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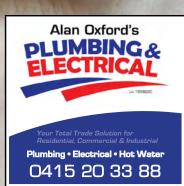
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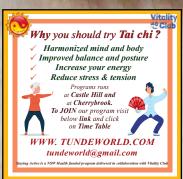
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Hawkesbury's ever-popular Eisteddfod back after 2-year absence By TONY BOSWORTH | EDITOR HAWKESBURY POST

For 70 years it's been the springboard for many a local performer and allows anyone with a creative streak to get along and strut their stuff, whether that be dance, singing, speaking choirs, and music, and much more besides.

So say a big hello to the return of one of the Hawkesbury's most iconic and friendliest events, the Hawkesbury City Eisteddfod.

Like many other events in our region, the Eisteddfod had to close its doors since 2019 due to Covid and floods but this July sees it make a welcome return.

The Hawkesbury Eisteddfod traditionally attracts performers from all over the Hawkesbury district, Sydney surrounds, and even stretching up to the Central Coast.

This year's Eisteddfod will run from July 31 until August 28.

The solo events will include Dance, Pianoforte, Vocal, Instrumental, and Speech.

There are also School/Community events which include Choral, Bands & Ensembles, Dance Groups and Verse Speaking Choirs.

A feature of the Hawkesbury Eisteddfod which always brings a smile to its entrants is down to a wonderful amount of support from sponsors who kindly donate trophies, medals and money prizes for the competitors.

The annual event is run by a small but dedicated team of volunteers who willingly

give up their time to organise and run the Eisteddfod so that our young performers get the opportunity to perform and showcase their talent on a friendly, yet competitive platform.

Right now, the Eisteddfod organisers are looking for volunteers to help with the daily running of the event. If you, or someone you know, has a few spare hours, even 30 minutes, to volunteer, the organisers appreciate you reaching out and contacting them as soon as possible.

The jobs can be as simple as getting tea/ coffee for adjudicators, handing certificates out, taking payment at the door, or collecting copies of music.

Entries are now open on the Eisteddfod's website and close on June 1.

- Email: hawkesburyeisteddfod@gmail.com
- Website: www.hawkesburyeisteddfod.com.au
- Facebook: https://www.facebook.com/ groups/106952822681197

You can read more Hawkesbury news at Hawkesbury Post www.hawkesburypost.com. au or facebook.com/hawkesburypost).

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The Hills to Hawkesbury Community News has been serving this area for nearly 40 years. It's name may have changed over the decades but the commitment to providing a free service to the community is still at the heart of what this hyper local fortnightly publication does. Established in 1982 it has evolved into a community news magazine with a big digital footprint. Our aim is to inform, inspire and connect our community. It is a family-owned small business. Our team is local and love what they do.

Please follow us on Facebook *@hillstohawkesbury*. Printed copies are available at local shopping centres and other outlets. For a full list visit our website *www.hillstohawkesbury.com.au*.

Riverstone **Festival**

All the fun of a community fair and street parade will set Riverstone buzzing when the annual Riverstone Festival and Parade takes to the street on Saturday May 14th.

The much-loved festival was started by a community committee 22 years ago and was originally intended to be an one-off event to celebrate the dawn of the new millennium in 2000.

It is now the biggest in the area and attracts thousands. Blacktown City Council has teamed up with The Combined Churches of Riverstone to bring the annual Riverstone Festival to life in 2022.

The fun starts at 9am and continues until 3pm with a street parade thrown in for good measure. The action will be between 9am and 3pm at Pitt St, Riverstone. The packed program of on stage entertainment includes locals dance groups and singers.

The Blue Grass Band takes to the stage at 10am before the official opening at 10.45am which will be followed by the popular street parade which starts at 11am.

The greatly anticipated street parade will showcase local community groups, schools, car



clubs, marching bands and many more takes over 30 minutes as it winds round the block down Market Street, Pitt St, Mills St, Church St and Riverstone Parade.

There will be 80 stalls at the carnival and children's activities, fair with food and market stalls, stage performers, rides and workshops at the festival site.

The much-loved street parade is assured a welcomed return following Covid restrictions which limited last year's event and no event in 2020.

Phyllis McAlpine, co-founder of the event has said in the past: "It is really wonderful to see so many regular visitors whom I now consider my friends.

"I think the reason the festival is so popular each year is because there is a great atmosphere, friendships are made and it's held in a safe place."

"It's a real reunion for many people."





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OOD SERVICES



A new bike unit has seen four specially trained police officers out and about on cycles patrolling both Rouse Hill Town Centre and Castle Towers.

Hills Crime Manager Detective Inspector Chris Laird said the bike unit was great for officers to engage with young people around the transport hubs in the area.

FATAL CRASH GLENORIE

The driver of a vintage Daimler has died following a crash on Cattai Ridge Rd, Glenorie this morning (Sunday 1st May).

Emergency services were called to the intersection of Cattai Ridge Road and Smith Lane, Glenorie at about 8.30am following reports a 1956 vintage Daimler Conquest had left the roadway and struck a tree.

Officers from The Hills Police Area Command and NSW Ambulance paramedics attended and

FATALITY DURAL

A man has died two days after his SUV car hit a power pole at Dural. The 70-year-old man was driving a Toyota Landcruiser north along Old Northern Road, Dural, at about 1.10pm on Monday (2nd May), when the vehicle left the road, continued for 25m down a grass verge then hit a power pole. Witnesses assisted the driver – and only occupant – before NSW Ambulance paramedics arrived and took him to Westmead Hospital suffering chest injuries. Officers from Traffic and Highway Patrol Command attended and commenced inquiries into the circumstances surrounding the crash.

Police have now been told the man had died in hospital at about 3pm on (Wednesday 4th May). A report is being prepared for the information of the Coroner.

rendered aid to the 75-year-old male driver who died on route to hospital. An investigation is underway into the circumstances surrounding the crash. A report will be prepared for the information of the Coroner.

As inquiries continue, police are seeking witnesses to the crash, or anyone with dashcam footage to contact Castle Hill Police Station or Crime Stoppers on 1800 333 000 or *nsw.crimestoppers. com.au.* Information is treated in strict confidence.

HYDRO HOUSE BUST

A 27-year-old man has been arrested by Hills detectives after leaving a house in Britannia Rd, Castle Hill at 2.45pm on Tuesday, 3rd May.

Police allege that he was cultivating cannabis plants in a Hydroponic Setup in several rooms of the single-level home which was being rented. Police seized 124 Cannabis plants which have since been destroyed.

The male was charged with Cultivate Prohibited Plants by enhanced means. Hills Crime Manager Detective Inspector Chris Laird there were certain signs that a house was being used for the illegal cultivation of cannabis.





Free Parent Forum

A free forum for parents of teenagers is being held in Castle Hill on Wednesday, May 25th.

TITLED: Is it Typical Teen Stuff or a Tipping

Point, the forum will cover a range of topics that challenge parents of high school students.

It will help parents and carers wanting to know more about identifying when their young person is displaying typical teenage behaviour, when they need help and how to get the right help.

Speakers include highly respected Australian psychologist and therapist Leanne Hall (pictured) who will be discussing aggressive behaviour in teens and the different types of behaviour you might see when your teen is not coping.

Leanne is clinical lead with Youth Insearch Foundation and has spent several years presenting and facilitating mental health forums to youth. She is also a television presenter, published author, and researcher and has been working as a therapist for over 20 years, where she specialises in working with teenagers, parents, and families from diverse backgrounds.

The second speaker will talk about mental health first aid and the third speaker is Ethan West, youth liaison officer at The Hills Police Command who will discuss trends and issues police are dealing with concerning young people in the hills.

There will be time after the three speakers to ask questions.

The annual forum is being organised by the Hills Domestic Violence Prevention Network (HDVPN). Over 100 people attended last year's forum.

Tara Gleig from the Forum organising committee said many parents wanted to know how best to support their adolescent.

"This will be the 8th Parent Forum that the HDVPN has successfully organised for the Hills community. Feedback has consistently been positive with parents expressing thanks and gratitude for the professional information provided and the quality of the speakers. Parents said they were able to understand their teenager's needs at a deeper level and gained strategies to help maintain a strong connection in their relationship. '

One parent last year commented: "Great ideas about when and how to talk with teens."

The Forum's aim is to give parents an understanding of how they can help their kids before things escalate.

WHEN: Wednesday 25th May, 6pm for a 6.30pm start finished by 9pm. WHERE: The Pioneer Theatre, 12 to 14 Pennant Street, Castle Hill underneath Castle Hill library.

TICKETS: The Forum is free but booking is essential via this link bit.ly/HDVPN22 or email: hillsparentforum@gmail.com



RIVERSTONE FESTIVAL



Saturday 14 May 2022 - 9 am to 3 pm Mill Street Park, Riverstone blacktown.nsw.gov.au Street Parade at 11 am lacktown

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Hills Relay for Life, Bringing Hope

BY BEV JORDAN

Hills Police will be out in force at this year's Hills Relay For Life, taking steps to raise money for cancer research and support programs at Castle Hill Showground.

They are one of 60 teams currently registered for the annual Cancer Council fundraiser which starts at 9.30am on Saturday, May 21st.

The first lap is for cancer survivors and carers. Hills Relay for Life teams so far include service groups, schools, friends and families who have joined to support people undergoing their cancer journey or in memory of people lost.

Superintendent Darrin Batchelor, Commander of The Hills PAC said he is pleased there will be a large police team at the Hills Relay For Life.

"My family has been impacted by cancer and I have seen the importance of research and trials for the treatment of cancers. Events such as the Hills Relay For Life are so important for raising these funds."

