesbury Mayor, Councillor Patrick Conolly announced the appointment of Elizabeth Richardson as council's new General Manager.

Ms Richardson has more than 20 years' experience working in Local Government and has been responsible for leading teams in planning, regulatory services, information technology, assets and environment.

Her last role was as the Chief Operating Officer, Director of Development and Recreation at Inner West Council which she has held since 2019.

The Mayor said: "I would like to congratulate Elizabeth on her appointment. It will be an interesting and challenging time to join our Council," he said.

"There are opportunities to continue to work together with our staff, businesses, visitors and community to build a strong and sustainable Council. Elizabeth's experience in senior management roles in Local Government will ensure she is well placed to lead Council operations."

Ms Richardson will officially start her new role as General Manager on Tuesday, June 1.

To mark Law Week, Hawkesbury Library Service will host an information session providing an opportunity for the community to learn more about powers of attorney, enduring quardianships, advance care directives and wills.

It will be presented by Solicitors from Western Sydney Community Legal Centre on Monday, May 17 from 10am to 11.30am and Wednesday, May 19 from 2pm to 3.30pm.

Attendance is free and will be held at Hawkesbury Central Library, 300 George Street Windsor. Spaces are limited; bookings are essential via www.hawkesburylibrary.eventbrite.com or call 4560 4460.



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TIME TO CELEBRATE

Hills Relay For Life celebrates its 20thbirthday at Castle Hill on Saturday May 15, making it one of the longest running Cancer Council Relay events in Australia.

This year's Hills Relay is a five-hour event, between 3pm and 8pm at Castle Hill Showground, and will feature the highlights of the previous events including an opening ceremony, a 20thbirthday celebration, walking on the track, on stage entertainment, the major raffle draw and a candlelight ceremony of hope at 6pm.

The evening will end at 8pm with a 20thbirthday firework display donated by DazzleFX Fireworks and Karen D'Angola Di Jones Real Estate.

Due to COVID restrictions it is a ticket only event so participants need to be registered in a Hills Relay For Life Team to be able to attend. There is a team called Join the Club for those without a team of

To join a team or form a team visit the Hills Relay For Life website cancercouncil. org.au and search for Hills Relay For Life. For details email Yvette.haines@nswcc. org.au or call 9354 2011.

HAIR-RAISING DATE FOR

AT HILLS RELAY FOR LIFE

By **BEV JORDAN**

At the age of 23 Karenza de Leon is looking forward to going bald on Saturday, May 15 at 5.45pm.

She has been growing her hair since the age of 11 and at a mighty 86cms long it is her pride and joy.

The university student will be having her head shaved at this year's Hills Relay For Life at Castle Hill Showground next Saturday to raise money for cancer research and Cancer Council support programs.

"I was frightened at first but then I met a woman who had brain cancer and she had to shave her hair. she had no choice. A lot of people keep telling me that I am brave for shaving my hair but I always believe that the ones who battle cancer are the ones who have the most strength."

Karenza is a tutor and is studying early childhood and primary education at the Australia Catholic University. She says everyone has been very supportive of her decision to shave her hair.... "they know how passionate I am about doing charity work and helping people in the community."

Karenza was in Year 5 when she lost her grandfather to oesophagus cancer.



COMMUNITY NEWS

life. Ever since I heard about Relay for Life, I have always wanted to be a part of it, and show my support in any way I could.

"My hair has always been my identity but at the end of the day it's just hair."

Her hair will be donated to make a wig. She would love to raise \$5000 for the Cancer Council, so far, her team: Karenza's Head Shave is busy fundraising. She is also holding a fundraiser at her birthday party later in the

To donate to Karenza's fundraising please visit www.cancercouncil.org.au/relayforlife/ teams/ei00211575/



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There are many ways of removing ear wax. A common option is to use oils or drops that aim to dissolve the ear wax when put in the ear over a few days to a week. But mostly they just soften wax up making a big mess on pillow cases along the way.

By far the most common (and often uncomfortable) way is removing the ear wax by flushing it out of the canal. Warm water is forced via syringe or pump into the ear canal in the hope that some water goes between the ear drum and the wax to push it out. This method is not always appropriate, and it brings with it a risk of perforation of the ear drum which can lead to significant and potentially permanent hearing loss.

The very best and most comfortable method of wax removal is getting it done by micro-suction. A suction pump is connected to a hose with a small suction cannula at the

end. With head-worn loupes the practitioner has an excellent view of the occluded ear canal. This way they know exactly what they are doing and can remove ear wax blockages generally pain free, without mess in a matter of a few minutes.

Micro Suction is now available in Castle Hill. If you suffer from blocked ears why don't you give it a go? Call us on 02 9159 6122 or visit the website to book your appointment. Present this voucher to receive 30% off the regular price.



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To mark 100 years of Rotary activity in Australia five local clubs presented a Rotary baton and Commemorative book to Hills Shire Mayor Michelle Byrne at a special afternoon tea at Council last month

Mike Blair from Castle Hill Rotary Club which organised the event said Rotary International sent two Canadian Rotarians over to Australia in April 1921 with charters to start Rotary clubs in Melbourne and Sydney.

There are 35,000 Rotary Club's globally and 1,100 Rotary clubs in Australia.

District Governor (9685) David Clark whose area covers over 65 Rotary Clubs stretch from the Blue Mountains to the Central Coast.

He said the biggest achievement of Rotary International was the Polio Plus program started by Australian Rotarian Clem Renouf in 1987.

"At the time 365,000 children were dying every single year from polio up until last week in the whole

world we only had two cases of polio that was actually recorded and that was in Afghanistan."

Mr Clark presented the book, Humanity in Action, detailing the history of Rotary in Australia to the Mayor. He also presented the R100 baton engraved with the names of the Rotary Clubs in Hills Shire: Castle Hill, Norwest Sunrise, Hills-Kellyville, Glenhaven and Kenthurst.

Dr Byrne said the baton represented: connection, represents community spirit and responsibility to making the world a better place.

"I am very proud of Rotarians in our community. The things you have done are absolutely incredible: Jazz in the Pines, Community gardens and raising funds for fire victims and flood victims. Thank you for making the Hills such a great place to live."

To find out more about Rotary visit rotarydistrict9685.org.au

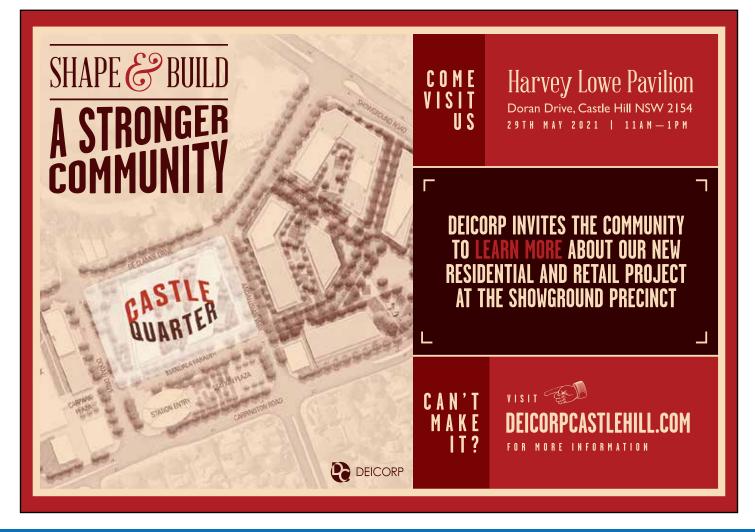
PLEA

NSW Ambulance and NSW Police are appealing to the public to only call Triple Zero in emergency situations to ensure paramedics and police officers can help those most in need.

