Hills to Hawkesbury

Community News | 10th - 24th March 2023 | Volume 40 - Issue 5 | Local Stories, Local Events, Local People and Local Businesses



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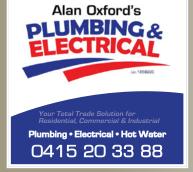
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If you prefer other channels to read news, we are also now on Telegram. Search our channel "Hills to Hawkesbury Community News". The nice thing about Telegram is you see all our news in date order. Unlike Facebook who use an algorithm so THEY decide what you see in your news feed. You can also read our latest news on twitter.

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Date: 1 Sept 2022-30 Sept 2022

✓ Total clicks

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International Women's Day

Embrace equity is the theme of this Year's International Women's Day and the events did that and more with celebrations happening over two weeks.

From Hawkesbury to the Hills there have been celebrations with more to come. These are snaps from a few that have already happened. If you would like to send us yours email contribute@ hillstohawkesbury.com.au



Azita Abdollahlian pictured with CEO Anita Campbell of the Nursery and Garden Industry Association. The refugee advocate was guest speaker at NGINA's inaugural IWD high Tea held at the Crowne Plaza Hawkesbury Valley.



Hills to Hawkesbury Community News Local Stories, Local Events, Local People and Local Businesses

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BEV JORDAN SENIOR JOURNALIST bev@ hillstohawkesbury.com.au 0439 034 187



about the involvement of women and girls in STEM topics and founded

restoring reef ecosystems in Thailand since 2009. The Young Woman in Public Affairs Award was presented to Emily An (pictured) from James Ruse High. Highly Commended were Hannah Pola and Layelle Etri.

Publisher: Diana Paton, Adelphi Printing Pty Ltd

Big Blue Conservation', a not-for-profit organisation which has been

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ATF Paton Family Trust

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The Hills to Hawkesbury Community News has been serving this area for nearly 40 years. It's name may have changed over the decades but the commitment to providing a free service to the community is still at the heart of what this hyper local fortnightly publication does. Established in 1982 it has evolved into a community news magazine with a big digital footprint. Our aim is to inform, inspire and connect our community. It is a family-owned small business. Our team is local and love what they do.

Please follow us on Facebook @hillstohawkesbury. Printed copies are available at local shopping centres and other outlets. For a full list visit our website www.hillstohawkesbury.com.au.

Sensational Findings Need New Probe by BEV JORDAN

The report into allegations of impropriety against agents of the Hills Shire Council and property developers in the region has called for a further inquiry into alleged moves to stack Liberal branches to remove Federal Member for Mitchell Alex Hawke which were revealed in evidence.

The 478-page document also asks for certain matters to be referred to ICAC. The Upper House inquiry was set up to examine matters raised by Castle Hill Liberal MP Ray Williams in State Parliament on June 23rd last year which were made under parliamentary privilege.

The eight member committee, included 3 Liberal MPs, 1 Nationals MP and 3 Labor MPs and was chaired by Greens MP Sue Higginson. Mark Pearson from the Animal Justice Party was Deputy Chair.

Sue Higginson called it "an extraordinary inquiry" hitting out at "key witnesses who have gone to great lengths to avoid scrutiny."

She said the "serious allegations of collusion between members of the Liberal party and a developer to replace elected members of The Hills Shire Council with new councillors" and revelations about "branch-stacking activities in The Hills area" were concerning.

The report was handed down on March 2nd and has been tabled for a Government response on June 2nd, several months after the State election.

The report's top two findings were:

"That, based on evidence to the committee, a meeting took place at which Christian Ellis and Jean-Claude Perrottet asked a businessman to contribute \$50,000 to an operation to unseat Alex Hawke, federal member for Mitchell.

"That the finding of this committee about a request for \$50,000, combined with the behaviour of witnesses called to this inquiry, add weight to the allegations by Government MP Ray Williams in the parliament that 'Jean Nassif of Toplace met with Christian Ellis and other senior members of the Liberal Party, who were paid significant funds in order to arrange to put new councillors on The Hills Shire Council who would be supportive of future Toplace development applications'.

The committee's report stated: "We stress that none of the allegations raised in this inquiry reflect on the professionalism and integrity of (Hills Shire) council staff, who are required to work with whichever councillors are elected."

Sue Higginson said: "This inquiry has raised questions that are too serious to leave



COMMUNITY NEWS

unanswered simply because this Parliament has run its course. For this reason, the committee has recommended that a new inquiry into these matters be established in the next Parliament. Essential to that will be the involvement of Christian Ellis, Charles Perrottet, Jean-Claude Perrottet and (developer) Jean Nassif."

The committee has also recommended that the influence of property developers and others in political, legal and democratic processes in the Hills Shire region be referred to the Independent Commission Against Corruption for investigation.

To find the report visit www.parliament.nsw. gov.au/lcdocs/inquiries/2908/Report%20no%20 18%20-%20PC%207%20-%20Hills%20Shire%20 Council%20inguiry.pdf

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DRUG LABS UNCOVERED

Raptor Squad detectives have charged two men after discovering a clandestine laboratory in Marden Park on March 1st.

Officers located a large amount of chemical precursors and drug paraphernalia allegedly consistent with the manufacture of methylamphetamine.and approximately 150 litres of a liquid substance, believed to be methylamphetamine.

Other labs were uncovered in Penrith and Werrington.

Detectives from the State Crime Command's Raptor Squad established Strike Force Searle to investigate the supply and manufacture of methylamphetamine by members and associates of the Lone Wolf Outlaw Motorcycle Gang (OMCG) In October 2022, .

The search warrants on March 1st were executed following extensive inquiries.

A 28-year-old man was arrested at Marsden Park and was taken to Mt Druitt Police Station, where he was charged with taking part in the manufacture of large commercial quantity prohibited drug.

A 40-year-old man was arrested at a Werrington home and taken to Penrith Police Station. He was later taken to Nepean Hospital for treatment for a pre-existing injury; he remains under hospital guard. He was later charged with manufacture large commercial quantity prohibited drug.

Investigations under Strike Force Searle are ongoing.

Anyone with information about the supply and manufacture of illicit drugs is urged to contact Crime Stoppers. Information is treated in strict confidence.

SPEEDSTERS CAUGHT

Two 18-year-old P- Plate drivers have been stopped by police driving at excessive speed, both were driving on red P Plates.

The driver of a Holden Commodore was fined \$2,616 for Exceed Speed Over 45km/h and had his licence suspended for 6 months after he was stopped just after 6.15 on Thursday 2nd March by police attached to Ryde Highway Patrol who were performing speed enforcement duties on Pennant Hills Road, West Pennant

Police say their LIDAR speed measuring instrument detected the black Holden Commodore driver travelling at a speed of 133km/h in a signposted 70 km/h zone.

Another P1 licence holder was clocked by police at about 5.13am on Friday 25th February driving at of 106 km/h on Pennant Hills Rd at West Pennant Hills.

The Hyundai driver a penalty notice for Exceed Speed Over 30 km/h with a fine amount of \$970 and a 3 months suspension.

CHILD SAFETY

Hawkesbury Police Area Command launched the 'Hold my Hand' pilot program with The Little Blue Dinosaur Foundation and Hawkesbury City Council to boost community awareness about child pedestrian safety. The program will see colourful 'Hold my Hand' signs installed around 10 local childcare centres within the Hawkesbury area, combined with parent awareness research and educational materials.

The Foundation was established in 2014 following the death of Michelle McLaughlin's four-year-old son, Tom McLaughlin due to a pedestrian-motor vehicle crash whilst on a family holiday. For further information about the Little Blue Dinosaur Foundation visit www.littlebluedinosaur.org



GUNSHOT VICTIM

Criminal Groups Squad detectives are appealing for public assistance as they continue to investigate the daylight shooting of a 26-year-old man in Cherrybrook last month.

Police were notified after the man presented to hospital with gunshot wounds shortly after 11.35am on Thursday, 16th February. He was discharged after treatment.

Detectives from Parramatta Police Area Command attended the hospital to conduct inquiries. The State Crime Command's Criminal Groups Squad are now investigating under Strike Force Nyinya.

Initial inquiries suggest the man sustained his injuries sometime between 10am and 11am that day in Cherrybrook. As part of inquiries, strike force detectives executed a search warrant at a home in Cherrybrook shortly before 8am on Thursday, 2nd March and seized three firearms, ammunition, various amounts of cocaine, MDMA, ketamine, cannabis, LSD, GBL, methylamphetamine, and prescription medications.