His youngest daughter Isla was diagnosed with an aggressive form of leukemia when she was four years old and placed on a trial for minimal residual disease testing.

"It can detect 1 leukemia cell in 1 million cells and enables leukemia treatment to be tailored to each child," he said. Sarah Didsbury

The test is now part of standard treatment. Isla, now 12, was given the all-clear towards the end of last year.

Hills Relay For Life Patron Michelle Byrne, a former cancer researcher said: "It's thanks to Hills Relay for Life and the generosity of the Hills community that millions of dollars in cancer research has been funded.

"Without this funding \$20m in critical research wouldn't occur each year."

Chair of the Hills Relay For Life organising committee Lisa Carrutthers said everyone was looking forward to getting back to a "normal" set up with tents around the track, all day entertainment, food, stalls and a message of HOPE.

The packed program of entertainment includes a headshave at 12.15pm by two female community volunteers, RFS volunteer Sarah Didsbury (pictured) who has been growing her hair for over a year and Norwest Rotary Sunrise member Cherelyn Suzuki.Glenwood High held its headshave at the school last week involving seven students and two staff members.

As it's also election day there will be an AEC election booth in Harvey Lowe Pavilion, next to the Relay track so that people can vote during the day.

To create a team, join a team or donate visit www.cancercouncil.org.au/hillsrelay or visit the Hills Relay For Life Facebook Page.

*There will be a Teams' Information Night on Tuesday, May 10th starting at 7pm at the Hills District Tennis Association, upstairs in the Club House, 3 Caterson Drive, Castle Hill.

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Enjoy our Rotary BBQ, drinks and our cafe will be open throughout the trading period. Off street parking is also available.

Trading hours: Friday and Saturday 8:30am to 5pm and on Sunday 8:30am until 3pm

Come and visit twice – First to pick up those special books you are looking for and then on Sunday for the clearance sale bargains. All proceeds from the Book Fair go to local, national and international projects and disaster relief.

Further information contact Richard via email giantbookfair@gmail.com or visit our Facebook page The Rotary Club of Greater Hills formerly known as The Rotary Club of Galston





COMMUNITY NEWS

CHRG's First Gallipoli Scholarship Recipient

Created by a group of World War I "Diggers" in 1996, The Gallipoli Scholarship is awarded to direct descendants of Australian and New Zealand Veterans to assist with the cost of their tertiary education. The scholarship is based on academic achievement and necessitous circumstances that could otherwise preclude a student from pursuing their education, and it is a wonderful way to keep the ANZAC spirit alive in our younger generations.

A special moment last week for CHRG's President Mr. John Payne, as he presented CHRG's (Castle Hill RSL Group) first sponsored Gallipoli Scholarship award to the very deserving recipient – local resident, Miss Emma Dubos, who completed her HSC last year at Mount St Benedict College in Pennant Hills.

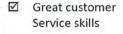
"Emma is the great-granddaughter of Lawrence Albert Hobbs who served in WWII from 1942 to 1946 and is the great, great-niece of Sidney Cannon who served in WWII until 1941 when he was sent home injured. She is passionate about preserving the diversity of Australia's marine life and making positive changes to our marine landscape."

"We are proud and privileged that CHRG can assist with the costs of Emma's first year of studies in a Bachelor of Coastal and Marine Sciences degree at Newcastle University," said President John Payne.

Not only is Emma an exceptional student, she has been a dedicated volunteer at the Women's Safe Room at Parramatta Family Court and is also a member of the Organisation for the Rescue and Research of Cetaceans in Australia (ORRCA), qualifying her to participate in marine rescue operations.

"We couldn't think of a more deserving recipient than Emma – she is bright, dedicated, community, and environmentally minded, and additionally, she shares CHRG's ethos and values. Gallipoli Scholarships are just another example of the contributions made by RSL Clubs and other corporate sponsors to keep the spirit of ANZAC alive," President Payne concluded.

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New growth areas remain on buyer's radars

Box Hill has recorded one of the highest rates of property prices growth in the State since 2020, according to latest REA data.

House values in the suburb have increased 94 percent over the past two years, jumping from \$592,250 in 2020 and to around \$1.15m in February this year.

It was ranked sixth in the REA's list of top NSW performing suburbs behind Wyee (124 percent), Austral (132 percent), Byron Bay (114 percent), Copacabana (106 percent). Also recording strong growth was Cumbalum (90 percent), Teralba (88 percent), Glenorie (88 percent) and Sylvania Waters (84 percent).

Agent and auctioneer Will Hampson from Lumby Hampson said lifestyle is continuing to drive the property market in Sydney's northwest as buyers look to create their own private retreat, following last year's length lockdown. "Box Hill has the added advantage of being in a growth area, so the homes are shiny and new and that is very attractive for a lot of buyers," he said. "People see value in the area and being part of an emerging new community with the upcoming shopping centre, new schools and parklands."

A striking custom-design home set on a 480sqm block at Box Hill impressed buyers when it sold at auction for \$1.79m through Lumby Hampson. Completed just 18-months ago, the property located at 14 Celestial Street included a cinema room with a \$10,000 sound system. Its stunning parents

retreat features an ultra-luxe ensuite with freestanding bath and steam shower. "It had been built as a 'forever' home but the vendors had an exciting new opportunity so had to make the difficult decision to sell," agent Kate Lumby said.

"They were adamant from the beginning they didn't want to build a cookie-cutter display home, so they sought out a designer to help them create something special and it really resonated with buyers."

Located within the 'High Grove at Box Hill' estate, the property also included a French Provincial style kitchen fitted with Smeg appliances. Its superb outdoor entertaining area featured a paved entertainment terrace surrounded by landscaped gardens plus a builtin spa.

For further information : Will Hampson on 0414 620 333 or Kate Lumby on 0414 620 222

Injured or hurt yourself on the Weekend?

We know that weekend sport or activities can bring with it an unwanted injury. No one wants to wait until Monday morning for a diagnosis or treatment. That is why we have opened a walk-in Weekend Sports Injury Clinic, specially designed to get you back on your feet after a weekend injury.

If you love playing netball, football, soccer, rugby or any other weekend sports and activities, and you don't want an injury to hold you back, then drop into our weekend sports clinic. You will have immediate access to specialised orthopaedic surgeons, on-site allied health services and onsite radiology services.

Our sports clinic treats sports and orthopaedic injuries such as broken bones and fractures, cuts and lacerations, joint pain, and muscle strains and sprains. The clinic runs from 10am – 2pm every Saturday. No waiting around in the emergency room. Our one stop clinic for injuries will have you seen in no time.

Many parents are not sure where to turn to after a weekend injury, confused on whether they should head to the Emergency Department and wait 4 to 6 hours or wait until Monday for a doctor review. Our new service can alleviate the worry and fast track treatment.

Our surgeons operate out of multiple private and public hospitals within the area and are affiliated with local and professional sports clubs. We provide a high level of expertise and individualised patient care for acute and chronic musculoskeletal problems in all areas of the body.

See advertisement on Page 10



Local manufacturer, Aussie Pumps, have been on a recruitment drive following the demand for their pumps and pressure cleaners. They have reported many locals enquiring on the careers available but still need more candidates.

"The demand for people looking for quality first world products has pushed our production levels even higher", said Aussie Pumps Production Manager, Mal Patel.

"Our philosophy of developing great products and putting them on the market at fair prices, has been a huge success in everything we make from fire pumps to high pressure drain cleaning Jetters" he said.

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Get set for Vegas in the Hawkesbury As the popular Pink **Royale Casino Night** returns for another spin

By TONY BOSWORTH | EDITOR HAWKESBURY POST

Well-known Hawkesbury charity Pink Finss is holding its Pink Royale Casino Night this June in place of the fund-raising Pink Tie Ball which had to be cancelled in April due to the floods.

Pink Finss was established in 2010 to support Hawkesbury women and their families diagnosed with cancer.

"Whilst it was a really difficult decision to cancel the Pink Tie Ball, we knew it was the right decision for the community," the charity's Events Organiser, Leann Tibbey says.

"We couldn't possibly ask people to come out to celebrate when they were hurting the way they were".

Once things began to get back to some semblance of order, the fundraising committee re-grouped and set about organising the return of the highly successful Pink Royale Casino Night to fill the gap left by the Pink Tie Ball.



tables like they would expect to do in Vegas. The atmosphere really was electric and it felt like something different for the Hawkesbury," Ms Tibbey says. "This year our event is being held at Windsor Function Centre which provides a great central location in Windsor and has a certain feel conducive to Vegas!"

Tips to select your Rise Recliner

Finding a cosy chair to sit down and relax is very important especially as the winter is approaching. A rise recliner or a lift chair can be a very lasting mother's day gift. Here's some tip on how to choose one.

All chairs give some support, but think about the following questions. Does she need extra support? Does she sit in the same chair for extended period of time? Does she find it difficult to sit down or get up? Getting the right chair can help keep her independent and mobile.

- A Rise Recliner or Lift Chair, is good in two ways:
- The rising action helps you sit down and stand up.
- The reclining action can make you more comfortable. Check with your medical professional what is good for you.

Local band Woodford will be playing at the event so guests can enjoy a night back on the dance floor again.

Tickets can be purchased at Pink Finss Charity/Events/Pink Royale and sponsorship opportunities are available by emailing events@ pinkfiss.com.au

You can read more Hawkesbury news at Hawkesbury Post www.hawkesburypost.com.au or facebook.com/hawkesburypost).