In the 12 months to 31 March 2021, NSW Ambulance responded to more than 200,000 jobs where no patient was taken to hospital with reasons ranging from hoax calls to refusal of transport.

For the same period, NSW Ambulance also received a concerning number of calls for trivial matters including 1,036 calls from people complaining about constipation, 662 for a toothache, 215 for earaches, 167 for boils, 157 from people who couldn't sleep and 16 for hiccups.

During the same period, the NSW Police Force received almost 800,000 requests for assistance via Triple Zero, which is in addition to more than 580,000 non-emergency reports through the Police Assistance Line and the Community Portal.



The Hills Shire Council News

Council seeks expressions of interest for Hills Local Planning Panel representatives

The Hills Shire Council is seeking expressions of interest from members of the community to represent Council on the Hills Local Planning Panel (HLPP).

The role of the HLPP is to determine planning applications for local development and provide advice on rezoning applications. Each panel meeting consists of three independent experts and a community representative. A number of experts and community representatives are appointed and rotated through meetings. The appointment of community representatives will be up to a period of three years commencing July 2021.

The following conditions apply:

The community representative will be paid in accordance with rates set by the NSW Government.

Castle Hill Library and Pioneer Theatre are now open

Castle Hill Library and Pioneer Theatre reopened on Wednesday, 21 April after being closed for refurbishment.

Renovations included installing a new lift, recarpeting, sanding and resealing the floors inside the library, as well as painting and remodelling of the customer service centre.

For more information about Castle Hill Library, visit www.thehillls.nsw.gov.au/Library

To get tickets for upcoming shows at the Pioneer Theatre, including Blackout Theatre's production of Beautiful: The Carole King Musical, visit www.pioneertheatre.com.au



Mayor of The Hills Shire Dr Michelle Byrne with Librarian Erica outside Castle Hill Library.

- · Property developers, real estate agents and current Councillors are not eligible to apply.
- To be eligible you must live in the Hills Shire Local Government Area.

How to apply

To view the selection criteria and to download the nomination form, visit www.thehills.nsw.gov.au and search for 'LPP.'

To apply:

Email your nomination form and supporting letter to: localplanningpanel@thehills.nsw.gov.au

OR;

Send your nomination form and supporting letter via mail and address it to:

The General Manager, Hills LPP Nomination, PO BOX 7064, Norwest NSW 2153.

Nominations close: Monday, 7 June 2021.



Save the date

2021 NSW Local **Government elections**

Saturday 4 September

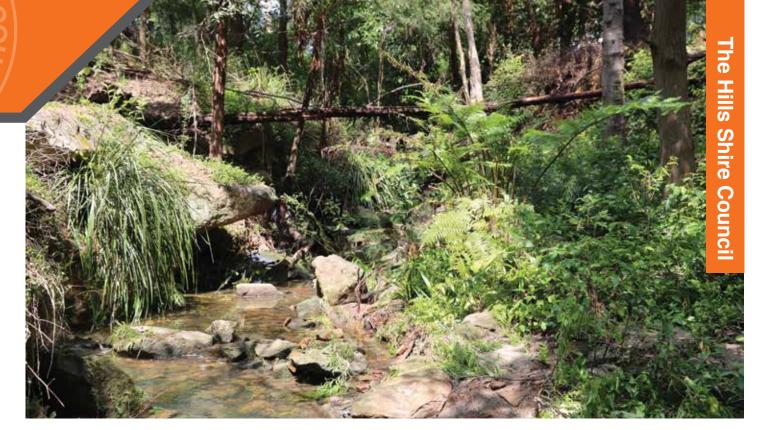
Voting is compulsory

elections.nsw.gov.au/lge21 1300 135 736

Visit www.thehills.nsw.gov.au to find out which ward you're in.

To register to vote, check your enrolment or to update your enrolment details, visit https://www.elections.nsw.gov.au

www.thehills.nsw.gov.au | 9843 0555



Cattai Creek Preliminary Master Plan

The Hills is one of Sydney's key strategic growth areas as a part of the Northwest Metro Corridor. As the population grows, the Hills Shire Council is committed to providing accessible open space for the enjoyment of the community.

The Cattai Creek Corridor between Middleton Avenue and Showground Road in Castle Hill is an underutilised space and Council is planning to transform a section of the Creek into a beautiful and enjoyable open space for the community.

A Preliminary Concept Master Plan has been developed to show Council's vision for the Creek, which includes the following:

- recreational activities such as walking and running
- enjoying the natural environment of the Creek
- play spaces
- picnic and rest areas
- shared pathways.

The project will also improve access to the Cattai Creek Corridor while protecting the natural environment. The aim is to create a link between the creek and Castle Hill Showground as well as existing open spaces in the area.

Making a Submission to Council?

Any person may make a submission to Council. Submissions which obtain objections must be specific in their content. Council's preferred method of receiving submissions is via Council's website through each exhibition's online submission form. To view current exhibitions, search for 'Have Your Say.'

This project is proudly funded by the NSW Government under the Precinct Support Scheme in association with the Hills Shire Council.

Submissions close: Monday 17 May at 4:30pm

To have your say on the Cattai Creek Master Plan, visit www.thehills.nsw.gov.au and search for 'Cattai Creek.'

Proposed Temporary Half Road Closure

Terry Road, Box Hill

In accordance with Section 115 of the Roads Act 1993, it is intended to temporarily close half of Terry Road between Hedgewood Drive and Byerley Street, Box Hill to the southbound traffic in Terry Road for four weeks commencing Monday, 10 May 2021.

The purpose of the road closure is to assist the reconstruction of Terry Road between Hedgewood Drive and Byerley Street.

For more information, contact Council's Construction Engineer, Mark Nabua on Ph: 9843 0389.

Council Meetings

Ordinary Meeting: Tuesday, 11 May 2021 - 7pm, **Council Chambers**

Due to the latest Public Health Order, limited seating is available at Council meetings.



Are you enjoying The Hills Shire Council News? Scan the QR code to let us know.





Understanding Home Care event

Join us for a cuppa and a friendly chat with our experts to learn more. This free event is here to provide you with support, guidance and no-obligation consultations to members of our community.

Date: Monday, 24 May 2021

Time: 10.30am - 12.00pm

Location: Gallery Room - Castle Hill RSL, 77 Castle Street, Castle Hill NSW 2154

Cost: Free

Bookings are essential and spaces are limited. **Book today!**

✓ hello@whiddon.com.au

J 1300 738 388







Roads were almost at a standstill as about 70,000 people attended the Hawkesbury Show over the three days. As well as animals, sideshows and showbags, the Taste of the Hawkesbury section was well attended. RAAF Base Richmond took the opportunity to be part of the fun and celebrate the RAAF's centenary. It has been a near neighbour of the Showground since RAAF Base Richmond was established in 1925.

It bought a whole lot of drones, a fire truck from No. 22 Squadron and a turboprop engine from a C-130J Hercules. Senior Australian Defence Force Officer for RAAF Base Richmond Air Commodore Newman said the ADF Drone Racing Association display was a welcome addition.

"The Hawkesbury Show allowed the base to showcase our capabilities to the community, highlighting the service Air Force has provided the nation over our last century, and how we are positioning ourselves to meet Australia's air and space power needs into the future."