Officers also seized more than \$15,000 cash. All items will undergo further forensic

examination. A 30-year-old man was arrested at the home and taken to Ryde Police Station and charged with possess unauthorised prohibited firearm, and three counts of possess prohibited drug.

As detectives continue the investigation, they have released CCTV footage of three vehicles and believe the occupants may be able to assist with their inquiries.

A white van was seen driving north-west along Boundary Road, towards New Line Road, a short time after 11am on Thursday 16 February 2023, with a second white van and a white sedan seen driving the same route immediately after.

As investigations continue, anyone who may have dashcam footage from Boundary and New Line Roads between 10am and midday on Thursday 16 February 2023, or who might have information about this incident is urged to contact police or Crime Stoppers.

Anyone with information that may assist Strike Force Nyinya investigators is urged to contact Crime Stoppers. Information is treated in strict confidence.

BREAK & ENTER CHARGES

An 18-year-old male has been charged with 11 Break & Enters at six shopping centres, Kellyville, Norwest, Baulkham Hills, Castle Hill, Oakhill and Dural.

Police allege that between the 12th of February and 1st of March, a number of shops at local shopping centres were broken into, and cash tills stolen.

The Hills Proactive Police charged the 18-year-old at 2.30am on March 1st. It will be alleged that he broke into two shops on Arthur

Street, Baulkham Hills along with two 15-year-old males

A Police Dog Unit tracked the trio to a park nearby, where they were arrested and taken to Castle Hill Police Station. The 18-year-old was refused bail to Parramatta Local Court today, and the two 15-year-olds were charged with this mornings Break & Enter and will appear in a Children's Court at a later date.

Anyone with information is urged to contact Crime Stoppers.

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Key Dates

Applications Close: 31st March
Program Starts: 1st May
Program Ends: 31st October





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Facelift for Castle Hill Showground Arena

Castle Hill Showground Arena will soon be transformed into a modern venue that can hold a range of larger scale community and sporting events thanks to funding received under the NSW Government's WestInvest Fund.

The Hills Shire Council was successful in securing approximately \$11.475 million of WestInvest funding for the construction of a new arena in the much-loved Showground.

Hills Shire Mayor, Dr Peter Gangemi, said the latest round of funding would help Council to accelerate projects that he believes are beneficial for the health and wellbeing of residents, and promotes vibrancy and inclusivity.

"Our vision is to continue the Showground's reputation as a 'thriving cultural and leisure facility. The new Arena is intended to remain in its elliptical design, but also incorporate a large grass berm that will act as an amphitheatre with seating embedded within it and this will maximise the space's potential to be used for a variety of events and sporting codes. A new pathway will also be built around the Arena and will provide greater accessibility into the venue, as well as an additional active link that can be used for exercise and recreation."

"The funding also comes at a time when we need to deliver the infrastructure to support an additional 10,000 residents who will soon call the State Government's Showground Precinct 'home'.

"The Showground is located within this Precinct and will be used by these residents for sport and recreation, as well as by other people from across Greater Sydney who will be able to access drawcard events and entertainment with the ease of the Sydney Metro Northwest, which sits right at the front door of this venue,"

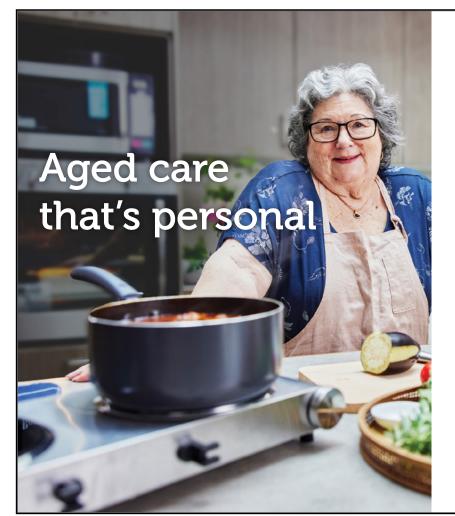
"The latest round of WestInvest funding is in addition to the \$4.6 million already received for the Castle Hill Showground pedestrian bridge, which will improve access from the Castle Hill Showground into Fred Caterson Reserve, allocated \$1 million for upgrades to the Reserve and enhance safety for both pedestrians, cyclists and vehicles. This is particularly important with more residents moving into the State Government's Showground Precinct and using the sporting facilities within the Reserve, as well \$1.09 million is allocated for the Livvi's Place Playground extension, a much-loved all-abilities playground. The funding will allow Council to complete stage two of its planned upgrade, including additional playground equipment, such as a flying fox with an accessible harness seat, more picnic facilities

and seating, as well as a water refill station

and a new amenities block which will cater to families utilising the playground. \$999,595 is to rejuvenate Baker Crescent, home to a number of local shops and businesses and located next door to the popular McBurney Reserve in Baulkham Hills.

Council also secured \$15.5 million under the program to renew the indoor recreation centre at the former Horseworld site in Box Hill and to upgrade flood warning systems in the Shire, making it a total of \$34.6 million secured by Council under the WestInvest program.

For more information on Council's adopted Master Plan for Castle Hill Showground, visit The Hills Shire Council website, www.thehills. nsw.gov.au and search 'Castle Hill Showground Master Plan'.



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Vote 1 Democracy

The State Election is on Saturday March 25th with polling booths open from 8am to 6pm.

You can cast your vote earlier if you are away or working on the day at an Early Voting Centre in your electorate or by post. Postal Vote applications close on March 20th.

Early Voting Centres open on Saturday, March 18th from 9am to 6pm and then 8.30am to 5.30pm Monday, March 20th to Wednesday March 22nd, Thursday 8.30am to 8pm and Friday 8.30am to 6pm.

Local EVCs are at:

- Castle and Kellyville electorates: Baulkham Hills Community Centre, Castle Hill Cultural Centre (under the library), Wrights Road Community Centre.
- Hawkesbury electorate:
 Deerubbin Centre, Windsor and Richmond School of Arts.
- Riverstone electorate: Quakers Hill Community Centre, Riverstone Senior Citizens Hall, Blacktown Leisure Centre at Stanhope Gardens, The Ponds Community Hub,
- Winston Hills electorate: Glenwood Community Hub, Seven Hills Community Centre, Toongabbie Scout Hall.

Voters who are not on the electoral roll or who need to update their enrolment details, can vote in person by making a declaration vote at a voting centre on election day (March 25th) or at an early voting centre in the week before the election. They need a NSW Driver Licence or a NSW Photo Card. Electors who wish to cast an enrolment declaration vote because they have acquired Australian citizenship will need to provide either an Australian passport or Citizenship Certificate number.

To find out more visit the NSW Electoral Commission website at www.elections.nsw.gov.au.

More election news on pages 10 and 11.

ELECTION DAY BBQS

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Barnier Road Public, 120 Barnier Drive, Quakers Hill. Bacon and egg rolls and sausage sizzle, soft drinks. Electoral Division: Riverstone

Bella Vista Public,

83, Free Settlers Drive. Bake sale and sausage sizzle. *Electoral Division*: Kellyville

Caddies Creek Public,

Glenwood Park Drive.
BBQ and cake stall, vegetarian options plus mobile coffee van. 7am to 3pm (until sold out)
Electoral Divisions:
Riverstone and Winston Hills.

Castle Hill High, Castle St

BBQ and Cake stall Bacon and egg rolls and hash browns from 7.30am followed by sausage sizzle until 4pm. Vegetarian options available. Cakes and slices. *Electoral Division:* Castle Hill

Castle Hill Public, Les Shore Place. 8am until 4pm .Vegetarian options. Sausage sizzle, bacon and egg rolls and hash browns. *Divisions*: Castle Hill and Kellyville

Jasper Road Public,

Jasper Road Baulkham Hills. Sausage sizzle, cakes stall coffee, egg and bacon burgers and busking. 8am until sold out *Electoral Divisions:* Castle Hill and Kellyville.

Samuel Gilbert Public,

Ridgecrop Drive Castle Hill Sausage sizzle, bacon and egg rolls, vegetarian options and gluten free. 8am to 2pm. Electoral Divisions: Castle Hill and Kellyville

Winston Hills Public Hillcrest Ave. Sausage sizzle, cake stall and bacon and egg burgers. Plus cold drinks. 8am to 2pm. Cash and card accepted. Electoral Divisions: Castle Hill and Winston Hills.