There are a lot of factors to consider before buying a rise recliner. Here are a few:

- How many motors? This is very important to serve your needs for long term.
- Fabric, Leather or Vinyl?
- What size? Don't get lost in a too huge a chair or get tied to a too small one.
- Does it have a battery back-up in case of an emergency?
- A motorised head rest and a lumbar support can make a lot of difference.
- How easy are the controls?

It is important to sit on one and try before you buy. Don't forget to ask about the Warranty. Comfort Discovered has a range of designer selections with unique features in choice of fabric, vinvl and premium leather in various sizes and shapes.

www.comfortdiscovered.com



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Change is Within Reach

The Greens candidate for Mitchell, Dr Matthew Cox is a strong believer that we can have our cake and eat it too.

As part owner of a veterinary hospital which is on track to becoming carbon neutral, Dr Cox has seen the financial benefits of using renewable energy to power the practice and his electric car.

"Australians have been sold the false narrative that coal is essential for a strong economy and that we have to sacrifice our quality of life in order to reduce emissions. This is simply not true - we can still have our comfortable lifestyle as long as we electrify our homes, our cars and our businesses and use renewable energy to power them.

Events over the last few years have shown that climate change is here, we are living it now and Australia stands to be one of the world's worst affected countries.

"We have been blessed however with an abundance of sun and wind, the opportunities and the cost benefits are there for the taking. I am really concerned about the health impacts of climate change - we are increasingly seeing the effects of heat on the health of our pets and people suffer in exactly the same way, especially the most vulnerable. As a vet, I feel a responsibility to do as much as I can to minimize the climate impact of my business and it is inspiring that many other professions and small businesses are doing the same. What is lacking is government leadership with real support and incentives for businesses and households to be able to make the switch - it needs to be made easy and affordable for everyone.

"The future could be cleaner, healthier and cheaper for Australians if our politics were not tied to the fossil fuel industry. " I'm no career politician, I decided to run as the Greens candidate for Mitchell because time is running out. Given the state of the current, broken political system, I feel compelled to step up Dr Matthew Cox with veterinary nurse Keira Anderson and Karma a dog who received free dental treatment under the "Pet's in the Park" charity program he works with.

and change the status quo - we need leaders that are looking out for the long term future and wellbeing of all Australians and this means taking up the opportunities on offer with real action on climate and working towards a fairer system that puts people before profits.

Greens policies for this election include;

- Fixing the housing affordability crisis
- Getting Dental and Mental Health into Medicare
- Increasing the pension and investing in Aged Care
- Free childcare, University and Tafe
- Wiping student debt
- Taking real action for a safe climate

Federal Election May 21

THE SENATE

Senate ballot papers are white in colour and have a huge number of groups and candidates on them. Half the seats in the Senate are up for election, in NSW this means six vacancies need to be filled.

On the white Senate ballot paper, you need to either:

- number at least six boxes above the line for the parties or groups of your choice, or
- number at least 12 boxes below the line for individual candidates of your choice.

Polling officials at the polling place are available to assist voters in completing their ballot paper. If you make a mistake on a ballot paper you may return it to the polling official who issued it and receive a fresh one.

HOUSE OF REPRESENTATIVES

Voting on the House of Representatives is on a Green Ballot paper.

To vote for a Member of the House of Representatives, you are required to write the number '1' in the box next to the candidate who is your first choice, and the numbers '2', '3' and so on against all the other candidates until all the boxes have been numbered, in order of your preference.

Ballot papers must be marked according to the rules for voting so that they do not create informal votes. Ballot papers cannot be counted if they are informal. Polling officials at the polling place are available to assist voters in completing their ballot paper. If you make a mistake on a ballot paper you may return it to the polling official who issued it and receive a fresh one.

A House of Representatives ballot paper is informal if:

- it is blank or unmarked,
- ticks or crosses have been used,
- it has writing on it which identifies the voter,
- a number is repeated,
- the voter's intention is not clear, or
- it has not received the official mark of the presiding officer and is not considered authentic.

PRE-POLL-VOTING begins on Monday 9th May in each electorate. To find out more visit aec.gov.au or call the Australian Electoral Commission on 13 23 26.

Macquarie: Pre-polling available at:

- Richmond School of Arts 26 W Market St Richmond.
- Deerubbin Centre, 300 George St Windsor Mon 9 May – Friday 13th May 8:30am–5:30pm; Sat 14th May 9am–4pm; Mon 16th May – Thu 19th May 8:30am–5:30pm; Fri 20th May 8:30am–6pm.

Mitchell/Berowra: Pre-polling available at:

- 2 Solent Circuit Norwest. Mon 9th May – Fri 13th May 8am–8pm; Saturday 14th May, 9am–4pm; Mon 16th May – Thu 19th May 8am–8pm; Fri 20th May – Sat 21st May 8am–6pm
- 1st Cherrybrook Scout Hall, Appletree Drive Cherrybrook Mon 9th May – Fri 13th May 8:30am–5:30pm;

Sat 14th May 9am–4pm; Mon 16th May – Thu 19th May 8:30am–5:30pm; Fri 20th May 8:30am–6pm.

• Greenway

Blacktown Leisure Centre, Stanhope Gardens Mon 9 May – Fri 13 May 8am–8pm Sat 14 May 9am–4pm Mon 16 May – Thu 19 May 8am–8pm Fri 20 May 8am–6pm

Federal Election 2022

BY BEV JORDAN

Voting is compulsory in the Federal election on Saturday, May 21st.

There are 47 Federal Electorates in NSW and The Hills to Hawkesbury Community News delivers its magazines to bulk drops at four of them, Macquarie, Mitchell, Berowra and Greenway. Candidates names were drawn by ballot by staff from the Australian Electoral Commission to determine the order they appear on the ballot paper.

MACQUARIE will be one of the most-watched seats in Australia come this election. It is the Nation's most marginal seat and is held by Labor MP Susan Templeman with a margin of just 371 votes. Templeman has been the Federal MP since 2016. There are 8 candidates vying for the seat. Liberal challenger and Hawkesbury councillor Sarah Richards has drawn the last spot on the ballot paper.

Macquarie covers a huge area including Windsor, Richmond and surrounding market gardening districts in Hawkesbury, as well as the Blue Mountains communities. In the last Federal election Liberals won all but one polling booth in the Hawkesbury LGA and Labor won all but one booth in the Blue Mountains LGA.

CANDIDATES Macquarie 2022

(in the order they appear on the ballot paper)

- Tony **PETTITT**: One Nation
- Susan TEMPLEMAN: Labor
- Nicole **EVANS**: United Australia Party •
- James JACKSON: Liberal Democrats
- Greg **KEIGHTLEY**: Animal Justice Party •
- Tony HICKEY: Greens •
- Michelle PALMER: Informed Medical Options
- Sarah RICHARDS: Liberal

MITCHELL is a very safe Liberal seat and is held by Alex Hawke with a margin of 18.6%. There are six candidates vying for the seat.

It covers an area of approximately 101 sq km from Maraylya and Box Hill in the northwest to Baulkham Hills and North Rocks in the southeast.

In 2019 Alex Hawke gained 68.6% of the 103,870 votes cast. He has held the seat since 2007 and has drawn the last spot on the ballot paper.

CANDIDATES Mitchell 2022 (in the order they appear on the ballot paper)

- Clinton MEAD: Liberal Democrats
- Linda DANIEL: United Australia Party
- Matthew COX: Greens
- Immanuel SELVARAJ: Labor
- Donald McKENZIE: One Nation
- Alex HAWKE: Liberal

BEROWRA is a very safe Liberal seat held by Julian Leeser with a margin of 15.7%

The electorate includes the suburbs of Pennant Hills, Cherrybrook, parts of Carlingford as well as Annangrove, Dural, Glenorie, Maroota and Wisemans Ferry.

Leeser was elected as the Liberal candidate in 2016 following the retirement of Philip Ruddock after 43 years in Parliament. There are 10 candidates vying for the seat.

CANDIDATES Berowra 2022 (in the order they appear on the ballot paper)

- Nick SAMIOS: Liberal Democrats
- Tania SALITRA: Greens

Continues on page 15

Our aged care system is broken Only Susan Templeman & Labor will fix aged care care

A Better Future. Labor 💀



Authorised by S Templeman MP, Labor, 299 George St Windsor NSW 2756

DELIVERING A BETTER FUTURE FOR MITCHELL



Suite 8, 23 Terminus Street, Castel Hill NSW 2154 © 9899 7211
 alex.hawke.mp@aph.gov.au
 f alexhawkempmitchell
 alexhawke.com.au
Authorised by Chris Stone, Liberal Party of Australia, NSW Division,
Level 2, 131 Macquarie Street, Sydney NSW 2000.

Delivering for our community

The last couple of years have been challenging for our country and our community.

Right now, like many countries across the world we're facing cost of living pressures, which is why our Government is working to support Australian families and businesses so they can continue to make ends meet.

Our targeted and responsible cost of living package supports families, so they can keep more of what they earn.

Around 69,300 taxpayers in our community will benefit from additional tax relief of up to \$1,500 this year and to help with rising fuel prices, we've reduced the cost of fuel by 22 cents per litre.

More than 12,000 pensioners in our community will benefit from our recent increases to the aged pension, as well as more than \$500 in additional support over the next six months. We're also continuing our record investment in aged care to help the 21,010 senior Australians living in Mitchell. This investment will deliver more home care places, more funding for aged care centres and increases the amount of time that nurses and carers spend with residents.

We're also reducing the cost of medicines on the Pharmaceutical Benefit Scheme (PBS) by \$10, which could save patients across Mitchell \$120 a year to access vital medicines.