William from North Richmond finding out about bees at the Hawkesbury Beekeeper's display at the Hawkesbury Show Photo: Sheila Stokes

Chase, Lilly and Diesel get up close to a Mk 2 Talon explosive ordnance disposal robot being controlled by Defence Explosive Ordnance Training School personnel during the Hawkesbury Show at Clarendon, NSW. Photo by Cpl David Said

GALSTON ROTARY CLUB'S CONTROL GIANT BOOK FAIR IS BACK IN 2021,

Galston Community Centre | 37 Arcadia Rd, Galston

25th, 26th and 27th June 2021

We have a large range of Collectable books, some rare, many 1st edition books with some books being signed.

Our happy ticket Hawkesbury Show winners: Lucas Birks (4), Olivia Birks (2) and Aubree Gillespie 17 months.

Our main hall is stocked with thousands of books covering most categories and all books competitively priced.

We have dedicated areas for children's books, vinyl records, CD's, DVD's, puzzles and games.

Enjoy our Rotary BBQ, drinks and our cafe will be open throughout the trading period. Off street parking is also available.

Trading hours: Friday and Saturday 8:30am to 5pm and on Sunday 8:30am until 3pm

Come and visit twice – First to pick up those special books you are looking for and then on Sunday for the clearance sale bargains.

All proceeds from the Book Fair go to local, national and international projects and disaster relief.

Further Information contact Kathryn via email legenddairy@optusnet.com.au



Celeste Filippo in the Taste the Hawkesbury marquee Photo Sheila Stokes

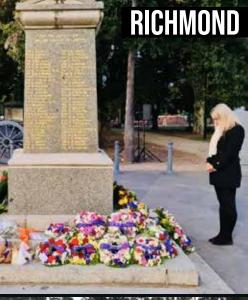
ANZAC SERVICES

COVID restrictions changed ANZAC Day services this year with some services not held, others moved to ticketed events and others proceeding. The normal service at the Centenary of Anzac Reserve off Wrights Rd at Castle Hill was moved to Bella Vista Farm where it was restricted to 500 people.

At Galston, where a Dawn Service was held for the first time, around 150 people turned up in the cold dawn with many young families attending.

Services around the area were well attended. We looked at some of the Facebook coverage on such a significant day.













GROVE SQUARE FUN

It was a carnival atmosphere with superhero action when Grove Square, the newly named shopping centre at Baulkham Hills, put on a show to celebrate its new ownership and new name. Local company Mintus Pty Ltd is the new owner.

Mel Hazzouri, founder and Director Mintus Pty Ltd said: "We believe in creating engaging spaces and environments that help bring our community together.

"The aim is to create 'The Meeting Place', a soft landing where people simply want to be".

Leigh Galvin Senior Centre Manager at Grove Square – The Hills said: "Grove Square has always been at the heart of the community, the Community Fun Day was a fantastic day enjoyed by everyone.

"What perfect weather to enjoy the many attractions on show and what a great opportunity for our retailers to welcome so many of our many existing and new Customers to Grove Square."



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INTERNATIONAL DELIGHT

The internationally renowned Sydney Balalaika Orchestra is holding two local concerts this month, the first in Richmond and the second in Galston

Founded in the 1960s it has been headed by Victor Serge for many years.

Victor, who conducts and plays the domra (xx) is one of the few members with a Russian background in the 28-strong orchestra domras, accordions and bass-balalaikas. Members come from Belarus, Scotland, Ireland, Australia, China and the Ukranine.

"We have a very friendly band," he said. The age range is from 17 to 85. He said the majority of people who come to their shows are not Russian speaking. "Russian music can touch anyone's heart." The group has completed eight

international tours visiting Russia, China, New Zealand and Korea. 'Music brings joy to everyone, it doesn't matter who you are or what you are."

The Sydney Balalaika Orchestra will be playing on **Sunday, May 23** at Galston Uniting Church at 2pm. It will be the orchestra's first live performance since the start of Covid restrictions.

For details call Robert Harris 0428 248 348. The second concert is at Panthers, 33 Beaumont Ave, North Richmond on May 30 at 2pm. Tickets are \$30 and available online or at the door.

For details call Brian Fallon on 02 4024 4033 or visit the website www.balalaika.com.au

FUN

Classic and vintage vehicles are set to travel to The Hobby Show on the weekend of May 15 and 16 at East Kurrajong but they won't be the only attractions.

There will be antique tools and machinery, local artists, crafts, handmade jewellery, military miniatures a WW1 Display.

There will also be an NRMA display, railway memorabilia, rocker cover races, stamps and coins, vintage toys and games and family and local history.

The Tractor trek from Freeman's Reach will arrive at East Kurrajong School of Artson Saturday morning at 9am. Sunday coincides with National Motoring Heritage Day. Trophies will be awarded for the Show'n'Shine on Sunday at 2pm.

The event runs from 9am to 3pm on both days and homemade cakes and slices will be available plus a BBQ.

ENTRY: Adults \$5, kids under 15 are Free. **CONTACT:** Ann 02 4576 5031 or

Donna 0412 931 971 **LOCATION:** East Kurrajong School of Arts, 1090 East Kurrajong Road,

East Kurrajong

PAVILION THEATRE SHOW

An astonishing piece of theatre comes to Sydney's Pavilion Theatre in June when Castle Hill Players present The Cripple of Inishmaan.

From the award-winning, critically acclaimed British writer, Martin McDonagh (Three Billboards Outside Ebbing, Missouri) comes a dark comedy, set on a small island off the west coast of Ireland in1934 in the small Aran Islands community of Inishmaan.

Billy, a crippled teenager, schemes to attain a role in a film. Director Dave Went, has assembled an outstanding cast of actors including Robert Snars as Billy, a sensitive young man, held back in life by physical disability and the restraints of parochial island life.

After the sell-out successes of Things I Know to be True and Always a Bridesmaid, Castle Hill Players production of The Cripple of Inishmaan is the latest celebration of 2021's return to live theatre - at full throttle!

The Pavilion Theatre is located within the Castle Hill Showground, adjacent to the new Metro Hills Showground Station. The entrance is at the lights located between Gilbert and Carrington Roads, Castle Hill and the Doran Drive.

Castle Hill Players present The Cripple of Inishmaan by Martin McDonagh directed by Dave Went June 4-26 - Wed, Fri and Sat at 8:15pm,



Helen (Aimee Honor-Eltham) and Billy (Robert Snars) Photo by Chris Lundie





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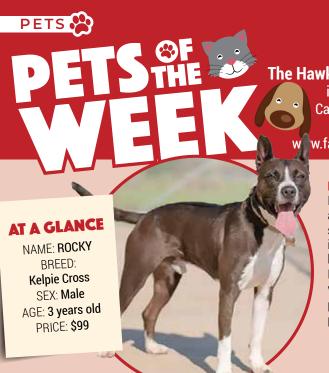
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The Hawkesbury Companion Animal Shelter

is at 10 Mulgrave Rd, Mulgrave. Call 4560 4644 or visit Hawkesbury Council's Facebook page w.facebook.com/hawkesburycitycouncil



ROCKY is an energetic boy who just loves to play, According to staff at the Hawkesbury Companion Animal Shelter Rocky would be best suited to a family who are very active and are prepared to give him the daily exercise he requires, Staff say they have been informed that Rocky is well behaved around children. If you are interested in adopting Rocky, please bring your children and your family dog to meet him so that staff can make sure they are all going to get on well. As the featured dog Rocky's adoption price has been reduced to \$99. The adoption price includes the first vaccination, desexing, microchipping and life time registration.

Hawkesbury Council's Rehoming Organisation Number is: R251000145.