* Candidate information and electorate news on pages 10 and 11.



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Tina Cartwright



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Ray William:



Danielle Wheeler



Eddie Dograma

Who is who on the ballot

There are a lot of new names to get used to at this year's State Election on Saturday, March 25th in the Hills and Hawkesbury region.



Tony Pettit



Susane Popovski



navid Akkey



Mohit Kumar



Rob Vail



Warren Kirby



Sameer Pandey



Mark Taylor



Damien Atkins



Eric Claus



Nathan Orga

Two long-standing MPs have retired (David Elliott and Kevin Conolly) and not only are there new candidates to get to know but there are also newly named electorates and significant boundary changes which have seen hundreds of people move to a new seat without moving home.

The electoral boundaries were redrawn In

August 2021, to ensure the number of eligible voters in each district doesn't vary by more than 10 per cent from the average enrolment across all 93 electoral districts in NSW.

The new Castle Hill electorate is bounded by the M2, Windsor Road, Old Northern Rd and Castle Hill Rd, O'Haras and Cattai Creeks. It includes West Pennant Hills, Castle Hill, parts of Baulkham Hills, Annangrove, Kenthurst, Glenhaven, Dural and Middle Dural.

Baulkham Hills has been redrawn and renamed Kellyville. The new Kellyville Electorate takes in the suburbs of Kellyville, North Kellyville, Rouse Hill, Beaumont Hills, Norwest, Bella Vista



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Former Castle Hill MP Ray Williams is now contesting the new Kellyville seat for the Liberals against Labor's Alex Karki and The Greens Thelma Ghayyem, Animal Justice Party's Ingrid Akkari and Heather Boyd from Sustainable Australia- Stop Overdevelopment/Corruption (SAP).

Hills Deputy Mayor Mark Hodges will be standing for the Liberals in the redrawn seat of Castle Hill, facing local businesswoman Tina Cartwright standing for Labor, The Greens candidate Tina Kordrostan, Independent Nathan Organ, Sustainable Australia- Stop Overdevelopment/Corruption's Eric Claus and Liberal Democrat My Trinh.

A large number of candidates will make for a big ballot paper for the State seat of Hawkesbury where there are eight candidates. Sitting Member Robyn Preston will be re-contesting the seat for the Liberal Party and faces Labor Candidate and Hawkesbury councillor Amanda Kotlash, businesswoman and Independent Angela Maguire, Hawkesbury councillor Eddie Dogramaci standing for the Small Business Party and Hawkesbury councillor Danielle Wheeler standing for The Greens, Elissa Carey is standing for Sustainable Australia- Stop Overdevelopment/Corruption, Susane Popovki for One Nation. Tony Pettitt who was a One Nation candidate in the Federal election is standing as an Independent.

To add to the name changes, the former State seat of Seven Hills has been renamed Winston Hills and includes the suburbs of Glenwood, Baulkham Hills, Seven Hills, Winston Hills, Toongabbie, Constitution Hill, Northmead, Pennant Hills and Wentworthville.

Mark Taylor, who was the MP for Seven Hills, will be standing for the Liberal Party for the seat. His opponents include Deputy Lord Mayor of Parramatta Sameer Pandey standing for the Labor Party, The Greens candidate is Damien Atkins and Sustainable Australia- Stop Overdevelopment/ Corruption candidate is Anthony Chadszinow.

With the retirement of veteran Liberal politician Kevin Conolly as MP for Riverstone there will be some new faces on boards around the electorate. Labor's candidate businessman Warren Kirby is up against the Liberal's Mohit Kumar, Independent Tabitha Ponnambalam, The Greens Rob Vail, Anthony Belcastro from Shooters, Fishers and Farmers and Tim Horan from Sustainable Australia- Stop Overdevelopment/Corruption.

The draw on Thursday morning placed the candidates in the order they will appear on the voting papers. See below a full list of candidates and where they are placed.

CASTLE HILL

- LIBERAL DEMOCRATS: My Trinh
- INDEPENDENT: Nathan Organ
- LABOR: Tina Cartwright
- SUSTAINABLE AUSTRALIA Stop Overdevelopment/Corruption: Eric Claus
- THE GREENS: Tina Kordrostani
- LIBERAL: Mark Hodges

HAWKESBURY

- ONE NATION: Susane Popovski
- INDEPENDENT: Angela Maguire

- THE SMALL BUSINESS PARTY: Eddie Dogramaci
- LABOR: Amanda Kotlash
- THE GREENS: Danielle Wheeler
- SUSTAINABLE AUSTRALIA Stop Overdevelopment/Corruption: Elissa Carey
- LIBERAL: Robyn Preston
- INDEPENDENT: Tony Pettitt

KELLYVILLE:

- THE GREENS: Thelma Ghayyem
- LIBERAL: Ray Williams:
- LABOR: Alex Karki:
- ANIMAL JUSTICE PARTY: Ingrid Akkar
- SUSTAINABLE AUSTRALIA Stop
 Overdevelopment/Corruption: Heather Boyd

RIVERSTONE

- THE GREENS: Rob Vail
- SHOOTERS, FISHERS AND FARMERS: Anthony Belcastro
- SUSTAINABLE AUSTRALIA –
 Stop Overdevelopment/Corruption: Tim Horan
- LIBERAL: Mohit Kumar
- INDEPENDENT: Tabitha Ponnambalam
- LABOR: Warren Kirby

WINSTON HILLS

- LIBERAL: Mark Taylor
- SUSTAINABLE AUSTRALIA Stop Overdevelopment/Corruption: Anthony Chadszinow
- LABOR: Sameer Pandey
- THE GREENS: Damien Atkins





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From highly experienced cancer specialists to state-of-the-art technology, Icon Cancer Centres provide world-class cancer care to residents from the Hills Shire.

DR CECELIA GZELL is an experienced radiation oncologist who is passionate about providing local patients with the latest in cancer treatment and techniques.

Her experience covers a range tumour malignancies, with a special interest in brain and spinal (CNS) cancers.

Dr Gzell treats patients at multiple Icon Cancer Centre locations across Sydney's outer-metro area including Wahroonga, Concord and Norwest.

SIGNS AND SYMPTOMS OF BRAIN CANCER

As signs and symptoms for brain cancer can be similar to other common conditions, it's important to see your GP or healthcare professional if you experience any of the symptoms below. Discussing anything concerning with your doctor as soon as possible can help give you peace of mind and offer the best chance of successful treatment if you receive a brain cancer diagnosis. Common symptoms of brain cancer include:

- Changes in your senses (including sight, smell, hearing and taste)
- · Difficulty with balance or muscle weakness
- · Loss of memory or difficulty with speech
- · Headache, nausea and vomiting
- Changes in personality such as irritability, anxiety or depression
- · Seizures.

Dr Gzell enjoys interacting with her patients and has a strong interest in clinical research to drive forward advances in CNS cancers to give patients hope for the future.

WHY DID YOU DECIDE TO BECOME A RADIATION ONCOLOGIST?

I always enjoyed working with oncology patients during medical school and thought I might become a medical oncologist but getting some exposure to radiation oncology during my intern year made me reconsider. I loved the technology and imaging used in radiation oncology and found it sparked the more visual and creative side of my brain, while still allowing me to interact with patients.

WHY DID YOU DECIDE TO SPECIALISE IN BRAIN AND SPINAL CANCER AND STEREOTACTIC RADIOSURGERY?

When I was a trainee, I saw that most consultants shied away from this area as they found it emotionally taxing, so I initially saw it as an area of need. Subsequently, I found the area really suited me. With the emergence of technological advances such as stereotactic radiosurgery, I found I could be involved in an area that was interesting and rapidly evolving.

WHAT HAS BEEN YOUR CAREER HIGHLIGHT SO FAR?

Being appointed to the board of the International Stereotactic Radiosurgical Society (ISRS) was a huge honour.

WHAT IS THE MOST REWARDING PART OF YOUR JOB?

Seeing patients doing well years beyond their radiation treatment.

WHAT ARE YOUR INTERESTS OUTSIDE OF WORK?

I enjoy baking sweets with my kids and watching my goofy sheepadoodle play at the park. I also enjoy creative writing as an outlet for my own mental health.

WHAT IS STEREOTACTIC RADIOSURGERY?