The Coalition is investing \$2.5 billion for the first give years of the next National Plan to End Violence Against Women and Children. While we work to stop it at the start, the Coalition is committed to supporting victim-survivors, including through emergency accommodation and access to legal and health services for women and children in need. Mental Health is also an issue that I am passionate about. The Morrison Government has made mental health a national priority establishing headspaces and Head to Health centres across the country. While we have a headspace in Castle Hill, more mental health services particularly for young people is an ongoing focus of mine. I have met with key community leaders, who work tirelessly to support young people, to examine what more needs to be done.

On May 21, Australians have a choice. A choice between a strong economy and a united team or a weak economy and weak leader, who doesn't know where they stand.

Only the Coalition has a plan to build a strong economy and a stronger future.

<section-header><section-header> Delicering for Berowa Image: Construction of the second secon

-) Fighting for **better telecommunications infrastructure** for our community
- Making record investments in health and other essential services
- Investing in stronger defence, borders and security

JULIAN LEESER FEDERAL MEMBER FOR BEROWRA

Level 11, 423 Pennant Hills Road, Pennant Hills NSW 2120
 9980 1822 Si julian.leeser.mp@aph.gov.au
 julianleeser.com.au

Authorised by Julian Leeser MP, Liberal Party of Australia, Level 11, 423 Pennant Hills Road, Pennant Hills NSW 2120.

Federal Election 2022 From page 13

- Rhiannon BOSMA: Pauline Hanson's One Nation
- Julian **LEESER**: Liberal
- Brendan CLARKE: FUSION • (Science, Pirate, Secular, Climate Emergency)
- Benson KOSCHINSKI: Labor
- David LOUIE: Federation party •
- Roger WOODWARD: Independent •
- Christopher MARTINIC: United Australia Party •
- Benjamin CASWELL: Independent

GREENWAY is a Labor seat held by Michelle Rowland with a margin of 2.8%. Rowland has held the seat since 2010.

It lies within Blacktown City Council and includes the suburbs of Vineyard, Kings Langley, Quakers Hill, Parklea, Stanhope Gardens, Glenwood, and Kellyville Ridge.

CANDIDATES Greenway 2022

(in the order they appear on the ballot paper)

- Mark **REX**: United Australia Party
- Michelle ROWLAND: Labor
- Adam KACHWALLA: Liberal Democrats •
- Riccardo Umberto Guerrino BOSI: Independent •
- Love Preet Singh NANDA: Independent •
- Rick TURNER: One Nation
- Pradeep **PATHI**: Liberal
- Damien ATKINS: Greens

You can find your electorate at https://electorate.aec.gov.au

Pre-poll-Voting begins on Monday 9th May in each electorate. To find out more visit aec.gov.au or call the Australian Electoral Commission on 13 23 26.

Vote 1 Greens into the balance of power for integrity and action

BY TANIA SALITRA

Greens Senate candidate David Shoebridge is a former barrister and Greens MP in the NSW Parliament. For over 11 years, David has held State politicians to account as the Chair and Deputy Chair of various parliamentary enquiries into government grants rorts, public accountability, law and justice. David Shoebridge is a strong and consistent voice in the fight for renewable energy and action on climate change, justice, equality and fairness.

By voting 1 Greens in the Senate, The Greens have a strong chance of being in the balance of power. This means we can negotiate for what's important - urgent and real action on climate change, taxing billionaires and corporations who pay less tax than nurses, including dental and mental health in Medicare, making sure our children can afford to buy a home, and holding politicians to account. The Greens in the balance of power will create a more caring, sustainable and fairer Australia.

House of Representatives Candidate Tania Salitra has a background in Australian manufacturing management and small business. As a local mum and councillor, Tania is passionate about creating a better future for our children and stopping the wasteful spending of the past 8 years.

There is no such thing as a wasted vote - you are in full control of where your vote goes. If your 1st choice doesn't win, then your 2nd or 3rd etc is counted until someone wins.

Ready for respect and integrity in federal parliament? It's time to vote 1 Greens.

> **TANIA SALITRA** Greens candidate for Berowra House of Representativ



- Action on climate change
- A Federal Integrity Commission
- Affordable Housing
- Dental and Mental in Medicare
- Fair funding for public schools



https://greens.org.au/nsw/candidates/federal ed by D. Hayden, The Greens NSW, Suite D, 263-279 Broadway, Glebe NSW 20

FOR SENATE

SHOEBRIDGE

The Hills Shire Council News

Author talks return live to The Hills Shire Libraries

Do you love curling up with a good book, and would like to meet your favourite authors? A fantastic series of author talks have returned to The Hills Shire Library branches!

Award winning author, Debra Oswald, is up next at Castle Hill Library with a live and in-person talk on Tuesday, May 24.

Debra, who is best known for her work as the creator and head writer of the first five seasons of the TV series Offspring, will discuss her latest book, The Family Doctor, at the special appearance. The riveting story follows Paula, a dedicated suburban GP, who is devastated by the murder of a friend and her children by their estranged husband and father.

Tickets for the event cost \$7.80 per person.

Bookings are essential and can be made online, via The Hills Shire Library Service website, www.thehills.nsw.gov.au/Library.



Have your say on the Draft Disability Inclusion Action Plan

The Hills Shire Council's Draft Disability Inclusion Action Plan (DIAP) is now on public exhibition.

The plan aims to provide Council with a well-informed strategic approach to supporting people with disability to participate more fully in community life and have positive experiences with Council facilities, products, services and information. Have your say on the plan today via The Hills Shire Council website, www.thehills.nsw.gov.au, by searching for 'DIAP'.

Council Meetings

Tuesday, May 10 2022 – 7pm. For more information, visit www.thehills.nsw.gov.au and search for '2022 Meeting Agendas and Minutes.'



www.thehills.nsw.gov.au | 9843 0555

Meet the 2022 Hills Shire Youth Ambassadors

Rebeeca Yu and Hayley Mogilin have been announced as this year's Hills Shire Youth Ambassadors.

Council's Youth Ambassador Program encourages young people to play an important role in representing youth in The Hills Shire, including involvement in community events, participation at Council functions and a leadership role with young volunteers.

As Youth Ambassador, Rebecca wants to focus on creating a vision of a better community for young people and raising awareness about safe transport within the Hills.

Hayley aims to represent youth within the Shire through her community involvement and her interest in public speaking.

Making a Submission to Council?

Any person may make a submission to Council. Submissions which obtain objections must be specific in their content. Council's preferred method of receiving submissions is via Council's website through each exhibition's online submission form. To view current exhibitions, search for 'Have Your Say.' Report it to Council ANY DEVICE, ANYWHERE, ANY TIME

Have you seen something that needs our attention? You can report an issue from anywhere, on any device, at any time.

To get started, visit www.thehills.nsw.gov.au and search 'Report it to Council.'



Are you enjoying The Hills Shire Council News? Scan the QR code to let us know.



Catholic Healthcare's MacKillop House Norwest is Thriving

Just six months after officially opening in November 2021, Mackillop House Norwest in the heart of Sydney's Hills District is truly thriving. Eileen, the Catholic Healthcare residential aged care home's very first resident, is thoroughly enjoying her new surrounds and lifestyle.

"I really appreciate the fact that the home is so close to my family, so that they can visit me whenever they like," Eileen says. "The rooms are airy and light, and there are plenty of green areas and spaces to relax in and enjoy." The architect-designed home has been designed to foster a sense of community, featuring welcoming lounge areas, an onsite café, salon and exercise spaces to complement the spacious ensuite rooms. There's also a wide array of lifestyle programs to keep residents at Mackillop House engaged. Eileen particularly enjoys cooking and baking, so she regularly joins in the cakedecorating classes. Other activities on offer include exercise classes, arts and crafts and regular bus excursions. Residents have recently enjoyed skittles, bingo and seasonal activities for Easter, St Patrick's Day and more.

For more information on MacKillop House Norwest call 1800 225 474 or visit www.catholichealthcare.com.au/residence/ mackillop-house-norwest/

EILEEN, MacKillop House Norwest's first resident

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Welcome to MacKillop House



Our beautiful home in Norwest is now warmly welcoming Residents.



Follow us on facebook.com/hillstohawkesbury

The Hawkesbury Companion Animal Shelter

is at 10 Mulgrave Rd, Mulgrave. Call 4560 4644 or visit Hawkesbury Council's Facebook page www.facebook.com/hawkesburycitycouncil



AT A GLANCE

PETS

NAME: EVE BREED: Domestic short hair SEX: Female AGE: 1 year old PRICE: \$49 **EVE** is a sweet little girl looking for her forever home. According to staff at the Hawkesbury Companion Animal Shelter the one- year-old domestic short haired female cat would be best suited in a calm environment which will allow her the time to gain her confidence.

Eve's adoption price is \$49. All adoption prices include the first vaccination, desexing, microchipping and lifetime registration.

Hawkesbury Council's Rehoming Organisation Number is: R251000145.

AT A GLANCE

NAME: TASH BREED: Domestic Short Hair SEX: Female AGE: 1 year old PRICE: \$49

TASH s a quiet girl looking for love according to staff at the Hawkesbury Companion Animal Shelter. If you are looking for a companion cat go along and meet her at the Shelter in Mulgrave. Tash's adoption price is \$49. All adoption prices include the first vaccination, desexing, microchipping and life time registration.

Hawkesbury Council's Rehoming Organisation Number is: R251000145.