SOPHIA is a two-year-old female Domestic Short Hair cat. Staff at the Hawkesbury Companion Animal Shelter say that Sophia is quiet girl just looking for her new forever home, Staff say Sophia would enjoy a home where she will be given lots of affection and love to help her settle in. If you have been looking for a quiet girl like Sophia please come to the shelter to meet her. Sophia's adoption price has been reduced to \$30 as she is the featured cat. The adoption price includes the first vaccination, desexing, microchipping and life time registration.

Hawkesbury Council's Rehoming Organisation Number is: R251000145.

AT A GLANCE

NAME: SOPHIA BREED: Domestic cat SEX: Female AGE: 2 years old PRICE: \$30



1080 Poison-Wild Dog & Fox Baiting Programs

The NSW National Parks and Wildlife Service (NPWS) will be an conducting strategic aerial and ground wild dog and fox control program using 1080 poison with fresh meat, meat bait products and ejectors.

Aerial Baiting: 17 - 28 May 2021

1080 poison baits will be delivered aerially from a fixed wing/rotary aircraft in the Blue Mountains National Park.

Ongoing Aerial and Ground Baiting: 17 May - 17 November 2021

1080 poison baits will be delivered on ground and aerially from a fixed wing/rotary aircraft in these reserves: Appletree Aboriginal Area, Dharug National Park (NP), Finchley Aboriginal Area, Manobalai Nature Reserve, Parr SCA, Wollemi NP, Wollemi SCA, Yengo NP and Yango SCA.

These programs are designed to minimise the impacts of wild dogs and foxes on neighbouring stock and wildlife including threatened species such as the brush-tailed rock-wallaby, following an unprecedented bushfire season in 2019-20.

Domestic animals may be affected. 1080 poison is lethal to cats and dogs. Residents should restrain domestic animals and ensure they do not enter the baiting location during poisoning operations. It is recommended that working dogs are muzzled if they are required to work near the baiting location during or after poisoning operations. In the event of accidental poisoning seek immediate veterinary assistance.





For further information contact the NPWS at Bulga on (02) 6574 5555 during business hours or check NPWS webpage alerts.

PUBLIC NOTICE

NOTICE OF APPLICATIONS TO REMOVE EASEMENT (AQ711113 AND AQ858246) BY PROVINCIAL INVESTMENTS (NSW) PTY LIMITED PURSUANT TO SECTION 32(6) OF THE REAL PROPERTY ACT 1900 ('ACT')

The above mentioned Applications have been made under Section 32(6) of the Act to remove the recording of the easement numbered 1 in the section 88B instrument accompanying DP1195357 ('Easement'). The Easement sought to be removed:

 $1.\ affects$ the land in Folio Identifiers 117/1184167 and 118/1184167 being 13 and $15\ Hickson\ Ave,\ Kellyville\ NSW (respectively) owned by the Applicant; and$

2. benefits the land in:

A. 101/1184167 being 48 Arnold Ave, Kellyville NSW

B. 102/1184167 being 50 Arnold Ave, Kellyville NSW

C. 103/1184167 being 4 Saunders Ave, Kellyville NSW

D. 104/1184167 being 6 Saunders Ave, Kellyville NSW

E. 106/1184167 being 21 Seath St, Kellyville NSW

F. 107/1184167 being 23 Seath St, Kellyville NSW

G. 108/1184167 being 25 Seath St, Kellyville NSW H. 109/1184167 being 27 Seath St, Kellyville NSW

I. 110/1184167 being 27 Seath St, Kellyville NSW

J. 119/1184167 being Lewis Jones Drive, Kellyville NSW

K. 201/1184250 being 6 Hickson Ave, Kellyville NSW

L. 202/1184250 being 8 Hickson Ave, Kellyville NSW

M. 203/1184250 being 10 Hickson Ave, Kellyville NSW

N. 204/1184250 being 5-11 Hickson Ave, Kellyville NSW

We intend to register the Applications and remove the recording of the Easement from Folio Identifiers 117/1184167 and 118/1184167 unless, within one (1) month from the date of this

118/1184167 unless, within one (1) month from the date of this notice you lodge at this Office, detailed and cogent submissions as to why the Easement should not be removed.

Enquiries: AQ711113 JS LEG4, Tel: (02) 8364 0192

Email: ldr@nswlrs.com.au

Date: 7 May 2021

BALLS FOR BALLS

Cancer Council is calling on Western Suburbs sports teams to get ballsy about men's cancers and host a Balls for Balls fundraiser.

Balls for Balls will see teams across NSW play ball games to fund vital research into men's cancers and support those affected at every stage. Hills United is the first club in the Hills to commit to supporting the Balls for Balls campaign.

Hills United President Tristan Rimmer said: "We are keen to promote sunsafe behaviour with our players.

"We're also asking our players to participate in a soccer juggling fundraiser. This campaign is a great way to increase our players skills, whilst encouraging them to raise funds for a great cause."

One of the first to take on the challenge is 9-year-old Ben Knox.

"I've been playing soccer since I was 4 years old and love it" said Ben. "I've set my juggling target at 30 and my best at the moment is 18. My grandfather has recovered from prostate cancer and also one of my best mates at school was diagnosed with cancer when we were in kindergarten. I want to raise money to support them so they continue to get better and for everyone else who has cancer now and in the future."

Hills United teams are currently sat in second place on the fundraising ladder, having raised over \$5000.

Denise Daynes Cancer Council NSW Community Coordinator said: "This year, over 76,700 men are expected to be diagnosed with cancer. That's around 8,800 more men than women,"

"Skin cancer prevention is a key focus of this campaign as we know that men over the age of 40 are 1.5 time more likely to be diagnosed and 2.5 times more likely to die of melanoma than women," said Ms Daynes.

The Hills Association is offering the top club in the Hills District 10 free tickets to a Western Sydney Wanderers game, so it's looking good for Hills United.

All clubs and individuals who register for the Balls for Balls campaign will receive 30% discount off Cancer Council retail products as well as receive Sunsmart support for their club to promote to members. The top 30 fundraising clubs in Greater Western Sydney will also receive a free sunscreen stand and sunscreen.

To register to host a Balls for Balls fundraiser go to www.doitforcancer.com. au/ballsforballs for more information contact Denise Daynes at denise.daynes@nswcc.org.au or call 0425 308 604



MINTON THE MARVELLOUS

By LAWRENCE MACHADO

Terence Minton's exploits for his beloved Baulkham Hills FC is the stuff of legends and truly inspirational because he is officially Australia's oldest registered footballer at a mere 78

The oldest tag stunned the English-born Minton, who plays in the over-45s team. It is a massive credit to his remarkable fitness and commitment, which sees him mow and mark all five fields at Ted Horwood Reserve each week, with fellow club stalwart Peter McLoughlin.

"It came as a complete surprise to know I am the oldest registered footballer in Australia," Minton said. "I thank my wife Lorraine, the people in this wonderful club and my excellent physios at Beecroft for keeping me going.

"I love the game and I will continue to play as long as they accommodate me and I can run on the field. When you are experienced, the big thing is knowing which point to play on the field. I prefer the outfield, either left half or inside forward. I love the camaraderie in the club and the people are beautiful. I keep fit by walking daily with Lorraine and I also go

Minton played for a north London club before emigrating to Australia in 1969. He turned out for Carlingford in the Churches League before he and his wife Lorraine moved to Baulkham Hills in 1986. He started playing for BHFC over-35s in 1997, aged 54.

Incidentally, one of his team-mates Keith Pierce is the second oldest player in the club at 67. Must be something in the water in Baulkham Hills! "I got involved with the club when my son, Christopher, began playing and I later began coaching his teams," Minton said. He took out the Senior Player of the Year in 2014 and has won all possible awards at the club. The charming grandfather has been a part of two titles and one premiership.