Stereotactic radiosurgery (SRS) is a type of targeted radiation therapy that can be used to treat small benian or malianant (cancerous) brain tumours and tumours that can't be treated with surgery or that have metastasised (spread to the brain from other areas of the body). SRS involves a special type of high-dose radiation therapy that targets affected areas in the brain while avoiding healthy brain tissue and is usually delivered in one to five treatments. At Icon Cancer Centre Norwest we use state-of-the-art technologies which can deliver SRS treatment to multiple brain tumours at the same time. This reduces the need to treat multiple tumours separately, resulting in a much shorter treatment time for patients.

For more information, visit iconcancercentre.com.au/cancer/brain

ICON CANCER CENTRE NORWEST

OPENING HOURS: Monday to Friday - 8.00am to 5.00pm

Free on-site parking is available within the Norwest Private Hospital carpark. Free street parking is also available in the Norwest precinct.

Our local team at Icon Norwest are available to answer any questions people may have about accessing radiation therapy treatment close to home at our centre. Scan the QR code to contact our team.



- w iconcancercentre.com.au/centre/Norwest
- E admin.norwest@icon.team
- A Norwest Private Hospital, 11 Norbrik Drive, Bella Vista NSW 2153
- 02 9068 9540
- F 02 9182 6007





For over 40 years this tranquil and peaceful place has been home to more than 90 monkeys who have retired from zoos, circuses, research facilities and private ownership. Currently 39 monkeys call Banana Cabana home and each one of their stories is fascinating and each monkey is unique.

Equally fascinating is the story of owner Susan Gray and how she came to own her very first monkey Bo-Bo in the 1980's. An animal lover by nature, Susan grew up on the Northern Beaches where she was forever rescuing injured and sick animals. In 1982, a time before licensing was required to own exotic animals, her partner bought home Bo-Bo which sparked Susan's love of monkeys and her desire to ensure every monkey that crossed her path lived its best life possible. By 1987, Susan owned 5 monkeys and since then the number of monkeys she has been licenced to hold and exhibit has grown.

Susan describes her monkeys as being "individuals, different in personality and in temperament" and it is interesting to see the interaction between the monkeys and humans as well as between the monkeys themselves. Each monkey has its own name, its own likes and dislikes and each behaves differently. Some of the monkeys love human attention and will immediately scurry over in the hope of being rewarded with a food treat and others like Missy, are very shy.

Banana Cabana is very different to visiting monkeys in a zoo. Here the monkeys live out the rest of their days, some of them are old, others have health issues, and some aren't as active or as attractive as they once were. However, Susan is committed to getting to know the monkeys and providing for them as individuals. There are the baboons who enjoy watching Wiggles on a Wednesday, there is a monkey retired from

the circus who loves riding a rocking horse and another with a skateboard. The one thing that all the monkeys have in common is their love of food with avocado and pomegranate topping the list as favourites.

It is easy to see why Susan loves her monkeys so much, and if you ask her what she loves most about Banana Cabana her face immediately lights up and she will tell you it's "the joy the monkeys bring" to her and its clear, Susan brings much joy to her monkeys.

At Banana Cabana, the monkeys are living their best lives and I encourage you to visit and support Susan in her endeavour to provide for retired monkeys. Visitors are given a tour, can feed the monkeys bananas and enjoy light refreshments in the gardens.

For more information or to book call 9651 1108 or email info@bananacabana.com.au

Without A Will You Won't Have A Say!

Many people think you only need a Will when you have something to leave behind. This is a common misconception as everyone has something such as a car, personal items, or Superannuation, you want to ensure whatever you have goes to those who are important to you?

Over 50% of Australian's do not have a valid Will, that's half of the adult population who could potentially die without someone knowing their wishes.

When someone dies without a Will, it is called 'dying intestate' and the law decides who gets their assets. Your assets will be divided according to a government formula. This formula usually favours a spouse, children and, if there is no spouse or children, assets may go to parents' or siblings. This process can add additional stress to your family and can take a considerable amount of time and cost to resolve.

However, if you want to ensure that your final wishes are fulfilled, include friends or charities, you can only do this with an up-to-date Will.

There are many services available to help you make a Will, a Solicitor, Trustee Company, do-it-yourself Will Kit, or an online service. All of these have their pros and cons depending on your needs at the time. They all have one thing in common, without any Will, you won't have a say!

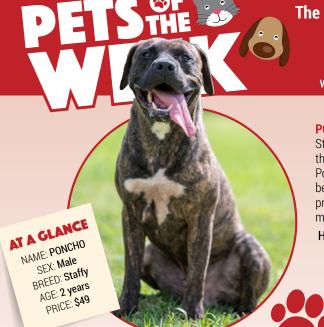
Sydney Children's Hospitals Foundation encourages people to consider leaving a gift in their Will to their favourite charity. A residual gift, as little as 1% can make all the difference to the future needs of the charity.

Anne McFadden, Head of Planned Giving, Sydney Children's Hospitals Foundation says, 'leaving a gift in your Will is a way for you to leave a lasting legacy to something you are passionate about.'

'People who leave a gift in their Will to Sydney Children's Hospital Foundation value and share in our mission to provide the best possible health care outcomes for sick kids for future generations'.

If you would like more information on how to leave a gift in your Will to Sydney Children's Hospitals Foundation, visit our website at www.schf.org.au/gift-in-will or scan the QR code.





The Hawkesbury Companion Animal Shelter

is at 10 Mulgrave Rd, Mulgrave. Call 4560 4644 or visit Hawkesbury Council's Facebook page www.facebook.com/hawkesburycitycouncil



PONCHO is an active, friendly boy who is looking for an active family to have fun with. Staff at the Hawkesbury Companion Animal Shelter say that Poncho has been good with the other dogs playing next to him in the exercise run. If you are interested in adopting Poncho please visit the animal shelter with your family dog and children so that staff can be sure they are going to get on well together. As this week's featured dog his adoption price has been reduced to \$49. The adoption price includes the first vaccination, desexing, microchipping and life-time council registration.

Hawkesbury Council's Rehoming Organisation Number is: R251000145.

MARY is a 2-year-old domestic shorthair cat looking for companionship. Staff at the Hawkesbury Companion Animal Shelter say that Mary is a little shy even though she has a friendly nature and is happy to receive affection. As cat of the week Mary's adoption price has been reduced to \$29. The adoption price includes the first vaccination, microchipping, desexing and life-time registration.

Hawkesbury Council's Rehoming Organisation Number is: R251000145.



ARE YOUR EARS TROUBLING YOU?

With a 4.9 star google rating, this is an audiology team you can trust...



DANIEL FECHNER Director and Audiometrist

Daniel is an Audiometrist with over 20 years of experience in Germany, Daniel is passionate about bringing the gift of hearing to his clients through an evidence-based, German



DR AHMAD LOTFY Vestibular Audiologist

experience in the audiology industry and is a highly educated audiology. With a Bachelor in Medicine, Diploma in Vestibulogy, a Master in Audiology and a PhD in Audiology, Ahmad works in diagnostics and treatment for hearing and balance disorders.



SANDRA RAZZAGHIPOUR **Audiometrist**

Sandra is an Audiometrist and ear wax removal. In addition management and counselling.

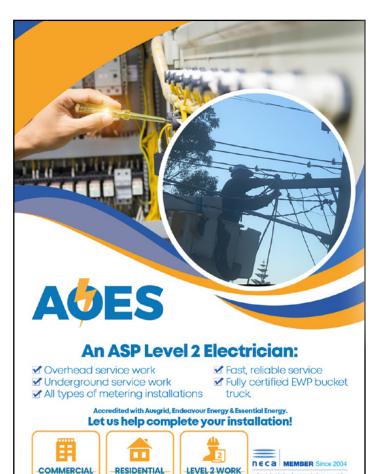


BRENDON JONES Vestibular Audiologist

Brendon has a background of music and sound design as well as education and as a result practices



Located inside Lawton House, Suite 9-10 / 60 Cecil Ave, Castle Hill NSW 2154 www.earstudio.com.au reception@earstudio.com.au 02 9159 6122



EXTREME FIRE DANGER

Scorching temperatures are a reminder that we are in for a dangerous Autumn. The RFS Volunteer Brigades can only do their best for residents living on what is called the 'Urban Interface'

Australian Pump Industries, local pump manufacturer of the world's best lightweight portable fire pump, stress the need for preparation. Their free Aussie Bushfire Survival Guide is available online or from Aussie Pump authorised distributors, Hills Irrigation Castle Hill, Ace Ohlsson at McGraths Hill and Dick Petrikas at North