Crime Thriller in The Hills

If you love good theatre and a good murder mystery the Castle Hill Players' next production, *Earth and Sky* should not to be missed.

The award-winning *noir* mystery play by Douglas Post is being directed by the talented Faith Jessel and opens at the Pavilion Theatre at Castle Hill Showground on Friday, May 13th.

Earth and Sky is for fans of the classic, hardboiled crime prose and is about a would-be poet and part-time librarian named Sara McKeon whose lover is murdered.

From the opening scenes, the play's heroine, Sara McKeon, (played by Kate Jirelle) is thrust into a confusing world of contradictions and danger. Though hampered by her own innocence, Sara embarks on her quest fiercely, doggedly, through the urban labyrinth of Chicago's underworld.

There are many unsettling encounters ahead for Sara: with Lead Detective H.E. Weber (Ben Freeman), henchmen Julius Gatz and Carl Eisensentaft (Simon Walker) and femme fatale Maria Defaria (Lara Angseesing).

The cast is packed with local actors including Brett Watkins, Christine Wilson, Mitch Doran and Blake Michael Paish.

There are red herrings, smoking guns and tension at every turn. In true film noir style, Earth and Sky is infused with suspense, thrills and startling wit.

Faith Jessel has peppered the script with music and movements reminiscent of the golden age of Hollywood.

It is a story that will keep you guessing, speculating and intrigued until the last moments of the closing scene.

Bookings www.paviliontheatre.org.au or phone 9634 2929

WRITTEN BY DOUGLAS POST

DIRECTED BY FAITH JESSEL

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SQUASH

SOCIAL AND INTERNAL SQUASH COMPETITIONS

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Friday 10am – 9pm Saturday 9am – 6pm

FRIDAY 13 MAY -SATURDAY 4 JUNE

Tickets: \$30 - Discounts for Concessions and Groups

New Starting Times: Wed, Fri and Sat 8.00pm; Sun 4.00pm

The Pavilion Theatre is located within Castle Hill Showground, adjacent to the new Metro Hills Showground Station paviliontheatre.org.au





ROBYN PRESTON-M MEMBER FOR HAWKESBURY

for government grants The office is located at Western Sydney University, Hawkesbury Campus Building R4, College Drive, Richmond. M: PO Box 505 Richmond NSW 2753 T: 02 4578 0300 E: hawkesbury@parliament.nsw.gov.au

Stage 1 New Richmond Bridge Project

Planning approval for stage 1 of the new Richmond Bridge project has been granted and the upgrade of The Driftway will commence this year with an estimated completion date in late 2024.

Stage 1 will include road upgrades, new roundabouts and increased flood resilience by raising the new realigned section, by almost 3 metres at the eastern end of The Driftway.

Our State and Federal Governments have joined forces to move ahead with these upgrades. I welcome the Commonwealth Government's \$400 million commitment to this project which will generate more local jobs.

Submissions have been received and further analysis will continue for stage 2, but this won't affect the commencement of stage 1 which has gained consensus of Local, State and Federal Governments.

Speed Limit Reduction on Cattai Ridge Road

The safety and wellbeing of motorists on Cattai Ridge Road has been raised with me for some time and I'm very pleased that the speed limits have been lowered in some sections.

Update your electoral enrolment details

anniversaries and birthdays of significance

Provide you with details on how to apply

Send a congratulatory letter for

While this might frustrate some motorists, many have welcomed this speed variation and see it as a way to reduce future road trauma and save lives.

Here are the changes that have been made:

- Speed reduction from 70 km/h to 60 km/h on Cattai Ridge Road from 1.2km east of Neich Road to 80 metres west of Post Office Road at Glenorie
- Speed reduction from 80 km/h to 70 km/h on Cattai Ridge Road between Boundary Road and 720 metres east of Neich Road





Tongan Royalty at Glenwood

BY LAWRENCE MACHADO

Tongan Princess Latufuipeka brought a rare spot of royalty to Valentine Sports Park, Glenwood, when she visited her national women's team.

The Tongan national women's squad are training at Glenwood and were bowled over when Princess Lātūfuipeka visited them last week. The players showed their appreciation with a traditional Tongan colourful song and dance show. Football NSW's Venue and Facilities Manager Claudia Meek said it was a huge thrill to have royalty in their midst. "It was amazing and an absolute honour to have Princess Lātūfuipeka visit Football NSW headquarters as I believe it's been many years since we've had royalty appear at the precinct," Meek said. "We are currently looking after the Tongan women's national football team and to have had a visit from the princess herself, you could see what it meant to the team, they were all so very grateful."

SPORTS NEWS

Hills United in the Right Lane

Classy striker Imogen Lane broke a deadlock in the 80th minute last Sunday to extend Hills United FC's unbeaten run to 11 matches in the FNSW League One Women's First Grade.

In-form Lane's strike saw the debutants hold off a fierce challenge from third-placed UNSW FC 1-0 at Hensley Athletic Field. Lane is in terrific form this season, scoring regularly as the table leaders dominate the opposition.

The Hills, led by Desiree Galea, are now eight points clear at the top with 33 points, followed by Gladesville Ravens (25) in second spot, who have played a game less.

Earlier in their 10th round clash, Hills United FC thumped Central Coast Mariners FC 3-1 at Bella Vista Public School's synthetic turf. Ellen Berios gave them a 1-0 advantage at the breather before Stefanie Trovato and Imogen Lane stretched the lead in the second half.

Norwest Bulls charging ahead

BY LAWRENCE MACHADO

Norwest Bulls Junior Rugby Club are making big strides in the new season, welcoming more female players as their teams expand.

Bulls vice-president Dennis Nothdurft said they had a terrific start last weekend as the Sydney junior rugby union season got under way.

"Our Under-14s exemplify the benefits of fostering inclusion and development," Dennis said. "The team includes five girls in the Sydney Under-14 A Grade competition and are unbeaten after three trial games and round one fixture."

The Bulls are fielding teams from Under-6s to Under-16s, including two in Under-10s, one coached by Dennis. In the recent rain-hit Sizzling Sevens girls competition, their Under-11s and Under-15s did well, with plans to boost their female program for the next round.

"We've worked hard with our neighbouring clubs to provide rugby opportunities for kids all over Sydney's north-west, joining with Hawkesbury Valley JRC and Hills in Under-15s and with Hills in Under-16s to form joint venture teams," Dennis said.

Dennis' eldest son, Lachlan, is a qualified referee while younger boy, Harry, plays in the Under-15 joint venture team.

Current club president is David Ogier, who has a strong committee that works well together.

In the opening round of the Sydney competition, the Bulls mini teams were hosted by Dundas JRUC with the Under-

8s and Under-9s playing strongly against the Western Raptors and Hills, respectively. Other Bulls teams played their first round games mainly at Alwyn Lindfield Reserve, Glenwood.

"Like everyone else, our past two seasons have been cut short by COVID, but our families have bounced back and we've managed to increase our overall playing numbers," Dennis said. "We've got over 200 registered boys and girls playing 15-a-side and 7s rugby, a far cry from the less than 70 when I first came to the Bulls.

"We attribute our growth to our commitment to providing an enjoyable experience for all our families, and encouraging teamwork on and off



the field. We have many volunteers willing to make great experiences for our kids.

"Many players play representative rugby for the Western Two Blues District Juniors based in Granville, offering them a natural pathway into the Shute Shield Colts competition, and from there into Sydney Premiership rugby. Blacktown Warriors, which shares the Glenwood field with us, are a local pathway option in the NSW Suburban Rugby Union for the Bulls."

The Bulls welcome players from Acacia Gardens, Box Hill, Bella Vista, Glenwood, Kellyville, Parklea, Quakers Hill, Schofields, Stanhope Gardens, The Ponds and surrounding areas.

Details: www.norwestrugby.com.au



Tai chi and Qigong program run for you in Cherrybrook and in Castle Hill

Start your Mondays and finish your Wednesdays with the best exercise. Learn and practice Tai chi and Qigong in our group at Tunde-World. Staying Active is a NSW Health funded program delivered in collaboration with Vitality Club. These programs recommend for over 55

WHY should you practice TAI CHI and QIGONG?

- Harmonized mind and body
- Improved balance and posture
- Increase your energy
- Reduce stress & tension

Tai chi may sound mysterious. Recent studies show that it can help to strengthen your heart, build better balance, improve flexibility, slow the onset of dementia, reduce stress, lower blood pressure, help relieve the pain of rheumatoid arthritis and fibromyalgia and so much more.

And everyone can benefit from the practice no matter what your age or fitness level.

Please visit website and find more information and you booking link on this page https://tundeworld.com/TimeTable

- Mondays at Castle Hill, 9:30am
- Wednesdays at Cherrybrook, 7:30pm

Staying Active is a NSW Health funded program delivered in collaboration with Vitality Club.

All are welcome to learn and practice **TAI CHI** and **Qigong** in friendly group sessions. Bookings are essential.



Work with us to deliver future schools in Castle Hill and Norwest

The NSW Government is seeking Registrations of Interest (ROI) for land or development partnership opportunities in the Castle Hill Showground and Norwest areas, suitable for use as a primary school and/or high school.

For further information or to register your interest visit QR code or website: dpie.nsw.gov.au/acquisitions



Adding up to GOLD

Twins Cloris and Iris Xu from Baulkham Hills High have won gold medals at the recent European Girls' Mathematical Olympiad.



Cloris Xu (pictured wearing glasses) was ranked 12th and Iris Xu was ranked 20th out of 222 contestants from around the world.

The four member Australian team included Grace Chang Yuan from Victoria and Eunsu Choi from Brisbane.