Minton has worn many hats in the committee and under his presidency, the club achieved the first of three successive premierships in the mid-2000s.

"The first title ranks among my fondest moments at the club," he said. Lorraine is very proud of his passion. "I used to think he was a bit mad but this had done him a bit of good," she smiled. "So far, he has had only one injury while playing, when he broke his right arm."

If Minton has any regrets, it is that he and his son were unable to play on the same side. He rates Christopher, who now lives in England, a better player than him.

The Mintons, who have been married for 49 years, also have a daughter, Kylie. Baulkham Hills FC president Tony Hughes said Minton is the ultimate club bloke. "Terence will do anything for the club, he has served in various roles, he even picks up the rubbish after the games," Hughes said.

"He is one of those people the club cannot do without. He is very entrenched in the club and we are very proud of him."





As your local Member in the NSW Parliament, I am here to help.

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Please contact my office if I can be of assistance.

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Proudly serving the people and communities of Baulkham Hills, Bella Vista, Carlingford, Castle Hill, Kellyville, North Rocks, Norwest and West Pennant Hills.

toy David Elliott MP, Suite T, 25-55-01d Northern Road, Baulature Hills NGW 255. This po

NEW COMMUTER CAR PARK RECEIVES PLANNING APPROVAL

The brand new commuter car park on Barclay Road at North Rocks has received planning approval.

Key features of the project include:

- A new commuter car park with approximately 135 car spaces;
- Accessible parking spaces;
- Transport 'Park&Ride' (Opal operated boom gates);
- Lighting and wayfinding signage; and,
- Landscaping within the car park and fencing.

Construction of the new car park is expected to start in the coming months and open to customers in mid-2022.

SONJA PALIC NAMED LOCAL WOMAN OF THE YEAR

As part of NSW Women's Week, I was delighted to announce that Sonja Palic has been named the 2021 Local Woman of the Year for Baulkham Hills.

Sonja is a passionate and dedicated advocate for women in the Baulkham Hills community.

Not only is Sonja the current co-chair of the Australian New Zealand Croatian Women's Leadership Group where she has overseen substantial growth in the group's membership base to 200 members,

Sonja is also a member of the Sydney Hills Business Chamber.

Sonja first joined the chamber in 2014 and in 2016, she was appointed to the board where she assumed responsibility for the events portfolio before becoming chairperson in 2020. Since then, Sonja has been focused on increasing the engagement and participation of female community leaders and business owners in the chamber. Through her efforts, Sonja has proudly helped to drive a 20 per cent increase in female representation across the chamber membership.

FUNDING AVAILABLE TO RESTORE WAR MEMORIALS

Memorial trusts, veteran groups and local councils can apply for grants of up to \$10,000 for conservation work on local war memorials like conservation assessments, honour roll repair, environmental advice, cleaning, and repairs to war memorial halls.

Applications close 5pm, Monday 26 July 2021. For more information or to apply, visit www.veterans.nsw.gov.au/heritage/community-warmemorials-fund.

OF THE YEAR DENISE DAYNES

Denise Daynes has been a local champion of the Cancer Council and Hills Relay for Life since 2010. As Captain of the International Productions team, she has raised over \$150,000 for the cause. In 2013, when Denise chaired the Hills Relay Committee, it had its highest fundraising year, raising \$380,000. Her passion and commitment has inspired

others to raise their hands and get involved; and her success and love for Relay lead her to joining the Cancer Council NSW team in 2018 where she shares her experience and knowledge across Greater Western Sydney. Congratulations Denise!

SMALL BUSINESS REBATE SCHEME KICKS OFF

Small businesses are encouraged to sign up for a new \$1500 rebate scheme to help cover the cost of NSW and local government fees and charges such as liquor licences, council rates, and registration fees. Visit: www.service.nsw.gov.au/small-business-fees-and-charges-rebate



Community Building Partnership Grants are available to fund upgrades and builds of community facilities such as access ramps, car park upgrades, equipment sheds etc. Visit: nsw.gov.au/cbp





Congratulations!

Member for Baulkham Hills David Elliott congratulating 2021 Local Woman of the Year, Sonja Palic.



Ray Williams MP MEMBER FOR CASTLE HILL PARLIAMENTARY SECRETARY TO THE PREMIER AND WESTERN SYDNEY

As your local Member, I will represent you in the NSW Parliament, communicate with Ministers and Government Departments on issues that concern you, attend local events, provide Justice of the Peace services, and prepare congratulatory messages for milestone birthdays and anniversaries.

Electorate Office: Suite 202 Rouse Hill Town Centre, 10-14 Market Lane, Rouse Hill NSW 2155 Phone: (02) 8882-9555 Email: castlehill@parliament.nsw.gov.au Website: www.raywilliamsmp.com.au

HULLEY'S HAT-TRICK OF TITLES By LAWRENCE MACHADO

Alex Hulley has no peer in hammer throwing in Australia, winning a hattrick of Australian titles at the recent championships at Homebush.

The Rouse Hill ace threw 65.11 metres to retain her crown which brings her tantalisingly closer to her Olympic debut in July.

Australia's top female hammer thrower is ranked 26th in the world, which is good to make the 2021 Tokyo Olympics in July. However, Hulley is capable of throwing longer with her best being a tremendous 69.99m nearly a year ago. The Olympic qualifying distance is 72.5m.

"I am very happy to have won my third national title-in-a-row, with the others coming in 2018 and 2019 (there was no nationals last year due to Covid-19)," Hulley said.

"I have time till the end of June to qualify, though because I am in the top 32 in the world, I could compete in the Tokyo Olympics. "I have to be competitive as my other rivals are also doing their best to go to Tokyo.

"I am going very well at the moment and I have made a lot of improvements in the last few weeks."

Hulley, whose younger sister Georgia also competed in the pole vaulting event at the Australian nationals, had a double celebration when her boyfriend Ned Weatherly took out the men's hammer throw title.

She is confident she can juggle training with her nine-week placement for her university degree at Nepean Hospital. Hulley is on an Australian Catholic University Elite Performer Program scholarship and is in her final year of studying occupational therapy. She aims to specialise in neuro rehabilitation.

"There are no competitions in May and then I plan to compete in Queensland to get the qualifying marks for the Tokyo Olympics," Hulley said.



"I am training five days a week, including sessions at the gym which is making me stronger."

Hulley's remarkable career includes holding all Australian junior age records. She has formidable international experience, winning silver at the 2014 Youth Olympics and the 2016 World Under 20 Junior Championships.

When the 2020 Tokyo Olympics was postponed last year due to Covid, Hulley said she would be using the extra year to become better.

Her coaches Bre Clement, who spotted her potential as a Year 7 student, and Karyne Di Marco, a former Olympics and Commonwealth Games athlete, are behind her successes and her amazing ability to save her best for the big moments.

BRUISING FOR BULLS

By LAWRENCE MACHADO

The Hills Bulls, bruised and sore after two successive losses, need to improve their ball handling and decision making to return to their winning ways.

The Bulls' run of five successive wins – the club's best Ron Massey Cup streak – came to an end when reigning premiers Wentworthville Magpies burst their bubble with a 32-12 victory in their Anzac Day game. Last weekend, table toppers St Mary's scored 18 unanswered points against the Bulls in round eight.

"Wenty and St Mary's are very good teams and we are still not far off the top being in the top three," Bulls coach Mick Withers said. "We kept dropping the ball and putting pressure on ourselves. Poor decisions with the ball let us down in these two matches. On the plus side, our Sydney Shield side is undefeated and overall, we are happy as a club."