Richmond. Aussie Pumps has the best range, the best equipment and the best price. You can get their world famous Aussie Fire Chief with a Honda engine for only \$800 plus GST. Don't pay more for inferior brands! Get the best pump, best price. aussiepumps.com.au





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info@aoes.com.au @ www.aoes.com.au



\$3.49 kg

PALMER MANGOES 2 for \$5 or \$2.99 each





JAP PUMPKIN WHOLE

CUCUMBER PKT \$3.99 kg

TOMATOES PKT \$3.99 kg

\$1.49 kg

The Hills Shire Council News

Youth Week 2023

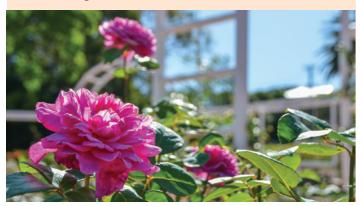
Youth Week is back and bigger than ever, with a range of activities supported by The Hills Shire Council available for its young residents. The week will end with 'Youth Goes Live!' on Saturday, 29 April, at Rouse Hill Town Centre's Market Square, just outside Rouse Hill Metro Station. There will be music, entertainment, free services and merchandise, as well as the introduction of The Hills' 2023/2024 Youth Ambassadors.

To find out more on the array of events, head to Council's website and search 'Youth Week 2023'.



Let your green thumb blossom

Are you thinking of developing your inner green thumb? Come along and help maintain our beautiful roses at the Roxborough Park Rose Garden every Wednesday from 9am to 12pm. To learn more and join, visit Council's website and search 'Rose Garden Volunteering'.



Discover The Hills

Discover The Hills and its hidden gems via one of our Metro Walks. The Hills is home to an array of wonderful scenery and native wildlife. One of the best ways to see all this is through one of our several Metro Walks. Our latest Metro Walk, 'The Early Settlers Walk', takes you from Showground Metro Station to Norwest Metro Station, passing through the areas of the earliest land to be settled in Baulkham Hills with interpretive signage along the way that tell the stories of these early settlers.

To find out more, visit Council's website and search 'Metro Walk'.



Arboriculture Services Panel – Tender

The Hills Shire Council is seeking submissions from contractors that can provide arboriculture services to be on Council's Arboriculture Services Panel.

To register your interest as a supplier, please download the electronic version of the Tender document via www. tenderlink.com/thehills

From there, select 'Registration' and follow the prompts.

A non-mandatory meeting will be held via Skype for Business on 16 March at 10am. The meeting link can be found in the electronic version of the Tender document.

Please note: Applications close at 2pm on Thursday, 6 April 2023. Late submissions will not be accepted.

For further enquiries, please contact The Supply Department on 9843 0555.

www.thehills.nsw.gov.au | 9843 0555



Council surges with more green energy

The Hills Shire Council has recently completed a new solar panel project - installing two new systems at its Norwest administration building. The 126 new panels add to the 400 existing panels already installed on the Council building. This will contribute to enhancing Council's solar power network, with 17 solar panel systems located on various Council buildings across The Hills.

EOIs for LPP Community Representatives

Council is seeking community representatives to become members of its Local Planning Panel (LPP). Members of the LPP help make decisions on planning applications for local development. If you would like to take part in an opportunity to make decisions for your area, please submit your expression of interest via the 'Local Planning Panel' page on Council's website.

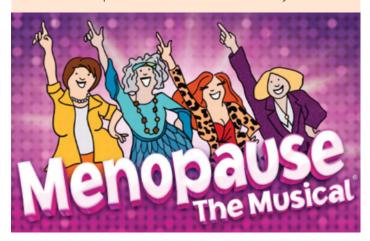


Menopause The Musical

The original New York and Las Vegas hit Menopause The Musical® is coming to the Pioneer Theatre in Castle Hill this September! Inspired by a hot flush and a bottle of wine, Menopause The Musical® is a celebration for women who are on the brink of, in the middle of, or have survived "The Change".

This sidesplitting musical parody set to classic tunes from the 60s, 70s and 80s will have you cheering and dancing in the aisles! See what millions of women (and brave men) have been laughing about for 22 years. It's the Hilarious Celebration of Women and The Change!®

Head to www.pioneertheatre.com.au to book your tickets!



Council Meetings

Tuesday, 14 March 2023 - 7pm

For more information, visit www.thehills.nsw.gov.au and search for 'Meeting Agendas and Minutes.'



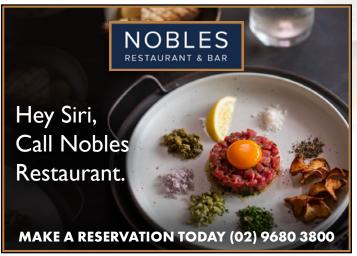
Are you enjoying The Hills Shire Council News? Scan the QR code to let us know.



DINING OUT

ADVERTISE WITH US...

Call Tanya 0499 040 726 or email advertise@hillstohawkesbury.com.au









Nobles Restaurant & Bar A Dining Experience in the Hills

Before you come to visit Nobles there are great things you need to know!

The cosy restaurant is housed within Hills Lodge Hotel, boasting its setting in beautiful grounds and its old-world glamour Tudor style. Dark teak wood, leather and upholstered dining chairs are cosily seated next to an indoor fireplace. Just great for crisp Autumn weather.

The bartender is known for making the perfect Martini. Also there is a variety of amazing gins on offer. The spirits are supported and supplied by local distilleries. On Fridays (excluding December) BYO wine is on offer.

A corkage o f \$12 per bottle applies.

If you're looking for a fabulous buffet breakfast, Nobles has one of the best in the Hills region. High Teas - High Tea Kitchen Parties - are served every Saturday. Nobles also caters for Baby Showers and Bridal Showers.

Although the atmosphere is elegant and charming, it is a family-friendly venue and children are catered for with an activity pack. Come and taste the sensational dishes on offer at Nobles. It is situated away from the hustle of the city; parking is cheaper and easier.

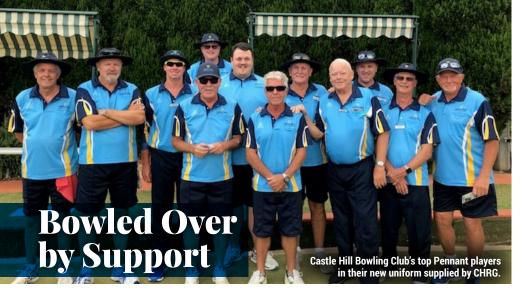
Bookings are essential.

Phone: +61 2 9680 3800 , email: bookings@hillslodge.com.au 1 Salisbury Road (Cnr Windsor Road), Castle Hill. Website: https:/hillslodge.com.au/dining/

Throughout the year, The Hills Lodge hosts a number of special events.

Subscribe to our newsletter to find out more!





Castle Hill Bowling Club's top Pennant players are sporting very smart new uniforms sponsored by CHRG (Castle Hill RSL Group Ltd).

The amalgamation of the two Castle Hill neighbours has seen the Castle Hill Bowling Club become a CHRG venue, and the bowlers become a CHRG sporting sub-club. The new uniform is just the first of many changes set to transform and update the bowling club.

President of CHRG, John Payne said: "We look forward to the enhancement of bowling facilities, which includes a synthetic green, with all-weather roofing and competition standard lighting, along with a new clubhouse."

"CHRG is a leading provider of hospitality and sport services and facilities, and we are very excited to be welcoming CHBC to the CHRG family of venues. Over the years, we have enjoyed a strong relationship as neighbours and friends, and we look forward to building on this to support our membership and the sport.".

As members of a sporting sub-Club of CHRG, bowlers can enjoy the benefits and support of the broader group – ensuring that CHRG funding is directed to the growth and support of bowls, not only to grow participation in the sport, but to ensure that bowlers continue to be able to come together in a social environment to connect and socialise.

Noel Benson, former Chairman of CHBC and now President of CHBC's Bowls Advisory Committee said: "Having been in operation for the past 62 years, CHBC's members were keen to ensure the sport of bowls would continue to be available to people living in the Hills area.

This amalgamation opportunity, including the new facilities that will be created, will ensure the legacy of past and current members lives on well into the future. We're delighted for what this amalgamation offers our members and the wider community.