Overall, Australia finished in third place out of 57 countries with our girls all achieving individual gold medals, which are awarded to participants who score 29 or higher (out of a possible 42).

Grace came 6th individually and Eunsu 15th.

Australia was the only country where all team members achieved gold medals. Individually, all of the Australian team members placed in the top 10 percent.

This is by far the best result Australia has achieved at EGMO, and the individual results were particularly impressive.

The European Girls' Mathematical Olympiad is an international mathematics competition similar in style to the International Mathematical Olympiad, with two papers taken on consecutive days.

This is the fifth year that the team was led by Thanom Shaw, who was Australia's inaugural Team Leader and former Baulkham Hills High School student.



PROPOSAL TO UPGRADE AN EXISTING MOBILE PHONE TELECOMMUNICATION FACILITY AT 7 LOFTUS ROAD PENNANT HILLS 2120 ON LAND DESCRIBED AS LOT 2 ON DEPOSITED PLAN 447121. RFNSA NO: 2120006, TELSTRA SITE ID: BEECROFT 7 LOFTUS ST - BEEY - 44109.

- 1. The upgrade comprises of removal of six (6) existing panel antennas at 25.00m and reconfiguration of three (3) existing panel antenna at 25.00m.
- 2. The upgrade will comprise of installation of three (3) new panel antenna (4G) at 25.00m and installation of three (3) new panel antennas (5G) at directional antennas (4G) at 35.00m.
- 3. The upgrade will include all ancillary works such as: combiners, diplexers, mounts, cable trays, feeders, cables. The internal and auxiliary works such as installation and connecting the new electronic equipment will be placed in the existing Telstra equipment shelter.
- 4. Telstra regards the proposed installations as a Low-impact Facility under Part 1, Item 4 and Item 5 of the *Telecommunications* (*Low-impact Facilities*) *Determination 2018* ("The Determination") based on the description above.
- 5. In accordance with Section 7 of C564:2020 Mobile Phone Base Station Deployment Code, we invite you to provide feedback about the proposal. Further information and/or comments should be directed to: Service Stream on behalf of Telstra, via phone at (07) 3068 6973, email to Telstra.Submissions@servicestream.com.au, via post to PO Box 510 Lutwyche, QLD 4030 or at www.rfnsa.com.au, RFNSA No. 2120006, by **5pm 20th of May 2022**.

Green Gala at Norwest Quarter

Norwest developer Mulpha is hosting its inaugural Green Gala event for the Norwest community to showcase some of the sustainability and community initiatives planned for the new Norwest Quarter development. This free event will be held in the Norwest Quarter Community Garden, 40 Solent Circuit, Norwest on Saturday, 14th May 11am to 3pm.

Hills residents, family and friends are invited to enjoy all the fun activities, which will include solar powered live entertainment, inspiring talks, electric vehicle car displays, food trucks, sausage sizzle, terrarium workshops, cooking demonstrations and entertainment for the whole family. Mulpha has partnered with the likes of Miele, Oz Harvest, Zero Co., Who Gives A Crap, and Ohmie Go to offer attendees a fun and interactive way to learn more about sustainable practices and community building.

The establishment of a community garden is part of Mulpha's commitment to build its Norwest Quarter development as a zero carbon precinct, the first in the Hills and one of the most ambitious in Australia in terms of sustainability initiatives and design principles. Many of these initiatives will be on show at Green Gala including the community garden.

Mulpha Head of Developments, Tim Spencer, said: "Green Gala will be a great opportunity to

see the thinking, planning and design going in to make Norwest Quarter a truly sustainable community, and a fabulous place to live.

"We have just launched the first apartment buildings in Norwest Quarter which we believe will set a new benchmark in lifestyle design with its focus on community, sustainability and harmony with the natural environment.

"Anyone thinking of joining the Norwest Quarter community will also have the opportunity to check out our Banksia and Lacebark apartment display suites on show at Green Gala, and see and feel the quality of apartment interiors for themselves."

The first stage of Norwest Quarter will include two residential apartment buildings, with a total of 196 apartment homes, and more than 3,000 sqm of sustainably-focussed retail and commercial space including a full-floor commercial gym, fresh food grocer, medical services and restaurants.



ouch the sky

The community garden in Norwest Quarter will not only supply the local community with fresh, seasonal, organically grown produce but will also enable people to connect with nature and each other through a healthy enjoyable activity that is great fun for people of all ages.

For further details or to register your interest in Norwest Quarter, contact the sales team on 1300 103 580.

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ABOUT THE ROLE

We are looking for someone who can explain our mission to our advertisers and make them feel part of the team and part of the community. We help them promote their business both online and in print, and they help us provide a voice for our community groups.

This is not a hard sell role, but one of building long term relationships with our local businesses. This is a perfect job for someone with a background in sales and a passion for community and a desire for something meaningful.

The job will entail generating new leads, cold calling potential new advertisers and meeting face to face with customers.

Hills to Hawkesbury

Community News Local Stories, Local Events and Local Businesse

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- Virtual assistant provided to help with admin work

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If you are interested please send your resume to Chris Compton, Compton Media Group, chris@comptonmedia.com.au

MEMORIES WITH IVOR JONES & FRIENDS

THE PM FROM THE HILLS

Did you know that an MP who once lived locally and represented the Hills area in Federal Parliament was also Prime Minister of Australia?

Joseph Cook was first elected as a Labor member of the State Parliament representing Hartley and became Leader of the Labor Party in 1893.

During a split in the Labor Party during 1893-94, Joseph Cook and most of the other Labor Members of Parliament broke away from the Labor movement.

After Federation in 1901, Joseph Cook looked towards representing the area and sought election as the first Member for the new Federal Seat of Parramatta which, at that time, covered a vast area taking most of the Hills, the Blue Mountains and stretching as far west as Lithgow and included Cook's State seat of Hartley.

The electoral population of the seat of Parramatta was only 12,194.

Cook was successful in his attempt to enter Federal politics and in1906 decided to move to a more exclusive part of his electorate, moving his family to Windsor Road in a dwelling named "Corovo" situated where "The Willows" Retirement Village is now located.

By IVOR JONES

In 1906 a new seat of Nepean was created out of the western portion of Parramatta which included Lithgow and Hartley.

The new boundaries of the seat of Parramatta contained most of Sydney's Upper North Shore, The Hills and The Central Coast as well as Parramatta itself.

Cook who, as leader of the "Free Traders", joined his party in a coalition with Alfred Deakin's Liberals in 1909. By January 1913 Cook, who was by then Deputy Leader of the Liberals, took over the leadership from Alfred Deakin and in the following Federal elections (June 1913) defeated the Labor Party led by Andrew Fisher.

Joseph Cook thus became Prime Minister of Australia. Just twelve months later Cook was to announce the first Double Dissolution of Federal Parliament, claiming that he was unable to govern with a hostile Senate and a bare majority of one in the House of Representatives. Cook was still Prime Minister at the outbreak of World War 1 but at the election held in September 1914, Cook's Liberals were defeated by Andrew Fisher's Labor Party.

Cook went on to form a coalition in 1916 between his Liberals and Billy Hughes newly formed National Labor Party. This coalition was to become the National Party.



Sir Joseph Cook retired from politics at the 1921 election to take up the position of High

Commissioner in London until his retirement in 1927, returning to live at Bellevue Hill until his death in 1947.

Cook Street Baulkham Hills serves as a reminder in the area of Joseph Cook, the former Prime Minister of Australia, who lived and represented the area in our first Federal Parliament and remained our Federal representative for 20 years from 1901 to 1921. Don't forget to vote on Saturday 21st May.

Breakfast and Drive at Alive By LEONIE DIXON

Unlike commercial radio, Alive 90.5 has a team of Breakfast and Drive presenters which includes Adam Staples, Dennis Johns, Roger Brand on the Breakfast programs and Kerima-Gae Topp, Dom Vozzo, John Keating, Terry Swan, Aparna Vats for the Drive team. These Presenters shared some thoughts:-

DENNIS JOHNS - Breakfast Tues & Thurs 6am-9am When he retired, Dennis approached the Chairman to offer his services. Dennis chooses all his own music to play and he scans all resources



to ensure the news presented on his Breakfast Shows is factual and timely.

Music and news are the keys to getting our listeners' day started successfully. We can't change the news, but we can choose music that sends our listeners off to their various duties in a happier and therefore improved productive Mindset.

CUMBERLAND

DOMINIC VOZZO -Drive Tuesdays 4-6pm Dominic Vozzo has been a radio presenter for over 35 years. During this time, he owned his own Disco business which was engaged by all

best hotels and clubs around Sydney. He has been involved in both commercial and community radio including 2CH, 2RDJ and SWR. He loves his music and also loves engaging with the public. Dom says "Alive 90.5FM Drive is all about playing great music and keeping the listener informed, mixed with weather and traffic reports. "



TERRY SWAN – Drive Thursdays 4-6 pm

Terry Swan has been a presenter at Alive 90.5 FM for the past 3 years. He says "presenting was an accident". After visiting a friend at the Alive Studio he was smitten with the idea of being a presenter. Terry is a real lover of music so presenting Thursday Drive gives him the opportunity to play music he feels fits the "Drive" timeslot. Music for him, is the one thing that takes you back in time, creates all sorts of happy emotions and connections to past events.



info@alive905.com.au
 www.alive905.com.au



ROGER BRANT -Breakfast Friday 6-9am

A member of the Program Committee and Education Team, Roger brings a wealth of "life experiences" attained over his illustrious career spanning many decades! Recently "retired" as an educator, Roger has now taken up presenting. He



says "His show's purpose Is to keep the mind active and the tonsils lubricated while providing a good mix of music"

APARNA VATS -

Drive Fridays 4-6pm

Drive is a daily news, quarter hour weather and traffic updates programme with our listeners at its core. Aparna Vats enjoys presenting Drive because she's constantly on her toes delivering breaking news



as it happens with on the spot interviews. She gets to prioritise warmth and humour, determined to lift audience spirits, especially through the recent difficult times. Her listeners tell her they smile and laugh, whilst enjoying the regular updates!