The Bulls are away to winless Cabramatta Two Blues on Saturday, May 8, at 4pm and Withers said the players must complete their sets and "stop making silly mistakes with the ball".

The Bulls have had a few injuries, though nothing major with the coach pleased there is no room for complacency among the regulars.

"The competition for places is very strong and this is a good place to be," Withers said. "We are happy we have had a good start to the season and we have a couple of byes coming up in the coming weeks which will be welcome."



The injury-hit Windsor Wolves failed to ruffle the feathers of Western Suburb Magpies (26-18) and Wentworthville Magpies (40-6) in their last two games.

Wolves coach Chris Yates said they had the right start against Wenty's, opening the scoring but unforced errors cost them several tries.

"We have a big game against Blacktown Sea Eagles on Saturday (Windsor Sports Complex at 5pm) and a win would bring back the swagger to the side," Yates said. "Several key players, who are injured, should be back in a few weeks but the young guys are learning good lessons."

Skipper Tyler Cassel, Tony Williams and Kakapuna Fotu are on the injury list. All teams will have a bye in round 10, with play resuming on Saturday, May 22.



FOOD FOR THOUGHT

Have you ever thought how our taste in food has changed over the years?

Since Europeans arrived in Australia over 200 years ago our meals have changed from plain old "meat and two veg" to a much greater variety. In suburban main streets and country towns just after WW2 refugees from war torn Europe came to Australia in their thousands.

Poles, Hungarians, Germans opened what was then called locally "Ham and Cheese" or "Ham and Beef" shops otherwise known as Delicatessens, selling a range of cold meats (salami, kransky, etc) and Continental cheeses.

For a very short while even Coles owned a chain of delicatessens called "Tip Top" which were acquired as part of their takeover of the Matthew Thompson group of grocery stores.

Migrants from Southern Europe such as Italians opened fruit and vegetable stores, and Greeks who were famed as fishermen opened up fish shops.

Germans, Italians, Spanish and others from the warmer Southern parts of Europe introduced to Australia their winemaking skills. Large retailers such as the major department stores and chains like Woolworths and Coles introduced cafeterias into their larger stores.

Governments could also see that money could be made by providing food and at many train stations where travellers were required to change trains they established "Railway Refreshment Rooms". At some stations in city centres they were quite elaborate whilst at others they were more modest an sold basic sandwiches, pies and milk shakes.

Meat pies were and still are quite popular and at least one popular brand "Sargents" established a chain of pie shops in the 1940s and 50s. The founder of Sargents once lived locally in Castle Hill. There are still some specialist pie retailers such as "Harry's Café de Wheels", "Pie Face" and "Garlo's"



As Australians travelled further in the 1950s and 60s we saw some of these former migrants or refugees open up restaurants and milk bars in country towns and suburban centres. Greek restaurants and milk bars were popular with travellers and teens alike and you would spot names such as "Theo's", "Olympia" or "Acropolis" adorning restaurants or milk bars in large country towns.

Pubs and clubs also thought that they would try to attract the travelling public and created dining rooms or bistros in their premises. Following the success of these Greek eateries, Chinese food saw similar growth in the 1960s, followed in the 1970s by Vietnamese and Korean restaurants and more recently Lebanese Kebab shops.

The 1970s also saw that Australians were looking for something fast and convenient where they could quickly order food and take home to the family and watch their favourite TV shows or continue their travels along the highways to their holiday destinations, so along came the American styled fast food restaurant chains such as McDonalds, Hartee's, Pizza Hut, Kentucky Fried Chicken (now KFC), Dominoes and Hungry Jack's.

Some of the names from the past that I have fond memories of include "Cahills", "The Orange Spot", "Repins" and, "Black & White" Milk Bars.

What memories do you have of restaurants or eating out during your childhood or youth? Why not write and tell us email ivor.jones47@ optusnet.com.au Photographs and stories will be acknowledged.

ENCOUNTERS

Last issue we asked readers to send us in their stories about seeing Royalty and Castle Hill's Lorraine Grant sent in details of her three close encounters.

"In 1963 my friend Shirley and I were fortunate to receive very sought-after tickets to go into the Royal Enclosure at the Royal Ascot racecourse."

"As excited Australian 20 something year olds, we dressed in our best frocks, (mine, made by my mother before I left on the big overseas trip), hats and gloves purchased at Selfridges in London.

"We joined the train with perfectly groomed ladies and top hatted men for the trip to Ascot.

"During a very exciting day, on exiting from the toilets we were suddenly confronted by a policeman who put up his hand to stop us going any further.

"We became aware that there was a smart MG, I think racing green, parked at the door we were going back through to the race track. Prince Philip came out that door, jumped into the driver's seat, with a nod, wave and a wink just for us, drove off!! Unfortunately, I haven't a photo.



2 "In February 1992, I went to see a friend in Dubbo. On arrival she told me the Queen and Duke were visiting the next day and did I want to go into town to see them. We set off next morning at 7am for the half hour drive and managed to position ourselves right on the barrier where hopefully they would walk past.

"Sure enough they did, with the Duke commenting what beautiful weather it was and, wasn't lovely that so many people came to see them!!

3 "I have been fortunate to have a third encounter at the Epsom Downs race track in the UK where not only the Queen and Duke, but other members of the Royal family walk to the Saddling Paddock chatting to racegoers along the way."



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COMMUNITY groups

2nd Castle Hill Rovers

www.gwsrovers.com.au

Annangrove Environment Centre 02 9654 3571 (Thurs) | 02 9843 0533 (Wed-Fri)

gnolan@thehills.nsw.góv.au

Arcadian Quilters

i Meet in Galston Community Health Centre 1st and 3rd Wednesday mornings, evening group 2nd and 4th Mondays. New members welcome

L Carole | 9894 7749

Australian Sikh Association

4 0433 580 539

www.asainc.org.au

Bushrangers Hash House Harriers 6 04 0828 9562

Castle Hill Art Society

i Castle Hill Art Society offers a place of art practice for artists of all ages, either in groups of various art media or classes for adults and children. Demonstrations and workshops by well-know artists are held monthly and members can participate in several exhibitions during the year. New members always welcome.

www.castlehillartsociety.org.au

9899 3179 (ans. machine)

Castle Hill Senior Citizens Club Inc.

i Club members invite anyone over 55 to come and meet a very active and friendly group of Seniors who play Carpet Bowls, Cards and Rummikub. Our Club building is on the corner of McMullen Ave. and Old Northern Rd., Castle Hill (opposite the new Metro station) with parking at the rear. **9680** 3958

□ castlehillseniors@gmail.com

Christ Church

An Anglican church located at 26 Pitt Town Řoad, Kenthurst,has a service at 9.30.am every Sunday morning. You are most welcome to join us.

Rev. Chris Baxter | 0423 119 131

Cumberland Bird Observers Club
i The Club conducts three outings a month to observe birds in their natural environment. General meetings are held at Castle Hill on the 3rd Tuesday of the month. New members are always welcome.

Peter 0412 770 757 or Cathy 9809 5668.

www.cboc.org.au

CWA of NSW - Galston Branch

i Our monthly meetings are held on the second Wednesday of each month from 10am at the Galston Health & Resource Centre

Jann I 0439 222 217

CWA of NSW - Castle Hill Branch

Holds its monthly meeting every second Tuesday at the CWA Hall, 2 Annangrove Road, Kenthurst (off Angus Road) from 10am. We also hold our Craft mornings for members on 1st and 3rd Tuesday's of the month from 10 to 12. Bring along your lunch if you wish to stay longer.