"Lawn Bowls is a great sport for the young and young at heart – providing a wonderful opportunity for like-minded people to participate in something low-impact, fun and relaxed, while also learning the technical skills of the game."

The amalgamation was set in motion after Castle Hill Bowling Club responded to CHRG's call for expressions of interest to amalgamate in 2021.CHRG (the parent company of Castle Hill RSL Club, Club Parramatta, Lynwood Golf and Country Club and Castle Hill Fitness and Aquatic Centre) saw the benefit of adding CHBC to CHRG's family of hospitality, sport and leisure venues. The initial focus is on ensuring CHBC members comfortably transition to CHRG members and enjoy the many benefits of being part of a groupwide membership, including access to multiple hospitality venues, leading fitness and aquatic facilities and a championship golf course.

David O'Neil, Group CEO of CHRG said "We recognise the importance of continuing to support sport and the community, and see the bowling club as an important part of our future."

CHRG's future on their Castle Hill site includes plans to deliver a residential lifestyle development for over 55s on the existing car park in front of Castle Hill Fitness and Aquatic Centre. It is anticipated that the bowling club will be a popular destination for members and future residents alike.

For function and event enquiries contact events@chrg.com.au



As your Federal MP, I am here to help.

- Assisting with accessing Federal Government services
- Attending your local community
- congratulatory messages
- Helping you resolve federal issues, including NDIS, NBN and Centrelink



Please contact my office if I can be of assistance.

Suite 8, 23 Terminus Street, Castle Hill NSW 2154 👰 9899 7211 🔤 alex.hawke.mp@aph.gov.au 👣 www.alexhawke.au 👍 AlexHawkeMPMitchell

Authorised by Alex Hawke MP, Liberal Party of Australia, 8/23 Terminus Street, Castle Hill NSW 2154.

STRONGER COMMUNITIES **PROGRAMME - ROUND 8:**

Expression of Interest applications (EOI) close 14 March 2023

Expressions of interest for Round 8 of the Stronger Communities Programme (SCP8), giving community groups and local governing bodies an opportunity to nominate projects for grants of up to \$20,000.

I strongly encourage interested organisations to submit an Expression of Interest (EOI) form regarding projects important to them and our community. Grants from \$2,500 up to \$20,000 are available to cover up to 100 per cent of eligible project costs, or up to 50 per cent of eligible project costs for local governing bodies.



Expression of Interest (EOI) applications close Tuesday, 14 March 2023.

VISIT TO RDA NSW TALL TIMBERS CENTRE

RDA NSW Tall Timbers Centre (Riding for the Disabled) run an excellent program enriching the lives of people with disabilities and their families through horse related programs.

I had the wonderful opportunity to recently attend a Thank you morning tea at this incredible facility located at the Gables.

Kerry, Nicole and the team of volunteers go above and beyond improving the lives of those who attend their programs. The impact to participants benefits their self-esteem and enhances their abilities and is so vital in impacting their lives, their families and benefiting the wider community

Visit www.alexhawke.au for further information.



EDDIE DOGRAMACI

I AM YOUR SERVANT. **YOU ORDER AND** I WILL DELIVER

DEAR VOTERS, I AM EDDIE DOGRAMACI.

I AM A COUNCILLOR, SMALL BUSINESS OWNER AND A LOCAL RESIDENT.

THE RESIDENTS AND SMALL BUSINESSES IN THE HAWKESBURY HAVE BEEN **IGNORED AND PUNISHED FOR DECADES.**

WE ARE NOW EXPECTED TO BELIEVE THE SAME LIES AND REPEATED PROMISES BUT IN DIFFERENT COLOURS.

> I WILL NEVER BREAK MY PROMISES. I WILL NEVER LIE TO YOU.

FIXING THE ROADS EMPLOYING LOCAL IMMEDIATE WORK ON BYPASSES

SAVE OUR HAWKESBURY 1 SMALL BUSINESS PARTY



Showing appreciation to our community's volunteers

The best part of my job is getting to see our community in action.

At the heart of our community are volunteers. The RFS and SES volunteers who are on the ground during floods and fires, the meals on wheels drivers who deliver meals, the environmental groups who watch out for our bushland, and the volunteers who are the backbone of our local sporting clubs.

Volunteers keep our community going. While volunteers contribute simply because they see a need, I believe it is important we show our recognition and appreciation.

One way we can pay such tribute to local community leaders

and volunteers is through nominating people for an Order of Australia award. The awards are assessed independently and are made by the Governor-General.

I know from the recipients I have met, that the award though never sought, holds a special place in their life.

The awards are open to all Australians, from all backgrounds. It says in a lasting way, your work and achievements have been noticed and they are appreciated.

Nomination forms can be downloaded from itsanhonour.gov.au

TINA CARTWRIGHT – CANDIDATE FOR CASTLE HILL It's time to give Hills Locals a real voice in NSW Parliament and to be a force for change. After 60

It's time to give Hills Locals a real voice in NSW Parliament and to be a force for change. After 60 years of Liberals in The Hills Shire and 70% of broken promises since 2015, I am of the view that our local community have been taken for granted in the Hills for far too long!

I am humbled over the support I have been receiving, but there is much to do. There have many issues that have been raised with me and there are some updates I can report on, namely:

This Parliamentary report has been damning for the Liberal Party and raises serious questions regarding the removal of previous sitting Liberal members including the former mayor, Dr Michelle Byrne, on the Hills Shire Council in NSW. You can read the full report using the below QR Code.

SAVE FRED CATERSON RESERVE

Fred Caterson Reserve provides an important role for our community with various opportunities to partake in organised sport, hobbies, activities and casual recreation. It also provides our community a very unique natural environment to enjoy in the heart of Castle Hill. It has endangered ecological habitat and its unique elements of flora and fauna ought to be protected.

I do not support the Master Plan for the redevelopment of the Fred Caterson Reserve.

HILLS INFRASTRUCTURE & TRAFFIC CONGESTION

I have received many complaints regarding the traffic congestion and the spiralling costs of the M2 Tolls. I can announce that a Minns Labor Government will cap road toll costs to \$60 per week which will significantly reduce the costs for families. We are engaging with the Shadow Ministers on the over development and the complete lack of proper road infrastructure in the Hills.

I can also announce that a Chris Minns NSW Labor Government has committed to:

- \$93.7 million to hire an additional 1,000 apprentices and trainees across the NSW Government by 2026
- · Waive HECS debt for Health Workers
- Better healthcare with 1200 additional nurses
- Invest \$700 million into the Rouse Hill hospital, which more than doubles the \$300 million in broken promises since 2014 by the NSW Liberal government
- Sustainable development in The Hills area
- Strong manufacturing base for NSW
- More support and permanent job security for our teachers
- Address education with permanent teacher positions and school overcrowding
- Putting an end to privatisation

After 60 years of Liberals in The Hills Shire, it's time for the first woman in Castle Hill to take YOUR VOICE to NSW Parliament.



Allegations of impropriety against agents of the Hills Shire Council and property developers in the region



AUTHORISED BY BOB NANVA, AUSTRALIAN LABOR PARTY (NSW BRANCH), LEVEL 9 377 SUSSEX ST SYDNEY NSW 2000.

ALEX KARKI – CANDIDATE FOR KELLYVILLE

The NSW Labor Party and has vowed to prioritise The Hills in North-West Sydney if elected. Alex has worked for NSW Transport as a Planning & Traffic Engineer and holds a Bachelor of Engineering (Hons) and a Masters by Research (Transport Planning) from the University of New South Wales.

A Minns Labor Government has announced:

- \$93.7 million to hire an additional 1,000 apprentices and trainees across the NSW Government by 2026;
- Waive the HECS debt for NSW health workers:
- Address local school overcrowding by supporting teachers and creating full-time teaching positions;
- Health services including the \$700 investment into the Rouse Hill Hospital which more than doubles the Liberal broken promises since 2014;
- Reducing road toll costs;
- Traffic infrastructure plans;
- There will be no further privatisation of our energy, roads & water which will reduce the cost burden on families;
- Address massive over-development without proper planning.

PARLIAMENTARY INQUIRY

As a Labor Candidate. Alex shares the serious concerns with fellow Labor Candidates regarding the recent Parliamentary Inquiry findings handed down into the NSW Liberal Party and the removal of elected councillors in the Hills including

These measures are just the beginning of our Fresh Start Plan for NSW but clearly demonstrate that not only will a Minns Government improve our cost of living, but we can and we will do much better for our Hills community after 60 years of Liberal representation.