Support for Small Farm Owners

SMALL farm owners in Greater Sydney are being urged to take advantage of a series of free hands on property planning workshops this month.

Delivered by Greater Sydney Local Land Services, the workshops are specifically designed to give smaller landholders expert advice and insight into all aspects of sustainable, resilient, and practical property management as well as practical tools and tips to ensure owners reach their business and lifestyle goals.

Greater Sydney Regional Landcare Facilitator Madeleine Florin said the events will take property owners through the ins and outs of best practice property planning step by step.

"It's a three-part series that will help people identify and holistically reach their property management and lifestyle goals," she said.

"Concepts and best-practice principles such as viewing your property as an ecosystem in a functioning landscape are provided along with planning tools such as a comprehensive workbook and self-assessment guide which provide a framework for the process."

Ms florin said when it came to property planning, there was no right or wrong approach.

"There are many ways to develop a property plan. Our workbook will guide people through one approach but each individual and property are unique, so this is not a prescriptive process and people are not being judged or tested," she said.

The workshop series will begin on 12 May with an introductory session with further events on the 20 and 27 May.

All workshops will be held at the Greater Sydney Local Land Services Demonstration Farm in Richmond.

Contact Madeleine (madeleine.florin@lls.nsw.gov.au) or Richard Stephens (richard.stephens@lls.nsw.gov.au) for more information.

The project is support by Local Land services through the Australian Government's Future Drought Fund.

COMMUNITY groups

2nd Castle Hill Rovers

- www.gwsrovers.com.au Annangrove Environment Centre © 02 9654 3571 (Thurs) | 02 9843 0533 (Wed-Fri) Image: gnolan@thehills.nsw.gov.au

Arcadian Quilters

Arcadian Quiters
 Meet in Galston Community Health Centre 1st and 3rd Wednesday mornings, evening group 2nd and 4th Mondays. New members welcome
 Carole | 9894 7749

Castle Hill Art Society

- Offers a place of art practice for artists of all ages, either in groups of various art media or classes for adults and children. Demonstrations and workshops by well-know artists are held monthly and members can participate in several exhibitions during the year.
 9899 3179 (ans. machine)
 www.castlehillartsociety.org.au

Castle Hill Senior Citizens Club Inc.

- Istue HIII Senior Citizens Club Inc., Club members invite anyone over 55 to come and meet a very active and friendly group of Seniors who play Carpet Bowls, Cards and Rummikub. The Club building is on the corner of McMullen Ave. and Old Northern Rd., Castle Hill (opposite the new Matro Castle Hill (opposite the new Metro station) with parking at the rear. 9680 3958
- castlehillseniors@gmail.com

Combined Probus Club of Cherrybrook

- We are a mixed gender club and have an active membership of over 170 retirees and semi retirees. Our meetings are held on the first Thursday of each month at the Cherrybrook Community and Cultural Centre. & Ross | 0411,104,863
- insist itzpatrick@icloud.com
 www.probussouthpacific.org/ microsites/cherrybrook/Welcome

Cumberland Bird Observers Club

- The Club conducts 3 outings a month to observe birds in their natural environment. General meetings are held at Castle Hill on the 3rd Tuesday of the month. New members are always welcome.
 Peter 0412 770 757 or Cathy 9809 5668
 www.choc.org.au
- www.cboc.org.au

- **CWA of NSW Galston Branch** *i* Monthly meetings are held on the 2nd Wednesday of each month from 10am at the Galston Health & Resource Centre.
- Jann | 0439 222 217

CWA of NSW - Castle Hill Branch

Holds its monthly meeting every 2nd Tuesday at the CWA Hall, 2 Annangrove Road, Kenthurst (off Angus Road) from 10am. We also hold our Craft mornings for members on 1st and 3rd Tuesdays of the month from 10 to 12.

Maureen | 0411 724 925

CWA of NSW - Toongabbie Branch Monthly meetings are held the first Tuesday of the month at Brigade House, 3 Junia Street, Toongabbie from 10:30am. We also have a social or craft day on the third Tuesday of the month. ToongabbieCWA@gmail.com

Dural and District Prostate Cancer

- Support Group
 Meets on the 3rd Monday of the month at the Blue Gum Centre, ARV Glenhaven Green, 599-607 Old Northern Rd, Glenhaven. For details of future meetings call
- 👗 Denis | 9629 2645 or Maurice | 9654 2138

Dural Country Club Bowls 04 2131 5074

Dural Men's Shed 04 0247 8498

www.duralmensshed.org

East Kurrajong School of Arts

First Tuesday each month 10am to 1pm. Bring along any sort of craft activity you're interested in, bring pencil's or brushes to practice your drawing or painting with Ruth, browse the library for a book to read or simply just rabase have a cuppa and orging a just relax, have a cuppa and enjoy a chat from 10am to 1pm. Gold coin donation for morning tea.
 Ann | 02 4576 5031

Hills to Hawkesbury Community News | 06 May 2022

28

Embroiderers' Guild NSW Inc

Hawkesbury Group *i* Love to stitch or would love to learn? Join us at a morning meet-up, 11am Tuesday 3rd May Alley Café Orange Grove Mall Richmond. Group meetings (day and evening) start in July We are

looking for space Catherine | 0413340049

cdelaney1@vtown.com.au

- **Galston VIEW Club**
- Raises money for The Smith Family "Learning for Life" program. New
- members are always welcome. Merle 9634 2378 | 0412 110 698

Girl Guides Australia

There are great programs for girls aged 6 to 18. They meet once a week in groups relevant to their age groups which are run by trained Leaders and Unit Helpers. There are several Girl Guide Groups meeting in the area. To find out more about the best

time and day for your daughter Margo 0417 657 433.

Glenhaven Probus Club Inc

- *i* Meets 10 am on 2nd Tuesday of each month at Castle Hill Bowling Club.
 secretary.glenhaven.probus@gmail.com
- **Glenwood Men's Shed**

Jim | 0438 701 275

Hawkesbury Artists & Artisans Trail

- \sim Leanne@mellowcrest.com
- www.haat.com.au
- Hawkesbury District Agricultural Assn 4577 3591 (BH)
- www.hawkesbúryshow.com.au

Hawkesbury Nepean Chapter of the First Fleeters

Meets on 2nd Saturday of each month. Pamela Hempel | 0407 660 579 ۲ www.fffhnc.com

Hawkesbury West Probus Club Meets at 10:15am on the first Monday of each month at Panthers North Richmond.

New Members Welcome ▲ Membership Officer Fay | 0414 341 253 ■ hawkeswest.probus@gmail.com

Hawkesbury Woodcraft Cooperative Ltd 4721 8709

- Hills District Women's Bowling Club Jenner Street, Baulkham Hills 9639 2733
- www.thehillswomensbowls.com.au

Hills Older Men's Network INC

- Meets fortnightly on the first and 3rd Mondays of the month, 10am to 12.30pm at Castle Hill. The group is aimed at retired men over the age of 55 and provides an opportunity to chat in a non-judgemental, safe and supportive environment safe and supportive environment. Ron | 0424 462 153
- 1 HillsOMI1@gmail.com

Hills Shire Symphony Orchestra

- Welcomes new players and gig enquiries. Rehearsals Wednesday evenings. Chris | 0405 994 605
- info@hillsshiresymphonyorchestra.org.au www.hillsshiresýmphonýorchestra.org.au
- **Hills Toastmasters**

Meets every second Tuesday, 7pm. Restore Church: 47 Britannia Rd, Castle Hill. New members welcomed Terry | 0488 089 951

- Hills/Toongabbie Music Club
 Meets 2nd and 4th Fridays 7.30pm Northmead Scouts Hall 17 Whitehaven Northmead. Beginners to professionals
- all welcome 1 Allen | 0439 831 531

allendavisguitar@gmail.com

- Kurrajong Hand Spun Craft
 Come and learn a beautiful old craft at North Richmond Community Centre. Friendly group just bring yourself. Thursdays at noon.
- Margaret | 0403 819 165

- Margaret 19403 813 103
 Ladies Probus Club of Baulkham Hills
 Meetings 10am, 2nd Wednesday of the month. At The Fiddler, Windsor Road and Commercial Road, Rouse Hill. New Members welcome
 Suzanne Dennis | 0412 424 593
 ladiesprobusbh@gmail.com.

 Learning in the Hills
 i To find out more about the huge range of courses available call 9639 7918 www.hca.org.au/learning-in-the-hills/

Scouts Australia - Greater Western

www.greaterwestscouts.com.au Sleep Disorders Australia - NSW 02 9990 3514 |
Www.sleepoz.org.au

Soroptimist International The Hills
 Meets on the 3rd Monday of the Month at Crestwood Community Centre Baulkham Hills 6.30pm for a 7pm start. Visitors are always welcome.
 Cathy | 0435 837 118
 sithehills@siwp.org

The Hills Learning Centre 02 8850 0555 RSVP | info@thehillslc.com.au. facebook.com/thehillslearningcentre

A Meets on 3rd Monday of the month at Barton Hall at 178 David Rd castle Hill at 1 pm. We have guest speakers, raffles, plant sales and bus trips to various gardens New members are always welcome.