Maureen | 0411 724 925

Dural and District Prostate Cancer Support Group

i Meets on the 3rd Monday of the month at the Blue Gum Centre ÁRV Glenhaven Greeen, 599-607 Old Northern Rd, Glenhaven Next Meeting, May 17 guest speaker is radiation oncologist Dr Amy

Hayden. **♣** Denis | 9629 2645 or Maurice | 9654 2138

Dural Country Club Bowls

4 04 2131 5074

Dural Men's Shed

04 0247 8498

www.duralmensshed.org

East Kurrajong School of Arts

i First Tuesday each month 10am to 1pm. Bring along any sort of craft activity you're interested in, bring pencil's or brushes to practice your drawing or painting with Ruth, browse the library for a book to read or simply just relax, have a cuppa and enjoy a chat from 10am to 1pm. Gold coin donation for morning tea.

Ann | 02 4576 5031

Galston VIEW Club

i The Club always welcomes new
members and holds monthly meetings.
The Club raises money to support The Smith Family Learning For Life Program. Helen | 9614 1512

Girl Guides Australia

There are great programs for girls aged from 6 to 18. They meet once a week in groups relevant to their age groups which are run by trained Leaders and Unit helpers. There are Girl Guide groups established at Castle Hill, Kellyville, North Rocks, Baulkham Hills, Crestwood and Galston. To find out more about the best day, time and group for yo<mark>ur daughter call:</mark>

Margo | 0417 657 433

Glenhaven Probus Club Inc

Meets 10 am on 2nd Tuesday of each month at Castle Hill Bowling Club.

secretary.glenhaven.probus@gmail.com

Glenwood Men's Shed
James | 04 0333 8450

Hawkesbury Artists & Artisans Trail 02 4567 7400

■ Leanne@mellowcrest.com

www.haat.com.au

Hawkesbury District Agricultural Assn 4577 3591 (BH)

www.hawkesburyshow.com.au

Hawkesbury Nepean Chapter of the First Fleeters

i Meets on 2nd Saturday of each month.
Pamela Hempel | 0407 660 579

www.fffhnc.com

Hawkesbury Woodcraft Cooperative Ltd 4721 8709

Hills District Women's Bowling Club Jenner Street, Baulkham Hills

9639 2733

www.thehillswomensbowls.com.au

Hills Older Men's Network Inc

The Hills Older Men's Network Inc (Hills OMNI) meets on the first and 3rd Wednesdays of the month, 10am to 12.30pm at Castle Hill. The group is aimed at retired men over the age of 55 and provides an opportunity to talk in a non-judgemental, safe and supportive environment.

Ron | 0424 462 153

HillsOMNI1@gmail.com

Hills/Toongabbie Music Club

i Meets 2nd and 4th Fridays 7.30pm
Northmead Scouts Hall 17 Whitehaven Northmead. Beginners to professionals

♣ Allen | 0439 831 531

allendavisguitar@gmail.com

Learning in the Hills 9639 7918

www.hca.org.au/learning-in-the-hills/

Lions Club of Richmond Inc. Geoff | 0412 969 651

Lions Club of Windsor Inc

Pam | 0413 395 145

Macquarie Towns Garden Club

Jill | 4575 3858

www.macquarietownsgardenclub. wordpress.com/

North Rocks Evening VIEW Club

i Muirfield Golf Club,58 Barclay Rd, North Rocks.

Toni | 9871 1926 or 0411 693 076, or Margaret on 9872 1405

view.org.au

North Richmond Probus Club

i Our meetings are on the second Wednesday of the month at 10.30am at Panthers, North Richmond, Beaumont

Rd, N. Richmond.
Joan Fewings | 0401813152
northrichmondprobus@gmail.com

Norwest Sunrise Rotary Club

i We are a breakfast club and meet every Thursday morning at 7.20am At the moment it is online but there are COVID-Safe Face to Face Meetings once a month. The Rotary Motto is Service Above Self. If you want to meet like-minded people please join us.

norwestrotary.org.au

Pennant Hills Mens Probus Club

John | 9487 1385

Pennant Hills Combined Probus Club

Meets at Hotel Pennant Hills every third Monday of the month at 10am. New membérs and visitors welcome.

Lorene | 0429 396594

Pennant Hills VIEW Club

i Meets on the second Tuesday of each month at 11am at Oatlands Golf Club. Meetings include a 2 course lunch followed by an interesting quest speaker. Visitors & new members are welcome. On the fourth Tuesday of the month a

social outing is arranged for members.

Margaret | 9873 2402

Pitt Town Probus Club

i Meets at 10:00am on the 2nd Tuesday
of the month at the Pitt Town and District Sports Club, 139 Old Pitt Town Rd Pitt Town. New members welcome.

Denise Fairfax | 0435 447 414

Probus Club Of Round Corner (Dural)

Secretary, Julie PO Box 822, Round Corner 2158

Probus Club of the Hills Inc

Ken I 02 96296459

Probus Combined Kellyville Club

i Meet 2nd Monday of the month at
10am. At The Glenhaven Community Centre: 76 Glenhaven Road, Glenhaven.

New members welcome Glenys | 0419 616 431 OR

Veronica | 0408 025 577 ■ glenysiclarke@hotmail.com

Probus Club - Winston Hills Northmead Combined

Meets at 10am at Toongabbie Sports Club, 12 Station St.,Toongabbie, 2nd Thursday of the month. New members welcome.

 ■ secretary@winstonhillsnorth meadpróbusclub.com.au

Membership Officer | 0421 410 305

RDA (NSW) Tall Timbers Centre

i Equine assisted programs, Speech Pathology, Occupational Therapy and Volunteering Opportunities. Located at Gables/Box Hill

9679 1246.

admin@rdanswtalltimbers.org.au www.rdanswtalltimbers.org.au

Red Cross – Castle Hill Branch

i Meetings 2nd Friday of the month
10.15am to 11.45am at Wesley Uniting
Church, 32-34 Showground Rd, Castle Hill. New members always welcome. **431 084.**

Richmond / Windsor VIEW Club

Richmond/Windsor VIEW Club Which Supports The Smith Family Learning for Life meet on 2nd Wednesday of the month starting at 11.30 at Panthers North Richmond

Christine Walshaw | 0416073483

Scouts Australia - Greater Western **Sydney Region**

9639 2488 www.greaterwestscouts.com.au

Sleep Disorders Australia - NSW **6** 02 9990 3514

www.sleepoz.org.au

Soroptimist International The Hills

i This is the local branch of a worldwide organisation for women celebrating 100 years promoting awareness, action and advocacy. It holds monthly dinner meetings, theatre nights, fundraising fashion parades and a public speaking competition as well as seminars. Meetings are on the 3rd Monday of the Month at Glenhaven. 6.30pm for a 7pm start. Visitors are always welcome. Cathy | 0435 837 118 sithehills@siwp.org

STaR Association

8850 1269 | ⊕ www.star.org.au.

The Hills Community Aid and **Information Service Inc 9639 8620**

The Hills Learning Centre 02 8850 0555

RSVP | info@thehillslc.com.au.

facebook.com/thehillslearningcentre

The Hills Shire Garden Club 9624 5034

The Hills District Pipe Band

Practices in the Harvey Lowe Pavilion at Castle Hill Showground every Tuesday night from 7.30pm-9pm. The band warmly welcomes new members and gig enquiries. Facebook and Instagram: @hillsdistrictpipeband

Suzie Whitaker

 suz801@live.com.au

 suz801@live.com.au www.hillsdistrictpipeband.com

The Hills Trefoil Guild Elaine | 0417 330 196

The Inner Wheel Club of Baulkham Hills

Meets at Aveo Retirement Village, Bella Vista on the 4th Monday of each month at 6.00pm (dinner optional), for

meeting at 7.00pm Robyn | 9639 2742

The Sydney Hills Branch of the
Association of Independent Retirees

i Meeting on Friday, at Beecroft
Presbyterian Church Hall, Welham Street Beecroft. Meeting commences at 10.45am. The future topics will be Health, Centrelink, Retirement,

Technology Safety and others. Lauris Rennie | 9634 1186

Pam | 0412 737 234

airsydneyhills@gmail.com **The National Seniors Australia**

Are you over 50?