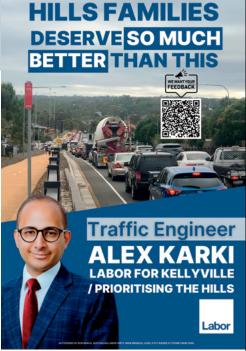
TRAFFIC SURVEY - THANK YOU

We have had over 600 responses to the Traffic Survey by concerned residents and we will be providing a report on our plans to address the daily grind, our community are faced with. Most of your responses were detailed, and I thank the community for the engagement that will only lead to better outcomes for our community.

I am pleased to announce that Labor has announced a \$60 per week cap on the road tolls including the M2.

former democratically elected mayor Dr Michelle Byrne.

"No side of politics should replace its sitting councillors by installing a new team without a democratically elected process which in this case, did not occur."



Allegations of impropriety against agents of the Hills Shire Council and property developers in the region



Alex believes it's time to elect a candidate in Kellyville who will stand up for locals on the issues that matter to them and be accountable to the electorate.

AUTHORISED BY BOB NANVA, AUSTRALIAN LABOR PARTY (NSW BRANCH), LEVEL 9 377 SUSSEX ST SYDNEY NSW 2000.



BENJAMIN CASWELL

COMMUNITY INDEPENDENT FOR HORNSBY ELECTORATE

YOUR LOCAL CANDIDATE FOR NSW 2023 STATE ELECTION

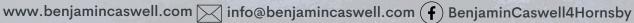
I'm standing in the upcoming NSW State Election as I believe Hornsby needs a voice in Parliament that is beyond party politics and can vote for the community interests.

Key areas includes:

- Improving local infrastructure such as our schools, roads, parks and community facilities
- Better funding for health and education
- Access to greater government services
- Investigating ways to secure our energy future
- Keeping transparency and integrity in politics

As I'm here to represent YOU, please contact me with your ideas on how we can make our electorate better for today and the future. I'd welcome all support from the community if you wish to assist with my campaign. You can contact me on the details mentioned below.







Authorised by: Benjamin Caswell 2-4 Foxglove Road Mount Colah NSW 2079

MARK HODGES IS YOUR LIBERAL **CANDIDATE FOR THE SEAT OF** CASTLE HILL AT THE 2023 **NSW STATE ELECTION.**



Mark has lived in the West Pennant Hills Valley for over 25 years. He is a former Senior Sergeant of the NSW Police Force and Police Prosecutor. After retiring from the Police Force, Mark started his own law practice - his main clientele being mum and dad businesses.

Mark understands the key issues in the Hills and is proud of the achievements that the NSW Liberal Government has delivered. School upgrades, transport and road improvements and better access to healthcare are just some of the issues that Mark will advocate for.

The NSW Liberals have delivered for Castle Hill:

- The Sydney Metro Northwest Link with stations at Castle Hill and Castle Hill Showground.
- Major upgrades to Showground Road and Castle Hill Road.
- Funded the revitalisation of Balcombe Heights Estate to deliver sensory garden.
- Funding \$4.6 million to deliver Castle Hill Showground Road Pedestrian Bridge.
- Funding \$1 million for rejuvenation of Baker Crescent Shops.



Scan for more info



MARK HODGES Liberal for Castle Hill

MarkHodges4CastleHill @ markhodges4castlehill @ CastleHill@nswliberal.org.au.au

Authorised by Chris Stone, Liberal Party of Australia, NSW Division, Level 2, 131 Macquarie Street, Sydney NSW 2000.

Dump Junk Food Ads

Local State MPs have been lobbied by the Cancer Council NSW and Public Health Association Australia for the removal of junk food marketing on NSW government property.

The call to remove unhealthy food marketing on government owned and controlled property such as public transport follows new Cancer Council NSW research showing 7 in 10 NSW adults are concerned about outdoor junk food ads.

Cancer Council NSW's Director of Cancer Prevention and Advocacy, Anita Dessaix said: "A healthy childhood is the foundation of a healthy life. However, this is all but impossible when children are constantly targeted by the food industry with unhealthy food and drink marketing when simply catching a train or bus to school.

"It is no coincidence that more than 80% of food ads in major train stations and buses have been found to be promoting unhealthy foods and drinks."

Adjunct Professor Terry Slevin, CEO of the Public Health Association of Australia says that in NSW almost 1 in 4 children are classified as overweight or obese with no sign of decline.

"If the next NSW Government wants to show leadership in obesity prevention, it must stop taking money from food companies that promote fast food and sugary drinks on public buses and trains our kids use to travel to school.

"Having excess body weight as an adult is a risk factor for 13 types of cancer, including,

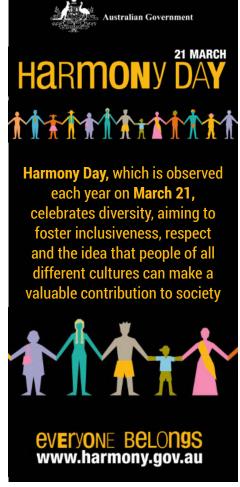


bowel, kidney, oesophagus, pancreas, endometrium and breast. It also increases the risk of other chronic diseases such as type 2 diabetes and cardiovascular disease.

"Reducing children's exposure to unhealthy food marketing is recognised as an important action to address the increase in obesity rates and the related health effects.

"The ACT, London, and Amsterdam have acted. We urge the next NSW Government to follow suit."

Ray Williams MP said: "I am in full support of the NSW Government's Healthy Eating and Active Living Strategy 2022-2032 which addresses healthy food and healthy built environments and includes investigating options to expand the availability and promotion of healthy food and drink choices in government settings."



VOTE 1 HRMANN FOR UPPER HOUSE

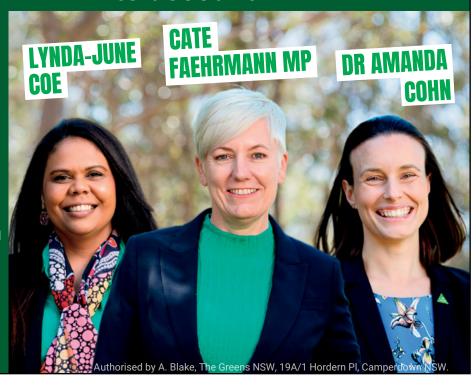
Led by experienced NSW Greens MP Cate Faehrmann, the team includes country GP **Dr Amanda Cohn and First Nations activist** and educator Lynda-June Coe.

In the last four years, your Greens Upper House MPs have exposed dodgy porkbarrelling, brought the plight of our koalas to the world's attention and improved laws to reduce gambling harm, protect nature and make government decisions fairer and more transparent.

Our State seems to be run for the benefit of the wealthy few, with fossil fuel corporations, big developers and the powerful gambling lobby receiving special treatment at the expense of the rest of us and the environment

Our Upper House team will hold the NSW government to account







THE GREENS WILL:

- make housing affordable
- fix our broken healthcare system
- protect our environment from overdevelopment and put local communities first
- tackle the climate crisis
- invest in preschools, public schools & TAFE
- ban corporate donations to political parties





Authorised by D Hayden for the Greens NSW.

Triathlete Charlotte By LAWRENCE MACHADO Sparkles in All Schools

Charlotte Hussein of William Clarke College is keen to make the most of her second appearance at the National All Schools Triathlon Championships in Tasmania next week.

The State Team Time Trial cycling record holder will represent NSW at the Devonport event on March 13, buoyed by her success at the 2023 NSW All Schools Triathlon Championships at the International Regatta Centre, Penrith, late last month.

Charlotte, 13, a top gymnast before changing sports, won a gold and silver All Schools medal as well as two Gold CIS medals during a hectic weekend of competition against some of the best young triathletes in the state. The competition brought together more than 1190 NSW Secondary School students from the public, Catholic (CCC), and Independent (CIS) streams.

"This is the best result I have achieved so far," a jubilant Charlotte said. "I am really happy it happened at this event as this is one of the hardest events that happen each year. Athletes come from all over NSW to race in this event, and you never really know who you will race and how fast the race will be.

The competitions determine the NSW School State Champions as well as the NSW Stream Champions (public, CCC, CIS).

Charlotte competed in the junior race (12-14 years) which included a 400m swim, 10km bike, and 2km run. Charlotte was runner-up here to capture an All Schools Silver Medal and a CIS Gold.