The Hills District Pipe Band *i* Practices at Stamford Hall, Balcombe

Wednesday night from 7pm-9pm. The band warmly welcomes new members and gig enquiries. Instagram: @hillsdistrictpipeband Suzie Whitaker

pipeband.hillsdistrict@gmail.com

The Inner Wheel Club of Baulkham Hills *i* Meets at Aveo Retirement Village,

Bella Vista on the 4th Monday of each month at 6.00pm (dinner optional), for meeting at 7.00pm. & Robyn | 9639 2742

Presbyterian Church Hall, Welham Street Beecroft. Meeting commences at 10.45am. The future topics will

be Health, Centrelink, Retirement,

Thursday Ladies Tennis Competition in

Wanderers Bushwalking and Outdoor Club Meetings are held on the 2nd Tuesday

of each month at 8 pm at Crestwood Community Centre, Cnr Crestwood

Drive and Conway St, Baulkham Hills. Ted | 0429 790 091

Windsor RSL Fishing Club *i* Meets on the last Tuesday of the month at Windsor RSL club at 6:30pm. The club has been established for over 40 years

and welcomes new members. It holds regular fishing outings including in land water and deep sea fishing. Les Mison | 0421 821 1990.

Meets at 10am on the 1st Wednesday

of each month at Windsor Golf Club, McQuade Ave, South Windsor. New members always welcome. Membership Officer Alan | 0407721461 or Secretary Ann | 0414298945

Winston Hills Joey Scouts ♥ 9862 8482 | ■ hsara@optusnet.com.au

Meeting Tues and Sat 9am - 5pm Alan Hunt | 4566 4626 or 0428 784 425 Adrian Acheson | 0448 833 781

YMCA NSW Community Visitors Scheme 9633 8209 or 0402 255 193

Wisemans Ferry Community Men's Shed Inc

Zonta Club of Sydney Hills

www.zontadistrict24.org

Read online: www.hillstohawkesbury.com.au

A

www.bushwalkingnsw.org.au/wanderers

Technology Safety and others. Lauris Rennie | 9634 1186 or Pam | 0412 737 234 airsydneyhills@gmail.com

the Hills District

hillsladiestennis.org

Windsor Probus Club

www.hillsdistrictpipeband.com

The Hills Trefoil Guild

Leaine | 0417 330 196

The Sydney Hills Branch of the Association of Independent Retirees Meeting on Friday, at Beecroft

Heights Estate, Baulkham Hills every

The Hills Community Aid and

The Hills Shire Garden Club

G 9624 5034

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Information Service Inc 9639 8620

Sydney Region 9639 2488

Lions Club of Richmond Inc. Geoff | 0412 969 651

Lions Club of Windsor Inc Pam | 0413 395 145

- Macquarie Towns Garden Club

 Meetings are on the 1st Thursday
 of the month, Tebbutt Room at
 Hawkesbury Library at 2 pm.
 macquarietownsgardenclub.wordpress.com

National Seniors Australia (Hills Branch)

- Meets on the first Thursday of each month at Muirfield Golf Club, 58 Barclay Road, North Rocks. 9.30am for 10am. The group has day outings, short tours and interesting speakers. This very friendly group welcomes visitors.

maybruce@bigpond.com

- North Rocks View Club Northmead Bowling Club, The Windsor Room, 166 Windsor Rd, Northmead. Meetings on the second Thursday each
- month at 10.30 am. Visitors welcome. Pam | 9634 2670 or Margaret | 9872 1405 **Norwest Sunrise Rotary Club**

We are a breakfast Club and meet every Friday morning at 7.15am. The Rotary Motto is Service Above Self. If you want to meet like-minded people pls join us. norwestrotary.org.au

Pennant Hills Mens Probus Club

💄 John | 9487 1385

Lorene | 0429 396594

Pennant Hills VIEW Club

Pitt Town Probus Club

Pennant Hills Combined Probus Club *i* Meets at Hotel Pennant Hills every third Monday of the month at 10am. New members and visitors welcome

Pennant Hills VIEW Club

 Meets for lunch on the second Tuesday of each month at Oatlands Golf Club at 11am. Meetings consist of a two course lunch followed by an interesting guest speaker. Visitors & new members are welcome. On the fourth Tuesday of the month a social outing is arranged for members
 Margaret | 9873 2402

Meets at 10:00am on the 2nd Tuesday

of the month at the Pitt Town and District Sports Club, 139 Old Pitt Town Rd Pitt Town. New members welcome.

Julie; PO Box 822, Round Corner 2158

Probus Club - Kellyville Castle Hill Mixed *i* Meets at 10am on 2nd Thursday of each moth at Muirfield Golf Club, Barclay Rd North Rocks. New members welcome.

Probus Combined Kellyville Club
 Meet 2nd Monday of the month at 10am. At The Glenhaven Community Centre: 76 Glenhaven Road, Glenhaven.

Equine assisted programs, Speech Pathology, Occupational Therapy and Volunteering Opportunities. Located at Gables/Box Hill

Meetings 2nd Friday of the month 10.15am to 11.45am at Wesley Uniting Church, 32-34 Showground Rd, Castle

New members always welcome.

Richmond /Windsor VIEW Club
 Richmond/Windsor VIEW Club Which Supports The Smith Family Learning for Life meet on 2nd Wednesday of the month starting at 11.30 at The Richmond Club
 Christine Walshaw | 0416073483

Denise Fairfax | 0435 447 414

Probus Club of the Hills Inc

Pam | 0417 667 067

pamelaloves66@gmail.com

New members welcome. Veronica | 0408 025 577 Susan | 0400 039 308

RDA (NSW) Tall Timbers Centre

admin@rdanswtalltimbers.org.au

www.rdanswtalltimbers.org.au

Red Cross – Castle Hill Branch

ken_n_sue@hotmail.com

9679 1246

1

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Hill

6 0419 431 084

👗 Ken | 02 96296459

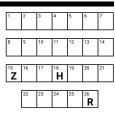
Probus Club of Round Corner (Dural)

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CODE WORD

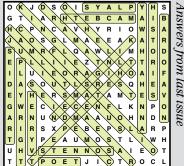
Numbers in the grid (1-26) correspond to each of the letters of the alphabet from A-Z in some order. Solve the puzzle and fill in the letters in the key provided as you find them. Three letters are provided to give you a start.

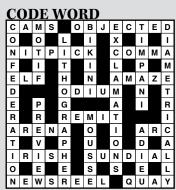


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WORD SEARCH





SUDOKU

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Kurrajong CWA Birthday

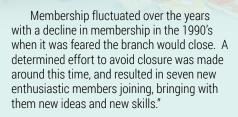
Kurrajong Branch of CWA met recently to celebrate the 100th Anniversary of the Country Women's Association. This was held at Kurrajong's newly renovated hall and coincided with Kurrajong Branch 94th birthday. A small group who were not isolating at the time were able to join in the celebrations.

A short history:-

"The first meeting of Kurrajong CWA was held on 17th April, 1928, and took place in the Parish Hall Kurrajong. Mrs Lord was elected President and held this position for some 15 years. Within the first five months, membership grew from 8 members at the inaugural meeting to 50 members by July, 1928.

During the early years of the branch much hardship was being experienced in the community due to the Great Depression. The branch answered many calls for assistance, donating linen, eggs by the dozen, boxes of fruit and vegetables to local hospitals within the area.

In the 1930's Kurrajong Branch established a Library which was the first library in the village and also instigated the formation of a Younger Set. The branch purchased a block of land in Woodburn Road, Kurrajong, and this land was subsequently sold in 1957, with the proceeds going towards the purchasing of the former RSL Memorial Hall, still in use as Kurrajong CWA Hall.



CWA of NSW – Kurrajong Branch meets on the 3rd Wednesday of the month at 10.00am in CWA Hall, 58 Old Bells Line of Road, Kurrajong.

PUZZLES

FERGIES TREE WORKS



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Facebook Reach			
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- Gulps of air
 Assistance for the needy
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- 10. Exploit (3, 2, 3)
 11. In an emergency, it doesn't come second (5, 3)
- Small wave
 Field hockey player with Olympic gold and bronze medals (5, 5)
- 16. Land of ayatollahs 17. It may be half-baked 19. Corresponding 21. Sunk

- Sunk
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 A dishonest flyer, by the sound of it
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- 28. Hang in there!

6

- Tiny particles White-flowered
- NE Queensland rainforest tree (4, 5)
- Go in
- Go III
 Clue in the dirt
 Parrot variety
 Burnett River
- dry spot? (5, 6)
- Fill the grid so that every column, every row and every 3x3 box contains the numbers 1 to 9.
- Answers from last issue



swamp (5, 4) 18. Genuine (5 - 2) 20. Catholic welfare

organisation 22. Subject of Professor Higgins' experiment 24. A lot

SUDOKU

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5	7	1	8	4	2	9	3	6
2	6	3	5	1	9	8	7	4
7	5	6	3	9	4	1	2	8
1	3	2	6	8	7	4	5	9
4	8	9	2	5	1	3	6	7
3	9	4	1	2	6	7	8	5
6	1	5	9	7	8	2	4	3
8	2	7	4	3	5	6	9	1

Rating: $\star \star \star \star$

		9			8	7		2
		5						6
	8	7		1				3
2	3			5			4	9
1				3		5	8	
8						3		
7		3	9			6		

Hills to Hawkesbury Community News | 06 May 2022 30

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