9639 1814

www.hillnsa.com **Thursday Ladies Tennis Competition in**

the Hills District hillsladiestennis.org

Wanderers Bushwalking and Outdoor Club

Meet every second Tuesday in the month at Crestwood Community Centre, Drive, Baulkham Hills at 8 pm • 0452 465 906

www.bushwalkingnsw.org.au/wanderers

Windsor Probus Club Meets at 10am on the 1st Wednesday of each month at Windsor Golf Club, McQuade Ave, South Windsor. New

members always welcome.

Membership Officer Alan | 0407721461 or Secretary Ann 0414298945

Winston Hills Joey Scouts

9862 8482

Wisemans Ferry Community Men's Shed Inc

Meeting Tues and Sat 9am - 5pm Alan Hunt | 4566 4626 or 0428 784 425 Adrian Acheson | 0448 833 781

YMCA NSW Community Visitors Scheme 9633 8209 or 0402 255 193

Zonta Club of Sydney Hills 4 0414 641 408

www.zontadistrict24.org

Read online: www.hillstohawkesbury.com.au

WORD SEARCH

THE MARKETS

INVESTMENT **ANALYSIS**

ARBITRAGE LIMIT ORDER

MANAGEMENT **BEAR MARKET**

BULLISH MARGIN

COMMODITY **OFFSETTING**

OPTIONS DAY TRADE

DIVIDEND **SELL SHORT**

EQUITY SHARES

TRADING FUTURES

HEDGING TREND

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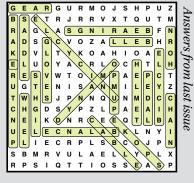
Numbers in the grid (1-26) correspond to each of the letters of the alphabet from A-Z in some order. Solve the puzzle and fill in the letters in the key provided as you find them. Three letters are provided to give you a start.

		6	5	4	3	2	1
15 16 17 18 19 20 2 Z	14	13	12	11	10	9	8
	21	20	19	18 H	17	16	15 7
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19	26	14	22	21		13		3		16		8
26		19		2		20		4	8	25	16	17
2	5	16	17	12	17	4	4					26
9		17		4				16		23		11
14					3	21	16	17	9	20	16	17
8	26	14	3	13		13		7		2		9
2		4		21		13		2	12	17	13	8
21	14	6		4	8	21	2	9		8		17
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	4				6			1
				3		4		6
		5		8		9		
9		4		5				
4			3				1	
					2			8
					5	3	2	

WORD SEARCH



CODE WORD

С	Α	М	s		0	В	J	E	С	Т	Е	D
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F		1		Т		I		L		Р		M
Ε	L	F		Н		N		Α	М	Α	Z	Е
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SUDOKU

1	6	4	8	2	7	3	9	5
8	7	3	9	4	5	2	6	1
5	9	2	3	6	1	8	7	4
2	4	6	1	7	8	9	5	3
9	3	8	2	5	6	4	1	7
7	5	1	4	9	3	6	2	8
6	2	5	7	3	4	1	8	9
4	1	7	6	8	9	5	3	2
3	8	9	5	1	2	7	4	6



SECURE YOUR MEMORIAL BY PREPAYING TODAY

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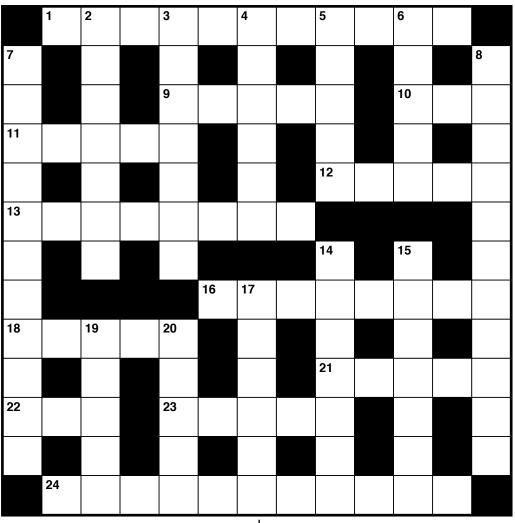
*Terms and conditions apply. Visit castlebrook.com.au/save2021 for more information.

PUZZLES









ACROSS

- 1. Suggested or implied idea
- 9. Apply pressure
- 10. Mineral spring
- 11. Adjusted the pitch of
- 12. Agreeable sound
- 13. Mislead (8)
- 16. Mexican pancake
- 18. Dry red wine 21. Dissatisfaction
- 22. Golf peg
- 23. Small antelope
- 24. Initiators

DOWN

- 2. Unity
- 3. Necessary
- 4. Rained heavily
- __ pole: tribal emblem
- 6. Expels from a position
- 7. Immoderate
- 8. Compelling
- 14. Non-believer in God
- 15. Careless mistake
- 17. Possessing
- 19. Large body of water
- 20. Select; formally approve



Fill the grid so that every column, every row and every 3x3 box contains the numbers 1 to 9.

							5	
			3			9		8
2	7			9		6		
	9		6					4
		7	4		8	1		
1					9		6	
		8		4			7	2
3		1			5			
	4							

Answers from April 09, 2021 issue

CROSSWORD

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Α	D	D		G	Α	z	Е	s		s	Н	Υ
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	D	Е	С	L	Α	R	Α	Т	ı	0	N	s
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SUDOKU

6	7	5	4	2	8	1	9	3
2	8	3	1	9	6	5	7	4
9	1	4	3	7	5	8	2	6
1	2	7	5	3	9	6	4	8
5	9	6	8	1	4	7	3	2
3	4	8	7	6	2	9	1	5
8	6	2	9	4	7	3	5	1
4	3	9	6	5	1	2	8	7
7	5	1	2	8	3	4	6	9

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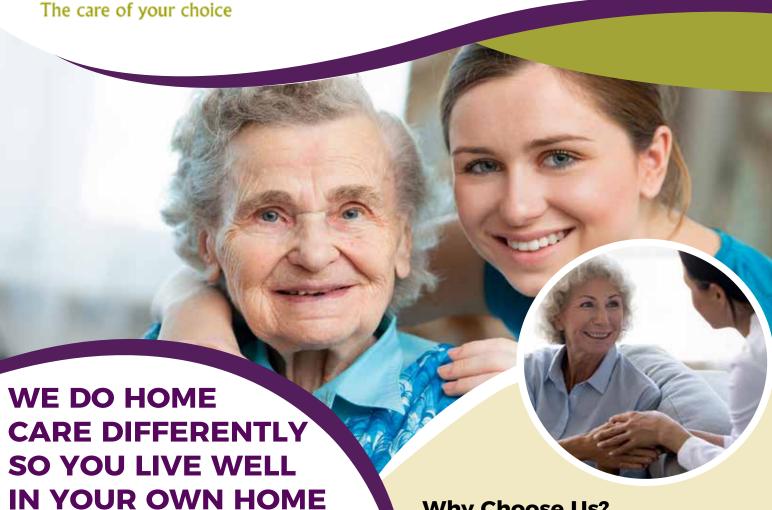
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