She then competed in the relay event on her cycle with teammates Ruby Carter (swim) and Charlotte Scott-Rogers (run). The trio set such a scorching pace they finished a massive two minutes ahead of the runners-up to scoop up All Schools and CIS gold medals.

"The toughest part of this race is the swim for sure, having so many girls starting the race side by side in the water is tough," Charlotte said. "There is lots of rough contact at the beginning and then the swim is 400m long which is a long way to go in open water.

"I train with WSAS Academy monthly, our group of athletes and academy coaches focus

Charlotte Hussein shone at the NSW All Schools Triathlon Championships.

on skill improvement and safety, mostly on the bike. I love these sessions because I get to see many of the athletes I normally only see at races. Day-

to-day, my home coach, Guy Creber, manages my training, we do group sessions in Camden weekly and I train with my friend in the Hills

SPORTS NEWS

District"



Hills United FC primed for more glory By LAWRENCE MACHADO

The powerful Hills United FC women's team will be hoping to go one better in the Football NSW League One Women's competition this year after falling agonisingly close in their debut season.

Hills United had an amazing first season in the 2022 League One Women's competition, reaching the grand final on the back of some superb performances. They lost the title decider by one goal to Gladesville Ravens in a thriller and will use this to spur them on for a premiership this season.

Hills United kick off their campaign against South Coast Flame FC at Sir Ian McLennan Oval, Kembla Grange, this Saturday, March 11, at 3.05pm. Hills United will host their first home game against UNSW at Bella Vista Public School ground on Sunday, March 19, at 3.45pm.

Meanwhile, Hills United Premier League and Reserve Grade teams will be defending their titles at the 2023 powerchair competition. The premier league side is the team to beat, and will be going for a hat-trick of trophies in the tournament which will be contested by Western Sydney Wanderers, Newcastle Jets, and Sydney FC. The Hills United Premier League team includes Jacob Cross, Chris Suffield, Chris

Turnbull, Matthew Mallows, and Josh Merkas.

Hill United's Reserve Grade's roster features Samir Eshani, Lachlan Ninham, Ollie McPhail, and Finn O'Donovan among their team members. They won the tournament last year. The powerchair teams are coached by Peter Turnbull and Michael Suffield.

The teams are sponsored by Mojo Homes, Nickaz Australia, Modern Painting Group and Marka

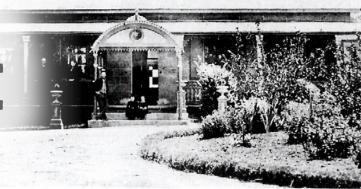
The National Premier League and League One women's leagues were officially launched last weekend at Glenwood's Valentine's Park.

NSW CEO John Tsatsimas said he was thrilled about the growing interest and rising standards and in the female game.

"2023 promises to be one of the biggest seasons yet as excitement continues to build around Australia's co-hosting of the FIFA Women's World Cup," he said.



REMEMBERING ROXBURGH HALL PART 2



Looking from the door leading from the main rooms on the right side of the courtyard were two rooms, then the kitchen, then two more rooms, a bathroom and the school room.

Next to the school room was the big green back door that creaked every time you opened it. On the left side of the courtyard were four rooms and Gran's room near the main rooms. Her room opened onto a glassed sunroom which led onto the side verandah.

The green back door opened onto the back verandah. The verandah was in two stages with two steps down half way along the walkway (where we fell that first night). The back verandah continued past the green back door to the toilet. Steps at the side of the toilet led down to the wine cellar which was all sandstone. After we had been playing in the cellar it was blocked off so we couldn't go there anymore.

In the front of the house was the long driveway which led to a circular driveway directly in front of the house. In the middle of this circular driveway was a garden full of old fashioned sweet smelling roses. On the right side of the house was a tennis court,

fruit trees, gardens, chook house and storage sheds. Behind the house was a gate to the two servants cottages (each three rooms and kitchen), which seemed very nice. On the left side of the main house in the side paddock was a lake that had waterlilies floating on the top. We would sit at the edge of the lake and watch the blue dragon flies flutter and dart around the lilies. Beside the house there were very large trees with big stag horns around the trunks and beautiful rock orchids growing from behind the stag horns. It was a lovely spot.

There was a very large two storey shed around the back in which was stored fuel and other liquids. The servants' cottages and main rooms of the house were also used for storage during the war.

The paddock near the servants' cottages was used by the cows. I remember we burnt the blackberry bushes one year in that paddock because Gran was worried about snakes and

the fire got away. We had to put the fire out with wet bags and my cousin Ronny singed his eyebrows. A creek ran through the paddock and there was an old convict wheel that they turned to bring water from the creek. In the next paddock was the big milking shed where we learnt to milk cows. One day we were milking and Vera the cow must have eaten something that upset her. We all ended up in big mess including the 36 cats that came for the milking every day.

Ron and I used to go fishing in the creek. We would sit on the edge with our lines in the very long grass. We got into trouble with Gran because a snake could have bit us in the long grass. However we never did see any snakes. The reason might have been the presence of Gran's 12 house cats and the 36 cats that lived in the paddocks.

The house had a slate roof and the possums would hang over the verandah of the courtyard and watch us watch them.

We had the best Christmases a child could wish for. All the family would come to Roxburgh Park. The aunts, uncles and cousins came from Queensland even with the war going on. It was the best time of my life.

Wrap with Love Rugs to Türkiye and Syria

Knitters and crocheters who meet regularly at Baulkham Hills Library answered the call-out from Wrap with Love to assist in supplying an order for 5000 rugs to be transported to Syria for victims of the recent devastating earthquakes.

They were able to deliver 28 beautiful rugs to the warehouse in Alexandria last week to meet the deadline. Any additional wraps received will be made available through Wrap with Love to aid organisations assisting Türkiye and Syria.





Some of these rugs (pictured) were sewn together using crocheted and knitted squares generously donated through the library and the others were made by the ladies in the group. They meet fortnightly at the library from 11:15-1:00, new ladies very welcome. Come along and join in for a chat and knitting or crocheting advice if required. You can bring your own project or make squares for a rug. Please contact the library for information. Donations of yarn or completed squares can be left at the library at any time.

A Wrap with Love personal wrap comprises 28 squares, 25cm x25cm sewn together in 4 rows x 7 (100cmx175cm) using wool or acrylic 8 ply.

PHOTOS FROM THE PAST

COLLECTION COMPILED BY EVOR JONES SHOWING LIFE IN THE HILLS AND HAWKESBURY AREA DURING PAST DECADES.

All photos are Courtesy of Hornsby Shire Library

Galston Bridge, Galston Gorge









Netherby Cottage, Galston





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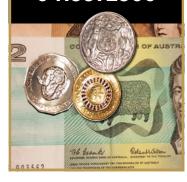
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- Fully owned (4-3)
- 10. Musical entertainment
- 11. Carried on
- 12. Elevate
- 13. Hero type (4,5)
- Storage centre
- 16. Controversial WA settlement between Lancelin and Cervantes (5,6)
- 20. Person used as one's excuse
- 22. Institution for abandoned children
- 24. Prague resident
- 25. Asian ---, a shorebird seen in summer in the North
- 26. Energetic
- 27. Bigger than the rest

- Discriminating diner
- --- Murphy, radical judge
- Swore
- Nuclear point of detonation (6,4)
- Cricket World Cupper --- Hogg
- Beat the goalie
- Bare
- Canadian oil province
- Olympic gold-winning Hockeyroo forward
- Undermine
- 17. Interconnecting devices
- Series of waterfalls
- 19. Rues
- 21. Residence-based (2-4)
- 23. Former tennis Grand Slammer --- John Cooper
- 25. Evade

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Answers from last issue

CROSSWORD

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WORD SEARCH

LEGAL TERMS

AFFIRMATION ESCROW

ALIMONY EVIDENCE

APPELLANT EXECUTOR

BAD FAITH FELONY

COERCION **GOOD FAITH**

COMPLAINT HARASSMENT

CONFESSION INJUNCTION

DEFENDANT LITIGATION

DISSOLUTION **PROBATE**

DUPLICITY REPEAL

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CODE WORD

Numbers in the grid (1-26) correspond to each of the letters of the alphabet from A-Z in some order. Solve the puzzle and fill in the letters in the key provided as you find them. Three letters are provided to give you a start.

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ANSWERS FROM LAST ISSUE

CROSSWORD



CODE WORD









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